

SEEN HEARD BELIEVED

England & Wales · Charity number 1208389

Details

Status Registered

Legal form Charitable company

Company number [14891725](#)

Registered 2024-05-24

Register [View on the Charity Commission register](#)

Contact

Address First Floor
Corvette House
24 Falcon Court
Preston Farm Industrial Estate
Stockton-On-Tees
TS18 3TX

Phone 07739519420

Email info@seenheardbelieved.org

Website <https://seenheardbelieved.org/>

Activities

Objects: FOR THE PUBLIC BENEFIT, THE RELIEF AND ASSISTANCE OF CHILDREN; YOUNG PEOPLE AND FAMILIES IN THE NORTH EAST OF ENGLAND, WHO ARE EXPERIENCING THE EFFECTS OF TRAUMA THAT COMPLETELY OVERWHELM THEIR ABILITY TO COPE, SUCH AS ADVERSE CHILDHOOD EXPERIENCES; SUBSTANCE MISUSE, DOMESTIC ABUSE, SEXUAL VIOLENCE, POOR MENTAL HEALTH AND CRIMINALITY. BY THE PROVISION OF TRAUMA INFORMED INTERVENTIONS SUCH AS DEVELOPING COPING STRATEGIES; FAMILY RELATIONSHIP BUILDING; RECONNECTION WITH COMMUNITY ACTIVITIES; RE-ENGAGING WITH EDUCATION; INDIVIDUALS UNDERSTAND THEIR PAST EXPERIENCES, THE EFFECTS, AND HOW TO RECOVER, RECONNECT AND ENGAGE WITHIN SOCIETY.

Activities: We provide support to families, children, and young people who have encountered trauma in their lives, such as loss, divorce, separation, domestic abuse or the impacts of Adverse Childhood Experiences. Our approach involves Trauma Informed Practice to support the entire family, emphasising our model of the 4 Rs Relationships, Resilience, Reconnection, and Recovery.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes
- **Who:** Children/young People, The General Public/mankind

Geography

- Middlesbrough

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£145,170	£115,340	-	-

Trustees

Name	Role	Appointed
Dr Wendy Shepherd	Chair	2023-05-24
John Scadden		2024-01-04
Sarah-Jane Burns		2024-01-04
Veronica Moore		2024-09-10