

Charity registration number 1208281 (England and Wales)

F6IT

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2025**

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

George Sobek	Chairman
Anel Van De Merwe	CEO
Stuart Crouch	Treasurer
MaryLou Honey	
Claire Darby	(appointed November 2025)
Anele Griessel	(appointed November 2025)
Neil McWilliams	(resigned September 2025)
Julian Frost	
Oliver Wells	

Charity number

1208281

Principal address

Briar Cottage
Bowlhead Green Road
Brook
Surrey
GU8 5UW

Accountants

Hampden
Hampden House
76 Durham Road
London
SW20 0TL

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
Kent
ME19 4JQ

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CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 DECEMBER 2025

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George Baker
Chairman

Date: 21/12/2025

CHAIRMAN'S STATEMENT**FOR THE YEAR ENDED 31 DECEMBER 2025**

The Trustees of F6IT have worked exceptionally hard and with great enthusiasm to fulfil their remit. Every Board member has given their time willingly and shown admirable creativity in trying to address issues and problem solve. As Chair, it continues to be my privilege to lead the Board but acknowledge the overwhelming sense of partnership amongst Trustees.

Neil McWilliams resigned as a trustee in September 2025 and I would like to thank Neil for his service and contribution during his tenure as a trustee for F6IT.

In November 2025, F6IT welcomed Claire Darby, mother of a F6IT beneficiary, Grace Darby, and Anele Griessel to the board of trustees. The trustees are very grateful to them for volunteering to join the board and we are excited to work with them going forward.

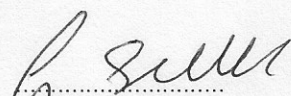
Diane Cranmer departed her position as CEO in September 2025 and our founder and vice-chairperson, Anel van der Merwe stepped up to take on the position as acting-CEO, working tirelessly to ensure that F6IT continues to provide our services to our wonderful F6IT community.

F6IT reflected upon its operational structure and significant change to the working of the charity this year has been the decision not to employ a new CEO at this time. Instead, F6IT decided to employ a very experienced Operations Manager, Laura Baxter, who is highly skilled and will make a huge difference to the charity.

In November 2025, F6IT converted Meagen Rees, a beneficiary parent, from a volunteer to a paid part-time Fundraising Officer. Meagan's amazing efforts, working closely with our finance trustee, Stu Crouch, has ensured the continued growth of F6IT's community and services offering and the trustees are very grateful to Meagan.

I am very confident that the addition of Laura and Meagan provides F6IT with strong core stability and positions F6IT for exciting future growth and we expect to continue that strategy into 2026. The hiring of an experienced core team of key employees enables the trustees to focus more on strategy and governance.

This year, we also welcomed four new beneficiary parent members to the Advisory Group, whose guidance and contribution is very much appreciated by the trustees. Further, our volunteer community continues to grow and I am very grateful for all of their time and contribution and without whom we would not be able to achieve all that we do.


George Sobek**Chairman**

Date: 21/15/2026

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 DECEMBER 2025

2025 has been a year of significant growth and change for F6IT and we would like to say a huge thank you to our staff, parent advisors, volunteers, coaches, activity partners, supporters, fund raisers, corporate partners, councils and funders for making it such a successful year.

Thanks to their dedication, F6IT has been able to build on our 2024 foundations and deliver 105 activity sessions, engage 190 unique participants, and foster a welcoming, inclusive community - all guided by our core principles: Family, Friends, Fun, Fitness, Function, Future, Inclusion and Therapy.

The charity has been able to deliver on its goal of expanding the range of activities on offer, increasing from 7 activities in 2024 to 13 in 2025. Guided by the Parent Advisory group, this continued development allows us to reach an increasing number of beneficiaries and expand this supportive and inclusive community.

There was considerable focus on the new website in 2025 and the improved clarity and information has been very well received. We also produced an Impact Report to showcase the charity and its achievements. We encourage everyone to have a read (available via the website) as the feedback from the families is the best reminder of what makes F6IT so special.

With a significant increase in funding compared to the prior year, the charity was able to bring in new staff. It has been fantastic to see the impact of these hires and with additional staff planned in the new year, we have every reason to be excited about the opportunities for 2026.

The Trustees present their annual report and financial statements for the year ended 31 December 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

Public benefit

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

Achievements and performance

Significant activities and achievements against objectives

The charity has an objective of meeting the needs of children and young people aged up to 25 who have a disability and/or additional needs and associated ill-health by:

- the provision of fully inclusive therapeutic play, sport, recreational and other opportunities, whilst involving their families and friends in everything we do;
- supporting parents, families and carers through information hubs, education workshops and regular opportunities for connection and peer support
- advocacy of disability awareness, accessibility and inclusion in local government and all parts of the community, with a view to promoting inclusion and protecting their mental and physical health and wellbeing.

The charity has continued to develop and grow in 2025 and continued to deliver in achieving those objectives. Compared to 2024, the charity increased activities from 7 to 13, increased the number of sessions from 22 to 105 and increased the total number of attendees from 203 to 648.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2025**Financial review**

The charity generated £83,308 of income, primarily from grants and donations. Expenditure was £51,639, with the largest expenditures being staff costs.

The charity had a surplus of £31,669 in 2025, bringing total fund balances to £49,594. The balance sheet comprises £42,909 of cash (which is held with CAF bank) and Tangible Assets of £6,685.

Reserves policy

It is the policy of the Charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three month's required expenditure. This level of reserves has been maintained throughout the period.

Structure, governance and management

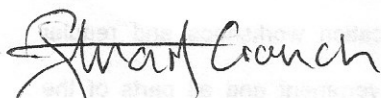
F6IT is a UK Charitable Incorporated Organisation. The charity is governed by a board of 8 Trustees and informed by a parent advisory group. There was one paid employee as of end year 2025 but a team of volunteers, together with the Trustees, helped to arrange and manage the various activities. One of the Trustees, Anel Van Der Merwe, acts as the interim CEO. The charity has appointed an Operations Manager to start in early 2026 and there are additional hires planned.

The Trustees meet regularly to review the charity's current and planned activities, its financial activities and resources, policies and key risks.

The Trustees who served during the year and up to the date of signature of the financial statements were:

George Sobek (Chairman)
Anel Van De Merwe (CEO)
Stuart Crouch (Treasurer)
MaryLou Honey
Claire Darby (appointed November 2025)
Anele Griessel (appointed November 2025)
Neil McWilliams (resigned September 2025)
Julian Frost
Oliver Wells

The Trustees' report was approved by the Board of Trustees.



Trustees

21 May 2026

F6IT

CHARTERED ACCOUNTANTS' REPORT TO THE TRUSTEES ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF F6IT FOR THE YEAR ENDED 31 DECEMBER 2025

In order to assist you to fulfil your duties under the Charities Act 2011, we have prepared for your approval the financial statements of F6IT for the year ended 31 December 2025, which comprise the statement of financial activities and the related notes from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at <https://www.icaew.com/regulation>.

This report is made to the charity's Trustees, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of F6IT and state those matters that we have agreed to state to the charity's Trustees, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than F6IT and the charity's Trustees as a body, for our work or for this report.

It is your duty to ensure that F6IT has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of F6IT. You consider that F6IT is exempt from the statutory audit requirement for the year, and is not required to obtain an independent examiner's report.

We have not been instructed to carry out an audit or a review of the financial statements of F6IT. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Hampden

Chartered Accountants
Hampden House
76 Durham Road
London
SW20 0TL
21 May 2026

F6IT

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Notes							
Income from:							
Donations and legacies	3	10,656	64,105	74,761	11,652	11,877	23,529
Other trading activities	4	7,949	-	7,949	-	-	-
Investments	5	598	-	598	36	-	36
Total income		<u>19,203</u>	<u>64,105</u>	<u>83,308</u>	<u>11,688</u>	<u>11,877</u>	<u>23,565</u>
Expenditure on:							
Raising funds	6	2,544	-	2,544	-	-	-
Charitable activities	7	3,622	45,473	49,095	2,160	3,480	5,640
Total expenditure		<u>6,166</u>	<u>45,473</u>	<u>51,639</u>	<u>2,160</u>	<u>3,480</u>	<u>5,640</u>
Net income and movement in funds		<u>13,037</u>	<u>18,632</u>	<u>31,669</u>	<u>9,528</u>	<u>8,397</u>	<u>17,925</u>
Reconciliation of funds:							
Fund balances at 1 January 2025		9,528	8,397	17,925	-	-	-
Fund balances at 31 December 2025		<u>22,565</u>	<u>27,029</u>	<u>49,594</u>	<u>9,528</u>	<u>8,397</u>	<u>17,925</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

F6IT

STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	11	6,685	-
Current assets			
Cash at bank and in hand		42,909	17,925
Net current assets		42,909	17,925
Total assets less current liabilities		49,594	17,925
The funds of the Charity			
Restricted income funds	12	27,029	8,397
Unrestricted funds	13	22,565	9,528
		49,594	17,925

The financial statements were approved by the Trustees on 21 May 2026


Trustees

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2025****1 Accounting policies****Charity information**

F6IT is a UK charitable incorporated organisation. The administration address is Briar Cottage, Bowlhead Green Road, Brook, GU8 5UW.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the Charity.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Equipment	25% straight line
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2025

1 Accounting policies

(Continued)

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	8,793	-	8,793	11,363	-	11,363
Grants	-	64,105	64,105	-	11,877	11,877
Participant payments	1,863	-	1,863	289	-	289
	<u>10,656</u>	<u>64,105</u>	<u>74,761</u>	<u>11,652</u>	<u>11,877</u>	<u>23,529</u>

4 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising events	<u>7,949</u>	<u>-</u>

F6IT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2025

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	598	36

6 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Staging fundraising events	2,544	-

7 Expenditure on charitable activities

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total 2025 £	Restricted funds 2024 £	Unrestricted funds 2024 £	Total 2024 £
Direct costs						
Wages and salaries	26,990	1,387	28,377	-	-	-
Depreciation	446	-	446	-	-	-
Website and computer running costs	6,089	96	6,185	-	-	-
Recruitment	-	-	-	-	375	375
Admin and safeguarding costs	827	1,767	2,594	-	107	107
Insurance	1,027	-	1,027	-	392	392
Activities and equipment	4,810	305	5,115	3,480	1,178	4,658
Volunteer and agency staff costs	2,760	-	2,760	-	-	-
Sundry	2,525	-	2,525	-	43	43
Legal and professional	-	-	-	-	40	40
Bank charges	-	66	66	-	25	25
	<u>45,474</u>	<u>3,621</u>	<u>49,095</u>	<u>3,480</u>	<u>2,160</u>	<u>5,640</u>
Analysis by fund						
Unrestricted funds		3,621	3,621	-	2,160	2,160
Restricted funds	45,474	-	45,474	3,480	-	3,480
	<u>45,474</u>	<u>3,621</u>	<u>49,095</u>	<u>3,480</u>	<u>2,160</u>	<u>5,640</u>

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2025

8 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	1	-
Employment costs	2025	2024
	£	£
Wages and salaries	28,377	-

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Tangible fixed assets

	Equipment £
Cost	
Additions	7,131
At 31 December 2025	7,131
Depreciation and impairment	
Depreciation charged in the year	446
At 31 December 2025	446
Carrying amount	
At 31 December 2025	6,685

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2025

12 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 January 2025	Incoming resources	Resources expended	At 31 December 2025
	£	£	£	£
	8,397	64,105	(45,473)	27,029
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous period:	At 1 January 2024	Incoming resources	Resources expended	At 31 December 2024
	£	£	£	£
	-	11,877	(3,480)	8,397
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

13 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 January 2025	Incoming resources	Resources expended	At 31 December 2025
	£	£	£	£
General funds	9,528	19,203	(6,166)	22,565
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous period:	At 1 January 2024	Incoming resources	Resources expended	At 31 December 2024
	£	£	£	£
General funds	-	11,688	(2,160)	9,528
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

14 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 December 2025:			
Tangible assets	-	6,685	6,685
Current assets/(liabilities)	22,565	20,344	42,909
	<u>22,565</u>	<u>27,029</u>	<u>49,594</u>

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2025

14 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 December 2024:			
Current assets/(liabilities)	9,528	8,397	17,925
	<u>9,528</u>	<u>8,397</u>	<u>17,925</u>

15 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).