

Charity registration number 1208281

F6IT

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 DECEMBER 2024**

F6IT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

George Sobek
Anel Van De Merwe
Stuart Crouch
MaryLou Honey
Neil McWilliams
Julian Frost
Oliver Wells

Chairman
CEO
Treasurer

Charity number

1208281

Principal address

Briar Cottage
Bowlhead Green Road
Brook
Surrey
GU8 5UW

Accountants

Hampden
Hampden House
76 Durham Road
London
SW20 0TL

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
Kent
ME19 4JQ

CONTENTS

	Page
Chairman's statement	1
Trustees' report	2 - 4
Accountants' report	5
Statement of financial activities	6
Statement of financial position	7
Notes to the financial statements	8 - 12

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F6IT

CHAIRMAN'S STATEMENT

FOR THE PERIOD ENDED 31 DECEMBER 2024

2024 has been a remarkable first year for F6IT, with the newly created charity registered in May 2024. We implemented a Board of Trustees to continue and expand the wonderful work of our founder, Anel Van Der Merwe and the Community Interest Company. The Board of Trustees have made great progress, with the valuable input of our Advisory Group, in shaping our future strategic direction.

We have been able to unlock very valuable grant and foundation funding, which, with the help of our truly amazing, and growing, group of volunteers has allowed F6IT to achieve so much this year. The additional funding secured by our volunteer fundraising team has enabled F6IT to increase the types and number of fully inclusive activities we provide and, more importantly, further grow our beneficiary community. F6IT provides vital services for our beneficiaries with complex and challenging needs, and we are excited to be able to continue to increase our provision. Fundraising for a new charity is not easy but it is the key enabler for growth and following on from our fundraising successes this year we are inspired to continue with increased effort this coming year.

I am very proud of what we have achieved this year and truly excited about our plans for the coming year as we consolidate progress, strategic direction and put in place further necessary measures for the longer-term financial health of the charity.

We have appointed our first paid, part-time CEO, Dianne Cranmer, starting in 2025. Dianne brings a wealth of leadership, service transformation and project delivery experience in both the local authority and charity sector. I am confident Dianne's experience and abundant energy will fuel an increase in our operational capabilities and our growth in the coming years.

I would like to express my sincere and deep gratitude to the entire Board of Trustees, to our wonderful teams of volunteers and to our acting CEO, Anel Van Der Merwe for their tireless dedication to securing a stable and inclusive future for F6IT and our truly remarkable and deserving beneficiary community.

My heartfelt thanks to everyone who has supported F6IT or played a part in our journey over the past year.



George Sobek
Chairman

Date: 2/6/2025

TRUSTEES' REPORT

FOR THE PERIOD ENDED 31 DECEMBER 2024

It is with great pride and heartfelt gratitude that we share F⁶IT's first end-of-year report. As a newly established charity, this report represents not only a summary of our early achievements but also a celebration of the vibrant community we have already begun to build.

In Surrey alone, almost 88,000 children and young people, aged 0 – 25, have disabilities and additional needs. In the Waverley and Guildford boroughs alone, at least 9,000 disabled children and young people's day-to-day activities are limited "a lot" (3,000) or "a little" (6,000) by the challenges they face and the significant lack of accessible and inclusive activities. This scarcity of support within their local communities leads to feelings of isolation and social exclusion, and negatively impacts the mental health and wellbeing of both them and their families.

F⁶IT—pronounced "FIT"—stands for Family, Friends, Fun, Fitness, Function, Future, Inclusion, and Therapy. These eight principles are the foundation of our mission and vision. We are a Surrey based charity committed to enabling children and young people with disabilities and additional needs to thrive - physically, socially and emotionally - alongside their families and friends.

Our vision is ambitious yet simple: to create a society where disabled children and young people together with their families can enjoy a full and rewarding life together—where everyone is valued, everyone is supported, and everyone fits.

Since our inception, we've focused on building a range of accessible, inclusive, and therapeutic activities for disabled children and young people but also for their siblings, friends, and families. This inclusive model strengthens relationships, builds empathy, and creates moments of shared joy and connection. In addition, we support parents and carers with workshops with professionals on disability-related topics and regular social and support events, where shared experiences become shared strength.

To ensure true accessibility, we have built our offering around:

- Appropriate facilities such as Changing Places toilets and accessible parking.
- Qualified instructors and coaches experienced in working with complex needs.
- Volunteers - some of whom are professional therapists - on hand at every session.
- Clear communication about what each activity can accommodate.

Despite being operational for just over seven months, F⁶IT has already delivered 7 core activities; 22 sessions, equating to 38.5 hours of inclusive and accessible sport and recreation; and support for 203 individuals, from our community of over 200 families. This is an incredible start and a true testament to the need for, and value of, what we provide.

F⁶IT is powered by passion, commitment, and community spirit. Our current workforce currently includes 7 Trustees, 5 project volunteers and 18 activity volunteers. Each person involved plays a vital role in bringing our mission to life. We are immensely grateful to every volunteer, supporter, and family who has joined us on this journey so far.

As we move into 2025, our strategic focus is clear: to build capacity, sustainability, and impact. We have recruited a part-time CEO to lead day-to-day operations, fundraising, and delivery of our long-term strategy. This role will be crucial in transitioning F⁶IT from a passionate start-up into a resilient, well-resourced charity with the power to support even more families.

We also aim to expand our activity offering and frequency, develop strategic partnerships with local authorities and service providers and deepen our advocacy efforts for disability inclusion in all corners of community life

2024 has been a year of foundations. Of vision turning into action. And while we are only at the beginning of our journey, the impact we have already seen confirms what we've known all along: there is a need, there is a will, and there is a way.

The Trustees present their annual report and financial statements for the period ended 31 December 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

F6IT

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDED 31 DECEMBER 2024

Objectives and activities

The have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

Public benefit

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

Achievements and performance

Significant activities and achievements against objectives

The charity was registered in May 2024 with an objective of meeting the needs of children and young people aged up to 25 who have a disability and/or additional needs and associated ill-health by:

- the provision of fully inclusive therapeutic play, sport, recreational and other opportunities, whilst involving their families and friends in everything we do;
- supporting parents, families and carers through information hubs, education workshops and regular opportunities for connection and peer support
- advocacy of disability awareness, accessibility and inclusion in local government and all parts of the community,

with a view to promoting inclusion and protecting their mental and physical health and wellbeing.

The charity has made a great start in achieving those objectives. The charity has garnered a strong group of Trustees, engaged with the local community, established a parent advisory group, laid out key policies, garnered a significant amount of funding and had provided a wide range of activities to support over 200 individuals.

Financial review

The charity generated £23,565 of income, primarily from grants and donations. Those funds were broadly evenly split between restricted and unrestricted funds. Total expenditure was £5,639, with the largest expenditures being the provision of activities for the beneficiaries.

The charity had a surplus of £17,925. Given this is the first year of the charity, that is also the level of reserves as of financial year end. The balance sheet solely comprises £17,925 of cash, which is held with CAF bank.

Reserves policy

It is the policy of the Charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three month's required expenditure. This level of reserves has been maintained throughout the period.

Structure, governance and management

F6IT is a UK Charitable Incorporated Organisation. The charity is governed by a board of 7 Trustees and informed by a parent advisory group. There were no paid employees in 2024 but a team of volunteers, together with the Trustees, helped to arrange and manage the various activities. One of the Trustees, Anel Van Der Merwe, acted as the CEO during 2024 but, as the charity moves into 2025, it has the financial resources to appoint a part time paid CEO.

The Trustees meet regularly to review the charity's current and planned activities, its financial activities and resources, policies and key risks.

F6IT

TRUSTEES' REPORT (CONTINUED) FOR THE PERIOD ENDED 31 DECEMBER 2024

The Trustees who served during the period and up to the date of signature of the financial statements were:

George Sobek (Chairman)
Anel Van De Merwe (CEO)
Stuart Crouch (Treasurer)
MaryLou Honey
Neil McWilliams
Julian Frost
Oliver Wells

The Trustees' report was approved by the Board of Trustees.


Trustees STUART CROUCH

Date: 2/6/25

F6IT

CHARTERED ACCOUNTANTS' REPORT TO THE TRUSTEES ON THE PREPARATION OF THE UNAUDITED STATUTORY FINANCIAL STATEMENTS OF F6IT FOR THE PERIOD ENDED 31 DECEMBER 2024

In order to assist you to fulfil your duties under the Charities Act 2011, we have prepared for your approval the financial statements of F6IT for the period ended 31 December 2024, which comprise the statement of financial activities and the related notes from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at <https://www.icaew.com/regulation>.

This report is made to the charity's Trustees, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the financial statements of F6IT and state those matters that we have agreed to state to the charity's Trustees, as a body, in this report in accordance with ICAEW Technical Release 07/16 AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than F6IT and the charity's Trustees as a body, for our work or for this report.

It is your duty to ensure that F6IT has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of F6IT. You consider that F6IT is exempt from the statutory audit requirement for the period, and is not required to obtain an independent examiner's report.

We have not been instructed to carry out an audit or a review of the financial statements of F6IT. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Hampden

Chartered Accountants

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Hampden House
76 Durham Road
London
SW20 0TL

F6IT**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT****FOR THE PERIOD ENDED 31 DECEMBER 2024**

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:				
Donations and legacies	3	11,652	11,877	23,529
Investments	4	36	-	36
Total income		11,688	11,877	23,565
Expenditure on:				
Charitable activities	5	2,160	3,480	5,640
Total expenditure		2,160	3,480	5,640
Net income and movement in funds		9,528	8,397	17,925
Reconciliation of funds:				
Fund balances at 16 May 2024		-	-	-
Fund balances at 31 December 2024		9,528	8,397	17,925

The statement of financial activities includes all gains and losses recognised in the period. All income and expenditure derive from continuing activities.

F6IT

STATEMENT OF FINANCIAL POSITION
AS AT 31 DECEMBER 2024

	Notes	2024 £	£
Current assets			
Cash at bank and in hand		17,925	
Net current assets			17,925
The funds of the Charity			
Restricted income funds	9		8,397
Unrestricted funds	10		9,528
			17,925

The financial statements were approved by the Trustees on 22nd May 2025


Trustees

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 DECEMBER 2024

1 Accounting policies

Charity information

F6IT is a UK charitable incorporated organisation. The administration address is Briar Cottage, Bowlhead Green Road, Brook, GU8 5UW.

1.1 Reporting period

The charity was incorporated on 16th May 2024. The first set of financial statements presents for the period 16th May 2024 - 31 December 2024.

1.2 Accounting convention

The financial statements have been prepared in accordance with the the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, The principal accounting policies adopted are set out below.

1.3 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.4 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the Charity.

1.5 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE PERIOD ENDED 31 DECEMBER 2024**1 Accounting policies****(Continued)**

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.6 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE PERIOD ENDED 31 DECEMBER 2024

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds
	2024	2024	2024		
	£	£	£	£	£
Donations and gifts	11,363	-	11,363	-	-
Grants	-	11,877	11,877	-	-
Participant payments	289	-	289	-	-
	<u>11,652</u>	<u>11,877</u>	<u>23,529</u>	<u>-</u>	<u>-</u>

4 Income from investments

	Unrestricted funds	Unrestricted funds
	2024	
	£	£
Interest receivable	36	-
	<u>36</u>	<u>-</u>

F6IT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 DECEMBER 2024

5 Expenditure on charitable activities

	Restricted funds	Unrestricted funds	Total
	2024	2024	2024
	£	£	£
Direct costs			
Activities and small equipment	3,480	190	3,670
Recruitment	-	375	375
Insurance	-	392	392
Safeguarding	-	107	107
Activities	-	988	988
Sundry	-	43	43
Legal and professional	-	40	40
Bank charges	-	25	25
	<u>3,480</u>	<u>2,160</u>	<u>5,640</u>
Analysis by fund			
Unrestricted funds	-	2,160	2,160
Restricted funds	<u>3,480</u>	<u>-</u>	<u>3,480</u>
	<u>3,480</u>	<u>2,160</u>	<u>5,640</u>

6 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the period.

7 Employees

The average monthly number of employees during the period was:

	2024 Number
Total	-

There were no employees whose annual remuneration was more than £60,000.

8 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

F6IT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 DECEMBER 2024

9 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

At 16 May 2024	Incoming resources	Resources expended	At 31 December 2024
£	£	£	£
-	11,877	(3,480)	8,397
<u>-</u>	<u>11,877</u>	<u>(3,480)</u>	<u>8,397</u>

10 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 16 May 2024	Incoming resources	Resources expended	At 31 December 2024
	£	£	£	£
General funds	-	11,688	(2,160)	9,528
	<u>-</u>	<u>11,688</u>	<u>(2,160)</u>	<u>9,528</u>

11 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 December 2024:			
Current assets/(liabilities)	9,528	8,397	17,925
	<u>9,528</u>	<u>8,397</u>	<u>17,925</u>

12 Related party transactions

There were no disclosable related party transactions during the period (- none).