



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **14-05-2024** Period start date To **31-08-2025**
Period end date **31-08-2025**

Charity name: **Sisters Forum**

Charity registration number: **1208238**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	(1) To relieve poverty, sickness and distress amongst women, and in particular women and children who have been subject to abuse and violence particularly, but not exclusively by the provision of information and advice, specialist support services. (2) To advance the education of such women particularly by the provision of access to education and training (3) To promote the physical and mental well-being of women and their children through the provision of cultural activities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	(1)Supported women and families from diverse and marginalised communities – focusing on domestic abuse, inequality and social isolation. (2) SF provides confidential information and practical support, guidance and signposting to women experiencing or risk experiencing harm, create awareness about of safeguarding, domestic abuse, hate crime and women's safety. (3) promote wellbeing, confidence and participation through cultural and community activities – community gathering, coffee mornings, boat race. These activities help reduce isolation and support mental health and wellbeing. (3) Support women leadership and empowerment through mentoring skills development, access to education. Work with local partners to improve access to services, referral pathways and increase participation in family and community life.
Statement confirming whether the trustees have had regard to the guidance	Para 1.18	The trustees consider that these activities further the charity's purposes for the public benefit by supporting

issued by the Charity Commission on public benefit		women and families, reducing harm and social isolation, promoting well being and equality, improving access to information services and opportunities.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The trustees confirm that the charity receive grant from Tower Hamlets council towards physical mental well being and Islamic Relief towards Eid Gifts and wages of two staff members, supporting the delivery and administration of the charity's activities in furtherance of its charitable purposes.
Policy on social investment including program related investment	Para 1.38	The charity did not make any programme-related investments or other social investments during the reporting period.
Contribution made by volunteers	Para 1.38	Volunteers made an important contribution to the charity's work during the reporting period. They supported the planning and delivery of community activities, assisted with outreach and engagement, helped provide information and signposting, and contributed to the administration and practical running of events. Their time, skills and commitment enabled the charity to reach more women and families, strengthen community participation and deliver activities that promoted wellbeing, safety, equality and social inclusion.
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Supported women and families from diverse and marginalised communities, with a particular focus on domestic abuse, violence against women and girls, hate crime, inequality and social isolation. Helped women with coping strategies, compassionate and non-judgemental emotional support, by providing guidance, signposting referrals to appropriate specialist services. The charity also supported women to rebuild their confidence, develop skills and move towards employment and greater financial independence. Provided community support to young mothers, including Eid gifts, coffee mornings, seminars, workshops, cultural events and opportunities to connect with other women. These activities helped to reduce isolation, promote wellbeing, strengthen confidence and provide practical information and support. Promoted wellbeing, confidence and participation through cultural and community activities, including social gatherings and a boat race. These activities helped to reduce isolation, strengthen relationships, celebrate diversity and support positive mental health. Empowered women through mentoring, skills development, education, training and employment support. The charity also worked with local partners, including Tower Hamlets Council, to improve access to services, strengthen safeguarding and referral pathways, and increase participation in family and community life. The trustees consider that these activities further the charity's purposes for the public benefit by supporting women and families, helping women by reducing harm and social isolation, promoting wellbeing and equality, supporting access to employment, and improving access to information, services and opportunities.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The trustees consider the financial position at the reporting date to be of a healthy nature and will be able to provide charitable activities in the future.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Restricted reserves represent donations and grants for specific projects that are unspent at the balance sheet date, and which will be spent on the specified programmes in the coming financial years. General reserves (also known as unrestricted reserves) are not restricted to specific projects but ensure that the delivery of our vital programmes is not disrupted by unforeseen circumstances, such as a fall in income or rise in expenditure. The reserves are necessary to ensure that the charity's activities can continue on a day-to-day basis and, in particular, can continue in the event of a major unforeseen reduction of income or increase in expenditure. These reserves provide a contingency to enable the charity to take the necessary actions to bring income and expenditure into line. In line with recommendations of the Charity Commission, the Charity have adopted a risk-based reserves policy which is reviewed annually. The target range of reserves is determined by considering the key strategic and operational risks facing the charity, as well as the strategic plans and current financial position. We have set a balanced budget and undertake financial planning which delivers reserves within our target range.
Amount of reserves held	Para 1.22	Zero
Reasons for holding zero reserves	Para 1.22	All funds were allocated to charitable causes within the reporting period
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The trustees consider that there are no material material uncertainties about the charity's ability to continue as a going concern.

Additional information (optional)

You may choose to include further statements where relevant about:

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The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Constitution

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	The trustees are selected from individuals who are active in the community. A comprehensive induction process and ongoing training in new or emerging areas of responsibility ensure we benefit from professional and appropriate board of trustees.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits for completing their duties as a charity trustees. The trustees meet together 4 times per year and discuss decisions in relation to running the charity. To assist in the smooth running of the day to day activities of the charity.
Relationship with any related parties	Para 1.51	The charity has no related party relationships or transaction to disclose for the financial year. No trustee or person connected to a trustee received any financial benefit from the charity other than reimbursement of legitimate expenses where applicable.
Other		

Reference and Administrative details

Charity name	Sisters forum
Other name the charity uses	
Registered charity number	1208238

Charity's principal address	110 Violet Road, London E3 3QH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Zenib Jalil	Chair, trustee		
2	Muhammed Misbah	Trustee		
3	Fatima Jahan Ria	Trustee		
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Z. Jalil</i>	
Full name(s)	Zenib Jalil	
Position (eg Secretary, Chair, etc)	Chair, trustee	
Date	30 Aug 2026	



CHARITY COMMISSION
FOR ENGLAND AND WALES

SISTERS FORUM

1208238

Receipts and payments accounts

CC16a

SISTERS FORUM

For the period from	To
14/05/2024	31/08/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and gifts	664	-	-	664	-
Grants (see note 2)	48,000	-	-	48,000	-
Fundraising activities and events	2,688	-	-	2,688	-
Loan received - treatment to be	3,000	-	-	3,000	-
PROVISIONAL - net receipts 14 May	19	-	-	19	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	54,372	-	-	54,372	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	54,372	-	-	54,372	-
A3 Payments					
Staff costs, including PAYE	18,171	-	-	18,171	-
Fundraising event costs	5,370	-	-	5,370	-
Direct charitable support to	1,819	-	-	1,819	-
Office, communications, premises	1,224	-	-	1,224	-
Governance and administration	182	-	-	182	-
PROVISIONAL - net payments 14 May	99	1	-	99	-

		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Sub total	26,865	-	-	26,865	-
A4 Asset and investment purchases. (see table)						
		-	-	-	-	-
		-	-	-	-	-
	Sub total	-	-	-	-	-
Total payments						
		26,865	-	-	26,865	-
Net of receipts/(payments)						
A5 Transfers between funds						
		27,507	-	-	27,507	-
A6 Cash funds last year end						
		-	-	-	-	-
Cash funds this year end						
		27,507	-	-	27,507	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank current account 39016460	27,507	-	-
	Cash in hand	-	-	-
		-	-	-
	Total cash funds	27,507	-	-
	(agree balances with receipts and payments account(s))			
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
B4 Assets retained for the CCXX R3 accounts (SS)				

charity's own use

				-	-
				-	-
				-	-
				-	-
				-	-
				-	-
				-	-
				-	-

Details

B5 Liabilities

Loan from member of staff, received 23 Sep 2024 - to be confirmed (note 3)	Unrestricted	3,000	Undetermined
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

<i>L. Jalil</i>	ZENIB JALIL	30/08/26

Independent Examiner's Statement,

Subject to the limitations upon the scope of my work as detailed above, in connection with my examination, I can confirm that:-
this is a report in respect of an examination carried out under section 145 of the Act and in accordance with any directions given by the Commission under subsection (5)(b) of that section which are applicable;
and that, no matter has come to my attention in connection with my examination which gives me reasonable cause to believe that in any material respect the requirements

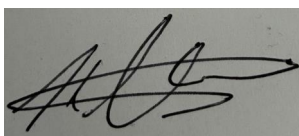
(i) to keep accounting records in accordance with section 130 of the Act;
(ii) to prepare financial statements which accord with the accounting records and comply with the accounting requirements of the Act and;
(iii) that the financial statements be prepared in accordance with the methods and principles set out in the

Statement of Recommended Practice - Accounting and Reporting by Charities have not been met; or
to which, in my opinion, attention should be drawn in my report in order to enable a proper understanding of the accounts to be reached;

The Examiner's relevant professional qualification or body:
Association of Chartered Certified Accountants
Kunal Patel ACCA
Midas Financials
20-22 Wenlock Road
London
N17 7GU

The date upon which my opinion is expressed is:-
30/09/2026

Signed by: Kunal Patel

A handwritten signature in black ink, appearing to be 'Kunal Patel', is written over a grey rectangular background.