

ATHENA FEMALE EMPOWERMENT CIO

England & Wales · Charity number 1208141

Details

Status Registered

Legal form CIO

Registered 2024-05-07

Register [View on the Charity Commission register](#)

Contact

Address The Lions Den Boxing Club
Unit 25
Heanor Business Park
Heanor Road
Heanor
DE75 7QL

Phone 07769543043

Email Info@athenaempowerment.com

Website <https://athenaempowerment.com>

Activities

Objects: THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION, IN PARTICULAR BUT NOT EXCLUSIVELY, THROUGH THE PROVISION OF FACILITIES FOR COMMUNITY AMATEUR BOXING FOR WOMEN AND GIRLS.

Activities: Athena Empowerment CIO supports women and girls in amateur boxing through training, sparring days, development camps, and international competitions. We provide mentoring and life skills, partner with schools and clubs, and create safe, inclusive opportunities that build confidence, equality, wellbeing, and future pathways to thrive.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Amateur Sport, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£800	£1,400	-	-

Trustees

Name	Role	Appointed
Paul Smith	Chair	2024-04-28

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Accounts

ATHENA FEMALE EMPOWERMENT CIO

Trustees' Annual Report and Accounts

For the financial period from 07 May 2024 to 31 March 2025

Charity registration number: 1208141

Registered address:

The Lions Den Boxing Club
Unit 25, Heanor Business Park
Heanor Road, Heanor
DE75 7QL

Trustees' Annual Report

The trustees present their annual report and the financial statements for Athena Female Empowerment CIO for the period from 07 May 2024 to 31 March 2025.

Structure, governance and management

Athena Female Empowerment CIO is a Charitable Incorporated Organisation governed by its constitution. The trustees are responsible for the overall governance and strategic direction of the charity.

Trustees

The trustees who served during the period were:

Paul Smith (Chair)

Fleur Pearch

Victoria Woodhouse (served part of the period)

James Lynch was appointed as a trustee during the period.

Objectives and public benefit

The charity's objects are to advance physical and mental wellbeing, confidence, and personal development of women and girls through amateur boxing and related sporting activities. The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit.

Activities and achievements

During its first period of operation, Athena Female Empowerment CIO focused on supporting female participation in amateur boxing through training, competition support, and community engagement.

Financial Review

The accounts have been prepared on a receipts and payments basis. Total income for the period amounted to £800, with total expenditure of £1,400. The charity held no cash reserves at the end of the period.

Reserves policy

As this was the charity's first financial period, no reserves were held at the year end. The trustees will keep the reserves position under review as activities develop.

Statement of Financial Activities (Receipts and Payments)

For the period ended 31 March 2025

	£
Receipts – donations and fundraising	800
Total receipts	800
Payments – programme delivery and activities	1,400
Total payments	1,400
Net receipts / (payments)	(600)

Statement of Assets and Liabilities

As at 31 March 2025

	£
Cash funds	0
Total assets	0
Creditors (amounts falling due within one year)	0
Net assets	0

Approval

These accounts were approved by the trustees and signed on their behalf by:

Signed: Paul Smith

Name: Paul Smith

Position: Chair of Trustees

Date: 2nd February 2026