



music as therapy
international

Annual Report

2025



Celebrating 30 years!

Music as Therapy International

Charity Number 1208086

www.musicastherapy.org

Current trustees: John Ellis, Sana Gujral,
Rebecca Huttly, Makeda Mitchell,
Charlotte Surun OBE, Lucy Swanson

This year our activities have been overseen by the Board members listed above and three additional Trustees who have recently moved on to pastures new.

We are grateful to Karina Brown, Dr. Hannah Reid and Jane Robbie for their incredible collective 46 years of service to the charity.

This year saw caregivers turning to our proven activities in larger numbers than ever.

In 2025, music has helped more than:

380 places providing care and education

850 people working at the heart of care

25,900 children and adults in vulnerable situations

2025 marks 30 years of supporting caregivers around the world to use music to strengthen the care they provide. It's a milestone of which I'm deeply proud.



In this report, you'll hear from people working at the heart of care about the difference music is making. You'll see it's about so much more than just the figures on the page opposite. From children building confidence to communicate when language is difficult, through to people living with dementia having the chance to share memories and moments of joy with the people around them. Their stories never cease to inspire me.

Music, together with the insight you can gain from musical interactions, really does help caregivers, teachers and activity leaders to feel more confident in how they help those they support to thrive.

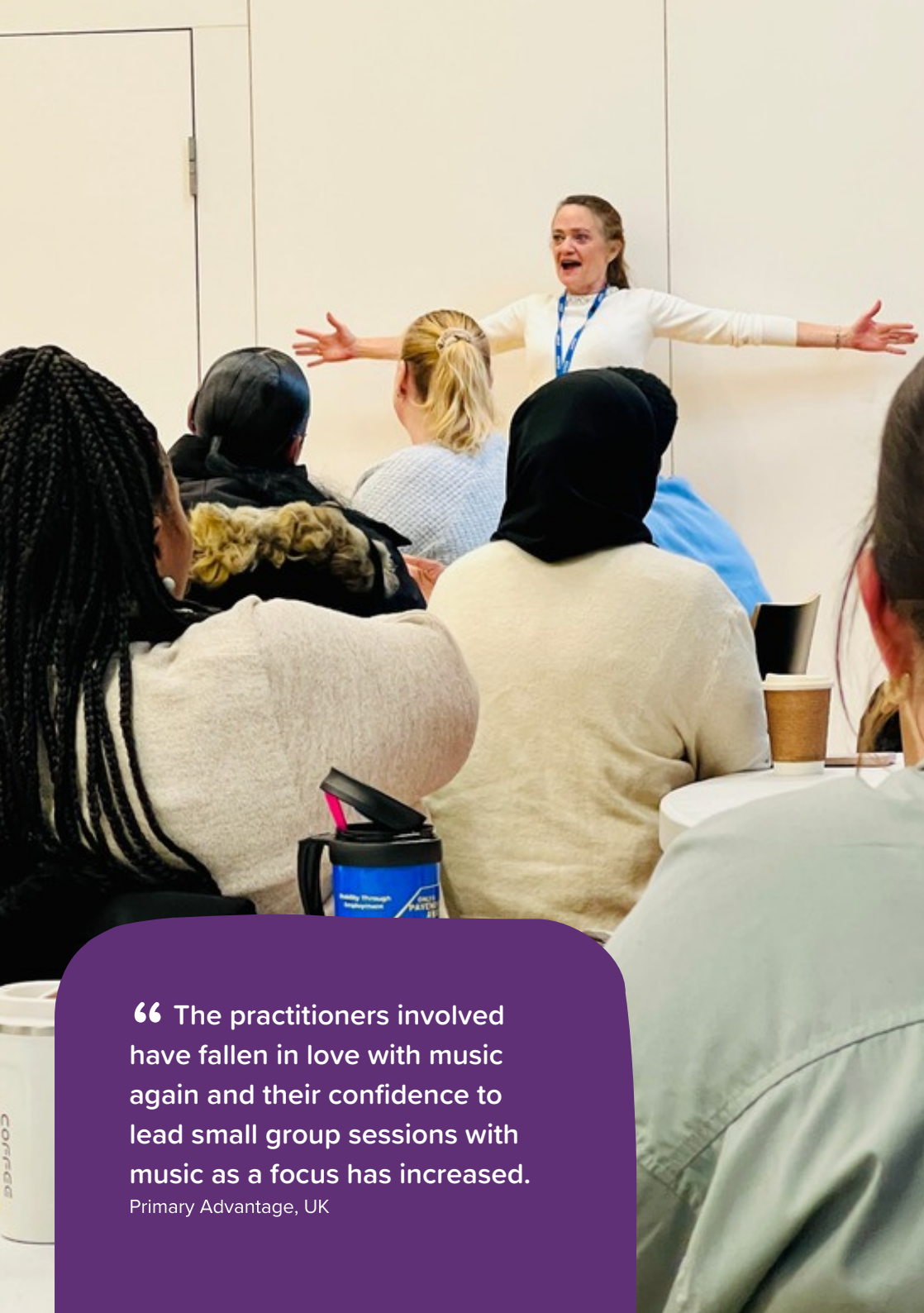
Towards the end of this report you can see how we intend to take our work forward. But, as for so many charities, this year has been financially tough for us. With unprecedented fundraising challenges and costs still rising, securing funds is taking longer and is critical before we can develop the projects we have in the pipeline for the next three years.

So on the final pages of this report you'll see how we urgently need your help to establish a new Response Fund. Your support will make sure we don't keep people giving and receiving care waiting.

Thank you.

A handwritten signature in black ink that reads "Alexia Quin".

Alexia Quin OBE
Director



“ The practitioners involved have fallen in love with music again and their confidence to lead small group sessions with music as a focus has increased.

Primary Advantage, UK

Inspiring caregivers

Social media and external communications give us targeted ways to inspire caregivers at every step of their journey. In 2025 this helped us attract new caregivers to our training and reach more than 160 of our existing Partners as they embed music into care around the world.

Some turned to us to refresh their musical instrument collections (Romania); we collaborated with our Partners on a 'music in education' resource (Ethiopia), and we brought others together to share experiences of using music (Georgia).

A highlight was developing connections where our work has been disrupted by conflict: We heard from two Partners still using music in Palestine despite the escalation of violence in the region, and from a teacher in Myanmar, with whom we shared our Burmese guidance on using music with children with disabilities.

7%

of enrollees on
Music Helps UK were
inspired to do so by
our social media posts

119

new care providers and
influencers championing
best care practice
discovered our work
through social media

“ Thank you for your information and especially for the value placed on the work I have done. I am very happy to read about my journey on your various social networks.

Health & care professional
Democratic Republic of the Congo

Kasia is one of 19 Early Years practitioners we trained this year. Her story embodies the way using music can boost a individual's confidence in their abilities.



“ I have always been eager to learn new skills and gain new knowledge. So, when I got the chance to study the Interactive Music-Making course I took it. I had determination and a willingness to step outside my comfort zone.

There were moments of challenges. Times my sessions didn't flow as planned, or when I struggled to engage a child in the way I hoped. But these experiences became lessons. They pushed me to adapt, to experiment with new techniques, and to reflect deeply on my own practice. Growth! Even when the path wasn't clear.

One of the families I worked with taught me that music is an important tool for emotional expression and social connection.

Through musical interactions and positive encouragement, I supported a quiet, anxious child to begin to find her voice. Not through words at first, but through rhythm, laughter and singing.

I'm proud of the progress I've made on this course. Much of the confidence and self-belief that I gained through Interactive Music-Making training inspired me to further my studies in September 2025.

I'm proud of the role I can now play in supporting children's development within my sessions at Babyzone.

Equipping caregivers

This year we drew on our tried-and-tested approaches to equip 24 caregivers of young children (UK), 173 caring for people living with dementia (UK and India), and 53 supporting children with disabilities (Georgia, Romania and Jordan). We also responded to requests from Partners in Ethiopia, Moldova, Palestine, India, Rwanda and the UK, helping them keep the benefits of music available to the children and adults in their care.

New for us in 2025 was extending our work into Kenya, where we offered on-site skill-sharing to equip staff to use music with 200 children at Bombolulu School of Promise, Mombasa.

“ I learned about patience in working with children, focusing not on progress, but on connection.

Educator, Romania

“ I found that music can be a great way to break down barriers, as a shy child can express themselves through playing or clapping instead of singing... I had to find the best way for each child to get the most out of it.

Professional caregiver, Jordan

“ I learnt that looking, waiting and listening are very key during the session as they allow space for group members to express themselves and interact freely.

Educator, Kenya

“ I gained a clearer understanding of how to musically connect with the beneficiary... how to build more trust.

Professional caregiver, Georgia

Entrusting others

In 2025, entrusting others to compliment the skills of our team strengthened our activities and helped us extend our reach:

11 translators helped us connect across cultures, languages and communities (like Ildephonse who worked on Alphonsine's story opposite).

20 music therapists, care providers, psychologists and programme leaders worked with us to deliver training tailored to specific groups of caregivers.

30 volunteers and one brilliant web developer all played a vital role in helping us drive forward our mission.

Mulțumesc

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Murakoze

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धन्यवाद

ధన్యవాదాలు

Merci

Thank you



Alphonsine is one of the 38 individuals in seven countries around the world we entrust to deliver training. Her story captures the experience of pioneering music-based care in Rwanda.



“ I have been using music since 2010. Music helps me in my daily work with 50 students with mental, physical, hearing and speech disabilities, and there are changes because they are changing, in their studies and in their daily lives.

You can teach a child to be a great person and to have confidence in their singing, playing, and showing others with no shame. I strive for every child to be confident in themselves.

I am confident in myself in everything I do because of music as therapy. My knowledge can educate others according to how it has helped me. I will never give up, I will keep on providing training to old persons and youth.

A strong lesson is that you could think things can't change but if you keep on, you find music as therapy leads to positive changes and you need not to give up.

Even if I have no means, my vision is to bring music as therapy to all levels until district level, invite all beneficiaries, train them and showing them the benefits of music and what they can gain from it, because music is important.

Focusing on impact

The driving motivation behind everything we do is the genuine, lasting impact it has for people in vulnerable situations and those who provide their care.

This was as important as ever when we extended our online training course Music Helps this year to reach caregivers in the UK as well as India.

“ I realised that people with dementia can still experience joy, creativity, and connection through music... I understood the importance of focusing on the individual's preferences and life story rather than just symptoms.

Professional caregiver, UK

“ I discovered that even when verbal communication becomes difficult, music can still reach the person in deep and meaningful ways.

Community musician, UK

“ The course has not only brought therapeutic value to our residents and staffs but also strengthened the emotional connection between staff and residents.

Professional caregiver, India



Gill is one of more than 400 people worldwide who accessed Music Helps in 2025. Her story beautifully illustrates how exploring music can support people caring for a family member.



“It prompted me to reflect on my own relationship to music... The key moment for me was the photo album journey and the link through music to the important moment's in her life. As the songs were playing I was thinking of my Mom and the ways in which music has been a constant in our family life. The idea that music is a way we can perhaps find a connection as her disease progresses brings me hope.

Throughout the examples and videos, I was reflecting on similar moments with my Mom and thinking about how I will change my approach next time... I do think it changed my thinking and gave me ideas on how to communicate more effectively.

Over the last year I have been learning to play guitar with the aim of playing alongside my Dad in the hopes that my Mom will join in and feel included as we tackle some favourite family songs together. Most recently we all enjoyed a singalong to Neil Diamond's 'Sweet Caroline', an old favourite of my Mom's.

She seemed to come alive and the pieces of her we have lost fell away. She remembered the words, was singing, and actually danced a little. It was such a joyous moment for us all... really, the most important thing is the emotional connection we can build in those moments.

Learning from others

Reflecting on our 30th anniversary, we believe our work endures because of the way our approach evolves with every year that passes. Listening to our Partners, learning from sector experts, using their insight and the experiences of others all shaped our activities and thinking this year.

The consultation we undertook with our Advisory Panel in January was key to our learning. Comprising 24 music therapists, the Panel's diverse professional experiences, knowledge and range of perspectives helped hone our focus as we concluded our current strategic period and prepared for our next chapter.

“ The Advisory Panel helps the organisation stay connected to reality and ensure its work remains relevant, practical, and responsive.

Advisory Panel member since 2018

More than

160

team hours spent actively learning from webinars, networking events, discovery calls and research

“ The Panel brings experience... a sounding board for the charity to test out new ideas and thoughts, to gain clarity and also have a sense of accountability.

Advisory Panel member since 1999

“ There are always rich discussions... voices which question, challenge and help to shed light.

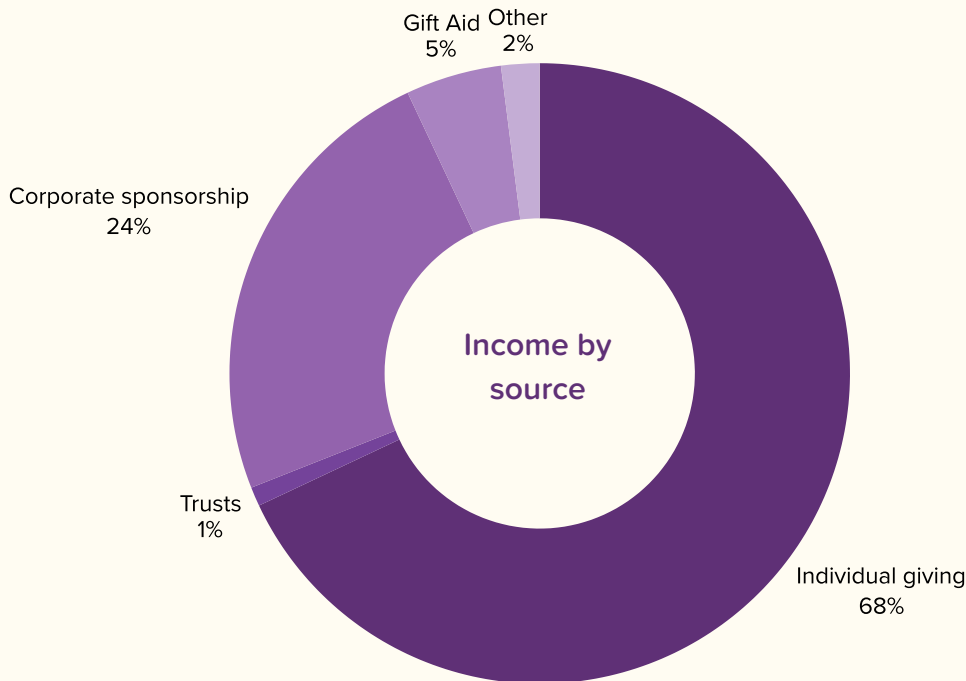
Advisory Panel member since 2014



“ Recognising our position as a UK charity, located in a country which has very complex histories with some of the countries we work in, we’re aware of the risk of power imbalances. We always seek to address this by asking questions, listening and learning from those we collaborate with, so we can avoid imposing our way of thinking and practices.

Makeda, International Programme Manager / Trustee

2024 Accounts - Income

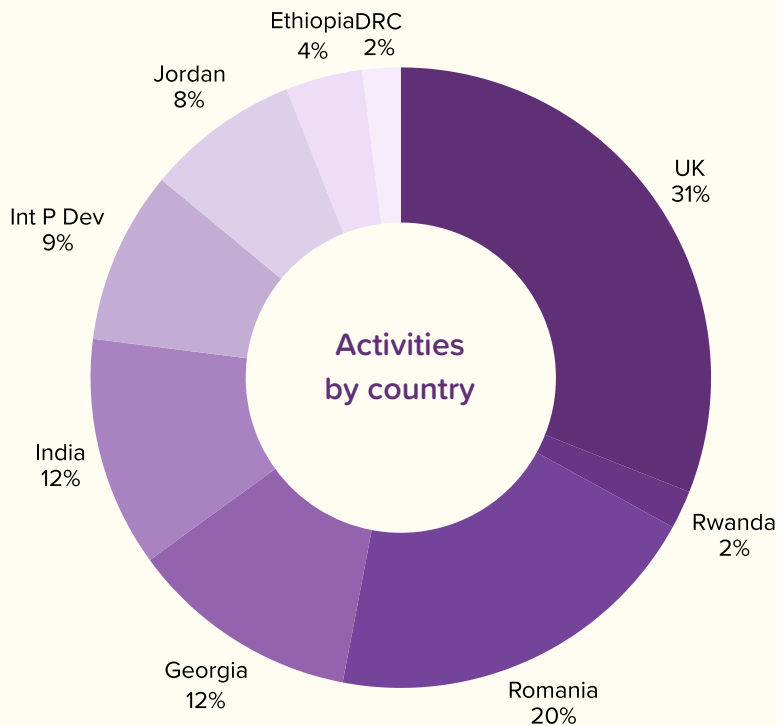


Income	GBP (£)
Unrestricted Income	112,098
Restricted Income	53,385
Activity Generated Income	1,690
Total cash income	167,173

Notes

These are the 2024 accounts for Music as Therapy International (Charity No. 1070760). In 2025 Music as Therapy International became a Charitable Incorporated Organisation (Charity Number 1208086), taking on all the assets and operations of the originating organisation.

2024 Accounts - Expenditure



With thanks

Alongside the generosity of more than 80 individual donors, and Gifts in Kind from five project partners, we were grateful for the support of Capital Group, Cupsmith Ltd, Eleanor Rathbone Charitable Trust, The Fineman Trust, Gordon Fraser Charitable Trust, The Syncona Foundation, and Vanneck Ltd in 2024-25.

Expenditure	GBP (£)
Charitable activities	149,033
Core costs	26,516
Fundraising	15,658
Total cash expenditure	191,207
Surplus/Deficit	-24,034



**We've been strengthening
care with music for 30 years...**



What's next?

Our strategy for the next three years sets out a coherent plan so we can invest our resources for the greatest possible impact. We're going to take all the best parts of our work forward with us, and make them even better. With your help, we'll create a lasting legacy of change.

Our goals:

- **Extend our reach** by training new caregivers to improve care for more people in more places.
- **Evolve with the times** to upgrade our proven training models and increase our organisational capacity.
- **Secure the future** use of music in care for people in vulnerable situations worldwide.

“ Reflecting on 30 years of impact inspires us to keep going. Challenges inevitably lie ahead, but with strategic clarity and the support of those who share our vision, we can face the next chapter with confidence.

John Ellis, Chair of the Board of Trustees

Support our response

Over the past 30 years we've grown from one project for staff and children in a single orphanage in Romania, to a portfolio of activities spanning 11 countries and involving hundreds of caregivers every year.

Securing funding for them all takes time. We've submitted over 20 funding applications this year, but with competition for funding in the sector fiercer than ever, responses can take months, and may never come.

The hardest thing about this is that while we wait, the caregivers who have reached out for help are waiting, too.

Caregivers like those at TAFTA, a non-profit care provider in South Africa asking for our help to embed music into their care of over 4,000 elderly people, many of whom are struggling with dementia.



And while these caregivers are waiting, the needs of the people living with dementia are increasing as the condition progresses. Time isn't on their side.

This is why we're appealing to you now. **Will you help us establish a Response Fund, so we don't have to keep these caregivers – and many more like them – waiting?**

We need to raise £30,000 to create this new fund. It's not a small amount, but we know we can do it if everyone pitches in to help.

Our Response Fund will introduce music into care practice in ways we know make a lasting difference. **Let's not keep them waiting.**

Yes, I'll help you establish a Response Fund!

I have enclosed my cheque, payable to: Music as Therapy International
for the amount of:

☐ £50 ☒ £200 ☐ £1,000 ☐ £ _____
Other amount

This amount will really make a difference!

Give on a regular basis

I would like to make a regular Direct Debit donation of £ _____

☐ Monthly ☐ Quarterly ☐ Annually

Commencing on: 01 / ____ / ____ or 15 / ____ / ____ (Please complete)

Name of account holder(s):

Address:

Postcode:

Bank account information

Name of bank/building society:

Bank address:

Postcode:

Sort code: Account number:

Signature: Date:

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☐ I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Prefer to give online?

Visit our website or scan the QR code:

www.musicasterapy.org/response-fund



Music as Therapy International

Mowll Street Studios

11 Mowll Street

London, SW9 6BG

Tel: 020 7735 3231

Email: info@musicastherapy.org



music as therapy
international

Registered Charity No: 1208086

Additional historic Charity Commission records and accounts for the original registered charity (Music as Therapy, charity number 1070760) can be found on the register of merged charities.

www.gov.uk/government/publications/register-of-merged-charities



Registered with
**FUNDRAISING
REGULATOR**

MUSIC AS THERAPY INTERNATIONAL ANNUAL ACCOUNTS 2025

Statement of Assets and Liabilities as at 31st December 2025			
	2023	2024	2025
	GBP £	GBP £	GBP £
Current Assets			
Funds in Cafcash Account	91,796	154,037	64,742
Funds in 120-Day Notice Account	92,819	0	73,249
Petty Cash	355	323	291
Outstanding Lodgements			
Due receipt	0	0	0
Current Liabilities			
Due payments	(6,577)	0	0
Net Assets	178,394	154,360	138,282

Analysis of Charity Funds	Unrestricted Funds	Restricted Funds										Restricted donation: Salary Costs	Activity Generated (Designated) Funds <i>(See Note 3)</i>			Total
		Romania	Rwanda	UK	Palestine	India	Georgia	Ethiopia	Democratic Republic of the Congo	Jordan	Kenya		UK	ROMANIA	GEORGIA	
Opening balance at 1st January 2025	136,738	0	0	0	0	0	0	0	0	0	0	17,172	450	0	0	154,360
Cash income in year	212,730	0	0	9,004	0	0	0	0	0	0	203	0	1,703	840	1,161	225,642
Cash expenditure in year <i>(See Note 2)</i>	(69,202)	(29,204)	(1,388)	(65,581)	(473)	(8,147)	(17,913)	(2,254)	(812)	(2,144)	(24,349)	(17,172)	(1,078)	(840)	(1,161)	(241,720)
Contribution to Project Support Costs met from Unrestricted Funds <i>(See Note 4)</i>	(70,117)	13,561	627	30,087	214	3,677	8,609	1,017	367	968	10,990	0	0	0	0	0
Expenditure designated for particular areas of work from Unrestricted Funds <i>(See Note 1)</i>	(74,103)	15,643	762	26,489	260	4,470	10,465	1,237	446	1,177	13,156	0	0	0	0	0
Closing Balance at 31st December 2025	136,046	0	0	0	0	0	1,160	0	0	0	0	0	1,075	0	0	138,282

Summary	2025	2024	2023
Cash balance at 1st January	154,360	178,394	182,930
Gain/Loss	(16,078)	(24,034)	(4,537)
Cash balance at 31st December	138,282	154,360	178,394

MUSIC AS THERAPY INTERNATIONAL ANNUAL ACCOUNTS 2025
Income Statement

	2023	2024	2025	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012
	GBP £	GBP £	GBP £	GBP £	GBP £	GBP £	GBP £	GBP £	GBP £	GBP £	GBP £	GBP £	GBP £	GBP £
Cash Income														
Unrestricted Income	160,067	112,098	212,730	90,372	115,002	144,078	146,863	93,830	78,603	108,721	146,028	76,919	45,796	62,243
Restricted Income														
Romania	-	-	-	6,652	924	10	467	6,295	356	1,658	1,173	477	9,655	1,493
Georgia	2,000	-	-	2,000	-	-	150	1,088	1,000	2,200	1,100	7,115	1,126	452
Rwanda	-	15	-	22,000	-	-	-	2,860	740	2,240	4,572	12,687	3,377	11,627
United Kingdom	16,765	25,000	9,004	22,500	6,789	5,000	21,189	33,298	31,090	1,265	11,255	600	18,775	525
India	-	-	-	1,416	4,558	-	-	-	-	1,000	1,159	-	-	-
Palestine	-	-	-	-	-	-	-	58	4,000	-	70	1,737	1,693	4,595
Ethiopia	-	-	-	2,298	5,663	-	3,000	3,750	-	-	-	-	-	-
Myanmar	-	-	-	-	-	2,000	-	-	-	-	-	-	1,325	-
Democratic Republic of the Congo	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Jordan	-	-	-	6,250	-	-	-	-	-	-	-	-	-	-
Kenya	-	-	203	-	-	-	-	-	-	-	-	-	-	-
Peru	-	-	-	-	-	-	-	-	-	-	-	-	-	821
Restricted contribution to salary costs	-	28,370	-	-	-	-	-	-	-	-	-	-	-	-
Activity Generated Income	2,629	1,690	3,704	1,141	11,225	4,266	-	-	-	-	-	-	-	-
Total Cash Income for period	181,461	167,173	225,642	154,629	144,161	155,354	171,669	141,179	115,789	117,084	165,357	99,534	81,747	81,756
Cash Expenditure														
Core Costs	24,925	26,516	32,461	23,620	26,072	12,324	58,228	65,095	57,337	52,944	38,445	40,666	33,178	31,616
Fundraising	18,972	15,658	23,970	17,877	10,925	10,455	18,083	-	-	Historically captured within MasT International (Unrestricted) expenditure	-	-	-	-
Activities in Romania	26,596	30,274	30,044	19,890	15,825	12,672	8,652	8,055	9,830	9,634	19,824	15,019	20,412	13,202
Activities in Rwanda	11,393	2,370	1,388	7,532	9,430	11,551	1,069	5,907	23,700	9,433	11,804	10,394	15,648	1,526
Activities in the UK	45,455	46,106	66,660	45,432	47,217	35,549	32,509	22,874	32,726	19,518	15,044	15,232	8,116	9,143
Activities in Palestine	1,359	80	473	53	817	2,097	12,736	9,173	4,533	2,651	1,339	1,180	3,951	5,020
Activities in Georgia	14,780	18,087	19,074	11,923	1,362	466	2,024	2,771	705	5,095	2,908	10,785	1,936	995
Activities in Ethiopia	8,188	6,110	2,254	15,803	679	976	3,417	13,240	-	-	-	-	-	-
Activities in India	5,095	17,279	8,147	12,471	17,593	10,671	364	863	581	2,472	6,020	-	-	-
Activities in Myanmar	185	71	-	25	448	6,893	5,428	-	-	-	-	1,124	3,801	-
Activities in the Democratic Republic of the Congo	3,186	3,307	812	461	-	-	-	-	-	-	-	-	-	-
Activities in Jordan	12,439	11,196	2,144	8,276	-	-	-	-	-	-	-	-	-	-
Activities in Kenya	-	-	24,349	-	-	-	-	-	-	-	-	-	-	-
International Programme Development	13,424	14,153	29,942	9,357	13,926	17,781	-	-	-	-	-	-	-	-
Charity Development	-	-	-	-	9,555	-	-	-	-	-	-	-	-	-
Total Cash Expenditure for period	185,998	191,206	241,720	172,720	153,849	103,654	142,510	127,977	129,411	101,746	95,384	94,400	87,043	61,846
Gain/Loss	(4,537)	(24,034)	(16,078)	(18,091)	(9,688)	51,700	29,159	13,202	(13,622)	15,338	69,973	5,134	(5,297)	19,910

Income Statement for January to December 2025 (12 months)

Income Analysis

		TOTAL (GBP)
Unrestricted Income	Regular Donations	20,663
	Individuals (Unrestricted)	4,788
	Major Donors (Unrestricted)	96,540
	Community Fundraising (Unrestricted)	879
	Individual Giving: Legacies (Unrestricted)	10,000
	Trusts (Unrestricted)	25,000
	Corporate (Unrestricted)	40,750
	Gift Aid	7,025
	Other	7,086
		212,730
Restricted Income	United Kingdom	9,004
	Kenya	203
		9,207
Activity Generated Income <i>(See Note 3)</i>	Romania	840
	UK	1,703
	Georgia	1,161
		3,704
Total Cash Income for the period		225,642

Expenditure Analysis

		TOTAL (GBP)
Fundraising	Fundraising	23,970
Core Costs	Governance & Compliance	16,300
	Charity Development	16,161
		32,461
Activities in Romania <i>(See Note 2)</i>	Distance Learning 2024	295
	Distance Learning 2025	13,190
	Distance Learning Programme Development	255
	Sharing Good Practice	70
	INSPIRE caregivers to explore the ways music can strengthen care	1,080
	Local Partner Support	1,180
	Strategy, Planning and Evaluation	413
	Support Costs <i>(See Note 4)</i>	13,561
		30,044
Activities in Rwanda <i>(See Note 2)</i>	INSPIRE caregivers to explore the ways music can strengthen care	618
	Strategy, Planning and Evaluation	144
	Support Costs <i>(See Note 4)</i>	627
		1,388
Activities in the United Kingdom	Interactive Music-Making 2024-25	3,811
	Interactive Music-Making 2025-26	7,783
	ENTRUST Interactive Music Making	3,601
	Music Helps (UK)	13,999
	UK Partner Support (Motivation Programme)	879
	UK Programme Development	2,046
	Strategy, Planning and Evaluation	4,452
	Support Costs <i>(See Note 4)</i>	30,087
		66,660
Activities in Palestine	Strategy, Planning and Evaluation	260

	(See Note 2) Support Costs (See Note 4)	214	
			473
Activities in Georgia	Local Partner Support	2,646	
	(See Note 2) Distance Learning 2024-25	2,719	
	Distance Learning 2025-26	4,622	
	Distance Learning Programme Development	101	
	Sharing good practice	75	
	Strategy, Planning and Evaluation	302	
	Support Costs (See Note 4)	8,609	
			19,074
Activities in Ethiopia	Local Partner Support	1,156	
	(See Note 2) Strategy, Planning and Evaluation	80	
	Support Costs (See Note 4)	1,017	
			2,254
Activities in India	Music Helps (India)	2,870	
	(See Note 2) Local Partner Support	38	
	Strategy, Planning and Evaluation	1,561	
	Support Costs (See Note 4)	3,677	
			8,147
Activities in Democratic Republic of the Congo	EQUIP Training for Trainers	36	
	(See Note 2) Local Partner Support	390	
	Strategy, Planning and Evaluation	20	
	Support Costs (See Note 4)	367	
			812
Activities in Jordan	Distance Learning 2024	566	
	(See Note 2) Local Partner Support	563	
	Strategy, Planning and Evaluation	48	
	Support Costs (See Note 4)	968	
			2,144
Activities in Kenya	Introductory Training (Bombolulu School of Promise)	13,125	
	(See Note 2) Strategy, Planning and Evaluation (with a FOCUS on impact)	233	
	Support Costs (See Note 4)	10,990	
			24,349
International Programme Development	Sharing Good Practice	5,159	
	International Programme Development	3,376	
	EMBRACE a culture of continuous improvement (with an emphasis on learning from others)	3,260	
	Strategy, Planning and Evaluation	4,632	
	Support Costs (See Note 4)	13,515	
			29,942
Total Cash expenditure for the period			241,720
Surplus/(Deficit)			(16,078)

Note 1: Restricted Funds

Throughout the year the Trustees monitor the expenditure against each project, country programme and/or area of operation. These funds are recorded in individual Memo Accounts and reported on in our quarterly accounts. For management purposes it is helpful to track all income and expenditure throughout the year against each country programme or Activity Generated Income Fund, which means a cumulative deficit may be recorded. This is an indication to the Trustees when our investment in particular area of our work exceeds the restricted or designated funds held, and the extent to which we are drawing on our Unrestricted Funds for the delivery of our activities. At the end of any given year, any residual Restricted or Activity Generated Funds are carried forward and any cumulative deficit is offset through an internal process of reallocating Unrestricted Funds. The exception to this in 2025 was the fund restricted to cover salaried costs for the charity's Operations Officer, the depletion of which was similarly tracked monthly in a Memo Account but, due to the complexity of extrapolating the salary from individual aspects of expenditure, its depletion was recorded in the Management Accounts at year end only.

	Opening Balance	Q1	Q2	Q3	Q4	Reallocation of unrestricted funds	Closing Balance
UK	0	(5,093)	(14,148)	(18,614)	(26,489)	26,489	0
Georgia	0	(2,137)	(3,729)	(6,732)	(10,465)	10,465	0
Rwanda	0	(33)	(233)	(395)	(762)	762	0
Romania	0	(1,855)	(4,668)	(7,663)	(15,643)	15,643	0
Palestine	0	(4)	(20)	(143)	(260)	260	0
India	0	(1,434)	(2,577)	(3,707)	(4,470)	4,470	0
Ethiopia	0	(533)	(585)	(846)	(1,237)	1,237	0
Democratic Republic of the Congo	0	(10)	(44)	(368)	(446)	446	0
Jordan	0	(194)	(626)	(1,127)	(1,177)	1,177	0
Kenya	0	(1,830)	(10,243)	(12,905)	(13,156)	13,156	0
Restricted contribution to salary costs	17,172	17,172	17,172	17,172	17,172	(17,172)	0

Note 2: International Expenditure

Our activities extend to a number of countries overseas. Typically the delivery of these activities requires investment of funds in the UK relating to co-ordination, the development of resources, planning and preparation. In some instances, but not all, expenditure is also incurred in the country itself. In compliance with our Financial Management and Procedures Policy, our overseas expenditure on activities in Georgia, Rwanda, Romania, India, Ethiopia, Kenya and Jordan in 2025 was recorded and reported to the Trustees, including details of to whom any direct transfer of funds were made overseas and how this transfer was made. Our expenditure on activities in Palestine and the Democratic Republic of the Congo was incurred solely in the UK.

Note 3: Activity Generated (Designated) Funds

The Trustees separate income generated from the delivery of some of our activities from our Restricted Funds. As these activities are developed and delivered, the funds are drawn down. When an activity is complete, any residual funds are then released to our Unrestricted Funds (from which they contribute to Programme Support Costs for the relevant country).

	Opening Balance	Income 2025	Expenditure 2025	Contribution to Programme and/or Support Costs	Closing Balance
Activity Generated Income (UK)	450	1,703	(1,078)	0	1075
Activity Generated Income (Romania)	0	840	(840)	0	0
Activity Generated Income (Georgia)	0	1,161	(1,161)	0	0
TOTAL	450	3,704	(3,079)	0	1,075

Note 4: Support Costs

We attribute Support Costs to our projects, comprising identified aspects of expenditure which can be legitimately apportioned to our different country programmes, at a level congruent to our wider investment in country-specific activities. The table below shows the areas of expenditure comprising our Support Costs in 2025:

Office costs	10,179
Commissioned admin services	587
Bank charges	63
Admin hours	7,791
Personnel	58,187
Website Hosting and Dev't	1,918
Corporate costs	4,906
TOTAL	83,632

From the total Support Costs apportionable, the following allocations were made:

	Project Costs	Proportion	Support Costs	Total Costs
Activities in Romania	16,483	16.21	13,561	30,044
Activities in Rwanda	762	0.75	627	1,388
Activities in United Kingdom	36,572	35.98	30,087	66,660
Activities in Palestine	260	0.26	214	473
Activities in Georgia	10,465	10.29	8,609	19,074
Activities in Ethiopia	1,237	1.22	1,017	2,254
Activities in India	4,470	4.40	3,677	8,147
Activities in the Democratic Republic of the Congo	446	0.44	367	812
Activities in Jordan	1,177	1.16	968	2,144
Activities in Kenya	13,359	13.14	10,990	24,349
International Programme Dev't	16,427	16.16	13,515	29,942
	101,656	-	83,632	185,288



music as therapy
international

Annual Accounts 2025

These accounts report on the financial activity of Music as Therapy International from 1st January 2024 to 31st December 2025.

Signed for and on behalf of the Trustees,

John Ellis Chair of the Trustees

5th June 2026

Independent examiner's report to the trustees of Music as Therapy International

I report to the trustees on my examination of the accounts of Music as Therapy International (the Charity) for the year ended 31 December 2025.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



25.5.26

Mr Patrick Carney MA ACA

Institute of Chartered Accountants in England and Wales 8725238

Merstham, Surrey, RH1 3AE