

THE SAMMY-SIZED GAP

England & Wales · Charity number 1207856

Details

Status Registered

Legal form CIO

Registered 2024-04-15

Register [View on the Charity Commission register](#)

Contact

Address 4 Kings Court
Narberth
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Activities

Objects: TO PRESERVE AND PROTECT THE HEALTH OF PEOPLE EXPERIENCING OR AFFECTED BY POOR MENTAL HEALTH AND SUICIDAL BEHAVIOR OR IDEATION IN PEMBROKESHIRE. IN PARTICULAR BUT NOT EXCLUSIVELY BY: A) PROMOTING A BETTER UNDERSTANDING IN SOCIETY OF SUICIDE AND SUICIDAL BEHAVIOUR. PROVIDING EDUCATION ON POLY DRUG USE AND ITS IMPACTS ON MENTAL HEALTH. B) OFFERING ASSISTANCE FOR THOSE AFFECTED BY SUSPECTED SUICIDE OR SUICIDAL BEHAVIOR OR IDEATION IN PEMBROKESHIRE BY THE PROVISION OF SUPPORT, INTERVENTION AND DIRECT AND INDIRECT COUNSELLING. C) TO LIAISE WHERE NECESSARY WITH AGENCIES (INCLUDING GOVERNMENT) TO FORMULATE POLICY IN THE MENTAL HEALTH FIELD.

Activities: The Sammy-sized GAP programme is dedicated to providing comprehensive postvention support to families and friends bereaved by suicide in Pembrokeshire. Our structured approach includes a variety of activities designed to address the immediate and long-term needs of those affected, while also fostering a more supportive and resilient community.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Pembrokeshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£40,880	£13,485	-	-

Trustees

Name	Role	Appointed
Charlotte Matthews		2025-06-18
Clare Joanne Sturman M.Res		2024-01-22
Dale Colin Etchells		2025-04-16
Elizabeth Grace Williams		2024-09-30
Melanie Jane Pallas		2024-09-30
