

# NAM YANG BRIGHTON

England & Wales - Charity number 1207778

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2024-04-09

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 37 Reading Road  
Brighton  
BN2 5NE

**Phone** 07487234425

**Email** [Info@namyangbrighton.co.uk](mailto:Info@namyangbrighton.co.uk)

**Website** <https://www.namyangbrighton.co.uk/>

## Activities

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**Objects:** THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION BY THE PROVISION OF FACILITIES AND COACHING OF MARTIAL ARTS, FITNESS AND MINDFULNESS FOR PEOPLE OF BRIGHTON AND HOVE

**Activities:** We provide accessible Chinese martial arts, mindfulness and community programmes in Brighton & Hove. We support people facing hardship, including refugees and those with poor mental health, SEN adults and children promoting wellbeing, confidence and inclusion. No one is turned away due to financial restraints.

## Classification

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- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** General Charitable Purposes, Amateur Sport
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

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- Brighton And Hove
- East Sussex

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-30	£135,652	£114,440	-	-

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## Trustees

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Name	Role	Appointed
<b>Murray Mackay Begg</b>	Chair	2024-04-09
Dr Emma Abigail Howard-Macey		2024-04-09
Fuad Trayek		2024-04-09
Karl Hayes		2024-04-09