

# MENTALMATE CIO

England & Wales · Charity number 1207675

## Details

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Other names	MENTALMATE C.I.C.
Status	Registered
Legal form	CIO
Registered	2024-04-02
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Sadacca 48 Wicker Sheffield S3 8JB
Phone	07910742030
Email	<a href="mailto:info@mentalmate.org">info@mentalmate.org</a>
Website	<a href="http://www.mentalmate.org">www.mentalmate.org</a>

## Activities

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**Objects:** THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT BY PROVIDING BOXING CLASSES AND OTHER FITNESS BASED ACTIVITIES, MENTAL HEALTH SUPPORT, AND FITNESS BASED STRESS MANAGEMENT TECHNIQUES.

**Activities:** Mentalmate provides free boxing classes to anyone in the area suffering from poor mental health.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport
- **Who:** The General Public/mankind

## Geography

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- Sheffield City

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£13,504	£6,115	-	-

## Trustees

Name	Role	Appointed
<b>Daniel Barton</b>	Chair	2024-04-02
Adam Bows		2024-04-02
Leanne Bolsover		2026-05-21