



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 1	Month 1	Year 2024		Day 31	Month 12	Year 2024

Section A Reference and administration details

Charity name

Men and Their Emotions

Other names charity is known by

N/a

Registered charity number (if any)

1207505

Charity's principal address

First Floor

17 – 19 Foley Street

London

Postcode: W1W 6DW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Daniel O'Reilly	Chair		
2	Marcus Jones			
3	Ross McNaughton			
4	Stephen Pearce			
5	Gary Oke			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/a	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/a		

Name of chief executive or names of senior staff members (Optional information)

N/a

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by Board

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document
Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The objects of the CIO are:

- General Charitable Purposes
- The Advancement Of Health Or Saving Of Lives
- Disability
- Other Charitable Purposes

Additional details of objectives and activities (Optional information) You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The charity was registered on 19th March 2024. The trustees spent the remainder of the year planning for the future and putting into place necessary processes and governance arrangements to start work.

As a result, initial activities commenced in 2025. There was no income, nor expenditure during the financial year ending 31st December 2024 and hence no assets held at the year-end.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

As noted above, the charity was in set-up mode during the financial year ending 31st December 2024

Section E Financial review

Brief statement of the charity's policy on reserves

The Trustees will not commit to making any donations for charitable purposes greater than the amount of cash already in hand. In the longterm the trustees will aim to hold cash to cover six months average expenditure.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

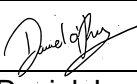
Section F Other optional information



Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Gary Josef Oke	Daniel James O'Reilly
Position (eg Secretary, Chair, etc)	Trustee	Chair of Trustees

Date 03/12/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Men and Their Emotions

No (if any)
1207505

Receipts and payments accounts

CC16a

For the period
from

Period start date
1/1/2024

To

Period end date
31/12/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
There was nil income during the year	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-

A3 Payments

There was nil expenditure during the year	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-

A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	

Total payments	-	-	-	-	-
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Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	There were no financial transactions and no cash or other assets held during the year	-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account (s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Details			

B2 Other monetary assets

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

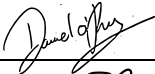
Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
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B5 Liabilities

		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of
all the trustees

Signature	Print Name	Date of approval
	Daniel James O'Reilly	03/12/25
	Gary Josef Oke	03/12/25