
THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 DECEMBER 2024

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

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THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE PERIOD ENDED 31 DECEMBER 2024

Trustees J Manning (appointed 7 March 2024)
D Ballantine (appointed 7 March 2024)
Y Manning (appointed 7 March 2024)
G Lincoln (appointed 7 March 2024)
J Edwards (appointed 7 March 2024)

Charity registered number 1207350

Principal office C/O Hillier Hopkins LLP
249 Silbury Boulevard
Milton Keynes
Buckinghamshire
MK19 1NA

Accountants Hillier Hopkins LLP
249 Silbury Boulevard
Milton Keynes
Buckinghamshire
MK19 1NA

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

TRUSTEES' REPORT FOR THE PERIOD ENDED 31 DECEMBER 2024

The Trustees present their annual report together with the financial statements of The Arthur Ellis Mental Health Foundation for the period 7 March 2024 to 31 December 2024.

Objectives and activities

a. Policies and objectives

The objectives of the CIO are to support the needs of people who are above the age of 8 years old experiencing mental health problems by providing mentoring services and promoting good mental health and wellbeing.

1-1 Support

Providing safe spaces for young people and adults to talk about challenges in their lives to improve their mental health and wellbeing.

Raising public awareness

Raising awareness of mental health and wellbeing issues and providing tools and resources.

As this is our first year operating as a charity, we had some clear objectives:

- To establish ourselves
- Build up our reserves
- Become ready to invest in our future scalability to support more beneficiaries

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Achievements and performance

a. Main achievements of the Charity

Highlights

- 2,404 people were referred for support
- 6,615 1-1 support sessions provided to children, young people and adults
- 2,000 attendees to our first Annual Festival
- The average waiting time was 7 days

Beneficiary Wellbeing Outcomes (Average):

Children under 10 +14%

Young people (11-17) +24%

Adults 18+ +77%

We have established an annual festival in Milton Keynes. A festival that would break down barriers to things that are good for our wellbeing, bring families together and showcase amazing things that we can do for our wellbeing that can be really fun!

With 2,000 people attending, four hundred two course meals distributed to the community and families engaging in 20 fun activities for free, including Badminton, Tai Chi, Cake Decorating, Art and Garden Games. The project was an enormous success, so we are doing it again.

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

TRUSTEES' REPORT (CONTINUED) FOR THE PERIOD ENDED 31 DECEMBER 2024

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

All reserves have been held in the charity in the year, so that these can be used in the future years to help meet the objectives of the charity.

c. Financial activities

This is the first year that the Charity has traded, and has shown a positive movement in the year, with income of £214,801 and expenditure of £127,497.

A surplus of £87,304 has been made in the year, this is very positive for the Charity in the year and we are aiming for this to increase in the future to enable us to meet our goals.

Structure, governance and management

a. Constitution

The Arthur Ellis Mental Health Foundation is a registered charity, number 1207350, and is constituted under a Trust deed.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

TRUSTEES' REPORT (CONTINUED)
FOR THE PERIOD ENDED 31 DECEMBER 2024

Statement of Trustees' responsibilities

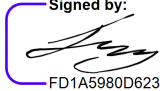
The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Signed by:

.....FD1A5980D62340E.....
J Manning

Date: 31-10-2025 | 09:47 PDT

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

**INDEPENDENT EXAMINER'S REPORT
FOR THE PERIOD ENDED 31 DECEMBER 2024**

**Independent Examiner's Report to the Trustees of The Arthur Ellis Mental Health Foundation
(the Charity)**

I report to the charity Trustees on my examination of the accounts of the Charity for the period ended 31 December 2024.

Responsibilities and Basis of Report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

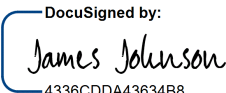
1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE PERIOD ENDED 31 DECEMBER 2024

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed: 4336CDDA43634B8...

James Johnson

Hillier Hopkins LLP
249 Silbury Boulevard
Milton Keynes
Buckinghamshire
MK19 1NA

Dated: 31-10-2025 | 17:20 GMT

ACA

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD ENDED 31 DECEMBER 2024

	Note	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Income from:				
Donations and legacies	3	3,700	18,500	22,200
Charitable activities	4	194,328	-	194,328
Total income		198,028	18,500	216,528
Expenditure on:				
Charitable activities	5	130,476	18,500	148,976
Total expenditure		130,476	18,500	148,976
Net movement in funds		67,552	-	67,552
Reconciliation of funds:				
Net movement in funds		67,552	-	67,552
Total funds carried forward		67,552	-	67,552

The Statement of Financial Activities includes all gains and losses recognised in the period.

The notes on pages 9 to 16 form part of these financial statements.

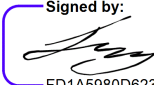
THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

BALANCE SHEET
AS AT 31 DECEMBER 2024

	Note	2024 £
Current assets		
Debtors	10	23,189
Cash at bank and in hand		44,715
		<u>67,904</u>
Current liabilities		
Creditors: amounts falling due within one year	11	(352)
		<u>67,552</u>
Net current assets		<u>67,552</u>
Total assets less current liabilities		<u>67,552</u>
Net assets excluding pension asset		<u>67,552</u>
Total net assets		<u>67,552</u>
Charity funds		
Unrestricted funds	12	67,552
Total funds		<u>67,552</u>

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Signed by:



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.....

J Manning
Trustee
Date: 31-10-2025 | 09:47 PDT

The notes on pages 9 to 16 form part of these financial statements.

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2024

1. General information

The Arthur Ellis Mental Health Foundation is a charity registered in England and Wales within the United Kingdom. The address of the Charity is C/O Hillier Hopkins LLP, 249 Silbury Boulevard, Milton Keynes, Buckinghamshire, MK9 1NA.

The Charity's principal activity is that of providing mental health support.

The financial statements are presented in sterling which is the functional currency of the Charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Arthur Ellis Mental Health Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2024

2. Accounting policies (continued)

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.4 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.5 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.6 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.7 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 DECEMBER 2024

2. Accounting policies (continued)

2.8 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the period.

2.9 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

3. Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Donations	2,000	-	2,000
Grants	1,700	18,500	20,200
Total 2024	3,700	18,500	22,200

4. Income from charitable activities

	Unrestricted funds 2024 £	Total funds 2024 £
Charitable activities	194,328	194,328

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 DECEMBER 2024

5. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Charitable activities	130,476	18,500	148,976

6. Analysis of expenditure by activities

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £
Charitable activities	58,653	90,323	148,976

Analysis of direct costs

	Activities 2024 £	Total funds 2024 £
Mentors	58,653	58,653

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 DECEMBER 2024

6. Analysis of expenditure by activities (continued)

Analysis of support costs

	Activities 2024 £	Total funds 2024 £
Staff costs (note 8)	52,434	52,434
Web hosting	23,154	23,154
Insurance	1,168	1,168
Bank charges	380	380
Event costs	11,359	11,359
Staff training	280	280
Independent examiner's fees (note 7)	1,548	1,548
	<u>90,323</u>	<u>90,323</u>

7. Independent examiner's remuneration

	2024 £
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	<u>1,548</u>

8. Staff costs

	2024 £
Wages and salaries	47,241
National insurance	4,345
Pension costs	848
	<u>52,434</u>

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 DECEMBER 2024

8. Staff costs (continued)

The average number of persons employed by the Charity during the period was as follows:

	2024 No.
Staff	5

No employee received remuneration amounting to more than £60,000 in either year.

9. Trustees' remuneration and expenses

During the period, no Trustees received any remuneration or other benefits.

During the period ended 31 December 2024, no Trustee expenses have been incurred.

10. Debtors

	2024 £
Due within one year	
Trade debtors	17,720
Other debtors	5,469
	23,189

11. Creditors: Amounts falling due within one year

	2024 £
Pension fund loan payable	352

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 DECEMBER 2024

12. Statement of funds

Statement of funds - current period

	Income £	Expenditure £	Balance at 31 December 2024 £
Unrestricted funds			
General funds	198,028	(130,476)	67,552
Restricted funds			
Wellbeing Festival	8,500	(8,500)	-
Emotional & wellbeing support	10,000	(10,000)	-
	18,500	(18,500)	-
Total of funds	216,528	(148,976)	67,552

Wellbeing Festival - To fund costs associated with holding the Charity's Wellbeing Festival.

Emotional & wellbeing support - To fund the improvement of access to emotional and wellbeing support.

13. Summary of funds

Summary of funds - current period

	Income £	Expenditure £	Balance at 31 December 2024 £
General funds	198,028	(130,476)	67,552
Restricted funds	18,500	(18,500)	-
	216,528	(148,976)	67,552

THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 DECEMBER 2024

14. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Unrestricted funds 2024 £	Total funds 2024 £
Current assets	67,904	67,904
Creditors due within one year	(352)	(352)
Total	67,552	67,552

15. Pension commitments

The Charity operates a defined contribution scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents the contributions payable by the Charity to the fund and amounted to £848. Contributions totalling £352 were payable to the fund at the balance sheet date and are included in creditors.

**The Arthur Ellis Mental Health Foundation
5 Trevelyan Way
Old Wolverton
Milton Keynes
Bucks
MK12 5FU**

Hillier Hopkins LLP
249 Silbury Boulevard
Milton Keynes
Bucks
MK9 1NA

Dear Sirs

The following representations are made on the basis of enquiries of management and staff with relevant knowledge and experience such as we consider necessary in connection with your independent examination of the charitable company's financial statements for the year ended 31 December 2024. These enquiries have included inspection of supporting documentation where appropriate and are sufficient to satisfy ourselves that we can make each of the following representations. All representations are made to the best of our knowledge and belief.

General

- 1 We have fulfilled our responsibilities as trustees as set out in the terms of your engagement letter, under the Charities Act 2011 for preparing financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), for being satisfied that they give a true and fair view and for making accurate representations to you.
- 2 All the transactions undertaken by the charity have been properly reflected and recorded in the accounting records.
- 3 All the accounting records have been made available to you for the purpose of your engagement. We have provided you with unrestricted access to all appropriate persons within the charity, and with all other records and related information requested, including minutes of all management and trustee meetings and correspondence with The Charity Commission.
- 4 The financial statements are free of material misstatements, including omissions.
- 5 The effects of uncorrected misstatements (as set out in the appendix to this letter) are immaterial both individually and in total.

Assets and liabilities

- 6 The charity has satisfactory title to all assets and there are no liens or encumbrances on the charitable company's assets, except for those that are disclosed in the notes to the financial statements.
- 7 All actual liabilities, contingent liabilities and guarantees given to third parties have been recorded or disclosed as appropriate.
- 8 We have no plans or intentions that may materially alter the carrying value and where relevant the fair value measurements or classification of assets and liabilities reflected in the financial statements.

Accounting estimates

- 9 Significant assumptions used by us in making accounting estimates, including those measured at fair value, are reasonable.

Loans and arrangements

- 10 The charity has not granted any advances or credits to, or made guarantees on behalf of, directors other than those disclosed in the financial statements.

Legal claims

- 11 We have disclosed to you all claims in connection with litigation that have been, or are expected to be, received and such matters, as appropriate, have been properly accounted for, and disclosed in, the financial statements.

Laws and regulations

- 12 We have disclosed to you all known instances of non-compliance or suspected non-compliance with laws and regulations whose effects should be considered when preparing the financial statements.

Related parties

- 13 Related party relationships and transactions have been appropriately accounted for and disclosed in the financial statements. We have disclosed to you all relevant information concerning such relationships and transactions and are not aware of any other matters which require disclosure in order to comply with legislative and accounting standards requirements.

Subsequent events

- 14 All events subsequent to the date of the financial statements which require adjustment or disclosure have been properly accounted for and disclosed.

Going concern

- 15 We believe that the charity's financial statements should be prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charity's needs. We have considered a period of twelve months from the date of approval of the financial statements. We believe that no further disclosures relating to the charity's ability to continue as a going concern need to be made in the financial statements.

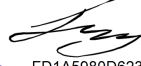
Grants and donations

- 16 All grants, donations and other income, the receipt of which is subject to specific terms or conditions, have been notified to you. There have been no breaches of terms or conditions in the application of such income.

Yours faithfully

Printed name: J Manning

Signed:

Signed by:


.....FD1A5980D62340E.....

Signed on behalf of the board of trustees

Date: 31-10-2025 | 09:47 PDT