



Leftley Sports Club

Annual Report and Financial Statements for the year ended 31 March 2025

Registered Charity No: 1207296

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1 **Reference and Administrative Details**

Charity Name	Leftley Sports Club
Registered Charity Number	1207296
Principal Address	LSC Community Hub Martin Peters Court Meadow Road BARKING IG11 9FE
Trustees	Muhammed Engraz Miah Anwar Hussain Aktar Ahmed Joynal Hussain Ansarun Ahmed
Bankers	Barclays Bank PLC
Independent Examiners	Royal Associates Accountants & Tax Consultants Association of Accounting Technicians 60 Park Road Wellingborough Northants NN8 4QE

2 Structure and Governance

2.1 Governance and Organisational Structure

The Club is established as a Charitable Incorporated Organisation (CIO) and operates under its governing constitution. Oversight and strategic direction are provided by a board of Trustees, who are elected by the membership every two years. This democratic process ensures accountability and representation within the Club's leadership.

The Trustees meet on a half-yearly basis to review and oversee key areas, including strategy, safeguarding, and financial management. These meetings are integral to maintaining strong governance and ensuring that the Club continues to operate in line with its objectives and regulatory requirements.

In addition to governance, the Club places a strong emphasis on supporting its volunteers and staff. Training is provided, covering essential areas such as safeguarding and equality awareness. This commitment to training helps to create a safe, inclusive, and well-informed environment for all involved in the Club's activities.

2.2 Reserves

It is the Club's policy to build and maintain unrestricted reserves at a level equivalent to six to twelve months of operating expenditure.

This policy is designed to ensure financial stability and resilience, enabling the Club to meet its ongoing management and operational costs while safeguarding against unforeseen circumstances or emergencies.

Maintaining adequate reserves is considered essential for prudent financial management and aligns with best practice in governance, providing a buffer that supports continuity of services and long-term sustainability.

The Trustees review the reserves policy and the actual level of reserves annually as part of the budgeting and financial planning process, ensuring that it remains appropriate considering the Club's activities, risk profile, and future plans.

2.3 Risk Management

The Trustees are undertaking a comprehensive review of the principal risks to which the Club is exposed, encompassing external factors, governance and management, internal operations, and business activities.

In fulfilling their responsibilities, the Trustees are evaluating both the likelihood and potential impact of these risks on the Club's ability to achieve its objectives. They are also assessing the adequacy and effectiveness of the systems and internal controls established to manage and mitigate such risks. These systems are designed to provide reasonable, though not absolute, assurance against material loss, fraud, or misstatement.

The Trustees are committed to maintaining a comprehensive risk management framework that supports sound governance and the long-term sustainability of the Club.

2.4 Trustee Responsibilities

The Trustees are responsible for ensuring that the Club maintains proper accounting records that accurately reflect its financial position and performance. These records must disclose, with reasonable accuracy, the financial status of the charity and enable the Trustees to prepare financial statements in compliance with applicable law and regulatory requirements. In fulfilling these duties, the Trustees must ensure that the Club operates within its governing document and relevant legislation.

The Trustees also have a duty to safeguard the assets of the Club and to take reasonable steps to prevent and detect fraud, error, and other irregularities. This includes implementing appropriate internal controls and risk management procedures to protect the Club's resources and maintain public trust and confidence. Furthermore, the Trustees are responsible for ensuring that the Club's financial management practices support its long-term sustainability and align with best practice in charity governance.

To discharge these responsibilities effectively, the Trustees review financial performance regularly, monitor compliance with statutory obligations, and oversee the adequacy of systems designed to provide reasonable assurance against material misstatement or loss.

3 Objectives and Activities

3.1 Overview

The Leftley Sports Club (“the Club”) is a volunteer-led, non-profit organisation dedicated to promoting health, wellbeing, and community spirit through sport and social engagement.

Promote community participation in healthy recreation for residents of Barking and Dagenham by providing facilities for football, cycling, running, badminton, aerobics and other sports that improve physical health and fitness.

Provide facilities for social welfare and leisure activities for individuals in need due to youth, age, disability, financial hardship, or social circumstances, with the aim of improving their quality of life.

Establish and manage a community centre (LSC Hub) to host activities, events, and programmes that further these charitable objectives.

3.2 Charitable Objects

- 1) To promote community participation in healthy recreation for the benefit of the residents of Barking and Dagenham by the provision of facilities for participating in football, cycling, running and other sports capable of promoting physical health and fitness.
- 2) To provide or assist in the provision of facilities for the benefit of the residents of Barking and Dagenham in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life.

3.3 Key Activities

- **Walk and Talk Programme:** In its eighth consecutive year, this initiative (held at the Mayesbrook Park) encouraged outdoor activity and conversation, reducing loneliness and promoting mental health.
- **Football:** Weekly sessions encouraging youth participation.
- **Women’s Coffee Mornings:** Fortnightly gatherings at the LSC Hub, offering friendship, workshops, and wellbeing support. Over 800 women have participated throughout the year, tackling isolation and building confidence.
- **Cycling:** Inclusive cycling sessions every Sunday morning, open to all ages.
- **Badminton:** Midweek sessions at local venues, promoting fitness and social connection.
- **Community Hub Activities:** The hub hosted cultural events, workshops, prayers, and social gatherings, acting as a safe and welcoming space for residents along with private events such as birthdays.

4 Public Benefits Statement

The Trustees confirm compliance with the Charity Commission's guidance on public benefit.

- Activities are open to all, regardless of background, ability, or financial means.
- Subsidised memberships and free sessions were offered to families facing hardship.
- Programmes promoted health, wellbeing, and social cohesion across the Leftley Estate and wider community.

5 Achievements and Performance

The year has been one of noteworthy progress and community impact for the Club. The Trustees are pleased to present the following key achievements.

5.1 Women's Coffee Morning Partnership

A major success has been the growth of the Women's Coffee Morning at the LSC Hub. This initiative, delivered in partnership with the local GP network, the London Borough of Barking & Dagenham, and North East London NHS Foundation Trust, has provided a safe and welcoming space for women to connect, share experiences, and access health and wellbeing support. Over 800 women have participated, tackling isolation, improving confidence, and strengthening links between community and health services.

5.2 Youth Football Milestone

In 2025, the Club celebrated a landmark achievement with the 200th young person taking part in Thursday Night Football. This weekly programme has become a cornerstone of youth engagement in Barking and Dagenham, offering structured sport, mentoring, and safeguarding in a positive environment. The milestone reflects the Club's sustained commitment to youth development and its role in keeping young people active, safe, and connected.

5.3 Walk and Talk Programme

The Walk and Talk initiative in Mayesbrook Park marked its 8th consecutive year of success. This programme continues to reduce loneliness, promote physical activity, and encourage open conversation about wellbeing. Its longevity demonstrates the Club's ability to deliver consistent, meaningful support to residents, with participants reporting improved mental health and stronger community bonds.

5.4 Community Hub Impact

The LSC Hub has hosted a wide range of activities, from cultural events and workshops to prayers and social gatherings. It has become a trusted space for residents, reinforcing the Club's role as a community anchor.

5.5 Safeguarding and Inclusion

Training for coaches and volunteers has ensured safeguarding standards remain exemplary. Programmes have been designed to be inclusive, with particular focus on women, older people, and those with disabilities or financial hardship.

5.6 Recognition and Partnerships

The Club's work has been recognised by local partners and supported by organisations such as NHS, LBBD and Macmillan Cancer Support. These collaborations have strengthened the Club's reach and sustainability.

6 Independent Examiner's Report

I report to the charity Trustees on my examination of the accounts of Leftley Sports Club for the year ended 31 March 2025.

6.1 Responsibilities and basis of report

As the charity Trustees of Leftley Sports Club, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of Leftley Sports Club's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

6.2 Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Kabir Ahmed FMAAT

Accountants & Tax Consultants
Association of Accounting Technicians
60 Park Road
Wellingborough
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NN8 4QE

Date: 14/12/2025

7 Financial Review

7.1 Summary

The charity has earned an income of £32,837 and incurred expenses of £11,514. The surplus during the year was £21,323.

7.2 Statement of Financial Activities

<i>Type</i>	<i>Unrestricted</i>	<i>Restricted</i>	<i>Unrestricted</i>	<i>Restricted</i>
<i>Period</i>	<i>2024-25</i>	<i>2024-25</i>	<i>2023-24</i>	<i>2023-24</i>
Income	£	£	£	£
Grant Income - Unrestricted	10,500.00			
Grant Income - Restricted		6,000.00		
Community Centre Hire	10,560.00			
Participant Contributions	5,767.51		4,013.50	
Other Income	10.00		250.00	
Total Income	26,837.51	6,000.00	4,263.50	-
Expenditure				
Projects Delivery	5,243.73		-	
Hiring Overheads	530.00	1,878.79	3,083.07	
Centre Overheads	2,582.27		1,873.94	
Administrative Overheads	1,279.75		1,409.64	
Total Expenditure	9,635.75	1,878.79	6,366.65	-
Net Surplus (Deficit)	17,201.76	4,121.21	(2,103.15)	-
Funds brought forward	10,503.59	-	12,606.74	
Transfer between funds	-	-	-	
Funds Carried Forward	27,705.35	4,121.21	10,503.59	-
Total Funds Carried Forward	31,826.56		10,503.59	

7.3 Balance Sheet

	31 Mar 2025	31 Mar 2024
Current Assets	£	£
Cash at bank and in hand	32,286.07	10,515.59
Accounts Receivable	450.00	0.00
Total Current Assets	32,736.07	10,515.59
Creditors: Amounts falling due within one year		
Accounts Payable	12.00	12.00
Other creditors	897.51	0.00
Total Creditors: Amounts falling due within one year	909.51	12.00
Net Assets	31,826.56	10,503.59
Capital and Reserves		
Net Surplus (Deficit)	21,322.97	(2,103.15)
Unrestricted Reserves	6,356.38	12,606.74
Restricted Reserves	4,147.21	0.00
Total funds carried forward	31,826.56	10,503.59

7.4 Statement of Exemption

For the year ended 31 March 2025, the CIO was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the CIO to obtain an audit of its accounts for the year in question in accordance with Section 476.

The Trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

7.5 Restricted Funds – Purpose and Use

Restricted funds represent income received by the Club that must be used for specific purposes as stipulated by the donor or funding body.

During the year ended 31 March 2025, the Club received a total of £6,000 in restricted grant income. These funds were applied to cover costs associated with Football and the Women's Coffee Morning programme.

The balance of £4,121 carried forward at year-end will be used to continue these targeted initiatives in the next financial year.

8 Accounting Policies

8.1 Basis of Preparing the Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Charities Act 2011.

8.2 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

8.3 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

8.4 Taxation

The charity is exempt from tax on its charitable activities.

9 Strategic Focus for the Next Financial Year

The Trustees are committed to building on the successes of 2024–2025 and ensuring that the Club continues to grow as a beacon of health, inclusion, and community spirit. The following strategic priorities have been identified for the year ahead:

9.1 Launch a Youth Leadership Programme

Establish a structured training pathway for young volunteers, equipping them with skills in coaching, safeguarding, event management, and community leadership.

Provide mentoring opportunities with experienced Trustees and coaches to nurture confidence and responsibility.

Recognise achievements through certificates, awards, and progression routes into employment or further education.

Position the programme as a pipeline for the next generation of community leaders, ensuring sustainability of the Club's ethos and values.

9.2 Strengthen Partnerships with Schools, Faith Groups, and Local Councils

Collaborate with local schools to deliver after-school sports clubs and wellbeing workshops, embedding safeguarding and inclusion into education.

Work with faith groups to host interfaith tournaments and community events that celebrate diversity and unity.

Partner with Barking & Dagenham Council and NHS North East London to align programmes with borough-wide health and wellbeing priorities.

Expand referral pathways so that residents identified by schools, GPs, or community teams can access LSC's activities quickly and effectively.

9.3 Upgrade Facilities and Brand Awareness

Modernise the LSC Hub and install air conditioning, CCTV, and an alarm system.

Explore opportunities for digital upgrades, such as online booking systems and improved communications platforms, to streamline operations.

Enhance visibility of the Club's activities through targeted social media engagement and local press coverage and digital media publications (Barking & Dagenham Post).

Explore the possibilities of employing an Administrator/Facilities Manager for the Club.

9.4 Future Funding

Applications have been submitted to expand inclusive programmes, strengthen youth leadership initiatives, and upgrade facilities. The Trustees remain committed to diversifying income streams through grants, community fundraising, and partnerships.

10 Declaration

The Trustees declare that they have approved this report on 14/12/2025.

Signed on behalf of the charity's Trustees:

Signature: 

Name: Aktar Ahmed

Position: Chairperson

Date: 14/12/2025