

Trustees' Annual Report for the period

Period start date				Period end date		
From	26	02	2024	To	25	02 2025

Section A

Reference and administration details

Charity name

Kirkby Lonsdale Community Cupboard CIO

Other names charity is known by

Registered charity number (if any)

1207199

Charity's principal address

Binfold Croft Community Centre

Kirkby Lonsdale

CARNFORTH

Postcode

LA6 2BN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Janet Bradshaw	Chair		
2	Rev Anne Pettifor	Secretary		
3	Liz Saunders		Stepped down 01/11/2025	
4	Jonathan Smith	Finance lead	From 17/06/2024	
5	Sam Millar			
6	Dr Joanna Cobley	Safeguarding lead	From 31/03/2025	
7	Karen Johnson	Town team rep	From 11/08/25	
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15				
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17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
		1

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustees are encouraged to undertake appropriate training in Governance, recruitment, fundraising, equality and diversity all accessed through Cumbria Community Voluntary Services and Charity Commision.

The trustees consider that the failure of any third-party it works with could, at worse, only temporarily halt the delivery of some of its services with alternative options available.

The trustees recognise that as a new charity they need to actively review the implementation and effectiveness of current policies and procedures, and identify and fill any gaps.

As a charity we look after and support our greatest asset, the volunteers, through annual reviews, social gatherings and ongoing training in Safe Guarding. We also offer Mental Health First Aid and Food Hygiene courses for those wishing to take on greater responsibilities in their roles. Building confidence, resilience and skills which ultimately can be transferred to other parts of their lives.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are: 1. For the public benefit the prevention or relief of poverty or financial hardship in Kirkby Lonsdale and the surrounding area, in particular but not exclusively by providing community lunches and operating a food bank to provide emergency food supplies and related services to individuals who have been identified as having a financial need. 2. For the public benefit the preservation and protection of good mental health in Kirkby Lonsdale and the surrounding area by the provision of mental health related educational workshops and by the provision of advice and guidance. 3. To promote social inclusion for the

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

public benefit in Kirkby Lonsdale and the surrounding area by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society. For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards); crime (either as a victim of crime or as an offender rehabilitating into society).

Community Hub

Central phone line open 3 hours a day 5 days a week to request shopping, prescription pickups, book into lunches or ask info about our other ventures.

Community Cupboard

Provision of ambient food for those experiencing food poverty and, working with local schools, bags of food to support families in need of support over the school holidays.

Food Club

Resourced from FareShare, with food split between Community Cupboard, other services and club members.

Community Lunches

Hot meals once a week providing communal dining or delivered to home.

Tuesday Soups

Once a week hot soup after an Age UK gentle exercise class.

Forget me knot Cafe

Once a month, especially to support dementia sufferers and their carers.

Craft and Chat

Once a week to support social engagement across the ages through crafters bringing along their hand held crafts.

Kids Cinema

During school holidays with alternative activities to the film, plus a hot, nutritious lunch for children and their guardians.

Repair Café

Once a month with volunteer repairers and a Fairtrade café.

Mental Health First Aid Training

MHFA level 3 run on ad-hoc basis.

All our activities are offered on a donation basis which ensures cost is never a barrier to receiving what we offer.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Other activities are always under consideration driven by:

- review against the needs covered by our objectives,
- review of geodemographics groups being helped, for example by age or gender
- ensuring there are “entry-level” services to reduce the barriers some people feel to accessing help
- ideas from new and existing volunteers.

We have 55 active volunteers providing a weekly average of 112 hours of their time. Our volunteers bring so much to the ventures they are engaged with and we could not succeed in our objectives without them.

Section D

Achievements and performance

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Summary of the main achievements of the charity during the year

The Community Cupboard's (Food bank) shelves were filled with weekly Fareshare deliveries and local donations. Three local schools collected food for the Community Cupboard at Harvest and Christmas providing essential supplies to last through the year whilst also providing an opportunity to educate and raise awareness of Food Poverty.

The Community Cupboard met 189 requests for food over the year from households experiencing food poverty, these came from self referral and also health and social care professionals.

Our local schools identified families who would benefit from food bags during school holidays and we provided a further 147 bags to meet this need. This is done with complete anonymity but provides the recipient with details of The Community Cupboard's purpose and accessibility.

Food Club runs weekly and shares out the items received from Fareshare that cannot be used in Community Cupboards Food prep or placed on the shelves of the Cupboard. An average of 26 households come along to collect a share of this food which would otherwise be heading for landfill. Food Club members report an easing on weekly food budget spend, an enjoyment of trying foods they would never have picked for themselves and a feeling of gratitude that they are doing a small bit for the environment.

2979 hot and nutritious meals were cooked from scratch, using, where possible, food delivered by Fareshare. 1215 hot meals were delivered to elderly residents unable or reluctant to leave their homes and 1764 were served to those able to access our local community hall. These lunches are provided weekly on 52 weeks of the year and provide valuable company for those attending both as recipients and volunteers, especially over festive times when being alone feels even more acute. It is also worth mentioning that those receiving the meals report looking forward to seeing a familiar face every Monday, for some their only outside contact.

Repair café, held monthly, has an average of 16 people attending for repairs and more simply coming along to enjoy a hot drink and company. Repaired items have been saved from landfill and returned to use in residents homes.

Soup Lunches have served 492 bowls of hot nutritious soup, made from weekly Fareshare deliveries of vegetables. Nutritious and also another opportunity to sit down and enjoy a communal meal.

Our annual call record total for the Hub telephone reached 100 calls, a vital line for housebound residents. This is not usually a busy service but valued nonetheless by those who use it and relatives who live at a distance.

14 people have received Mental Health First Aid Training in the past twelve months.

59 people have attended the Forget Me knot café over the year, a gentle environment providing a chance to meet others going through similar experiences with dementia and memory loss. Activities have included bread making, pottery, art, puzzles, games and visits from health professionals to share advise.

Kids Cinema was enjoyed by 168 children during school holidays through the year. They were accompanied by parents or grandparents who appreciated the provision of a local activity that was provided on a

donation only basis reporting that school holiday budgets were challenging with spiralling costs. The cinema and hot lunch provided an environment where families and grandparents/carers could 'eat, meet and relax' for a precious afternoon without needing to spend beyond their means.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our policy is to maintain at least 3 months operating expenditure, including any notice period costs, in reserves. We currently meet this objective.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funding is from a balance of grants and donations. The largest single grant or donation is from the Kirkby Lonsdale Town Council and represents approximately 20% of income.

Expenditure is split between service delivery and contractors. The paid contractors are responsible for the maintenance and implementation of policies and procedures, and for ensuring the continuity and sustainability of our volunteer-led services.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Janet R Bradshaw	Anne Pettifor
Position (eg Secretary, Chair, etc)	Chair	Secretary
Date	09-12-2025	

KIRKBY LONSDALE COMMUNITY CUPBOARD CIO

Charity Number 1207199

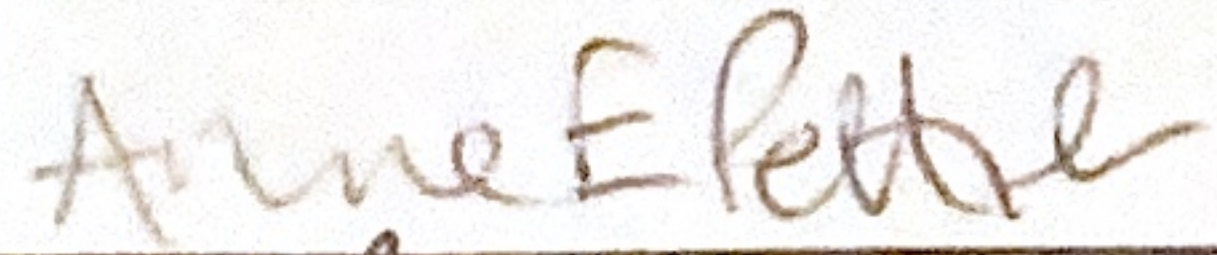
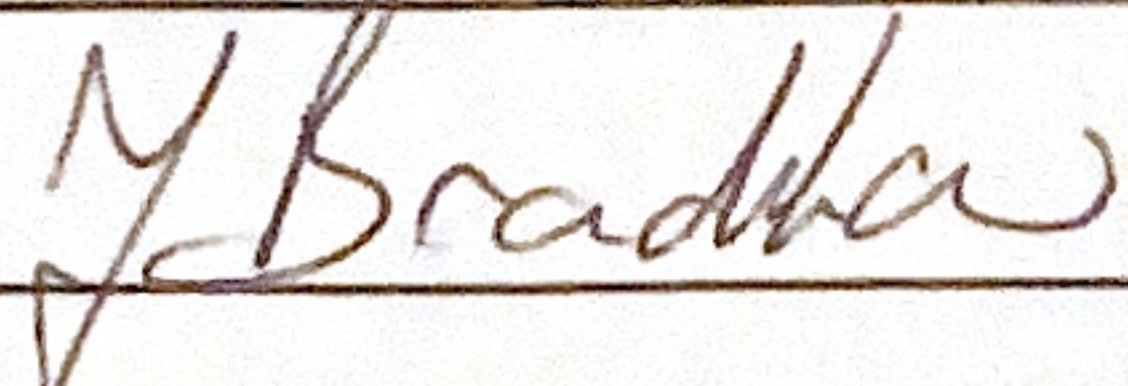
Receipts and payments accounts

For the period 26th February, 2024 to 28th February 2025

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Receipts			
Grants	12,000	16,099	28,099
Donations	28,754	-	28,754
Total Receipts	40,754	16,099	56,853
Payments			
Charitable activities	43,825	12,660	56,485
Total Payments	43,825	12,660	56,485
Net Receipts/(Payments)	(3,071)	3,439	368
Opening cash funds	35,515	7,289	42,804
Cash Funds this Year End	32,444	10,728	43,172

Statement of assets and liabilities at the end of the period

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Cash Funds	32,444	10,728	43,172
Liabilities			
Suppliers' accounts	418	-	418

Signature	Print Name	Date of approval
	ANNE PETTIFOR	12-11-2025
	JANET BRADSHAW	12-11-25

Independent examiner's report to the trustees of Kirkby Lonsdale Community Cupboard CIO

(Charity no: 1207999)

I report to the trustees on my examination of the accounts of the Kirkby Lonsdale Community Cupboard CIO (the Trust) for the period from 26th February 2024 to 28th February 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

John Hayward
Elm Tree Cottage,
Casterton,
Carnforth
LA6 2SF

Date: 23/12/2025

Signature:

A handwritten signature in black ink, appearing to be 'JH', with a long horizontal flourish extending to the right.