



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **1st April 2024** Period start date To **31st March 2025**
Period end date

Charity name: Neatishead Community Gym

Charity registration number: 1207194

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	• To improve health and well being in the community of Neatishead and surrounding villages and to foster community support and development • To offer local and competitively priced access to gym and exercise facilities for all members of the community aged 16 or over. • To maximise value for its Members. Any balance of money exceeding agreed reserve levels will be used to improve facilities or reduce membership fees. • To promote the Gym within the local community and identify the benefits of membership. • To manage the Gym equipment and facilities in a careful and economic way. • To ensure a duty of care to all Members of the Gym. • To provide all its services in a competent, professional and safe manner. To ensure that all present and future Members receive fair and equal treatment.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Subscribing membership fell during 24/25 from 79 to 71 (-10%) but attendances increased from 4476 to 4856 (+8.5%). Members are making more efficient use of their subscriptions. During the year we experimented with circuit training sessions on one evening a week. While there was a core of active participants (approximately 10 per session) the experiment failed for two

		reasons – our instructor found the additional workload to be unsustainable and the charging system applied meant that the sessions ran at a loss. We intend to reintroduce the sessions when we can find an instructor able to take them on, using a different charging mechanism designed to make them self-funding.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have all complied with the guidance issued by the Charity commission on public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The gym benefits from the contribution made by volunteers in fundraising, helping with setting up and storing the equipment and in communicating the work and benefits of the gym
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The gym had 4,856 attendances in the year (not including circuit training sessions). Many of the attendees are of retirement age and some are recovering from serious health issues including joint replacement, stroke and heart attacks. The gym also provides social interaction for many members who live alone in a rural community

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	The Gym runs a spring plant sale, a coffee morning, raffles and a Christmas bottle stall. One member raises funds by making jams and preserves and selling them for the benefit of the gym. These activities raised £1649 during the year, allowing the trustees to keep subscriptions at a competitive level.
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income from membership £21,481 Grant income £4,428 Fundraising and sale of equipment 2,079 Total income (incl small donations etc) £28,488 Expenditure £25,837 Surplus £2,651 End of year balance£10,500
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	See below
Amount of reserves held	Para 1.22	See below
Reasons for holding zero reserves	Para 1.22	As the gym does not incur significant expenditure when unable to open, and thus receive membership fees, the Trustees do not hold formal reserves although a balance in excess of £5000 is aimed for at all times
Details of fund materially in deficit	Para 1.24	N/ A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Membership fees. Grant from Norfolk Community Foundation Donation from Duncan Baker, former MP Fundraising and sale of redundant equipment
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	The principal risk identified in the risk register, which is reviewed regularly, is the difficulty of sourcing instructors (contractors)
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees sought from membership and other interested parties prior to AGM and when vacancies occur

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Neatishead Community Gym
Other name the charity uses	
Registered charity number	1207194
Charity's principal address	Berry Hall Berry Hall Road NR12 8BO

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sharon Jones	Secretary	Trustee wef Feb 2024	
2	Alan Smith	Chair	Trustee wef Feb 2024	
3	Peter Dickie		Trustee wef Feb 2024	
4	David Prichard		Trustee wef Jul 2024	
5	Philip Ollier	Treasurer	Trustee wef July 2024	
6	Penny Moseley		Trustee wef Feb 2024	
7	Simon Thompson		Trustee wef July 2024	
8				
9				
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14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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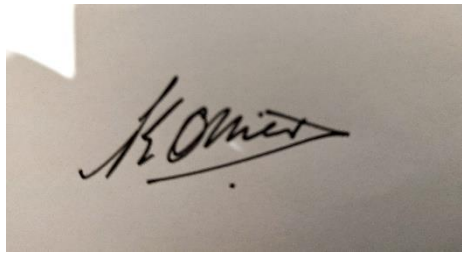
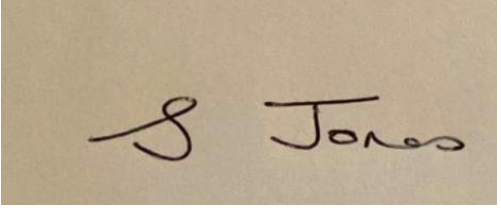
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Philip Edmund Ollier	Sharon Margaret Jones
Position (eg Secretary, Chair, etc)	Treasurer	Secretary
Date	18/8/25	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Neatishead Community Gym

Receipts and payments accounts

CC16a

For the period
from

1.4.2024

To

31.3.2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership Fees	21,481	-	-	21,481	18,406
Norfolk Community Foundation	-	3,805	-	3,805	-
Duncan Baker	623	-	-	623	393
Small donations	184	-	-	184	159
Sale of preserves	209	-	-	209	1,195
Fundraisers	1,649	-	-	1,649	132
Miscellaneous	537	-	-	537	-
Sport England	-	-	-	-	1,666
Sub total (Gross income for AR)	24,683	3,805	-	28,488	21,951
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	24,683	3,805	-	28,488	21,951
A3 Payments					
Instructor fees	13,142	-	-	13,142	11,098
Premises hire	7,631	-	-	7,631	5,842
Insurances	331	-	-	331	302
Equipment maintenance	13	-	-	13	530
Miscellaneous	33	-	-	33	-
Equipment purchase	158	3,610	-	3,768	1,573
Printing & Stationery	379	-	-	379	-
Office Expenses	540	-	-	540	-
	-	-	-	-	-
Sub total	22,227	3,610	-	25,837	19,345
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	22,227	3,610	-	25,837	19,345
Net of receipts/(payments)	2,456	195	-	2,651	2,606
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	7,849	-	-	7,849	5,241
Cash funds this year end	10,305	195	-	10,500	7,847

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Barclays Current Account	10,104	195	-
	Co-operative Bank Current Account	151	-	-
	Petty Cash	50	-	-
	Total cash funds	10,305	195	-
(agree balances with receipts and payments account(s))		#		

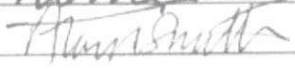
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Nil	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Nil		-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Gym Equipment	Unrestricted	-	-
	3 Treadmills	Unrestricted	-	-
	4 Exercise bicycles	Unrestricted	-	-
	3 Rowing machines	Unrestricted	-	-
	2 Benches and weight racks	Unrestricted	-	-
	Free weights	Unrestricted	-	-
	Mats	Unrestricted	-	-
	Yoga/Pilates equipment	Unrestricted	-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Nil		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	PE Ollier	16.7.25
	AWM Smith	16.7.25



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

NEATISHEAD COMMUNITY GYM

On accounts for the year
ended

31st March 2025

Charity no
(if any)

1207194

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent
examiner's statement

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Deborah Bradley

Date:

22/07/25

Name:

Deborah Bradley FCCA

Relevant professional
qualification(s) or body
(if any):

Chartered Certified Accountants (FCCA)

Address:

2 THE RISE, CHEDGRAVE, NORWICH.
NR14 6TH