

REGISTERED COMPANY NUMBER: CE035221 (England and Wales)
REGISTERED CHARITY NUMBER: 1206983

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2025
FOR
ELISHA HOUSE**

Ainsworths Limited
Charter House
Stansfield Street
Nelson
Lancashire
BB9 9XY

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FOR THE YEAR ENDED 30TH SEPTEMBER 2025**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30TH SEPTEMBER 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th September 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Elisha House provides supported living accommodation to males in recovery from substance or alcohol misuse. We work according to the 12 steps recovery programme and five ways to wellbeing. We have a strong community ethos and an extensive timetable. We provide volunteering opportunities in our community gardening project and community cafe. We offer hope that recovery is possible.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30TH SEPTEMBER 2025**

OBJECTIVES AND ACTIVITIES

SIGNIFICANT ACTIVITIES

During the reporting year, our charity continued to deliver supported accommodation, recovery programmes, skills development, and community engagement activities designed to help individuals move towards independent living, improved wellbeing, and meaningful participation in society.

Key activities included:

Providing residential recovery support and structured rehabilitation.

- Offering education, training and employability opportunities via our residential project, community café, community gardening project and community gym.
- Delivering wellbeing, fitness and therapeutic programmes.
- Supporting residents to contribute to the wider community through volunteering.
- Running an inclusive community gym and outreach initiatives for local people.
- Utilising our community café as an official 'Warm Space' and community hub.

These activities directly further our charitable objectives by supporting vulnerable individuals to rebuild stability, develop life skills, and reduce barriers to employment and independence.

ACHIEVEMENTS AND PERFORMANCE

This year saw significant impact across housing, wellbeing, training, employment, and community outreach.

Residential Support and Outcomes:

- 72 new admissions to the programme.
- 17 planned discharges into independent living after completing the programme.
- 22 residents moved into lower-support accommodation, demonstrating progression to increased independence.
- 3 former residents were readmitted, ensuring continuity of care for those requiring additional support.
- 17 residents completed detox, supporting their recovery journey.

Training, Qualifications & Personal Development:

- 6 residents trained in Mental Health First Aid.
- 16 residents and volunteers completed safeguarding training.
- 12 residents achieved Food Hygiene Level 3 accreditation.
- 10 residents trained in the use of a defibrillator.
- 6 residents completed the Alpha course.
- Volunteer training delivered to 8 residents.
- One resident completed chainsaw training, increasing employability skills.
- 2 residents became CrossFit Level 1 coaches, and 2 achieved CrossFit Level 2, contributing to both personal development and programme sustainability.
- Facilitated access to over 300 mutual Aid meetings

Employment & Volunteering

- 19 residents supported into paid employment, demonstrating strong recovery outcomes and improved life stability.
- Residents collectively delivered over 10,000 hours of voluntary work, contributing significantly to the local community.
- 22 external volunteers, 15 of whom were new, supported our programmes.

Wellbeing, Fitness & Therapeutic Support

- Two weekly yoga classes were offered to all residents.
- A new gym timetable launched, offering 5-6 free daily classes for residents and volunteers.
- Ketamine awareness workshop delivered to the wider public, contributing to community education.
- 10-week young person's pilot project delivered, expanding our prevention and early-intervention work.
- Tai Chi, drumming workshops and drama therapy sessions provided enhanced emotional expression and confidence.
- Over 150 hours one to one counselling sessions provided to our residents
- Weekly Group Therapy sessions offered to all residents

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30TH SEPTEMBER 2025**

OBJECTIVES AND ACTIVITIES

Community Engagement & Outreach

- Our community gym welcomed over 200 new participants, with more than 50 becoming paying members, increasing social connection and sustainability.
- The Theatre of Hope production, conceived and delivered with resident involvement, raised awareness among young people about the harms and social impact of ketamine use.
- Our community gardening team completed almost 150 gardening jobs, supporting local residents and improving neighbourhood environments.

Public benefit

The trustees are confident that the charity offers services of real and practical use to the local population and therefore complies with the responsibility placed on all charities under the Charities Act 2011, to demonstrate a public benefit.

The trustees confirm that the activities undertaken by the charity provide clear public benefit.

This is demonstrated through:

- Providing safe supported accommodation for vulnerable individuals.
- Equipping participants with life skills, qualifications, and pathways to employment.
- Improving mental and physical wellbeing through therapeutic, fitness, and community activities.
- Reducing social isolation by engaging residents in volunteering and community projects.
- Delivering education and outreach that benefits the wider public, particularly around substance misuse awareness.

Plans for the future

Our plans for the coming year include; internal education plans, consider prison release support group, family support group, to source funding for forum drama and trauma therapy. We hope to engage with local high schools in prevention work and build upon working with organisations working with teenagers not in education. We aim to source training for those residents interested in becoming personal trainers and promote gym access to those in our community who would normally find access to a gym facility difficult.

The Trustees would like to thank and acknowledge the following; The Basement Project, Halifax for their continued mentorship and support, Sport England, the National Lottery and our community for their support.

Plans for the future

Based on the progress achieved this year, planned future developments may include:

- Expanding training and employability programmes.
- Increasing community gym capacity and public health outreach.
- Building on the success of the young person's pilot to establish an ongoing youth engagement programme.
- Developing additional partnerships to enhance detox support and move-on housing opportunities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE035221 (England and Wales)

Registered Charity number

1206983

ELISHA HOUSE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30TH SEPTEMBER 2025**

Registered office

Elisha House
Burnley Road
Colne
Lancashire
BB8 8DY

Trustees

Mrs J Whiteoak
G Whiteoak
S R Honor
M Leeds

Independent Examiner

Mark Sunter FCA
Ainsworths Limited
Charter House
Stansfield Street
Nelson
Lancashire
BB9 9XY

Approved by order of the board of trustees on 8th January 2026 and signed on its behalf by:

Mrs J Whiteoak - Trustee



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ELISHA HOUSE**

Independent examiner's report to the trustees of Elisha House ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th September 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark Sunter FCA

Ainsworths Limited
Charter House
Stansfield Street
Nelson
Lancashire
BB9 9XY

8th January 2026

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH SEPTEMBER 2025**

		Unrestricted fund £	Restricted fund £	30.9.25 Total funds £	30.9.24 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	-	37,159	37,159	313,091
Charitable activities	4				
Charitable activities		494,365	-	494,365	450,947
Other trading activities	3	82,779	-	82,779	69,462
Total		<u>577,144</u>	<u>37,159</u>	<u>614,303</u>	<u>833,500</u>
EXPENDITURE ON					
Raising funds	5	75,463	6,419	81,882	69,461
Charitable activities	6				
Charitable activities		453,182	40,599	493,781	402,499
Total		<u>528,645</u>	<u>47,018</u>	<u>575,663</u>	<u>471,960</u>
NET INCOME/(EXPENDITURE)		48,499	(9,859)	38,640	361,540
RECONCILIATION OF FUNDS					
Total funds brought forward		272,206	289,418	561,624	200,084
TOTAL FUNDS CARRIED FORWARD		<u>320,705</u>	<u>279,559</u>	<u>600,264</u>	<u>561,624</u>

The notes form part of these financial statements

BALANCE SHEET
30TH SEPTEMBER 2025

	Notes	Unrestricted fund £	Restricted fund £	30.9.25 Total funds £	30.9.24 Total funds £
FIXED ASSETS					
Tangible assets	12	311,768	253,394	565,162	584,914
CURRENT ASSETS					
Cash at bank and in hand		252,334	26,165	278,499	218,951
CREDITORS					
Amounts falling due within one year	13	(243,397)	-	(243,397)	(242,241)
NET CURRENT ASSETS		<u>8,937</u>	<u>26,165</u>	<u>35,102</u>	<u>(23,290)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>320,705</u>	<u>279,559</u>	<u>600,264</u>	<u>561,624</u>
NET ASSETS		<u>320,705</u>	<u>279,559</u>	<u>600,264</u>	<u>561,624</u>
FUNDS	14				
Unrestricted funds				320,705	272,206
Restricted funds				279,559	289,418
TOTAL FUNDS				<u>600,264</u>	<u>561,624</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th September 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th September 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 8th January 2026 and were signed on its behalf by:



M Leeds - Trustee

The notes form part of these financial statements

ELISHA HOUSE

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 30TH SEPTEMBER 2025**

	Notes	30.9.25 £	30.9.24 £
Cash flows from operating activities			
Cash generated from operations	1	83,715	348,362
Tax paid		-	(1,693)
Net cash provided by operating activities		83,715	346,669
Cash flows from investing activities			
Purchase of tangible fixed assets		(24,167)	(262,999)
Sale of tangible fixed assets		-	5,000
Net cash used in investing activities		(24,167)	(257,999)
Change in cash and cash equivalents in the reporting period		59,548	88,670
Cash and cash equivalents at the beginning of the reporting period		218,951	130,281
Cash and cash equivalents at the end of the reporting period		278,499	218,951

The notes form part of these financial statements

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 30TH SEPTEMBER 2025**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	30.9.25	30.9.24
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	38,640	361,540
Adjustments for:		
Depreciation charges	43,919	15,836
Profit on disposal of fixed assets	-	(1,813)
Increase/(decrease) in creditors	1,156	(27,201)
Net cash provided by operations	<u>83,715</u>	<u>348,362</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.10.24	Cash flow	At 30.9.25
	£	£	£
Net cash			
Cash at bank and in hand	218,951	59,548	278,499
	<u>218,951</u>	<u>59,548</u>	<u>278,499</u>
Total	<u>218,951</u>	<u>59,548</u>	<u>278,499</u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 10% on cost
Motor vehicles	- 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH SEPTEMBER 2025

2. DONATIONS AND LEGACIES

	30.9.25	30.9.24
	£	£
Grants	37,159	313,091

Grants received, included in the above, are as follows:

	30.9.25	30.9.24
	£	£
Sports England funding	-	281,921
Crowdfunder	10,156	11,170
Awards for All	-	20,000
Richard Coles funding	10,000	-
Youth Project	4,003	-
Dowager Countess	10,000	-
Police funding	3,000	-
	37,159	313,091

3. OTHER TRADING ACTIVITIES

	30.9.25	30.9.24
	£	£
Gardening	26,510	18,394
Gym	5,698	-
Cafe	49,741	50,894
Other	830	174
	82,779	69,462

4. INCOME FROM CHARITABLE ACTIVITIES

	30.9.25	30.9.24
	£	£
Housing benefit	494,365	450,947
Activity Charitable activities		

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH SEPTEMBER 2025

5. RAISING FUNDS

Other trading activities

30.9.25 30.9.24

£ £

Purchases

81,882 69,461

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	446,332	47,449	493,781

7. SUPPORT COSTS

	Finance £	Governance costs £	Totals £
Charitable activities	44,921	2,528	47,449

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	30.9.25	30.9.24
	£	£
Depreciation - owned assets	43,919	15,836
Surplus on disposal of fixed assets	-	(1,813)

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th September 2025 nor for the year ended 30th September 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30th September 2025 nor for the year ended 30th September 2024.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH SEPTEMBER 2025

10. STAFF COSTS

	30.9.25	30.9.24
	£	£
Wages and salaries	262,538	219,300
Social security costs	11,894	6,468
Other pension costs	1,988	2,101
	<u>276,420</u>	<u>227,869</u>

The average monthly number of employees during the year was as follows:

	30.9.25	30.9.24
Charitable activities	14	15
Management and administration	2	2
	<u>16</u>	<u>17</u>

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	21,190	291,901	313,091
Charitable activities			
Charitable activities	450,947	-	450,947
Other trading activities	69,462	-	69,462
Total	<u>541,599</u>	<u>291,901</u>	<u>833,500</u>
EXPENDITURE ON			
Raising funds	67,448	2,013	69,461
Charitable activities			
Charitable activities	397,561	4,938	402,499
Total	<u>465,009</u>	<u>6,951</u>	<u>471,960</u>
NET INCOME	76,590	284,950	361,540
Transfers between funds	8,594	(8,594)	-
Net movement in funds	85,184	276,356	361,540
RECONCILIATION OF FUNDS			
Total funds brought forward	187,022	13,062	200,084
TOTAL FUNDS CARRIED FORWARD	<u>272,206</u>	<u>289,418</u>	<u>561,624</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH SEPTEMBER 2025

12. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1st October 2024	278,040	346,935	11,000	635,975
Additions	-	2,255	21,912	24,167
	<u>278,040</u>	<u>349,190</u>	<u>32,912</u>	<u>660,142</u>
At 30th September 2025	278,040	349,190	32,912	660,142
DEPRECIATION				
At 1st October 2024	24,697	21,006	5,358	51,061
Charge for year	5,561	34,802	3,556	43,919
	<u>30,258</u>	<u>55,808</u>	<u>8,914</u>	<u>94,980</u>
At 30th September 2025	30,258	55,808	8,914	94,980
NET BOOK VALUE				
At 30th September 2025	<u>247,782</u>	<u>293,382</u>	<u>23,998</u>	<u>565,162</u>
At 30th September 2024	<u>253,343</u>	<u>325,929</u>	<u>5,642</u>	<u>584,914</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.25 £	30.9.24 £
Social security and other taxes	4,915	3,338
Other creditors	236,582	237,003
Accrued expenses	1,900	1,900
	<u>243,397</u>	<u>242,241</u>

14. MOVEMENT IN FUNDS

	At 1.10.24 £	Net movement in funds £	At 30.9.25 £
Unrestricted funds			
General fund	272,206	48,499	320,705
Restricted funds			
Restricted fund	289,418	(9,859)	279,559
TOTAL FUNDS	<u>561,624</u>	<u>38,640</u>	<u>600,264</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH SEPTEMBER 2025

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	577,144	(528,645)	48,499
Restricted funds			
Restricted fund	37,159	(47,018)	(9,859)
TOTAL FUNDS	<u>614,303</u>	<u>(575,663)</u>	<u>38,640</u>

Comparatives for movement in funds

	At 1.10.23 £	Net movement in funds £	Transfers between funds £	At 30.9.24 £
Unrestricted funds				
General fund	187,022	76,590	8,594	272,206
Restricted funds				
Restricted fund	13,062	284,950	(8,594)	289,418
TOTAL FUNDS	<u>200,084</u>	<u>361,540</u>	<u>-</u>	<u>561,624</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	541,599	(465,009)	76,590
Restricted funds			
Restricted fund	291,901	(6,951)	284,950
TOTAL FUNDS	<u>833,500</u>	<u>(471,960)</u>	<u>361,540</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH SEPTEMBER 2025

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.23 £	Net movement in funds £	Transfers between funds £	At 30.9.25 £
Unrestricted funds				
General fund	187,022	125,089	8,594	320,705
Restricted funds				
Restricted fund	13,062	275,091	(8,594)	279,559
TOTAL FUNDS	<u>200,084</u>	<u>400,180</u>	<u>-</u>	<u>600,264</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,118,743	(993,654)	125,089
Restricted funds			
Restricted fund	329,060	(53,969)	275,091
TOTAL FUNDS	<u>1,447,803</u>	<u>(1,047,623)</u>	<u>400,180</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30th September 2025.