



# Trustees' Annual Report for the period

		Period start date				Period end date	
From	8	February	2024	To	31	March	2025

## Section A

## Reference and administration details

Charity name

BRITISH SANATAN DOCTORS FORM

Other names charity is known by

Registered charity number (if any)

1206946

Charity's principal address

6 BEECHWOOD DRIVE

WORSLEY

MANCHESTER

Postcode

M28 2WA

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Bhavna K Pandya		Since registration on 08.02.24	
2	Dr Sapana Bhansali		Since registration on 08.02.24	
3	Dr Maharsh Pandya		Since registration on 08.02.24	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	




### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

### Name of chief executive or names of senior staff members (Optional information)

N/A
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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO
How the charity is constituted (eg. trust, association, company)	CIO-FOUNDATION
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities



**Summary of the objects of the charity set out in its governing document**

THE OBJECTS OF THE CIO ARE: 1.1.1 THE ADVANCEMENT OF HEALTH AND RELIEF OF SICKNESS, DISEASE AND HUMAN SUFFERING FOR THE PUBLIC BENEFIT BY BRINGING TOGETHER SANATAN DOCTORS AND OTHERS WITH AN INTEREST IN THE SANATAN COMMUNITY TO: (A) RAISE AWARENESS OF ACTIVITIES AND THERAPIES BENEFICIAL TO PHYSICAL AND MENTAL HEALTH; (B) RAISE AWARENESS OF THE IMPACT OF BEHAVIOURS PREVALENT IN THE SANATAN COMMUNITY ON PHYSICAL AND MENTAL HEALTH; (C) RAISE AWARENESS OF THE BENEFITS OF MEDITATION AND YOGA ON PHYSICAL AND MENTAL HEALTH; (D) PROVIDE OR ASSIST IN THE PROVISION OF SERVICES ANCILLARY TO THOSE PROVIDED BY MEDICAL PROFESSIONALS; AND (E) ADVANCE THE EDUCATION AND TRAINING OF THOSE ENGAGED IN PROVIDING SUCH SERVICES.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Activities since the approval**

**The activities were carried out as per the guidance issues by the charity commission for the benefit of public.**

Answer cancer grants £2000 awarded- Project carried out in collaboration with Anmol Cancer Support Group

- 1. Havan in Oldham temple
- 2. Jain Samaj cancer awareness talks
- 3. Cancer awareness and musical evening in Ashton temple

Health checks in Jain Samaj March 2025: Blood pressure, diabetes, urine, cholesterol, BMI, Waist circumference, body fat mass.

Committee meetings regularly happening on second Sunday at 8.30pm every 2 months.

**Additional details of objectives and activities (Optional information)**



You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance



**Summary of the main achievements of the charity during the year**

The charity received £2000 funds from Answer Cancer to raise cancer awareness in the community. Four successful events were organised targeting NHS cancer screening programmes for breast, bowel and cervical cancer. We also included prostate cancer talks.

The events were highly successful, and the attendees changed their approach to seeking the resources for early diagnosis and treatment.

No of individuals including committee members got training for cancer awareness to become cancer champions.

The health check conducted identified unknown kidney problems, blood pressure, diabetes and high cholesterol. The performance feedback was overwhelmingly excellent for all the events. We are now requested to carry out more such events.

**Additions since last year**

- Website updates
- Bank account- charity established.
- WhatsApp group - established.
- 2 monthly meetings regular occurrence
- Policy documents- prepared and approved.
- Insurance



## Section E Financial review

**Brief statement of the charity's policy on reserves**

The Charity recently started operating. It managed to have a small surplus.

**Details of any funds materially in deficit**

None

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

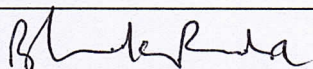
## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

**Signature(s)**



**Full name(s)**

Dr Bhavna K Pandya

**Position (eg Secretary, Chair, etc)**

President

**Date**

04.09.25





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
BRITISH SANATAN DOCTORS FORUM

No (if any)  
1206946

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## Receipts and payments accounts

For the period from	Period start date 08-Feb-24	To	Period end date 31-Mar-25
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
CVS Grant	2,000	-	-	2,000	-
Miscellaneous receipts	388	-	-	388	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>2,388</b>	<b>-</b>	<b>-</b>	<b>2,388</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>2,388</b>	<b>-</b>	<b>-</b>	<b>2,388</b>	<b>-</b>
<b>A3 Payments</b>					
Donations made	824	-	-	824	-
Legal fees	366	-	-	366	-
Insurance	362	-	-	362	-
Accountancy	300	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>1,852</b>	<b>-</b>	<b>-</b>	<b>1,852</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Computer	450	-	-	450	-
	-	-	-	-	-
<b>Sub total</b>	<b>450</b>	<b>-</b>	<b>-</b>	<b>450</b>	<b>-</b>
<b>Total payments</b>	<b>2,302</b>	<b>-</b>	<b>-</b>	<b>2,302</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>86</b>	<b>-</b>	<b>-</b>	<b>86</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>86</b>	<b>-</b>	<b>-</b>	<b>86</b>	<b>-</b>

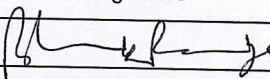


## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank balance	386	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	386	-	-
	(agree balances with receipts and payments account(s))		OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Computer equipment	450	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Accruals	300	-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Bhavna Kalpesh Pandya	11/08/25