



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **08/02/2024** Period start date To **31/07/2025**
Period end date

Charity name: Friends of Southampton Gymnastics Club

Charity registration number: 1206936

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Friends of Southampton Gymnastics Club promotes community participation in healthy recreation in Southampton by providing equipment and funds to support the operation of Southampton Gymnastics Club.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Friends of Southampton Gymnastics Club raises funds, primarily through events, to provide equipment and other financial support to Southampton Gymnastics Club
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had regard to the Charity Commission's guidance on public benefit when planning and carrying out the charity's activities.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	During the year Friends of Southampton Gymnastics Club raised funds, primarily through events, to provide financial support and equipment for Southampton Gymnastics Club. This support helped the club continue to provide gymnastics opportunities for children and young people in Southampton, promoting participation in healthy recreation, physical fitness, teamwork and personal development. Over £5,000 was spent on purchasing specialist equipment for the club, providing items which improve the participation of children and young people and support them in developing their skills and confidence.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity ended its first accounting period in a strong financial position. Cash held at bank is sufficient to support planned future fundraising events and charitable activities without adversely affecting cash flow.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity aims to maintain sufficient reserves to meet ongoing operating costs, support future fundraising activities and ensure financial stability.
Amount of reserves held	Para 1.22	£XXXX
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties about the viability of the charity as a going concern. Costs are limited to the expenses of fundraising events, which continue to provide a good return on investment in order to fulfil the stated charitable objectives.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principle source of funds is fundraising events. This includes social events, events held at the club including competitions, and other related activities. Funds are generated from the sale of refreshments, selling other small sundry items, raffles, and operating a vending machine.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	CIO Foundation constitution (registered 8 February 2024)
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Trustees are appointed in accordance with clauses 9, 11 and 14 of the CIO constitution.</p> <p>The CIO is a Foundation Model Charitable Incorporated Organisation, and the members of the CIO are its charity trustees (Clause 14).</p> <p>The first trustees are named in the constitution and were appointed for three-year terms.</p> <p>Under Clause 9:</p> <p>The CIO must have a minimum of 3 and a maximum of 12 trustees. Trustees must be natural persons aged 16 or over. Trustees may appoint new trustees provided the maximum number is not exceeded.</p> <p>Under Clause 11:</p> <p>Trustees may retire by written notice. Trustees may be removed due to absence, incapacity, death, or disqualification under the Charities Act 2011. Retiring trustees are eligible for reappointment.</p> <p>There is no provision for election by the wider membership or for appointment by an external body. Trustee appointments are made by the existing trustees in accordance with the constitution.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	

The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Friends of Southampton Gymnastics Club
Other name the charity uses	FOSGC
Registered charity number	1206936
Charity's principal address	Southampton Gymnastics Club Cuckmere Lane Southampton SO16 9AR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jemma Cartin		March 2024 – August 2024	
2	Joanne Williams			
3	Emma Cole	Chair		
4	Martin Sampson	Treasurer		
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

ECole

JWilliams

Full name(s)

EMMA COLE

JOANNE WILLIAMS

Position (eg Secretary,
Chair, etc)

CHAIR

TRUSTEE

Date

28/05/2026

28/05/2026



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

Friends of Southampton Gymnastics Club

No (if any)

1206936

Receipts and payments accounts

CC16a

For the period
from

Period start date

2/8/2024

To

Period end date

7/31/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Income from fundraising events	21,466	-	-	21,466	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	21,466	-	-	21,466	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	21,466	-	-	21,466	-
A3 Payments					
Cost of fundraising events	9,546	-	-	9,546	-
Cost of gymnastics equipment	6,128	-	-	6,128	-
Cost of support for gymnastics club	500	-	-	500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	16,174	-	-	16,174	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	16,174	-	-	16,174	-
Net of receipts/(payments)	5,292	-	-	5,292	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	5,292	-	-	5,292	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank	5,293	-	-
		-	-	-
		-	-	-
	Total cash funds	5,292	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		Ecole J Williams	EMMA COLE JOANNE WILLIAMS	5/28/2026 5/28/2026