



Trustees' Annual Report for the period

2025

From	Period start date			To	Period end date		
	5th	February	2024		28 th	February	2025

Section A Reference and administration details

Charity name

V-AID

Other names charity is known by

Registered charity number (if any)

1206865

Charity's principal address

Lavender House

Berrington Villas, Ystradowen

Swansea

Postcode

SA9 2YL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Christin Lau			
2	David Middleton			
3	Keith Davies			
4	Colin Jenkins			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO-Foundation
Trustee selection methods (eg. appointed by, elected by)	Appointed by the board of trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the public benefit the relief and assistance of people in any part of the world who are the victims of natural or anthropogenic disasters, crisis or catastrophe through the rapid deployment of emergency response teams composed primarily but not exclusively of former armed forces and emergency services personnel, to provide immediate, short term humanitarian victuals relief from the moment a disaster, crisis or catastrophe occurs and until suitable longer term relief is established. Where in this object clause 'anthropogenic' means man-made disasters such as conflict, structural failures, nuclear, chemical, pollution or mining

accidents and ‘victuals relief’ means emergency food and drinking provisions.

V-Aid is an innovative, crisis-focused food aid charity dedicated to providing emergency food assistance to those in crisis. Through crisis response efforts in the UK and abroad, we seek novel and effective solutions for delivering emergency food aid and engaging individuals in the production of life-saving food parcels.

Whether through supporting partners who enhance and assist our food response efforts abroad or through our pioneering **Veterans & Inmates Crisis Emergency Response (ViCeR)** project with His Majesties Prison Swansea, V-Aid thinks outside the box to maximise impact. Our unique approach engages veteran staff and inmates to oversee and monitor civilian and vulnerable inmate volunteers in the production and distribution of freeze-dried ingredient Emergency Response Parcels (ERPs), ensuring that sustainable, long-lasting food aid reaches those who need it most.

Our mission is twofold

1. To deliver essential food aid to vulnerable communities facing crisis, disaster, homelessness, hardship and crisis.
2. To support those involved in humanitarian aid - both to those affected and to those producing our Emergency Response Parcels (ERP's) with V-Aid in partnership with HMP Swansea. We offer humanitarian courses and training to all inmate volunteers engaged. This approach fosters skill development, employment opportunities and volunteer pathways within both V-Aid and our partner response groups. It instils a sense of purpose and pride in both veteran and civilian inmates.

We believe that food aid should be sustainable, accessible, and impactful, ensuring that people in crisis—whether due to man-made, natural disasters, or personal hardship—receive both immediate relief and where possible long-term support.

Objectives

- **Emergency Food Aid:** Provide a different approach to emergency food assistance with our nutritious, lightweight, hi-calorie long shelf life freeze-dried ingredient food parcels to ensure a fast reliable food supply for those in crisis.
- **International & UK-Based Impact:** Address food insecurity in both global disaster zones and domestic crises through our UK ViCeR projects.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

- **Supporting those volunteers we engage:** With our partners, equip veteran, civilian and vulnerable inmates with vocational skills through food production, crisis response training, and humanitarian logistics.
- **Community Partnerships:** Continue to collaborate with trusted charities, emergency response groups, and veteran organisations to expand our volunteer base and the reach and effectiveness of aid.
- **Sustainable Crisis Response:** Develop logistical networks and training programs to ensure efficient, rapid, and ongoing humanitarian food aid delivery. Offer partner crisis response organisations bulk orders at cost price.

Key Beneficiaries

V-Aid's food aid programs are designed to support:

- **Disaster-Affected Communities:** People impacted by man-made and natural disasters, as well as broader humanitarian crises.
- **Homeless and At-Risk Veterans:** Former service members facing homelessness, financial hardship, addiction, or mental health struggles.
- **Recently Released Inmates:** Individuals at risk of homelessness and reoffending due to a lack of post-release support.
- **Families of Incarcerated Individuals:** Households struggling with financial instability and food insecurity due to a loved one's imprisonment.
- **Emergency Response Workers & Volunteer Networks:** Ensuring frontline responders have the necessary food and resources to sustain their crisis response efforts.

Through V-Aid's emergency food production and aid distribution initiatives, we aim to combat hunger, support those we engage, and strengthen community resilience—demonstrating that humanitarian aid can transform lives, both for those who give and those who receive.

Statutory Declaration

We, the trustees of V-AID, hereby declare that, for the reporting period ending 28th February 2025:

1. We have had regard to the guidance issued by the Charity Commission on public benefit.
2. We confirm that the activities and decisions of V-AID have been undertaken with due consideration of the principles of public benefit, as outlined in the said guidance.

Summary of the main achievements of the charity during the year

With the support of HMP Swansea, V-Aid completed the construction and fit-out of its in-prison production and training facility. All work was carried out exclusively by trained inmates under supervision, fostering pride and ownership among participants. With Environmental Health Officer (EHO) approval secured, we began production of:

- Two finalised freeze-dried breakfasts
- Three soups and additional meals in development
- Quick-dried and freeze-dried fruit/veg snack packs

All products are designed for long shelf life (up to five years), nutritional integrity, and fast deployment.

Education and Training

Volunteers within the ViCeR humanitarian programme engage in accredited training, including:

- Food Hygiene Passport, Medical/Mental First Aid, Safeguarding, Overseas Humanitarian Response, and Health & Safety amongst others.
- 12–14 week Level 2 Diplomas in Production Management and Team Leading
- Additional courses delivered through internal and external providers

ViCeR Project Streams

ViCeR includes five sub-projects:

1. **Emergency Response Parcels (ErP)** – Freeze-dried & Dehydrated ingredient, breakfasts, snacks and meals made by inmates for rapid response scenarios
2. **Veterans in Crisis (ViC)** – Through Veteran hubs and support groups UK wide we provide 2-3-day emergency food parcels, and further support info for struggling veterans
3. **Vulnerable Families Response (VfR)** – Support with our food parcels and Amazon donated items for families of incarcerated individuals in hardship along with further support information.
4. **Vulnerable Inmate Response (ViR)** – Support with our food parcels, Amazon and Faith in Families donated hygiene items, and support info for inmates released without finance accommodation or family support in place.
5. **Education & Rehabilitation Training (ErT)** – Accredited education and volunteering opportunities for inmates involved in ViCeR operations.

Partnership and Outreach

V-Aid works closely with organisations including:

- HMP Swansea, Its trained staff and inmates.
- Amazon (charity support) Faith in Families
- Vesty Foods
- Friends and Families of Prisoners (FFOPs)
- Local probation offices
- Veterans hubs and support groups

These partnerships support our production, logistics, and the identification of those in greatest need.

Section E**Financial review****Brief statement of the charity's policy on reserves**

The charity is newly formed and as such is still striving to achieve a measure of financial security. The current aim in the short term is to retain funds to support projects for 12 months.

Details of any funds materially in deficit**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

During the period, grants were received from Albert Hunt SP, British UKR Aid and National Lottery Awards.
Going forward, the Charity aims to strengthen fundraising & financial stability.
This will be achieved by launching targeted fundraising initiatives to secure sustainable financial backing for ViCeR's growth.
The Charity plans to engage corporate sponsors, grants, and public donations to expand V-Aid's humanitarian food aid reach.
A trading arm will be established for the sale of food parcels to emergency response organisations.
The Charity will explore innovative funding models, including social enterprise elements, to support long-term food production and aid efforts.

Section F**Other optional information****Future Plans**


V-Aid remains committed to its core mission of providing emergency food aid to those in crisis while continuing to support its current partners and humanitarian aid initiatives. Moving forward, our strategic direction will focus on refining, strengthening, and expanding our Veterans & Inmates Crisis Emergency Response (ViCeR) project before considering further expansion into additional UK prisons.

Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)


Christin Lau (Dec 16, 2025 15:24:26 GMT)

Full name(s)

Christin Lau

Position (eg Secretary, Chair, etc)

Trustee



CHARITY COMMISSION
FOR ENGLAND AND WALES

V-AID

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
05/02/2024


To

Period end date
28/02/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants received	19,309	-	-	19,309	-
Interest received	6	-	-	6	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	19,314	-	-	19,314	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	19,314	-	-	19,314	-
A3 Payments					
Travel	6,082	-	-	6,082	-
Website and IT expenses	973	-	-	973	-
Samples	387	-	-	387	-
Fund raising	1,725	-	-	1,725	-
Repairs	2,015	-	-	2,015	-
Advertising	657	-	-	657	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	11,840	-	-	11,840	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	11,840	-	-	11,840	-
Net of receipts/(payments)	7,475	-	-	7,475	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	7,475	-	-	7,475	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	26,683	-	-
		-	-	-
		-	-	-
	Total cash funds	26,683	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Drone	802		-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Loans	20010	-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
				
		Christin Lau (Dec 18, 2025 10:27:49 GMT)		