



Trustees' Annual Report for the period From 01/01/25 To 31/12/25

Charity name: MuMo Creative

Charity registration number: 1206650

Objectives and Activities

1. Summary of the purposes of the charity as set out in its governing document

To promote and protect the health of older people and relieve conditions of old age including Parkinson's and dementia through dance, music and movement activities which have been proven to have a beneficial effect on such conditions.

2. Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.

MuMo Creative's main activities that were carried out to meet our purposes for the public benefit included:

- Dance for Parkinson's programme with regular dance classes specifically tailored for people living with Parkinson's aiming to enhance physical and mental health
- A regular Dance for Joy class open to older people (60+) including those with age-related health conditions such as Parkinson's or dementia.
- A regular Singing for Parkinson's class specifically tailored to support those living with Parkinson's and enhancing their physical and mental health.
- An Arts and Culture for Later Life engagement programme run in collaboration with some of Oxford's leading museums and libraries including dance and music performance workshops co-created with our beneficiaries including people living with Parkinson's.
- Monthly Movers & Shakers dance class for older adults at the Museum of Oxford.

3. Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

The trustees confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit when exercising their duties and in planning the activities of MuMo Creative. The trustees are satisfied that the charity's objectives and activities continue to provide public benefit in accordance with the requirements of the Charities Act 2011.

4. Contribution made by volunteers

MuMo Creative's activities were made possible by the dedication of our team of ten regular volunteers. Their contributions were essential in ensuring the smooth running of our sessions. Volunteers welcomed participants, maintained accurate class registers, and provided direct support during activities. This included assisting individuals in getting up from

chairs, guiding those with cognitive challenges, and helping wheelchair users move around and fully engage in the sessions. Additionally, they served refreshments during the social time, fostering a welcoming and inclusive atmosphere. Without their invaluable support, MuMo Creative would not be able to deliver its activities as effectively. Their dedication significantly enhances both the quality and quantity of support each participant receives. On average, our volunteers dedicated 2.5 hours per week over 30 weeks each year, making a meaningful impact on our beneficiaries.

Achievements and Performance

5. Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

In 2025, MuMo Creative ran three ten-week terms of the Dance for Parkinson's program and the Dance for Joy programme designed to enhance physical coordination, mental engagement, and social connectedness for older adults including those living with Parkinson's. Each session integrated dance, live music, vocal work, singing, and creative exercises that explored the themes and stories of classic ballets, musicals, and plays. Led by two professional dance artists and a musician, all of whom are specially trained in working with older adults including those with Parkinson's, these sessions provided a supportive and inspiring environment. MuMo Creative also established a new Singing for Parkinson's programme offering three ten-week terms of singing sessions for people living with Parkinson's. Run by a neurologic music therapist, the weekly choir sessions combine the joy of singing with the proven benefits of music therapy, designed specifically for individuals living with Parkinson's. Tailored to support vocal strength and breath control, the sessions integrate movement and feature a diverse repertoire, including pop, folk, classical, jazz, and musical theatre, chosen based on participants' interests. MuMo Creative also delivered a monthly dance class, Movers & Shakers, at the Museum of Oxford. During 2025, we established a new Arts Council England funded collaborative engagement programme with some of Oxford's leading museums and libraries offering our beneficiaries opportunities to engage with museum collections and special exhibitions and to co-create performance workshops inspired by these collections and exhibitions and share with the wider public. During the year our beneficiaries performed at the Weston Library, the Natural History Museum and the Old Fire Station. Our Singing for Parkinson's group performed at two community events including the Parkinson's UK Oxford branch's Christmas event. In September 2025, MuMo Creative was selected to join the University of Oxford's Science Together programme as one of the eight community partners. This programme allows us to plan and deliver a Dance for Dementia pilot with the support of researchers from the University of Oxford and Oxford Brookes University. The pilot programme is run in partnership with English National Ballet and Oxford City Council and in collaboration with the Ark-T Centre and Dementia Oxfordshire.

The number of beneficiaries increased significantly during 2025 as we established new regular classes. We also welcomed new volunteers to our team and appointed a new trustee to our board.

Our Dance for Parkinson's programme was shortlisted for the MJ Achievement Awards in the Innovation in Public Private Partnerships category.

- Around 100 older people joined our sessions this year reporting positive effects on their physical and mental wellbeing.

- We engaged with around 50 people living with Parkinson's as well as their partners, caregivers and family members.
- Our performance workshops were observed and/or attended by ca. 150 members of the public.
- We established new collaborations with researchers from the University of Oxford and Oxford Brookes University, University of Oxford's Natural History Museum, The Pitt Rivers Museum, the History of Science Museum and Bodleian Library, and connected with new organisations such as Dementia Oxfordshire and the Ark-T Centre.

Participant feedback:

- "People with Parkinson's are encouraged to exercise and I do, but the only form of exercise I really enjoy is Dance for Parkinson's"
- "I cannot begin to tell you how much our dance classes mean to me. It is the highlight of my week. Apart from being really good exercise it is also such fun and is joyful from start to finish. I am very grateful that we have been given this precious gift which makes me so happy. My sincere thanks for continuing to make this possible."
- "Something almost miraculous happens when Parkinson's patients dance to music."
- "It is so rewarding to see the effect music and dance have on us all, uplifting our spirits, bringing a sense of wellbeing and happiness into challenged bodies".
- "When I was first diagnosed with Parkinson's and started going to your classes I found they helped me get through those early days of turbulence and isolation. They offered creativity, community and a very positive approach to living with Parkinson's."
- "I feel I am holding back the tide, slowing progress of the symptoms, possibly even alleviating them, by not giving in to the stiffness, the joint pain, the tremor, the brain fog etc. I feel I am doing as much if not more to help manage my condition than the medication I take is doing. I am being proactive and positive and enjoying myself."

Volunteer & spectator feedback:

- "I cannot thank you enough for what you have done for my husband"
- "I've been to a few concerts this year and it was, without doubt, the most moving. I cried through the whole performance. You have done an incredible job to secure that performance out of a bunch of amateur enthusiastic singers with Parkinson's Disease. Only a person with Parkinson's can really appreciate what you have achieved."
- "This is exactly how community arts projects should be done."

6. Fundraising activities and achievements

In 2025, we applied for sixteen grants securing a total of £56,480 grant funding. A substantial portion of our funding came from grants specifically allocated to project costs, reflecting our success in securing support for our initiatives. However, fundraising for administrative and operational expenses remains a challenge. This year we were able to secure funding to cover the costs of a part-time administrator.

A description of the principal risks facing the charity

MuMo Creative has had a very successful year which has seen significant success both in delivering on its objectives for public benefit and in raising funds for new and ongoing

activities. The charity has not faced any funding shortfalls or cash-flow difficulties. However, our success has created two related risks:

- a. Without appropriate investment in administrative functions, the charity may struggle with the growing demands of operational and financial management, compliance, and reporting, risking inefficiencies, errors, and failures to meet deadlines. Over-reliance on key staff and volunteers to carry out these administrative functions may result in them being stretched too thin.
- b. Without unrestricted funding to cover overheads, the charity may become overly reliant on restricted project grants, leading to cash flow problems and/or an inability to sustain itself between funding cycles.

In 2025 the Trustees managed to mitigate these risks by developing a fundraising plan with realistic short and long-term goals. We were also able to cover the costs of a part-time charity administrator with focus on fundraising, which helped to increase fundraising activities. We were able to increase the amount of unrestricted funds reaching our goal to create a three-month operational buffer.

Financial Review

7. Review of the charity's financial position at the end of the period

MuMo Creative received over £66k in income in the last year, 85% of which was from grants made by charitable trusts and foundations. Almost all of this funding was project-specific (restricted) funding. We received £8,862 in donations, mostly gifts from beneficiaries, their friends and family. All of this was unrestricted funding.

64% of our expenditure during the year (c.£44k) was on artists fees. It is an essential feature of our approach that we use only dance and music professionals who have received dedicated music therapy training. We also spent c. £7.6k on venue hire. Our venues need to be central and easily accessed by those using public transport and with mobility impairments. We spent c. £14.5k hiring a part-time administrator.

We have ended the year with restricted cash funds of £36k. All of this is allocated to specific activities which will take place during the coming year. It is important that we have secured a significant portion of the funding required for scheduled activities for 2026 as this enables us to book venues and enrol artists with confidence that we are able to cover the cost.

8. Statement explaining the policy for holding reserves and the amount of reserves held

Given our size and operational needs, we aim to maintain unrestricted reserves equivalent to three months of essential running costs. This ensures we can meet core expenses, including administrative costs, essential services, and contingencies.

We have ended 2025 with c. £25k in unrestricted reserves. We anticipate that we will spend some of this in 2026 in covering administrative overheads and project costs aiming to maintain a reserve of three months of operational costs. Our operational costs are increasing in 2026 due to a new programme enrolled during the year.

9. Explanation of any uncertainties about the charity continuing as a going concern

The trustees are confident that there are no significant uncertainties about MuMo Creative as a going concern.

Structure, Governance and Management

10. Type of governing document

Constitution

11. How is the charity constituted? (e.g unincorporated association, CIO)

Charitable Incorporated Organisation

12. Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees

MuMo Creative selects its trustees in accordance with the provisions outlined in its governing document. Trustees are appointed through a combination of election and co-option methods. Existing trustees may nominate and vote on new appointments to ensure the board maintains a diverse range of skills and expertise relevant to the charity's objectives. Additionally, the board has the authority to co-opt trustees with specific experience or knowledge that would benefit the organisation. Trustees typically serve a fixed term, after which they may seek reappointment through the same selection process. The charity's constitution does not designate any external individuals or bodies with the authority to appoint trustees. This approach ensures that trustee appointments align with MuMo Creative's mission while maintaining good governance and accountability.

Reference and Administrative details

Charity name	MuMo Creative
Registered charity number	1206650
Chief administrative officer	Dr Roosa Leimu-Brown (Director)
Charity's principal address	86 Arlington Drive OX3 0SJ Oxford, UK

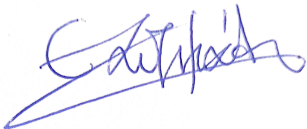
Names of the charity trustees who manage the charity

1. Irini Hatzimichali, chair
2. Jitka Fort
3. Morten Kringelbach
4. Jennifer Smith
5. Béatrice Pasquier
6. Sophie Brough
7. Sidra Malik

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signatures		
Full name	Irini Hatzimichali	
Position	Chair of trustees	
Date	27/03/2026	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
MuMo Creative

No (if any)
1206650

Receipts and payments accounts

CC16a

For the period from	Period start date 1/1/2025	To	Period end date 31/12/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	£ 6,250.00	£ 50,230.00		£ 56,480.00	£ 84,768.00
Donations	£ 8,862.00			£ 8,862.00	£ 3,822.00
Contracts	£ 1,310.00			£ 1,310.00	£ 2,775.00
<i>Sub total (Gross income for AR)</i>	£ 16,422.00	£ 50,230.00	£ -	£ 66,652.00	£ 91,365.00
A2 Asset and investment sales, (see table).					
<i>Sub total</i>					
<i>Total receipts</i>	£ 16,422.00	£ 50,230.00	£ -	£ 66,652.00	£ 91,365.00
A3 Payments					
Artists fees	-	£ 43,665.00	-	£ 43,665.00	£ 18,826.00
Administration fees	£ 1,645.00	£ 12,755.00	-	£ 14,400.00	£ 3,000.00
Accountancy fees	-	£ -	-	£ -	-
Office costs	-	£ -	-	£ -	-
Venue hire	-	£ 7,620.00	-	£ 7,620.00	£ 5,880.00
Travel	-	£ 1,308.00	-	£ 1,308.00	£ 822.00
Marketing and publicity	-	£ 790.00	-	£ 790.00	-
Refreshments	-	£ -	-	£ -	-
Equipment	-	£ 584.00	-	£ 584.00	£ 468.00
<i>Sub total</i>	£ 1,645.00	£ 66,722.00	-	£ 68,367.00	£ 28,996.00
A4 Asset and investment purchases, (see table)					
<i>Sub total</i>					
<i>Total payments</i>	£ 1,645.00	£ 66,722.00		£ 68,367.00	£ 28,996.00
<i>Net of receipts/(payments)</i>	£ 14,777.00	-£ 16,492.00	£ -	-£ 1,715.00	£ 62,369.00
A5 Transfers between funds					
A6 Cash funds last year end	£ 9,973.00	£ 52,395.00		£ 62,368.00	
<i>Cash funds this year end</i>	£ 24,750.00	£ 35,903.00		£ 60,653.00	£ 62,369.00

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metro Bank Business Community Current Account	24750	35903	
	<i>Total cash funds</i>	24750	35903	0

(agree balances with receipts and payments account(s))

OK	OK	OK
Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	

Signed by two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Irini Hatzimichali	17.2.2026
	Jennifer Smith	17.2.2026



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

MuMo Creative

On accounts for the year
ended

31/12/2025

Charity no
(if any)

1206650

Set out on pages

Below - one page only

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended DD/MM/YYYY.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation
of the accounts in accordance with the requirements of the Charities Act
2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have
come to my attention (other than that disclosed below *) in connection with
the examination which gives me cause to believe that in, any material
respect:

- accounting records were not kept in accordance with section 130 of
the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in order to enable a
proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Kathleen Parsons

Date:

24/3/2016

Name:

KATHLEEN PARSONS B.Acc C.A.

Relevant professional
qualification(s) or body
(if any):

INSTITUTE OF CHARTERED ACCOUNTANTS OF SCOTLAND (ICAS)

Address:

42 ELMTHORPE ROAD

OXFORD

OX2 8PA.