

Table 1

		Industry Minds UK	Income/ Expendure	y.e. 31/12/24
	Income		Expenditure	
Wellbeing Tour	3000.00	Tours	3000.00	
Donations	1095.23	Web/Internet	1126.19	
Interest	44.67	Sundry	30.00	
Total	4139.9		4156.19	
	Loss	-16.29		
Bank Reconciliation				
Opening Bank 1/1/24	1819.22	Expenses	4156.19	
Income	4139.90	Closing Bank 31/12/24	1802.93	
	<u>5959.12</u>		<u>5959.12</u>	
Independent Examination				
Signed	<i>R. Cotton 17CMT 15/10/25.</i>			

Industry Minds UK

Annual Report for the Period 1 January 2024 to 31 December 2024

Submitted to the UK Charities Commission

Chair's Report

Industry Minds UK has continued to deliver on its charitable objectives over the past year, advancing mental health support and education within the performing arts sector. We are pleased to report significant progress in achieving our mission to reduce stigma, provide accessible therapy, and foster wellbeing through collaborative initiatives.

Key Activities and Achievements

1. Growing Demand for Therapy Services

- Demand for our therapeutic services increased by 8% in 2024, reflecting both heightened awareness of mental health challenges and the trust placed in our programmes
- We supported 297 individuals through one-to-one counselling tailored to the unique pressures faced by professionals in the performing arts.

2. Wellbeing Seminars and Education

- Successfully delivered wellbeing seminars to staff and volunteers at partnering charities within the performing arts sector. Topics included stress management, resilience building, and destigmatising mental health discussions.
- Collaborated with other charities/organisations to amplify our reach, ensuring mental health remains a priority in the creative industries.

3. Workforce Expansion

- Strengthened our clinical team with the increased hours of a dedicated therapist lead and clinical supervisor, enhancing service quality and supervision.
- Partnered with 3 training establishments across London to welcome an increased number of counselling placement students, enriching our service capacity while supporting the next generation of mental health professionals.

Financial Overview

- Industry Minds UK remains entirely dependent on donations from supporters, which funded all operational costs, training programmes and seminar delivery in 2024.
- We maintained strict budgetary discipline, ensuring 100% of expenditure directly supported service delivery.

Volunteer Contributions

- The charity is wholly run by volunteer trustees, who contributed over 500 hours of service in 2024. Their expertise in mental health, finance, and the arts has been instrumental to our success.

- Additional support came from volunteers providing administrative support and event coordinating.

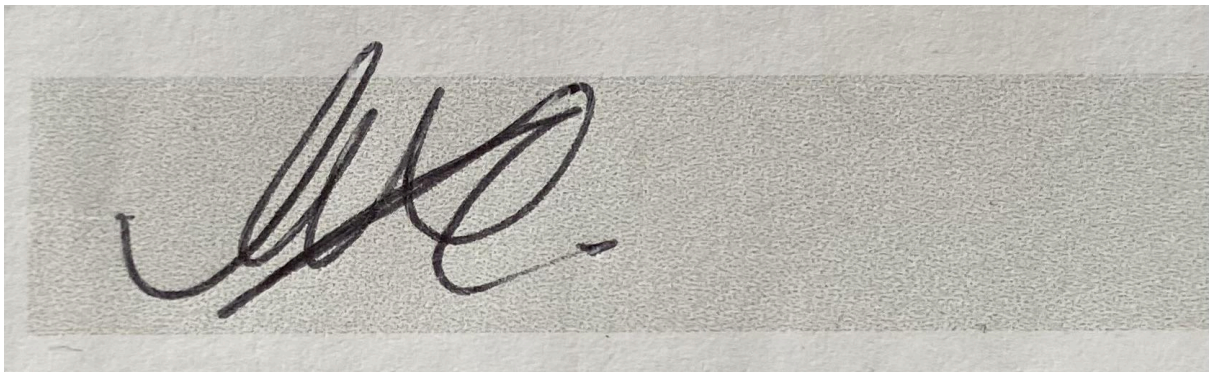
Challenges and Future Plans

- Challenges: Meeting rising demand for therapy remains a priority, requiring ongoing fundraising efforts and partnerships.
- 2025 Goals:
 - Expand partnerships with training institutions to double student placements.
 - Secure corporate sponsorships to diversify funding streams.
- Increase the current number of trustees.

Closing Remarks

Industry Minds UK extends heartfelt gratitude to our donors, volunteers, and partners for their unwavering support. As we enter 2025, we remain committed to our vision of a performing arts sector where mental health is prioritised, stigma is eradicated, and support is accessible to all.

Signed

A handwritten signature in dark ink, appearing to be 'Scarlett Maltman', is written on a light-colored, textured background. The signature is fluid and cursive, with a large initial 'S' and 'M'.

Scarlett Maltman Chair of Trustees

Date: 13 October 2025

This report complies with the UK Charities Commission requirements and reflects Industry Minds UK's activities and financial stewardship for the 2024 reporting period.

Registered Charity Number: [1206591]

Contact: [info@industryminds.co.uk]

Website:

<https://www.industryminds.co.uk>