

INDUSTRY MINDS UK

England & Wales · Charity number 1206591

Details

Status Registered

Legal form CIO

Registered 2024-01-18

Register [View on the Charity Commission register](#)

Contact

Address Flat 15
Rosewater Court
129 Beaumont Road
London
SW19 6RY

Phone 07854396604

Email info@industryminds.co.uk

Website <https://www.industryminds.co.uk>

Activities

Objects: 1. FOR THE PUBLIC BENEFIT, THE PRESERVATION AND PROTECTION OF GOOD MENTAL HEALTH FOR THOSE ASSOCIATED WITH THE ARTS SUFFERING FROM MENTAL ILL HEALTH IN PARTICULAR, BUT NOT EXCLUSIVELY, BY:A. THE PROVISION OF COUNSELLING; ANDB. PROVIDING INFORMATION AND ADVICE ON THE CAUSES OF AND POSSIBLE SOLUTIONS TO MENTAL HEALTH ISSUES VIA SEMINARS, WORKSHOPS AND AS THE TRUSTEES SEE FIT FROM TIME TO TIME.

Activities: Low cost/free counselling & psychotherapy. Wellbeing co-ordinators for film, stage and tv productions. Wellbeing coordinators for tours.Bespoke mental health training, workshops, seminars for companies/charities/cwithin the performing arts. Award winning podcast focussing on mental health within the Industry. Provision of experienced mental health professionals for discussion/Q&A panels

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Other Charitable Purposes
- **Who:** Other Charities Or Voluntary Bodies

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£4,140	£4,156	-	-

Trustees

Name	Role	Appointed
Amy Scarlett Maltman	Chair	2018-10-20
Catherine Louise Barnes		2018-10-20
Grace Olivia Liston		2024-08-10
Harry Robert Evans		2026-04-16

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Accounts

Table 1

	Industry Minds UK		Income/ Expendure	y.e. 31/12/24
	Income		Expenditure	
Wellbeing Tour	3000.00	Tours	3000.00	
Donations	1095.23	Web/Internet	1126.19	
Interest	44.67	Sundry	30.00	
Total	4139.9		4156.19	
	Loss	-16.29		
		Bank Reconciliation		
Opening Bank 1/1/24	1819.22	Expenses	4156.19	
Income	4139.90	Closing Bank 31/12/24	1802.93	
	5959.12		5959.12	
Independent Examination				
Signed	<i>R. Cotton FRCMA 15/10/25.</i>			

Industry Minds UK

Annual Report for the Period 1 January 2024 to 31 December 2024

Submitted to the UK Charities Commission

Chair's Report

Industry Minds UK has continued to deliver on its charitable objectives over the past year, advancing mental health support and education within the performing arts sector. We are pleased to report significant progress in achieving our mission to reduce stigma, provide accessible therapy, and foster wellbeing through collaborative initiatives.

Key Activities and Achievements

1. Growing Demand for Therapy Services

- Demand for our therapeutic services increased by 8% in 2024, reflecting both heightened awareness of mental health challenges and the trust placed in our programmes
- We supported 297 individuals through one-to-one counselling tailored to the unique pressures faced by professionals in the performing arts.

2. Wellbeing Seminars and Education

- Successfully delivered wellbeing seminars to staff and volunteers at partnering charities within the performing arts sector. Topics included stress management, resilience building, and destigmatising mental health discussions.
- Collaborated with other charities/organisations to amplify our reach, ensuring mental health remains a priority in the creative industries.

3. Workforce Expansion

- Strengthened our clinical team with the increased hours of a dedicated therapist lead and clinical supervisor, enhancing service quality and supervision.
- Partnered with 3 training establishments across London to welcome an increased number of counselling placement students, enriching our service capacity while supporting the next generation of mental health professionals.

Financial Overview

- Industry Minds UK remains entirely dependent on donations from supporters, which funded all operational costs, training programmes and seminar delivery in 2024.
- We maintained strict budgetary discipline, ensuring 100% of expenditure directly supported service delivery.

Volunteer Contributions

- The charity is wholly run by volunteer trustees, who contributed over 500 hours of service in 2024. Their expertise in mental health, finance, and the arts has been instrumental to our success.

- Additional support came from volunteers providing administrative support and event coordinating.

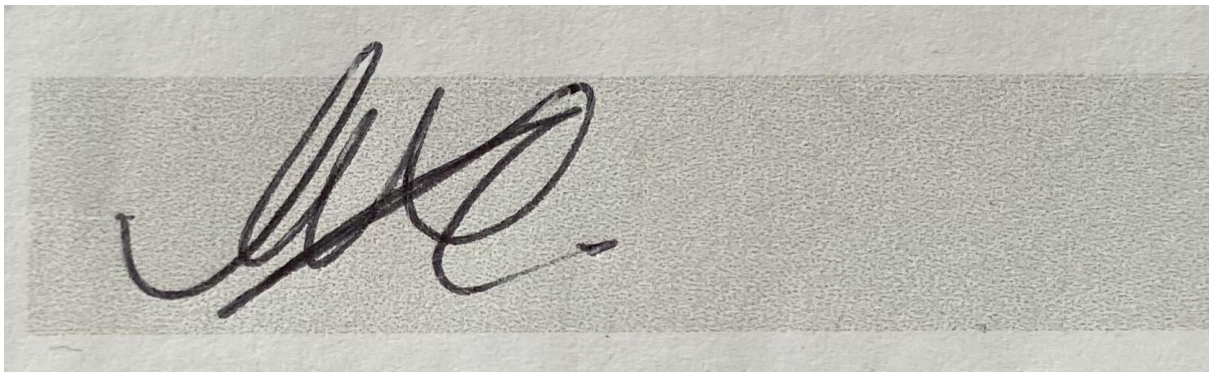
Challenges and Future Plans

- Challenges: Meeting rising demand for therapy remains a priority, requiring ongoing fundraising efforts and partnerships.
- 2025 Goals:
 - Expand partnerships with training institutions to double student placements.
 - Secure corporate sponsorships to diversify funding streams.
- Increase the current number of trustees.

Closing Remarks

Industry Minds UK extends heartfelt gratitude to our donors, volunteers, and partners for their unwavering support. As we enter 2025, we remain committed to our vision of a performing arts sector where mental health is prioritised, stigma is eradicated, and support is accessible to all.

Signed

A photograph of a handwritten signature in black ink on a light-colored, textured paper background. The signature is stylized and appears to be 'SM'.

Scarlett Maltman Chair of Trustees

Date: 13 October 2025

This report complies with the UK Charities Commission requirements and reflects Industry Minds UK's activities and financial stewardship for the 2024 reporting period.

Registered Charity Number: [1206591]

Contact: [info@industryminds.co.uk]

Website:

<https://www.industryminds.co.uk>