

Cayr Charity

England & Wales · Charity number 1206468

Details

Other names NAS CHARITY

Status Registered

Legal form CIO

Registered 2024-01-10

Register [View on the Charity Commission register](#)

Contact

Address Cayr Charity
Arbeit Studios
Lisson Grove
London
NW8 8FT

Phone 07356217795

Email admin@cayrcharity.org.uk

Website www.cayrcharity.org.uk

Activities

Objects: THE PROMOTION OF HEALTH AND WELLBEING AND THE PROMOTION OF ARTS, CULTURE AND HERITAGE, PARTICULARLY BUT NOT EXCLUSIVELY THROUGH THE PROVISION OF CLASSES, WORKSHOPS, TALKS, EXHIBITIONS, PERFORMANCES, OR RESOURCES RELATING TO HEALTH AND WELLBEING OF THE GENERAL PUBLIC.

Activities: A Creative Health Charity focusing on health and wellbeing of the general public, through arts, culture and heritage or activities and to further or support the primary objects, through the provision of grants to individuals, organisations, or other charities.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£61,469	£61,469	-	-

Trustees

Name	Role	Appointed
Dr Linda Baines	Chair	2025-04-15
Adam Rumke		2023-08-15
Fatemeh Jamali		2023-09-01

Cayr Charity

England & Wales - Charity number 1206468

Accounts

Trustees' Annual Report for the Year Ending 31 March 2025

1. Charity Information

Charity Name: Cayr Charity

Charity Number: 1206468

Former name: The charity was originally established as NAS Charity upon incorporation on 10 January 2024. To avoid confusion with another organisation of a similar name, the charity formally changed its name to Cayr Charity on 1 September 2024. This change was reflected in our updated constitution, adopted on 10 September 2024.

Principal Address: Hampton Works, Twynning Road, Stirchley, Birmingham, B30 2XZ

Trustees during the year:

- Dr Linda Baines (Chair)
- Adam Rumke
- Michael Thurogood
- Georgios Petrakis
- Fatemeh Jamali

2. Structure, Governance and Management

Cayr Charity is a Charitable Incorporated Organisation (CIO) governed by a constitution adopted on 10 January 2024. The charity is managed by a board of trustees who meet regularly and are responsible for its strategic direction and oversight. Trustees are through an open and transparent recruitment procedure, and their appointment is confirmed through a resolution at trustee meetings, as set out in our governing Document.

3. Objectives and Activities

Cayr Charity exists to promote health and wellbeing and advance arts, culture, and heritage, particularly through creative activities that support public health. During the financial year, our activities focused on participatory arts projects in London and early-stage development for a future breast cancer support programme. Our charitable activities included:

1. A Common London Story (Westminster):
 - a. Church Street Market film project (March 2024): 26 participants explored regeneration through photography, animation, and sound design.
 - b. Maida Vale creative workshops (2 days): 19 participants learned filming and storytelling techniques.

- c. Exhibition at Grand Junction: Showcased community artwork to an audience of approx. 400 visitors across one week.
2. International Women's Month poetry sessions (March 2024): Four workshops with 10 participants exploring poetry for self-expression and empowerment.
3. Pink Stitch (planning stage only): Initial fundraising and development for a creative project supporting women with breast cancer. No delivery activity took place in 2024-25.

4. Achievements and Performance

This year marked a period of both delivery and strategic growth. Key highlights include:

- Creative engagement with over 55 unique participants across two major project strands.
- Reaching 400+ members of the public through our London exhibition.
- Deepened relationships with local communities and early-stage development of our Pink Stitch programme.
- Strengthened internal systems to prepare for long-term growth in 2025.

5. Financial Review

Cayr Charity received £61,440 in restricted funding and £29 in unrestricted donations, totalling £61,469 income for the year. Expenditure totalled the same, resulting in a neutral position for the year. Restricted funds supported our programme delivery, and the year ended with £41,703 carried forward in restricted reserves earmarked for 2025 activity, including Pink Stitch. We have not set a formal reserves policy due to the early stage of the charity but aim to develop one in 2025–26.

6. Public Benefit Statement The trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit. All our activities directly benefit the public through increased access to creative expression, improved mental wellbeing, and strengthened community voice.

7. Declaration This report was approved by the trustees on 25th September 2025 and signed on their behalf by:

Name: Dr Linda Baines

Position: Chair of Trustees

Signature:

A handwritten signature in blue ink that reads "Linda Baines". The signature is written in a cursive, flowing style.

Date: 25/09/2025

Name: Adam Rumke

Position: Trustee

Signature:

A handwritten signature in grey ink, appearing to read 'A Rumke', with a long horizontal flourish extending to the right.

Date: 25/09/2025

Independent Examiner's report on the accounts

Independent Examiner's Report

Report to the trustees

CAYR Charity

On accounts for the year ended

31st March 2025

Charity No

1206468

I report to the trustees on my examination of the accounts of the above charity (**CAYR Charity**) for the year ended **31 March 2025**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

H B Amaefule

Date

23 October 2025

Name:

Helen B Amaefule

Professional qualification:

FCCA MSc

Address:

20-22 Wenlock Road

London

N1 7GU

CAYR Charity		Charity No	1206468	
		Company No		
Annual accounts for the period				
Period start date	01/04/2024	To	Period end date	31/03/2025

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Income (Note 3)						
Income and endowments from:						
Donations and legacies	S01	29	-	-	29	-
Grants (ACE, Trust, Foundations, etc)	S02	-	61,440	-	61,440	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	29	61,440	-	61,469	-
Expenditure (Notes 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	-	54,259	-	54,259	-
Separate material expense item	S10	-	5,285	-	5,285	-
Other	S11	-	1,925	-	1,925	-
Total	S12	-	61,469	-	61,469	-
Net income/(expenditure) before tax for the reporting period						
	S13	29	- 29	-	0	-
Tax payable	S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)						
Net gains/(losses) on investments	S15	29	- 29	-	0	-
	S16	-	-	-	-	-
Net income/(expenditure) Extraordinary items	S17	29	- 29	-	0	-
Transfers between funds	S18	-	-	-	-	-
Other recognised gains/(losses):	S19	-	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	29	- 29	-	0	-
Reconciliation of funds:						
Total funds brought forward	S23	-	-	-	-	-
Total funds carried forward	S24	29	- 29	-	0	-

Section B Balance sheet

		Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	-	41,703	-	41,703	-
Total current assets		B10	-	41,703	-	41,703	-
Creditors: amounts falling due within one year							
	(Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)		B12	-	41,703	-	41,703	-
Total assets less current liabilities		B13	-	41,703	-	41,703	-
Creditors: amounts falling due after one year							
	(Note 20)	B14	-	41,703	-	41,703	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	-	41,703	-	41,703	-
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	41,703	-	41,703	-
Unrestricted funds		B19	-	-	-	-	-
Revaluation reserve		B20	-	-	-	-	-
Fair value reserve		B21	-	-	-	-	-
Total funds		B22	-	41,703	-	41,703	-

Note 3		Income				
Analysis of income		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and legacies	29	-	-	29	-
	Grants (ACE, Trust, Foundations, etc)	-	61,440	-	61,440	-
	Other trading activities	-	-	-	-	-
	Investments	-	-	-	-	-
	Separate material item of income	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	29	61,440	-	61,469	-
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
		Total	-	-	-	-
TOTAL INCOME		29	61,440	-	61,469	-

Other information:

**All income in the prior year was unrestricted except for:
(please provide description and amounts)**

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Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

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Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

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Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

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This year: Where sums originally denominated in foreign currency have been included in income, explain the basis on which those sums have been translated into sterling (or the currency in which the accounts are drawn up).

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Last year: Where sums originally denominated in foreign currency have been included in income, explain the basis on which those sums have been translated into sterling (or the currency in which the accounts are drawn up).

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Note 4 Analysis of receipts of government grants

	Description	This year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	Description	Last year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>		

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>		

Note 6

Expenditure

Analysis	This year				Last year			
	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:				£				£
Incurring seeking donations	-	-	-	-	-	-	-	-
Incurring seeking legacies	-	-	-	-	-	-	-	-
Incurring seeking grants	-	-	-	-	-	-	-	-
Operating membership schemes and social lotteries	-	-	-	-	-	-	-	-
Staging fundraising events	-	-	-	-	-	-	-	-
Platform transaction fees	-	-	-	-	-	-	-	-
Operating charity shops	-	-	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity	-	-	-	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-	-	-	-
Database development costs	-	-	-	-	-	-	-	-
Other trading activities	-	-	-	-	-	-	-	-
Investment management costs:	-	-	-	-	-	-	-	-
Portfolio management costs	-	-	-	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-	-	-	-
Investment administration costs	-	-	-	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	-	-	-	-	-	-	-	-
Expenditure on charitable activities:								
Charitable activities	-	54,259	-	54,259	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on charitable activities	-	54,259	-	54,259	-	-	-	-
Separate material item of expense								
Separate material expense item	-	5,285	-	5,285	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total	-	5,285	-	5,285	-	-	-	-
Other								
Other costs	-	1,925	-	1,925	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total other expenditure	-	1,925	-	1,925	-	-	-	-
TOTAL EXPENDITURE	-	61,469	-	61,469	-	-	-	-

Other information:

Analysis of expenditure on charitable activities

Activity or programme	This year				Last year			
	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
	£	£	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

This year: Where sums originally denominated in foreign currency have been included in expenditure, explain the basis on which those sums have been translated into sterling (or the currency in which the accounts are drawn up).

Last year: Where sums originally denominated in foreign currency have been included in expenditure, explain the basis on which those sums have been translated into sterling (or the currency in which the accounts are drawn up).

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Note 20 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	-	-	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

	This year	Last year
	41,703	0

Movement in deferred income account

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	41,703	-
Amounts released to income from previous periods	-	-
Balance at the end of the reporting period	41,703	-

Section C**Notes to the accounts****(cont)****Note 24 Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
41,703	-
-	-
41,703	-