

ST GERMAIN'S WELLBEING

England & Wales · Charity number 1206412

Details

Status Registered

Legal form CIO

Registered 2024-01-05

Register [View on the Charity Commission register](#)

Contact

Address St. Germain's Church
City Road
Birmingham
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Website www.stgermainswellbeing.org.uk

Activities

Objects: FOR THE PUBLIC BENEFIT, TO PROMOTE GOOD PHYSICAL, MENTAL, SPIRITUAL AND EMOTIONAL HEALTH BY THE PROVISION OF A RANGE OF EMOTIONAL HEALTH AND WELLBEING SERVICES IN ACCORDANCE WITH CHRISTIAN PRINCIPLES AND WITH SENSITIVITY TO THE DIVERSE COMMUNITIES WE SERVE

Activities: St Germain's Wellbeing offers free emotional support to anyone over 18 experiencing common mental health problems (e.g. anxiety or depression). People can access this support at our weekly Wellbeing Drop-In, they can register with us for a short course of one-to-one emotional support sessions, or join a variety of wellbeing workshops.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£51,234	£87,617	-	-
2024-08-31	£96,467	£32,875	-	-

Trustees

Name	Role	Appointed
Rev SARAH HAYES	Chair	2023-11-29
Blessing Ayomide Afolabi-Jombo		2025-06-30
David Guard		2023-11-29
Dr Oluwemimo Agboaye CPsych		2023-11-29
John Edward Pearson		2025-01-22
MARGARET STRONG		2023-11-29
Sophie Eaton		2024-02-21

ST GERMAIN'S WELLBEING

England & Wales - Charity number 1206412

Accounts

**TRUSTEES' ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2025**

ST GERMAIN'S WELLBEING

(Charitable Incorporated Organisation)

CHARITY REGISTRATION NUMBER: 1206412

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TRUSTEES’ ANNUAL REPORT FOR THE YEAR ENDED 31 AUGUST 2025

Charity name: **St Germain’s Wellbeing**

Charity registration number: **1206412**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote for the benefit of the public good - physical, mental, spiritual and emotional health - by the provision of a range of emotional wellbeing services in accordance with Christian principles and with sensitivity to the diverse communities we serve.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	St Germain’s Wellbeing offers free emotional support to anyone over 18 experiencing common mental health problems (e.g. anxiety or depression). People can access this support at our weekly Wellbeing Drop-In, they can register with us for a short course of one-to-one emotional support sessions, or join a variety of wellbeing workshops.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees of St Germain’s Wellbeing have complied with their duties to have due regard to the Charity Commission’s public benefit guidance when exercising any power or duties to which the guidance is relevant.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>St Germain’s Wellbeing bridged the gap between solutions offered by the NHS and “going it alone”. We aimed to build a strong community where each member had the tools to handle their personal issues, the knowledge that they were not facing their problems alone, and the community connections to drive long-term positive change. We took a holistic based approach to our support, encouraging people to access different elements of our services and to stay engaged.</p> <p>Unfortunately, we recently made the difficult decision to close our doors due to financial constraints. Although this has been a difficult few months, we have also achieved many things that we are proud</p>

	SORP reference	
		<p>of. During 2024-25 we directly engaged with approximately 400 people through our different models of support; this equates to nearly 1000 hours of face to face time with people from our local community.</p> <p>Our 1:1 Support Sessions combined active listening, psychoeducation and skills practice, with a focus on sharing evidence-based, Cognitive Behavioural Therapy (CBT) skills with clients in a collaborative, person-centred way. Our Emotional Wellbeing Practitioners (EWPs) delivered this support as courses of 4-6 talking sessions of up to one hour, face to face at our office, as well as by phone and video. Being flexible with delivery modes ensured those who struggled to leave their home for physical, mental or socio-economic reasons, were still able to access our support. EWPs used guided self-help techniques that included worry management, graded exposure, behavioural activation and cognitive restructuring. Clinical supervision was delivered by an NHS Consultant Psychologist who supported the service to develop the person-centred and flexible nature of these brief interventions. This enabled EWPs to safely tailor support when, for example, a CBT skills-based approach didn't resonate with a client, or when it was apparent a technique from a broader pool of evidence-based practice could add value for an individual (e.g. incorporating mindfulness-based or compassion-focused approaches). Offering longer sessions than would typically be allocated to low-intensity support in clinical settings was foundational for this model, facilitating collaborative skills practice and an informal pace and structure that supported strong rapport-building, ensuring sessions provided a safe, inclusive, nonclinical therapeutic space. The lived experience of mental health difficulties shared by all our practitioners has continued to be a cornerstone supporting our unique, person-centred delivery model. During 2024-25, we delivered around 750 1:1 Support Sessions to 150 people.</p> <p>Wellbeing Workshops were held twice a year in 8-week blocks, assisting groups of up to 16 people at once to develop positive mental health skills around themes such as anxiety, depression, anger, and walking for wellbeing. These sessions were in a drop-in format- i.e. people did not have to register -</p>

	SORP reference	
		<p>and could attend as little or as many of them as they liked or were relevant to them. We supported 100 people in this way, many of whom attended multiple workshops.</p> <p>We also successfully trialled a mindful gardening course in Summer 2025, with ten individuals attending the eight-session course. Everyone on the group reported experiencing long term low mood, depression or anxiety. This group attracted a large percentage of people living with long term health conditions including chronic & progressive illness, physical & learning disabilities and neurological conditions. There was a combination of people with no or limited prior experience of gardening, alongside those who considered themselves to possess a good level of gardening knowledge. We were able to adapt the course to be inclusive to those with physical limitations - including providing a raised bed and individual pots alongside gardening in the ground.</p> <p>Our drop-in sessions allowed us to reach 150 people in a more informal way, taking a “listening ear” style approach alongside signposting for further support with statutory services. We noticed that loneliness was a common theme for many attendees and that for some this initial connection led to more in depth support- some took up our 1:1 sessions, others attended our workshops and one person came along to our mindful gardening course, before also training as a volunteer.</p> <p>Monitoring and Evaluation</p> <p>We were licensed users of the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS) which is suitable for intervention lasting two weeks or longer; we therefore asked clients who used our 1:1 sessions to complete this at the beginning and end of their work with us. It takes a holistic approach, allowing us to measure improvement across multiple areas of mental wellbeing. For example, it asks the client to rate social based statements such as “I’ve been feeling interested in other people” alongside those which reflect levels of self-esteem like “I’ve been feeling confident”. The advantage of this is that we could measure the client’s increase in wellbeing as a whole, as well as identify areas where they may not have shown as much improvement and may</p>

	SORP reference	
		<p>therefore require signposting for further support. An improvement over 2 weeks or more of 3 points or more is deemed to be clinically significant; 84% of our clients demonstrated this by their final session.</p> <p>These statistics formed the baseline for our reports, goals, and Board meetings as well as providing comprehensive monitoring to funders and stakeholders. Where the WEMWBS was not appropriate - as its use is only clinically proven over a period of intervention lasting two weeks or more - we asked clients to score themselves using a Likehart 1-10 scale, against a “before” and “after” question:</p> <p>“How well did you cope with the challenges you are facing before the workshop?”</p> <p>“How well do you feel you will cope with the challenges you are facing after the workshop?”</p> <p>In 2024-25, 75% of clients showed an improvement in this score after just one two hour workshop. Furthermore, 92% said they would be more likely to access additional support as a result of attending a workshop.</p> <p>Volunteers played a big part in the operations of the charity. During the time period approximately ten volunteers helped out in different ways- two assisted with core tasks such as appointment booking and triage, six with the drop-in sessions and two with the running of the workshops and mindfulness course. Three of the volunteers went onto paid employment thanks in part to their time and experience at the charity.</p>

Financial Review

	SORP reference	
Review of the charity’s financial position at the end of the period	Para 1.21	<p>During the year, St Germain’s Wellbeing raised income of £51,234 and expended £87,617 on its charitable purposes, drawing on reserves brought forward to cover the balance of expenditure over income.</p> <p>Although we successfully applied for a number of project specific grants, we were unsuccessful in</p>

		obtaining a larger core cost grant which could have supported the charity’s presenting need to recruit a successor to the outgoing CEO in a fair and open manner. However, St Germain’s Wellbeing as an organisation has outlived more precarious financial positions - ultimately its financial position is only one of several considerations (see para 1.23) that have informed the trustee’s decision to close the charity.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves – St Germain’s Wellbeing aims to maintain a general reserve of unrestricted funds sufficient to meet its financial, legal and moral obligations to its service users, employees and volunteers and to all relevant authorities. The reserves will cover the cost of staff and operational costs in case of a shortfall in income (for example if one of our funders withdrew funding) the reserve could be called upon to provide the necessary cash-flow until a replacement funder was found. The reserves will also meet the need for any unexpected expenditure (e.g. repairs, sickness cover etc).
Amount of reserves held	Para 1.22	At 31 August 2025 St Germain’s Wellbeing held Unrestricted reserves of £9,506 and Restricted reserves of £17,703.
Reasons for holding zero reserves	Para 1.22	See above
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<p>The financial statements have not been prepared on a going concern basis. On 28 July 2025, the trustees resolved to wind down and close the charity due to a convergence of several factors:</p> <ol style="list-style-type: none"> 1. Changes in the local funding landscape that correlated with several unsuccessful core cost grant applications and reports from more-established charitable organisations that their applications to regular funders had been turned down 2. The chair's intention to step down (stated at a previous meeting) with no other board members having the capacity to take on their role 3. The board were not in a position to take on recruiting a new CEO after the outgoing CEO had given advanced notice of their intention to move on from their role. <p>In light of the above it was the trustees' determination that the board lacked sufficient capacity or resources</p>

		to negotiate these combined factors (despite generous handover support offered by the outgoing CEO) and maintain the necessary funding application pipeline (especially given the funding landscape). The accounts have therefore been prepared on the basis that the charity's assets will be realised and liabilities settled in the course of an orderly wind-down.
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Structure, Governance and Management

	SORP reference	
Description of charity’s trusts:		We hold our assets on trust for our clients/beneficiaries.
Type of governing document	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO) Foundation Model Constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.</p> <p>Nominated Trustee[s]</p> <p>(a) The Parochial Church Council of the Ecclesiastical Parish of St Germain’s Church Edgbaston (“the appointing body”) may appoint three charity trustees.</p> <p>(b) Any appointment must be made at a meeting held according to the ordinary practice of the appointing body.</p> <p>(c) Each appointment must be for a term of three years.</p> <p>(d) The appointment will be effective from the later of:</p> <p>(i) the date of the vacancy; and</p>

	SORP reference	
		<p>(ii) the date on which the charity trustees or their secretary or clerk are informed of the appointment.</p> <p>(e) The person appointed need not be a member of the appointing body.</p> <p>(f) A trustee appointed by the appointing body has the same duty under clause 9(1) as the other charity trustees to act in the way he or she decides in good faith would be most likely to further the purposes of the CIO.</p>

Reference and Administrative Details

Charity name	St Germain’s Wellbeing
Other name the charity uses	N/A
Registered charity number	1206412. Registered on 5 January 2024.
Charity’s principal address	St Germain’s Church, City Road, Birmingham, B17 8LE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah Hayes	Chair		PCC of St Germain’s church Edgbaston
2	David Guard	Deputy Chair		
3	Mariyam Ayub	Treasurer	Resigned 2 nd June 2025	
4	Sophie Eaton			PCC of St Germain’s church Edgbaston
5	Dr Oluwemimo Agboaye			
6	Margaret Strong			PCC of St Germain’s church Edgbaston
7	John Pearson		Appointed 22 nd January 2025	
8	Blessing Ayomide Afolabi-Jombo	Treasurer	Appointed 30 th June 2025	
10	Gemma Powell		Resigned 15 th October 2024	

There were no corporate trustees, and no trustees held title to property belonging to the charity.

The Trustees held no funds as custodian trustees on behalf of others.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and Accounts in accordance with applicable law, and the United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice, GAAP).

The law applicable to charities in England and Wales (the Charities Act 2011 and the Charity (Accounts and Reports) Regulations) and the provisions of the Governing Document require the trustees to prepare accounts for each financial year which set out the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure of the charity for that period. In preparing those accounts, the trustees:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charity SORP
- Make judgments and estimates that are reasonable and prudent
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the CIO will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations and the provisions of the Governing Document. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

The Trustees' Annual Report was approved by the Trustees on 25 March 2026 and signed on their behalf by:



Rev. Sarah Hayes
Chair

STATEMENT OF FINANCIAL ACTIVITIES

	Notes	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
INCOMING RESOURCES							
Incoming resources fro Generated Funds							
Donations, Grants and Legacies	2	1,417	49,817	51,234	67,450	29,017	96,467
TOTAL INCOMING RESOURCES		1,417	49,817	51,234	67,450	29,017	96,467
RESOURCES EXPENDED							
Costs of Generating Funds							
Cost of Charitable Activities	3a	39,494	47,399	86,893	18,967	13,008	31,975
Governance costs	3b	0	724	724	900	0	900
TOTAL RESOURCES EXPENDED		39,494	48,123	87,617	19,867	13,008	32,875
NET INCOMING RESOURCES		(38,077)	1,694	(36,383)	47,583	16,009	63,592
Funds brought forward		47,583	16,009	63,592	0	0	0
TOTAL FUNDS CARRIED FORWARD		9,506	17,703	27,209	47,583	16,009	63,592

Movements on all reserves and all recognised gains and losses are shown above.

The 2024 accounting period ran from registration on 5 January 2024 to 31 August 2024.

The Charitable Incorporated Organisation plans to cease all operations before the end of the 2025-26 financial year.

The notes on pages 12 to 17 form part of these financial statements.

BALANCE SHEET AS AT 31 AUGUST 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Fixed Assets							
Tangible Assets	5	-	-	-	-	-	-
Investments	5	-	-	-	-	-	-
Total Fixed Assets		-	-	-	-	-	-
Current Assets							
Debtors and Prepayments	6	-	-	-	-	-	-
Cash at Bank and in Hand		9,506	17,703	27,209	48,483	16,009	64,492
Total Current Assets		9,506	17,703	27,209	48,483	16,009	64,492
Creditors: Amounts falling due within one year	7	-	-	-	(900)	-	(900)
NET CURRENT ASSETS		9,506	17,703	27,209	47,583	16,009	63,592
TOTAL ASSETS LESS CURRENT LIABILITIES		9,506	17,703	27,209	47,583	16,009	63,592
Creditors: Amounts falling due after more than one year	8	-	-	-	-	-	-
NET ASSETS		9,506	17,703	27,209	47,583	16,009	63,592
Funds of the Charity							
General Funds		9,506	-	9,506	47,583	-	47,583
Restricted Funds	4	-	17,703	17,703	-	16,009	16,009
TOTAL FUNDS		9,506	17,703	27,209	47,583	16,009	63,592

Approved by the Board of Trustees on 25 March 2026 and signed on its behalf by:



Rev. Sarah Hayes

Chair

The 2024 accounting period ran from registration on 5 January 2024 to 31 August 2024.

The Charitable Incorporated Organisation plans to cease all operations before the end of the 2025-26 financial year.

The notes on pages 12 to 17 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1. Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) (Second Edition, effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Assessment of Going Concern: Planned Cessation

The trustees have resolved that the CIO will cease operations before the end of the 2025-26 financial year. The trustees have confirmed that they expect the CIO to be able to meet its obligations up to the date of cessation and any remaining funds will be either returned to the relevant funder or passed to another charitable organisation to be applied for similar charitable purposes.

No accounting adjustments have been necessary in respect of the CIO not being a going concern, as there were no fixed assets brought forward or other assets or liabilities other than cash balances. In 2024-25 office improvements costing £10,240 were not capitalised due to the planned cessation.

Public Benefit

The charitable incorporated organisation (CIO) meets the definition of a public benefit entity under FRS 102.

Incoming Resources

Recognition of Incoming Resources: these are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Incoming Resources with Related Expenditure: where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations: these are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts: any incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

1. Accounting Policies *(continued)*

Contractual Income and Performance Related Grants: this income is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind: these are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities: these are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help: the value of voluntary help received is not included in the accounts.

Investment Income: this is included in the accounts when receivable.

Investment Gains and Losses: these include any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year. The CIO holds no investments.

Expenditure, Assets and Liabilities

Liability Recognition: liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs: These include costs of the preparation and examination of statutory accounts, the costs of the trustees' meetings and the cost of any legal advice to trustees on governance or constitutional matters.

Grants Payable: the CIO does not issue any grants.

Investments: investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value. The CIO holds no investments.

Unrestricted funds: these funds can be used for the general objectives of the charity as set out in the trustees' report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds: funds are restricted where the donor has specified a purpose for the donation made. These restrictions can arise as a result of appeals for special offerings for specific purposes.

Designated funds: these are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

1. Accounting Policies *(continued)*

Fixed Assets: fixed assets are capitalised if they can be used for more than one year and cost at least £50. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation: depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives.

2. Incoming Resources

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Gifts and Donations	1,417	-	1,417	15,450	-	15,450
Grants Received	-	49,817	49,817	52,000	29,017	81,017
	1,417	49,817	51,234	15,450	29,017	96,467

No legacies were received during the year (2024: £nil).

3. Resources Expended

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
a) Cost of Charitable Activities						
Activities and Events	87	2,203	2,290	-	285	285
Administrative Expenses	1,983	7,971	9,954	-	109	109
Advertising and Publicity	-	749	749	-	246	246
Premises, Rent and Rates	6,130	9,111	15,241	668	580	1,248
Staff Costs	31,294	27,365	58,659	18,299	11,788	30,087
	39,494	47,399	86,893	18,967	13,008	31,975
b) Governance Costs						
Accountancy costs	-	86	86	900	-	900
Insurance	-	638	638	-	-	-
	-	724	724	900	-	900

4. Restricted Funds

a. Current Financial Year	At 31 August				At 31 August
	2024	Income	Expenditure	Transfers	2025
	£	£	£	£	£
Baron Davenport	-	1,200	517	-	683
Charles Plater Trust	-	5,000	2,410	-	2,590
Cole Charitable Trust	-	1,000	395	-	605
Fairer Futures Fund	(776)	1,000	224	-	-
George Henry Collins	-	1,000	378	-	622
GJW Turner	-	1,000	5	-	995
Harry Payne	-	1,500	668	-	832
Henry James Sayer	-	700	275	-	425
Michael Marsh	-	1,500	668	-	832
National Lottery Community Hub- Drop In share	2,478	5,517	3,532	-	4,463
NNS - Older Adults	8,045	-	8,045	-	-
NNS - Younger Adults	8,045	-	8,045	-	-
Prevention & Communities Fund	(1,783)	25,000	17,561	-	5,656
Rowlands	-	5,000	5,000	-	-
Warburton's	-	400	400	-	-
	16,009	49,817	48,123	-	17,703

b. Previous Financial Period	At 5 January				At 31 August
	2024	Income	Expenditure	Transfers	2024
	£	£	£	£	£
Fairer Futures Fund	-	-	776	-	(776)
National Lottery Community Hub- Drop In share	-	4,017	1,539	-	2,478
NNS - Older Adults	-	10,000	1,955	-	8,045
NNS - Younger Adults	-	10,000	1,955	-	8,045
Prevention & Communities Fund	-	5,000	6,783	-	(1,783)
	-	29,017	13,008	-	16,009

5. Tangible Fixed Assets and Fixed Asset Investments

The CIO held no tangible fixed assets or fixed asset investments at 31 August 2025 (2024: £nil).

6. Debtors and Prepayments

The CIO had no debtors or prepayments at 31 August 2025 (2024: £nil).

7. Creditors: Amounts Falling Due Within One Year

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Independent Examiner's Fees	-	-	-	900	-	900
	-	-	-	900	-	900

8. Creditors: Amounts Falling Due After More Than One Year

The CIO held no long term liabilities at 31 August 2025 (2024: £nil).

The CIO had no annual commitments under non-cancelling operating leases and no capital commitments (2024: none).

9. Net Assets Between Funds

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Fixed Asset Investments	-	-	-	-	-	-
Net Current Assets	9,506	17,703	27,209	47,583	16,009	63,592
Long Term Liabilities	-	-	-	-	-	-
	9,506	17,703	27,209	47,583	16,009	63,592

10. Staff Costs and Numbers

	2024-25 £	2024 £
Gross Wages, Salaries and Fees	57,478	27,773
Employer's National Insurance Costs	-	1,830
Employer's Pension Contributions	1,181	484
	58,659	30,087

Employer's National Insurance costs were fully covered by the annual allowance for 2024-25.

The employer operates a Workplace Pension Scheme and makes contributions of 3% of pensionable salary for staff who are members of the pension scheme.

An average of 3 staff were employed to carry out charitable activities during the year (2024: 3).

During 2024-25 no members of staff received emoluments of over £60,000 (2024: none).

No trustees claimed expenses during the year (2024: £nil).

11. Trustees and Other Related Parties

There were no transactions where income was received from or payments were made to trustees or any persons connected with them during the year.

During the 2024 financial period John Pearson, trustee, received £9,223 staff costs in relation to administrative services provided to St Germain's Wellbeing in furtherance of the Charity's objects.

Any conflicts of interest were identified, documented and managed in accordance with the Charity's Governing Document.

12. Risk Assessment

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems, ensures sufficient resources in the event of adverse conditions.

The trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks. For the reasons set out in the Trustees' Annual Report, the trustees took the decision to cease operations during the 2025-26 financial year. The trustees will continue to monitor risk during the final months of operation.

13. Reserves Policy

The trustees have considered the level of reserves they would wish to retain, appropriate to the CIO's needs. Trustees are managing the reserves during the final months of operation, and they believe the CIO will be able to meet its liabilities as they fall due. Any remaining restricted funds will be returned to the respective funders, and any remaining unrestricted funds will be transferred to St Germain Community Hub to be used for similar charitable purposes.

14. Public Benefit

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees' Annual Report. The trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report to the trustees on my examination of the accounts of St Germain's Wellbeing, a Charitable Incorporated Organisation, (the Trust) for the year ended 31 August 2025.

Respective Responsibilities of Trustees and Examiner and Basis of Report

As the trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns; however, I consider attention should be drawn to the basis of preparation of the accounts in order to enable a proper understanding of the accounts to be reached. The accounts have not been prepared on a going concern basis because the trustees have decided to cease all operations before the end of the 2025-26 financial year. This is highlighted both in the Trustees' Annual Report and in the financial statements.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Signed:

Date: 26 March 2026



Judith Wilson

Fellow of the Institute of Chartered Accountants in England and Wales (FCA)

Address: 103a, Meeting House Lane, Coventry, CV7 7GD

St Germain's Wellbeing (Charitable Incorporated Organisation)
Statement of Financial Activities for the year ended 31 August 2025

	Notes	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
INCOMING RESOURCES							
Incoming resources fro Generated Funds							
Donations, Grants and Legacies	2	1,417	49,817	51,234	67,450	29,017	96,467
TOTAL INCOMING RESOURCES		1,417	49,817	51,234	67,450	29,017	96,467
RESOURCES EXPENDED							
Costs of Generating Funds							
Cost of Charitable Activities	3a	39,494	47,399	86,893	18,967	13,008	31,975
Governance costs	3b	0	724	724	900	0	900
TOTAL RESOURCES EXPENDED		39,494	48,123	87,617	19,867	13,008	32,875
NET INCOMING RESOURCES		(38,077)	1,694	(36,383)	47,583	16,009	63,592
Funds brought forward		47,583	16,009	63,592	0	0	0
TOTAL FUNDS CARRIED FORWARD		9,506	17,703	27,209	47,583	16,009	63,592

See Gov Costs tab for detail

Total expenditure is £900 more on the TB/finance system - due to the accountants' invoice for 2024 being accrued into 2024 on the face of the 2024 accounts.

The 2024 accounting period ran from the start of operations on XXXXXX to 31 August 2024.
 NOT PREPARED ON G C BASIS - ADD WORDING

St Germain's Wellbeing (Charitable Incorporated Organisation)

BALANCE SHEET AS AT 31 AUGUST 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	
Fixed Assets								
Tangible Assets	5	-	-	-	-	-	-	
Investments	5	-	-	-	-	-	-	
Total Fixed Assets		-	-	-	-	-	-	
Current Assets								
Debtors and Prepayments	6	-	-	-	-	-	-	
Cash at Bank and in Hand		9,506	17,703	27,209	48,483	16,009	64,492	
Total Current Assets		9,506	17,703	27,209	48,483	16,009	64,492	
Creditors: Amounts falling due within one year	7	-	-	-	(900)	-	(900)	Enter creditor as a minus figure and show in brackets
NET CURRENT ASSETS		9,506	17,703	27,209	47,583	16,009	63,592	
TOTAL ASSETS LESS CURRENT LIABILITIES		9,506	17,703	27,209	47,583	16,009	63,592	
Creditors: Amounts falling due after more than one year	8	-	-	-	-	-	-	Enter creditor as a minus figure and show in brackets
NET ASSETS		9,506	17,703	27,209	47,583	16,009	63,592	
Funds of the Charity								
General Funds		9,506	-	9,506	47,583	-	47,583	
Restricted Funds	4	-	17,703	17,703	-	16,009	16,009	
TOTAL FUNDS		9,506	17,703	27,209	47,583	16,009	63,592	

Approved by the Trustees on [DATE] and signed on their behalf by:

Signature
Name

NOTES

Note 2 **INCOMING RESOURCES**

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Gifts and Donations	1,417	-	1,417	15,450	-	15,450
Grants Received	-	49,817	49,817	52,000	29,017	81,017
	1,417	49,817	51,234	15,450	29,017	96,467

Note 3 **RESOURCES EXPENDED**

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
a) Cost of Charitable Activities						
Activities and Events	87	2,203	2,290	-	285	285
Administrative Expenses	1,983	7,971	9,954	-	109	109
Advertising and Publicity	-	749	749	-	246	246
Premises, Rent and Rates	6,130	9,111	15,241	668	580	1,248
Staff Costs	31,294	27,365	58,659	18,299	11,788	30,087
	39,494	47,399	86,893	18,967	13,008	31,975

per SOFA
Difference

39,494 47,399 86,893
-

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
b) Governance Costs						
Accountancy costs	-	86	86	900	-	900
Insurance	-	638	638	-	-	-
	-	724	724	900	-	900

Note 4 **RESTRICTED FUNDS - AND OTHER FUNDS**

See separate tab for 'note 4 Reserves'

Note 5 **TANGIBLE FIXED ASSETS AND FIXED ASSET INVESTMENTS**

The CIO held no tangible fixed assets or fixed asset investments during the year (2024: £nil).

Note 7 **CASH AT BANK AND IN HAND**

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Cash at Bank and in Hand	9,506	17,703	27,209	48,483	16,009	64,492
	9,506	17,703	27,209	48,483	16,009	64,492

Note 6 **DEBTORS AND PREPAYMENTS**

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
--	---------------------------------------	-------------------------------------	--------------------------------	------------------------------------	----------------------------------	-----------------------------

Sundry Debtors	-	-	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	-	-	-	-	-	-

Note 7 **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Independent Examiner's Fees	-	-	-	900	-	900
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	-	-	-	900	-	900

Note 8 **CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

The CIO held no long term liabilities at 31 August 2025 (2024: £nil).

Note 9 **NET ASSETS BETWEEN FUNDS**

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Fixed Asset Investments	-	-	-	-	-	-
Net Current Assets	9,506	17,703	27,209	47,583	16,009	63,592
Long Term Liabilities	-	-	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	9,506	17,703	27,209	47,583	16,009	63,592

Note 10 **STAFF COSTS AND NUMBERS**

	2024-25 £	2024 £
Gross Wages, Salaries and Fees	57,478	27,773
Employer's National Insurance Costs	-	1,830
Employer's Pension Contributions	1,181	484
	<hr/>	<hr/>
	58,659	30,087

Employer NI costs for 2024-25 were fully covered by the annual allowance.

The employer operates a workplace pension scheme and contributes 3% of pensionable salary for staff who are members

The average number of employees who were engaged in each of the following activities was:

	2024-25 Headcount	2024 Headcount
Charitable activities	3	3

Note 11 **TRUSTEES AND OTHER RELATED PARTIES**

No payments were made to trustees or any persons connected with them during the financial year. No other transaction to the organisation and a trustee or any person connected with them.

COPY IN LAST YEAR'S NOTE RE JP

Note 12 **RISK ASSESSMENT**

COPY IN LAST YEAR'S NOTE EDIT FOR CESSATION

Note 13 **RESERVES POLICY**

COPY LAST YEAR - ADD COMMENT RE CESSATION AND WHAT'S HAPPENING WITH RESERVES

NOTE 14 **PUBLIC BENEFIT**

COPY LAST YEAR

	A	B	C	D	E	F	G	H	I	J	K
1	COSTS BY CATEGORY FOR NOTE 4: Unrestricted and Restricted										
2											
3	UNRESTRICTED	INCOME	Staff Costs	Governance	(Advertising	Admin	Other Expe	Premises	Activities	Total Expenditure	
4	Benefact	0.00	7,385.26	0.00	0.00	128.61	0.00	0.00	14.90	7,528.77	
5	Eveson	0.00	10,324.50	756.00	0.00	515.88	0.00	1,033.02	0.00	12,629.40	
6	National Lottery- AFA	0.00	9,497.11	0.00	0.00	0.00	0.00	0.00	0.00	9,497.11	
7	Generall (Unrestricted)	1,417.04	5,426.52	0.00	0.00	0.00	0.00	5,240.80	71.58	10,738.90	
8		1,417.04	32,633.39	756.00	0.00	644.49	0.00	6,273.82	86.48	40,394.18	
9	Costs accrued in 2024			-756.00				-144.00		-900.00	
10	Staff costs reanalysed per TB labels		-1338.98			1338.98				0.00	
11	Unrestricted costs 2024-25	1,417.04	31,294.41	0.00	0.00	1,983.47	0.00	6,129.82	86.48	39,494.18	
12											
13	TOTALS PER TB - UR and R	51,234.04	66,840.81	1,552.43	749.31	1,844.57	2.45	15,240.80	2,286.28	88,516.65	
14				-828		-72.00	-2.45		2.45	-900.00	
15	Adjusted TB totals UR and R	51,234.04	66,840.81	724.43	749.31	1,772.57	0.00	15,240.80	2,288.73	87,616.65	
16	Staff costs reanalysed per TB labels		-8,181.61			8,181.61				0.00	
17	Less: Unrestricted costs	-1,417.04	-31,294.41	0.00	0.00	-1,983.47	0.00	-6,129.82	-86.48	-39,494.18	
18	Restricted costs by category	49,817.00	27,364.79	724.43	749.31	7,970.71	0.00	9,110.98	2,202.25	48,122.47	
19							<i>Note 3</i>	<i>Less Gov costs</i>		<u>-724.43</u>	
20	Total staff costs = payroll		58,659.20				<i>Note 3</i>	<i>Charitable costs</i>		<u>47,398.04</u>	
21											
22											
23	UNRESTRICTED LISTINGS ARE BELOW										

	L
1	
2	
3	
4	
5	
6	Total income for the accounts
7	
8	
9	The full £900 was accrued as UR in the 2024 accounts - so adj in UR
10	UR pay costs are calculated on row 137 below
11	
12	
13	
14	The £900 accrued in 2024 on the face was posted as shown
15	Total expenditure for the accounts
16	Analysed at the end of the Trial Balance Analysis tab
17	
18	
19	
20	UR staff costs are calculated below - see row 137 at end
21	
22	
23	The accountants classed these funds as UR in 2024 - continued

NOTE 4 - MOVEMENTS IN FUNDS (RESERVES)

Note 4 Restricted Funds

a. Current Financial Year	At 31 August 2024				At 31 August 2025			
	Income	Expenditure	Transfers		Income	Expenditure	Transfers	
	£	£	£	£	£	£	£	£
Baron Davenport	-	1,200	517	-	683	683		
Charles Plater Trust	-	5,000	2,410	-	2,590	2,590		
Cole Charitable Trust	-	1,000	395	-	605	605		
Fairer Futures Fund	(776)	1,000	224	-	-	-		
George Henry Collins	-	1,000	378	-	622	622		
GJW Turner	-	1,000	5	-	995	995		
Harry Payne	-	1,500	668	-	832	832		
Henry James Sayer	-	700	275	-	425	425		
Michael Marsh	-	1,500	668	-	832	832		
National Lottery Community Hub- Drop In share	2,478	5,517	3,532	-	4,463	4,463		
NNS - Older Adults	8,045	-	8,045	-	-	-		
NNS - Younger Adults	8,045	-	8,045	-	-	-		
Prevention & Communities Fund	(1,783)	25,000	17,561	-	5,656	5,656		
Rowlands	-	5,000	5,000	-	-	-		
Warburton's	-	400	400	-	-	-		
	16,009	49,817	48,123	-	17,703		17,703	
		49,817	48,123					

Note 4 Restricted Funds

b. Previous Financial Period	At 5 January 2024				At 31 August 2024			
	Income	Expenditure	Transfers		Income	Expenditure	Transfers	
	£	£	£	£	£	£	£	£
Fairer Futures Fund	-	-	776	-	(776)			
National Lottery Community Hub- Drop In share	-	4,017	1,539	-	2,478			
NNS - Older Adults	-	10,000	1,955	-	8,045			
NNS - Younger Adults	-	10,000	1,955	-	8,045			
Prevention & Communities Fund	-	5,000	6,783	-	(1,783)			
	-	29,017	13,008	-	16,009			

General Funds Movement 2024-25		At 31.8.24	Income	Expenditure	Transfers	At 31.8.25	Per system
General UR funds		9,366	1,417	10,739			
General UR funds - deduct accts fee accrual		(144)	-	144			2x72 deducted bf & exp
		9,222	1,417	10,595	-	44	44
UR fund	Benefact	9,410	-	7,529	-	1,881	1,881 - 1
UR fund	Eveson	11,873	-	11,873	-	-	756 deducted bf & exp
UR fund	National Lottery- AFA (Restricted)	17,078	-	9,497	-	7,581	7,581 - 1
	TOTAL UNRESTRICTED FUNDS	47,583	1,417	39,494	-	9,506	9,506

Castle View Accountants Accrual on face 2024

Eveson fund	756	UR	posted 24-25	LYNDSEY - for salaries
NNS - Older Adults	72	R	posted 24-25	LYNDSEY - for 121 support
NNS - Younger Adults	72	R	posted 24-25	LYNDSEY - for 121 support
	900			not put in system 2024

Correction entries would be to transfer £144 funds between General funds and the two NNS funds, however this would leave each NNS fund underspent by £72, which would be written back to general funds as the projects are finished and the 2 x £72 has been attributed. CONCLUSION - best to show opening UR funds as per 2024 accounts.

WORKINGS

Funds listing/type - per fin system	UR	R	Total	Fund type per filed accounts for 2024
General (Unrestricted)	9,366	-	9,366	UR
National Lottery Community Hub- Drop In share	-	2,478	2,478	R
NNS - Older Adults (Restricted)	-	8,045	8,045	R
NNS - Younger Adults (Restricted)	-	8,045	8,045	R
Prevention & Communities (Restricted)	-	(1,783)	(1,783)	R
Fairer Futures (Restricted)	-	(776)	(776)	R
Benefact (Restricted)	-	9,410	9,410	UR
Eveson (Restricted)	-	12,629	12,629	UR
National Lottery- AFA (Restricted)	-	17,078	17,078	UR
AT 31.8.2024	9,366	55,126	64,492	

per accountants 31.8.24			At 31.8.25	
Funds per accounts for 2024	UR	R	UR	R
General (Unrestricted)	9,366	-	44	
National Lottery Community Hub- Drop In share	-	2,478		4,463
NNS - Older Adults (Restricted)	-	8,045		-
NNS - Younger Adults (Restricted)	-	8,045		-
Prevention & Communities (Restricted)	-	(1,783)		5656.09
Fairer Futures (Restricted)	-	(776)		-
Benefact (Restricted)	9,410	-	1881.66	
Eveson (Restricted)	12,629	-		-
National Lottery- AFA (Restricted)	17,078	-	7580.43	
	48,483	16,009	9,506	10,119
	(900) accts accrual			
	47,583	figure in signed accounts 2024		

NEW FUNDS 2024-25

Rowlands - restricted not designated per call with Lyndsey	0
Michael Marsh - restricted	831.96
Harry Payne - r	831.96
Warburton's - r	0
Charles Plater Trust - r	2589.55
George Henry Collins - r	622.36
Cole Charitable Trust - r	605.09
Henry James Sayer - r	425.41
Baron Davenport - r	683.15
GJW Turner - r	994.56
	7584.04

TOTAL FUNDS AT 31.8.2025

Less UR general funds	(44)
Restricted funds per finance system, ExpensePlus	27,166

SOFA SUMMARY

SOFA summary 2024-25	UR	R	TOTAL
Income	1,417	49,817	51,234
Exp	39,494	48,123	87,617
	-	38,077	1,694 - 36,383
Bfwd	47,583	16,009	63,592
cfwd	9,506	17,703	27,209

Payroll costs summary 2024-25 (year ended 31.8.25)

	2024				2025								2024-25	
	September	October	November	December	January	February	March	April	May	June	July	August	Total	
	£	£	£	£	£	£	£	£	£	£	£	£	£	£
Gross pay	4,160.15	3,824.53	3,824.53	3,824.53	3,824.53	6,014.57	5,322.98	5,336.48	5,336.48	5,336.48	5,336.48	5,336.48	57,478.22	
Income tax	488.20	421.00	421.00	421.00	421.00	204.40	645.20	438.00	438.40	438.20	438.40	438.20	5,213.00	
Student loan deduction	11.00	11.00	11.00	11.00	11.00	11.00	11.00	4.00	4.00	4.00	4.00	4.00	97.00	
Post grad loan deduction	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	12.00	
Employees' NI	165.13	138.29	138.29	138.29	138.29	174.33	174.33	175.41	175.41	175.41	175.41	175.41	1,944.00	
Employees' pension	124.80	111.38	111.38	111.38	111.38	111.38	111.38	151.06	151.06	151.06	151.06	151.06	1,548.38	
Total deductions	801.13	681.67	681.67	681.67	681.67	501.11	941.91	768.47	768.87	768.67	768.87	768.67	8,814.38	8,814.38
Net pay	3,359.02	3,142.86	3,142.86	3,142.86	3,142.86	5,513.46	4,381.07	4,568.01	4,567.61	4,567.81	4,567.61	4,567.81	48,663.84	48,663.84
Employer's pension	113.29	83.54	83.54	83.54	83.54	83.54	83.54	113.29	113.29	113.29	113.29	113.29	1,180.98	
Employer's NI	612.82	318.57	318.57	318.57	318.57	420.75	420.75	612.82	612.82	612.82	612.82	612.82	5,792.70	
Total employer on-costs	726.11	402.11	402.11	402.11	402.11	504.29	504.29	726.11	726.11	726.11	726.11	726.11	6,973.68	6,973.68
Employer's NI allowance	-612.82	-318.57	-318.57	-318.57	-318.57	-420.75	-420.75	-612.82	-612.82	-612.82	-612.82	-612.82	-5,792.70	
Employer on-costs net of NI allowance	113.29	83.54	83.54	83.54	83.54	83.54	83.54	113.29	113.29	113.29	113.29	113.29	1,180.98	1,180.98
Due to HMRC	676.33	570.29	570.29	570.29	570.29	389.73	830.53	617.41	617.81	617.61	617.81	617.61	7,266.00	7,266.00
Due to pension fund	238.09	194.92	194.92	194.92	194.92	194.92	194.92	264.35	264.35	264.35	264.35	264.35	2,729.36	2,729.36
Total 3rd party payments	914.42	765.21	765.21	765.21	765.21	584.65	1,025.45	881.76	882.16	881.96	882.16	881.96	9,995.36	9,995.36
	914.42	765.21	765.21	765.21	765.21	584.65	1,025.45	881.76	882.16	881.96	882.16	881.96	9,995.36	
Total employer costs	4,273.44	3,908.07	3,908.07	3,908.07	3,908.07	6,098.11	5,406.52	5,449.77	5,449.77	5,449.77	5,449.77	5,449.77	58,659.20	58,659.20

- JP left on 15 August 2024, in previous financial year

- new starter in Feb payroll GF 20.1.25 not in pension scheme in Feb payroll. Back pay in Feb payroll

- pay increase for CEO from February

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
1	TRIAL BALANCE AT 31 AUGUST 2025	Debit	Credit	Category Type	INCOME	Staff Costs	Governance	Advertising	Admin	Other Expe	Premises	Activities	Total Expenditure	Staff payroll	Staff other	activities?					
2	Assets	x	x		£	£	£	£	£	£	£	£	£	£	£	£					
3	St Germain's Wellbeing		27,209.67											0.00							
4	Income	x	x											0.00							
5	Baron Davenport (Restricted): Baron Davenport: Baron Davenport	x		1,200.00	Grants					1,200.00											
6	Benefact (Restricted): Grants- restricted: Benefact	x		0.00	Grants					0.00											
7	Charles Plater Trust (Restricted): Grants- restricted: Charles Plater Tr	x		5,000.00	Grants					5,000.00											
8	Cole Charitable Trust (Restricted): Cole Charitable Trust: Cole Charitax	x		1,000.00	Grants					1,000.00											
9	Eveson (Restricted): Grants- restricted: Eveson	x		0.00	Grants					0.00											
10	Fairer Futures (Restricted): Grants- restricted: Fairer Futures grant	x		1,000.00	Grants					1,000.00											
11	GJW Turner (Restricted): Grants- restricted: GJW Turner	x		1,000.00	Grants					1,000.00											
12	General (Unrestricted): Donations: Donations	x		1,417.04	Donations					1,417.04											
13	George Henry Collins (Restricted): Grants- restricted: George Henry Cx	x		1,000.00	Grants					1,000.00											
14	Harry Payne (Restricted): Grants- restricted: Harry Payne	x		1,500.00	Grants					1,500.00											
15	Henry James Sayer (Restricted): Henry James Sayer: Henry James Sayx	x		700.00	Grants					700.00											
16	Michael Marsh (Restricted): Grants- restricted: Michael Marsh	x		1,500.00	Grants					1,500.00											
17	NNS - Older Adults (Restricted): Grants- restricted: NNS- Older Adultsx	x		0.00	Grants					0.00											
18	NNS- Younger Adults (Restricted): Grants- restricted: NNS- Younger Ax	x		0.00	Grants					0.00											
19	National Lottery Community Hub- Drop In share (Restricted): Grants-	x		5,517.00	Grants					5,517.00											
20	National Lottery- AFA (Restricted): Grants- restricted: National Lotteryx	x		0.00	Grants					0.00											
21	Prevention & Communities (Restricted): Grants- restricted: Preventi	x		25,000.00	Grants					25,000.00											
22	Rowlands (Designated): Office Renovation Project: Office Renovation Ix	x		5,000.00	Grants					5,000.00											
23	Warburton's (Restricted): Grants- restricted: Warburtons	x		400.00	Grants					400.00											
24	Expenditure	x	x											0.00							
25	Baron Davenport (Restricted): Office & Administrative Costs: Advertisi		3.16		Advertising									3.16							
26	Baron Davenport (Restricted): Office & Administrative Costs: Insuranc		0.00		Governance Costs									0.00							
27	Baron Davenport (Restricted): Office & Administrative Costs: Room Hii		0.00		Premises									0.00							
28	Baron Davenport (Restricted): Office & Administrative Costs: Software		3.30		Admin									3.30							
29	Baron Davenport (Restricted): Office & Administrative Costs: Staff ph		0.96		Admin									0.96							
30	Baron Davenport (Restricted): Office & Administrative Costs: Stationer		0.00		Admin									0.00							
31	Baron Davenport (Restricted): Office & Administrative Costs: Virtual L		2.31		Admin									2.31							
32	Baron Davenport (Restricted): Office & Administrative Costs: Volunte		0.00		Fixed Asset Purchases									0.00							
33	Baron Davenport (Restricted): Office & Administrative Costs: Volunte		1.16		Admin									1.16							
34	Baron Davenport (Restricted): Office & Administrative Costs: Website		2.02		Advertising									2.02							
35	Baron Davenport (Restricted): Project costs: Office Renovation Project		0.00		Premises									0.00							
36	Baron Davenport (Restricted): Project costs: Refreshments		0.00		Activities									0.00							
37	Baron Davenport (Restricted): Project costs: Stationery		0.00		Activities									0.00							
38	Baron Davenport (Restricted): Staffing costs: CEO		60.21		Staff Costs									60.21		60.21					
39	Baron Davenport (Restricted): Staffing costs: Clinical Supervision		0.00		Staff Costs									0.00							
40	Baron Davenport (Restricted): Staffing costs: Data & Admin		18.54		Staff Costs									18.54			18.54	admin			
41	Baron Davenport (Restricted): Staffing costs: EWP		198.15		Staff Costs									198.15		198.15					
42	Baron Davenport (Restricted): Staffing costs: Fundraiser		0.00		Staff Costs									0.00							
43	Baron Davenport (Restricted): Staffing costs: Payroll fees		64.80		Staff Costs									64.80			64.80	admin			
44	Baron Davenport (Restricted): Staffing costs: Service Manager		162.24		Staff Costs									162.24		162.24					
45	Baron Davenport (Restricted): Staffing costs: Staff expenses		0.00		Staff Costs									0.00							
46	Baron Davenport (Restricted): Staffing costs: Staff recruitment		0.00		Staff Costs									0.00							
47	Baron Davenport (Restricted): Staffing costs: Staff training inc. DBS &		0.00		Staff Costs									0.00							
48	Baron Davenport (Restricted): Staffing costs: Volunteer Training inc.		0.00		Activities									0.00							
49	Baron Davenport (Restricted): Staffing costs: Volunteer expenses		0.00		Staff Costs									0.00							
50	Benefact (Restricted): Office & Administrative Costs: Advertising		0.00		Advertising									0.00							
51	Benefact (Restricted): Office & Administrative Costs: Insurance		0.00		Governance Costs									0.00							
52	Benefact (Restricted): Office & Administrative Costs: Room Hire & Wel		0.00		Premises									0.00							
53	Benefact (Restricted): Office & Administrative Costs: Software		95.43		Admin									95.43							
54	Benefact (Restricted): Office & Administrative Costs: Staff phones		25.92		Admin									25.92							
55	Benefact (Restricted): Office & Administrative Costs: Stationery		0.00		Admin									0.00							
56	Benefact (Restricted): Office & Administrative Costs: Virtual Landline		7.26		Admin									7.26							
57	Benefact (Restricted): Office & Administrative Costs: Volunteer hardw		0.00		Fixed Asset Purchases									0.00							
58	Benefact (Restricted): Office & Administrative Costs: Volunteer phone		0.00		Staff Costs									0.00							
59	Benefact (Restricted): Office & Administrative Costs: Website		0.00		Advertising									0.00							
60	Benefact (Restricted): Project costs: Refreshments		0.00		Activities									0.00							
61	Benefact (Restricted): Project costs: Stationery		0.00		Activities									0.00							
62	Benefact (Restricted): Staffing costs: CEO		3,919.43		Staff Costs									3,919.43		3,919.43					
63	Benefact (Restricted): Staffing costs: Clinical Supervision		0.00		Staff Costs									0.00							
64	Benefact (Restricted): Staffing costs: Data & Admin		242.97		Staff Costs									242.97			242.97	admin			
65	Benefact (Restricted): Staffing costs: EWP		2,729.18		Staff Costs									2,729.18		2,729.18					

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	
1	TRIAL BALANCE AT 31 AUGUST 2025	Debit	Credit	Category Type	INCOME	Staff Costs	Governanc	Advertising	Admin	Other Expe	Premises	Activities	Total Expenditure	Staff payroll	Staff other	activities?						
66	Benefact (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00								
67	Benefact (Restricted): Staffing costs: Payroll fees	194.68		Staff Costs		194.68							194.68		194.68 admin							
68	Benefact (Restricted): Staffing costs: Service Manager	0.00		Staff Costs									0.00									
69	Benefact (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs									0.00									
70	Benefact (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs									0.00									
71	Benefact (Restricted): Staffing costs: Staff training inc. DBS & Safegua	299.00		Staff Costs		299.00							299.00		299.00 Gov? Admin?							
72	Benefact (Restricted): Staffing costs: Volunteer Training inc. DBS & Sa	14.90		Activities								14.90	14.90									
73	Benefact (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs									0.00									
74	Charles Plater Trust (Restricted): Office & Administrative Costs: Adver	216.84		Advertising				216.84					216.84									
75	Charles Plater Trust (Restricted): Office & Administrative Costs: Finan	0.00		Governance Costs									0.00									
76	Charles Plater Trust (Restricted): Office & Administrative Costs: Hard	2.45		Other Expenditure						2.45			2.45									
77	Charles Plater Trust (Restricted): Office & Administrative Costs: Insur	0.00		Governance Costs									0.00									
78	Charles Plater Trust (Restricted): Office & Administrative Costs: Room	180.32		Premises							180.32		180.32									
79	Charles Plater Trust (Restricted): Office & Administrative Costs: Softw	29.85		Admin					29.85				29.85									
80	Charles Plater Trust (Restricted): Office & Administrative Costs: Staff	4.20		Admin					4.20				4.20									
81	Charles Plater Trust (Restricted): Office & Administrative Costs: Statio	0.00		Admin									0.00									
82	Charles Plater Trust (Restricted): Office & Administrative Costs: Virtua	12.09		Admin					12.09				12.09									
83	Charles Plater Trust (Restricted): Office & Administrative Costs: Volu	5.25		Admin					5.25				5.25									
84	Charles Plater Trust (Restricted): Office & Administrative Costs: Webs	8.37		Advertising				8.37					8.37									
85	Charles Plater Trust (Restricted): Project costs: Materials	0.00		Activities									0.00									
86	Charles Plater Trust (Restricted): Project costs: Refreshments	0.00		Activities									0.00									
87	Charles Plater Trust (Restricted): Staffing costs: CEO	249.15		Staff Costs		249.15							249.15	249.15								
88	Charles Plater Trust (Restricted): Staffing costs: Clinical Supervision	133.86		Staff Costs		133.86							133.86		133.86 activities	133.86						
89	Charles Plater Trust (Restricted): Staffing costs: Data & Admin	76.68		Staff Costs		76.68							76.68		76.68 admin							
90	Charles Plater Trust (Restricted): Staffing costs: EWP	819.96		Staff Costs		819.96							819.96	819.96								
91	Charles Plater Trust (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs									0.00									
92	Charles Plater Trust (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs									0.00									
93	Charles Plater Trust (Restricted): Staffing costs: Service Manager	671.43		Staff Costs		671.43							671.43	671.43								
94	Charles Plater Trust (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs									0.00									
95	Charles Plater Trust (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs									0.00									
96	Charles Plater Trust (Restricted): Staffing costs: Staff training inc. DB	0.00		Staff Costs									0.00									
97	Charles Plater Trust (Restricted): Staffing costs: Volunteer Training i	0.00		Activities									0.00									
98	Charles Plater Trust (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs									0.00									
99	Cole Charitable Trust (Restricted): Office & Administrative Costs: Adv	19.91		Advertising				19.91					19.91									
100	Cole Charitable Trust (Restricted): Office & Administrative Costs: Ins	0.00		Governance Costs									0.00									
101	Cole Charitable Trust (Restricted): Office & Administrative Costs: Roo	0.00		Premises									0.00									
102	Cole Charitable Trust (Restricted): Office & Administrative Costs: Sof	2.76		Admin					2.76				2.76									
103	Cole Charitable Trust (Restricted): Office & Administrative Costs: Staf	0.84		Admin					0.84				0.84									
104	Cole Charitable Trust (Restricted): Office & Administrative Costs: Stat	0.00		Admin									0.00									
105	Cole Charitable Trust (Restricted): Office & Administrative Costs: Virt	1.95		Admin					1.95				1.95									
106	Cole Charitable Trust (Restricted): Office & Administrative Costs: Vol	0.00		Fixed Asset Purchases									0.00									
107	Cole Charitable Trust (Restricted): Office & Administrative Costs: Vol	1.01		Admin					1.01				1.01									
108	Cole Charitable Trust (Restricted): Office & Administrative Costs: Web	1.69		Advertising				1.69					1.69									
109	Cole Charitable Trust (Restricted): Project costs: Office Renovation Pr	0.00		Premises									0.00									
110	Cole Charitable Trust (Restricted): Project costs: Refreshments	0.00		Activities									0.00									
111	Cole Charitable Trust (Restricted): Project costs: Stationery	0.00		Activities									0.00									
112	Cole Charitable Trust (Restricted): Staffing costs: CEO	50.28		Staff Costs		50.28							50.28	50.28								
113	Cole Charitable Trust (Restricted): Staffing costs: Clinical Supervision	0.00		Staff Costs									0.00									
114	Cole Charitable Trust (Restricted): Staffing costs: Data & Admin	15.48		Staff Costs		15.48							15.48		15.48 admin							
115	Cole Charitable Trust (Restricted): Staffing costs: EWP	165.48		Staff Costs		165.48							165.48	165.48								
116	Cole Charitable Trust (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs									0.00									
117	Cole Charitable Trust (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs									0.00									
118	Cole Charitable Trust (Restricted): Staffing costs: Service Manager	135.51		Staff Costs		135.51							135.51	135.51								
119	Cole Charitable Trust (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs									0.00									
120	Cole Charitable Trust (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs									0.00									
121	Cole Charitable Trust (Restricted): Staffing costs: Staff training inc.	0.00		Staff Costs									0.00									
122	Cole Charitable Trust (Restricted): Staffing costs: Volunteer Training	0.00		Activities									0.00									
123	Cole Charitable Trust (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs									0.00									
124	Eveson (Restricted): Office & Administrative Costs: Advertising	0.00		Advertising				0.00					0.00									
125	Eveson (Restricted): Office & Administrative Costs: Finance inc. audit	756.00		Governance Costs			756.00						756.00									
126	Eveson (Restricted): Office & Administrative Costs: Hardware	177.54		Activities					177.54				177.54									
127	Eveson (Restricted): Office & Administrative Costs: Insurance	0.00		Governance Costs									0.00									
128	Eveson (Restricted): Office & Administrative Costs: Room Hire & Wellt	1,033.02		Premises							1,033.02		1,033.02									
129	Eveson (Restricted): Office & Administrative Costs: Software	338.34		Admin					338.34				338.34									

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
1	TRIAL BALANCE AT 31 AUGUST 2025	Debit	Credit	Category Type	INCOME	Staff Costs	Governanc	Advertising	Admin	Other Expe	Premises	Activities	Total Expenditure	Staff payroll	Staff other	activities?					
130	Eveson (Restricted): Office & Administrative Costs: Staff phones	0.00		Admin										0.00							
131	Eveson (Restricted): Office & Administrative Costs: Stationery	0.00		Admin										0.00							
132	Eveson (Restricted): Office & Administrative Costs: Virtual Landline	0.00		Admin										0.00							
133	Eveson (Restricted): Office & Administrative Costs: Volunteer phones	0.00		Staff Costs										0.00							
134	Eveson (Restricted): Office & Administrative Costs: Website	0.00		Advertising				0.00						0.00							
135	Eveson (Restricted): Project costs: Refreshments	0.00		Activities										0.00							
136	Eveson (Restricted): Project costs: Stationery	0.00		Activities										0.00							
137	Eveson (Restricted): Staffing costs: CEO	10,324.50		Staff Costs		10,324.50								10,324.50	10,324.50						
138	Eveson (Restricted): Staffing costs: Clinical Supervision	0.00		Staff Costs										0.00							
139	Eveson (Restricted): Staffing costs: Data & Admin	0.00		Staff Costs										0.00							
140	Eveson (Restricted): Staffing costs: EWP	0.00		Staff Costs										0.00							
141	Eveson (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
142	Eveson (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
143	Eveson (Restricted): Staffing costs: Service Manager	0.00		Staff Costs										0.00							
144	Eveson (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
145	Eveson (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
146	Eveson (Restricted): Staffing costs: Staff training inc. DBS & Safeguard	0.00		Staff Costs										0.00							
147	Eveson (Restricted): Staffing costs: Volunteer Training inc. DBS & Saf	0.00		Activities										0.00							
148	Eveson (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
149	Fairer Futures (Restricted): Office & Administrative Costs: Advertising	0.00		Advertising				0.00						0.00							
150	Fairer Futures (Restricted): Office & Administrative Costs: Insurance	0.00		Governance Costs										0.00							
151	Fairer Futures (Restricted): Office & Administrative Costs: Room Hire	224.00		Premises							224.00			224.00							
152	Fairer Futures (Restricted): Office & Administrative Costs: Software	0.00		Admin										0.00							
153	Fairer Futures (Restricted): Office & Administrative Costs: Staff phone	0.00		Admin										0.00							
154	Fairer Futures (Restricted): Office & Administrative Costs: Stationery	0.00		Admin										0.00							
155	Fairer Futures (Restricted): Office & Administrative Costs: Virtual Land	0.00		Admin										0.00							
156	Fairer Futures (Restricted): Office & Administrative Costs: Volunteer	0.00		Staff Costs										0.00							
157	Fairer Futures (Restricted): Office & Administrative Costs: Website	0.00		Advertising				0.00						0.00							
158	Fairer Futures (Restricted): Office & Administrative Costs: Wellbeing C	0.00		Premises										0.00							
159	Fairer Futures (Restricted): Project costs: Refreshments	0.00		Activities										0.00							
160	Fairer Futures (Restricted): Project costs: Stationery	0.00		Activities										0.00							
161	Fairer Futures (Restricted): Staffing costs: CEO	0.00		Staff Costs										0.00							
162	Fairer Futures (Restricted): Staffing costs: Clinical Supervision	0.00		Staff Costs										0.00							
163	Fairer Futures (Restricted): Staffing costs: Data & Admin	0.00		Staff Costs										0.00							
164	Fairer Futures (Restricted): Staffing costs: EWP	0.00		Staff Costs										0.00							
165	Fairer Futures (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
166	Fairer Futures (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
167	Fairer Futures (Restricted): Staffing costs: Service Manager	0.00		Staff Costs										0.00							
168	Fairer Futures (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
169	Fairer Futures (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
170	Fairer Futures (Restricted): Staffing costs: Staff training inc. DBS & Sa	0.00		Staff Costs										0.00							
171	Fairer Futures (Restricted): Staffing costs: Volunteer Training inc. DB	0.00		Activities										0.00							
172	Fairer Futures (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
173	GJW Turner (Restricted): Office & Administrative Costs: Advertising	0.00		Advertising				0.00						0.00							
174	GJW Turner (Restricted): Office & Administrative Costs: Finance inc. at	5.20		Governance Costs				5.20						5.20							
175	GJW Turner (Restricted): Office & Administrative Costs: Hardware	0.00		Other Expenditure										0.00							
176	GJW Turner (Restricted): Office & Administrative Costs: Insurance	0.00		Governance Costs										0.00							
177	GJW Turner (Restricted): Office & Administrative Costs: Room Hire & V	0.00		Premises										0.00							
178	GJW Turner (Restricted): Office & Administrative Costs: Software	0.00		Admin										0.00							
179	GJW Turner (Restricted): Office & Administrative Costs: Staff phones	0.00		Admin										0.00							
180	GJW Turner (Restricted): Office & Administrative Costs: Stationery	0.00		Admin										0.00							
181	GJW Turner (Restricted): Office & Administrative Costs: Virtual Landlin	0.00		Admin										0.00							
182	GJW Turner (Restricted): Office & Administrative Costs: Volunteer pho	0.24		Admin						0.24				0.24							
183	GJW Turner (Restricted): Office & Administrative Costs: Website	0.00		Advertising				0.00						0.00							
184	GJW Turner (Restricted): Project costs: Materials	0.00		Activities										0.00							
185	GJW Turner (Restricted): Project costs: Refreshments	0.00		Activities										0.00							
186	GJW Turner (Restricted): Staffing costs: CEO	0.00		Staff Costs										0.00							
187	GJW Turner (Restricted): Staffing costs: Clinical Supervision	0.00		Staff Costs										0.00							
188	GJW Turner (Restricted): Staffing costs: Data & Admin	0.00		Staff Costs										0.00							
189	GJW Turner (Restricted): Staffing costs: EWP	0.00		Staff Costs										0.00							
190	GJW Turner (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
191	GJW Turner (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
192	GJW Turner (Restricted): Staffing costs: Service Manager	0.00		Staff Costs										0.00							
193	GJW Turner (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
1	TRIAL BALANCE AT 31 AUGUST 2025	Debit	Credit	Category Type	INCOME	Staff Costs	Governanc	Advertising	Admin	Other Expe	Premises	Activities	Total Expenditure	Staff payroll	Staff other	activities?					
194	GJW Turner (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
195	GJW Turner (Restricted): Staffing costs: Staff training inc. DBS & Safeg	0.00		Staff Costs										0.00							
196	GJW Turner (Restricted): Staffing costs: Volunteer Training inc. DBS &	0.00		Activities										0.00							
197	GJW Turner (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
198	General (Unrestricted): Office & Administrative Costs: Advertising	0.00		Advertising				0.00						0.00							
199	General (Unrestricted): Office & Administrative Costs: Insurance	0.00		Governance Costs			0.00							0.00							
200	General (Unrestricted): Office & Administrative Costs: Room Hire & W	36.00		Premises							36.00			36.00							
201	General (Unrestricted): Office & Administrative Costs: Software	0.00		Admin										0.00							
202	General (Unrestricted): Office & Administrative Costs: Staff phones	0.00		Admin										0.00							
203	General (Unrestricted): Office & Administrative Costs: Stationery	0.00		Admin										0.00							
204	General (Unrestricted): Office & Administrative Costs: Virtual Landline	0.00		Admin										0.00							
205	General (Unrestricted): Office & Administrative Costs: Volunteer hard	0.00		Fixed Asset Purchases										0.00							
206	General (Unrestricted): Office & Administrative Costs: Volunteer phon	0.00		Admin										0.00							
207	General (Unrestricted): Office & Administrative Costs: Website	0.00		Advertising					0.00					0.00							
208	General (Unrestricted): Project costs: Materials	71.58		Activities								71.58		71.58							
209	General (Unrestricted): Project costs: Office Renovation Project	5,204.80		Premises							5,204.80			5,204.80							
210	General (Unrestricted): Project costs: Refreshments	0.00		Activities										0.00							
211	General (Unrestricted): Staffing costs: CEO	0.00		Staff Costs										0.00							
212	General (Unrestricted): Staffing costs: Clinical Supervision	0.00		Staff Costs										0.00							
213	General (Unrestricted): Staffing costs: Data & Admin	0.00		Staff Costs										0.00							
214	General (Unrestricted): Staffing costs: EWP	0.00		Staff Costs										0.00							
215	General (Unrestricted): Staffing costs: Fundraiser	4,940.52		Staff Costs		4,940.52								4,940.52	4,940.52						
216	General (Unrestricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
217	General (Unrestricted): Staffing costs: Service Manager	0.00		Staff Costs										0.00							
218	General (Unrestricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
219	General (Unrestricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
220	General (Unrestricted): Staffing costs: Staff training inc. DBS & Safegu	486.00		Staff Costs		486.00								486.00		486.00 Gov? Admin?					
221	General (Unrestricted): Staffing costs: Volunteer Training inc. DBS &	0.00		Activities										0.00							
222	General (Unrestricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
223	George Henry Collins (Restricted): Office & Administrative Costs: Adve	2.64		Advertising					2.64					2.64							
224	George Henry Collins (Restricted): Office & Administrative Costs: Fina	0.00		Governance Costs										0.00							
225	George Henry Collins (Restricted): Office & Administrative Costs: Ins	0.00		Governance Costs										0.00							
226	George Henry Collins (Restricted): Office & Administrative Costs: Offi	0.00		Admin										0.00							
227	George Henry Collins (Restricted): Office & Administrative Costs: Roo	0.00		Premises										0.00							
228	George Henry Collins (Restricted): Office & Administrative Costs: Soft	2.76		Admin						2.76				2.76							
229	George Henry Collins (Restricted): Office & Administrative Costs: Staf	0.84		Admin						0.84				0.84							
230	George Henry Collins (Restricted): Office & Administrative Costs: Virtu	1.95		Admin						1.95				1.95							
231	George Henry Collins (Restricted): Office & Administrative Costs: Vol	1.01		Admin						1.01				1.01							
232	George Henry Collins (Restricted): Office & Administrative Costs: Web	1.69		Advertising					1.69					1.69							
233	George Henry Collins (Restricted): Project costs: Materials	0.00		Activities										0.00							
234	George Henry Collins (Restricted): Project costs: Refreshments	0.00		Activities										0.00							
235	George Henry Collins (Restricted): Staffing costs: CEO	50.28		Staff Costs		50.28								50.28	50.28						
236	George Henry Collins (Restricted): Staffing costs: Clinical Supervision	0.00		Staff Costs										0.00							
237	George Henry Collins (Restricted): Staffing costs: Data & Admin	15.48		Staff Costs		15.48								15.48		15.48 admin					
238	George Henry Collins (Restricted): Staffing costs: EWP	165.48		Staff Costs		165.48								165.48	165.48						
239	George Henry Collins (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
240	George Henry Collins (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
241	George Henry Collins (Restricted): Staffing costs: Service Manager	135.51		Staff Costs		135.51								135.51	135.51						
242	George Henry Collins (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
243	George Henry Collins (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
244	George Henry Collins (Restricted): Staffing costs: Staff training inc. D	0.00		Staff Costs										0.00							
245	George Henry Collins (Restricted): Staffing costs: Volunteer Training	0.00		Activities										0.00							
246	George Henry Collins (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
247	Harry Payne (Restricted): Office & Administrative Costs: Advertising	29.83		Advertising					29.83					29.83							
248	Harry Payne (Restricted): Office & Administrative Costs: Insurance	0.00		Governance Costs										0.00							
249	Harry Payne (Restricted): Office & Administrative Costs: Room Hire & \	36.33		Premises								36.33		36.33							
250	Harry Payne (Restricted): Office & Administrative Costs: Software	4.14		Admin						4.14				4.14							
251	Harry Payne (Restricted): Office & Administrative Costs: Staff phones	1.32		Admin						1.32				1.32							
252	Harry Payne (Restricted): Office & Administrative Costs: Stationery	0.00		Admin						0.00				0.00							
253	Harry Payne (Restricted): Office & Administrative Costs: Virtual Landli	2.90		Admin						2.90				2.90							
254	Harry Payne (Restricted): Office & Administrative Costs: Volunteer ph	1.61		Staff Costs		1.61								1.61		1.61 admin		SHOULD BE ADMIN NOT STAFF			
255	Harry Payne (Restricted): Office & Administrative Costs: Website	2.53		Advertising					2.53					2.53							
256	Harry Payne (Restricted): Project costs: Refreshments	0.00		Activities										0.00							
257	Harry Payne (Restricted): Project costs: Stationery	0.00		Activities										0.00							

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
1	TRIAL BALANCE AT 31 AUGUST 2025	Debit	Credit	Category Type	INCOME	Staff Costs	Governanc	Advertising	Admin	Other Expe	Premises	Activities	Total Expenditure	Staff payroll	Staff other	activities?					
258	Harry Payne (Restricted): Staffing costs: CEO	75.24		Staff Costs		75.24								75.24	75.24						
259	Harry Payne (Restricted): Staffing costs: Clinical Supervision	40.50		Staff Costs		40.50								40.50		40.50 activities	40.50				
260	Harry Payne (Restricted): Staffing costs: Data & Admin	23.16		Staff Costs		23.16								23.16	23.16 admin						
261	Harry Payne (Restricted): Staffing costs: EWP	247.68		Staff Costs		247.68								247.68	247.68						
262	Harry Payne (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
263	Harry Payne (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
264	Harry Payne (Restricted): Staffing costs: Service Manager	202.80		Staff Costs		202.80								202.80	202.80						
265	Harry Payne (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
266	Harry Payne (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
267	Harry Payne (Restricted): Staffing costs: Staff training inc. DBS & Safe	0.00		Staff Costs										0.00							
268	Harry Payne (Restricted): Staffing costs: Volunteer Training inc. DBS &	0.00		Activities										0.00							
269	Harry Payne (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
270	Henry James Sayer (Restricted): Office & Administrative Costs: Adverti	13.89		Advertising				13.89						13.89							
271	Henry James Sayer (Restricted): Office & Administrative Costs: Insura	0.00		Governance Costs										0.00							
272	Henry James Sayer (Restricted): Office & Administrative Costs: Room I	0.00		Premises										0.00							
273	Henry James Sayer (Restricted): Office & Administrative Costs: Softwa	1.92		Admin					1.92					1.92							
274	Henry James Sayer (Restricted): Office & Administrative Costs: Staff	0.60		Admin					0.60					0.60							
275	Henry James Sayer (Restricted): Office & Administrative Costs: Station	0.00		Admin										0.00							
276	Henry James Sayer (Restricted): Office & Administrative Costs: Virtual	1.35		Admin					1.35					1.35							
277	Henry James Sayer (Restricted): Office & Administrative Costs: Volun	0.00		Fixed Asset Purchases										0.00							
278	Henry James Sayer (Restricted): Office & Administrative Costs: Volun	0.71		Admin					0.71					0.71							
279	Henry James Sayer (Restricted): Office & Administrative Costs: Websit	0.37		Advertising				0.37						0.37							
280	Henry James Sayer (Restricted): Project costs: Office Renovation Proje	0.00		Premises										0.00							
281	Henry James Sayer (Restricted): Project costs: Refreshments	0.00		Activities										0.00							
282	Henry James Sayer (Restricted): Project costs: Stationery	0.00		Activities										0.00							
283	Henry James Sayer (Restricted): Staffing costs: CEO	35.07		Staff Costs		35.07								35.07	35.07						
284	Henry James Sayer (Restricted): Staffing costs: Clinical Supervision	0.00		Staff Costs										0.00							
285	Henry James Sayer (Restricted): Staffing costs: Data & Admin	10.77		Staff Costs		10.77								10.77	10.77 admin						
286	Henry James Sayer (Restricted): Staffing costs: EWP	115.41		Staff Costs		115.41			0.00					115.41	115.41						
287	Henry James Sayer (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
288	Henry James Sayer (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
289	Henry James Sayer (Restricted): Staffing costs: Service Manager	94.50		Staff Costs		94.50								94.50	94.50						
290	Henry James Sayer (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
291	Henry James Sayer (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
292	Henry James Sayer (Restricted): Staffing costs: Staff training inc. DBS	0.00		Staff Costs										0.00							
293	Henry James Sayer (Restricted): Staffing costs: Volunteer Training inc	0.00		Activities										0.00							
294	Henry James Sayer (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
295	Michael Marsh (Restricted): Office & Administrative Costs: Advertising	29.83		Advertising				29.83						29.83							
296	Michael Marsh (Restricted): Office & Administrative Costs: Finance inc	0.00		Admin										0.00							
297	Michael Marsh (Restricted): Office & Administrative Costs: Insurance	0.00		Governance Costs										0.00							
298	Michael Marsh (Restricted): Office & Administrative Costs: Room Hire	36.33		Premises							36.33			36.33							
299	Michael Marsh (Restricted): Office & Administrative Costs: Software	4.14		Admin					4.14					4.14							
300	Michael Marsh (Restricted): Office & Administrative Costs: Staff phone	1.32		Admin					1.32					1.32							
301	Michael Marsh (Restricted): Office & Administrative Costs: Stationery	0.00		Admin										0.00							
302	Michael Marsh (Restricted): Office & Administrative Costs: Virtual Lan	2.90		Admin					2.90					2.90							
303	Michael Marsh (Restricted): Office & Administrative Costs: Volunteer	1.61		Admin					1.61					1.61							
304	Michael Marsh (Restricted): Office & Administrative Costs: Website	2.53		Advertising				2.53						2.53							
305	Michael Marsh (Restricted): Project costs: Materials	0.00		Activities										0.00							
306	Michael Marsh (Restricted): Project costs: Refreshments	0.00		Activities										0.00							
307	Michael Marsh (Restricted): Staffing costs: CEO	75.24		Staff Costs		75.24								75.24	75.24						
308	Michael Marsh (Restricted): Staffing costs: Clinical Supervision	40.50		Staff Costs		40.50								40.50	40.50 activities						
309	Michael Marsh (Restricted): Staffing costs: Data & Admin	23.16		Staff Costs		23.16								23.16	23.16 admin						
310	Michael Marsh (Restricted): Staffing costs: EWP	247.68		Staff Costs		247.68								247.68	247.68						
311	Michael Marsh (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
312	Michael Marsh (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
313	Michael Marsh (Restricted): Staffing costs: Service Manager	202.80		Staff Costs		202.80								202.80	202.80						
314	Michael Marsh (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
315	Michael Marsh (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
316	Michael Marsh (Restricted): Staffing costs: Staff training inc. DBS & S	0.00		Staff Costs										0.00							
317	Michael Marsh (Restricted): Staffing costs: Volunteer Training inc. DB	0.00		Activities										0.00							
318	Michael Marsh (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
319	NNS - Older Adults (Restricted): Office & Administrative Costs: Adverti	19.84		Advertising				19.84						19.84							
320	NNS - Older Adults (Restricted): Office & Administrative Costs: Financ	153.00		Governance Costs			153.00							153.00							
321	NNS - Older Adults (Restricted): Office & Administrative Costs: Insura	0.00		Governance Costs										0.00							

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
1	TRIAL BALANCE AT 31 AUGUST 2025	Debit	Credit	Category Type	INCOME	Staff Costs	Governanc	Advertising	Admin	Other Expe	Premises	Activities	Total Expenditure	Staff payroll	Staff other	activities?					
322	NNS - Older Adults (Restricted): Office & Administrative Costs: Office	4.44		Admin					4.44					4.44							
323	NNS - Older Adults (Restricted): Office & Administrative Costs: Room I	785.00		Premises						785.00				785.00							
324	NNS - Older Adults (Restricted): Office & Administrative Costs: Softwa	215.44		Admin					215.44					215.44							
325	NNS - Older Adults (Restricted): Office & Administrative Costs: Staff	40.50		Admin					40.50					40.50							
326	NNS - Older Adults (Restricted): Office & Administrative Costs: Virtual	25.38		Admin					25.38					25.38							
327	NNS - Older Adults (Restricted): Office & Administrative Costs: Volun	81.50		Admin					81.50					81.50							
328	NNS - Older Adults (Restricted): Office & Administrative Costs: Websit	0.00		Advertising				0.00						0.00							
329	NNS - Older Adults (Restricted): Project costs: Materials	0.00		Activities										0.00							
330	NNS - Older Adults (Restricted): Project costs: Refreshments	0.00		Activities										0.00							
331	NNS - Older Adults (Restricted): Staffing costs: CEO	0.00		Staff Costs										0.00							
332	NNS - Older Adults (Restricted): Staffing costs: Clinical Supervision	236.67		Staff Costs		236.67								236.67		236.67					
333	NNS - Older Adults (Restricted): Staffing costs: Data & Admin	465.30		Staff Costs		465.30								465.30		465.30					
334	NNS - Older Adults (Restricted): Staffing costs: EWP	2,810.64		Staff Costs		2,810.64								2,810.64	2,810.64						
335	NNS - Older Adults (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
336	NNS - Older Adults (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
337	NNS - Older Adults (Restricted): Staffing costs: Service Manager	3,062.80		Staff Costs		3,062.80								3,062.80	3,062.80						
338	NNS - Older Adults (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
339	NNS - Older Adults (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
340	NNS - Older Adults (Restricted): Staffing costs: Staff training inc. DBS	60.00		Staff Costs		60.00								60.00		60.00					
341	NNS - Older Adults (Restricted): Staffing costs: Volunteer Training inc	84.30		Activities								84.30		84.30							
342	NNS - Older Adults (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
343	NNS- Younger Adults (Restricted): Office & Administrative Costs: Adve	19.84		Advertising				19.84						19.84							
344	NNS- Younger Adults (Restricted): Office & Administrative Costs: Finai	153.00		Admin					153.00					153.00							
345	NNS- Younger Adults (Restricted): Office & Administrative Costs: Insu	0.00		Governance Costs										0.00							
346	NNS- Younger Adults (Restricted): Office & Administrative Costs: Offic	4.44		Admin					4.44					4.44							
347	NNS- Younger Adults (Restricted): Office & Administrative Costs: Roor	785.00		Premises						785.00				785.00							
348	NNS- Younger Adults (Restricted): Office & Administrative Costs: Soft	215.42		Admin					215.42					215.42							
349	NNS- Younger Adults (Restricted): Office & Administrative Costs: Staf	40.50		Admin					40.50					40.50							
350	NNS- Younger Adults (Restricted): Office & Administrative Costs: Virtu	25.36		Admin					25.36					25.36							
351	NNS- Younger Adults (Restricted): Office & Administrative Costs: Vol	81.49		Admin					81.49					81.49							
352	NNS- Younger Adults (Restricted): Office & Administrative Costs: Web	0.00		Advertising				0.00						0.00							
353	NNS- Younger Adults (Restricted): Project costs: Materials	0.00		Activities										0.00							
354	NNS- Younger Adults (Restricted): Project costs: Refreshments	0.00		Activities										0.00							
355	NNS- Younger Adults (Restricted): Staffing costs: CEO	0.00		Staff Costs										0.00							
356	NNS- Younger Adults (Restricted): Staffing costs: Clinical Supervision	236.67		Staff Costs		236.67								236.67		236.67 activities					
357	NNS- Younger Adults (Restricted): Staffing costs: Data & Admin	465.32		Staff Costs		465.32								465.32		465.32 admin					
358	NNS- Younger Adults (Restricted): Staffing costs: EWP	2,810.64		Staff Costs		2,810.64								2,810.64	2,810.64						
359	NNS- Younger Adults (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
360	NNS- Younger Adults (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
361	NNS- Younger Adults (Restricted): Staffing costs: Service Manager	3,062.84		Staff Costs		3,062.84								3,062.84	3,062.84						
362	NNS- Younger Adults (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
363	NNS- Younger Adults (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
364	NNS- Younger Adults (Restricted): Staffing costs: Staff training inc. D	60.00		Staff Costs		60.00								60.00		60.00 Gov, admin					
365	NNS- Younger Adults (Restricted): Staffing costs: Volunteer Training i	84.30		Activities								84.30		84.30							
366	NNS- Younger Adults (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
367	National Lottery Community Hub- Drop In share (Restricted): Office &	144.22		Advertising				144.22						144.22							
368	National Lottery Community Hub- Drop In share (Restricted): Office &	0.00		Governance Costs										0.00							
369	National Lottery Community Hub- Drop In share (Restricted): Office &	0.00		Admin										0.00							
370	National Lottery Community Hub- Drop In share (Restricted): Office &	0.00		Premises										0.00							
371	National Lottery Community Hub- Drop In share (Restricted): Office &	0.00		Admin										0.00							
372	National Lottery Community Hub- Drop In share (Restricted): Office &	0.00		Admin										0.00							
373	National Lottery Community Hub- Drop In share (Restricted): Office &	19.41		Admin					19.41					19.41							
374	National Lottery Community Hub- Drop In share (Restricted): Office &	32.40		Admin					32.40					32.40							
375	National Lottery Community Hub- Drop In share (Restricted): Office &	0.00		Advertising				0.00						0.00							
376	National Lottery Community Hub- Drop In share (Restricted): Project	0.00		Activities										0.00							
377	National Lottery Community Hub- Drop In share (Restricted): Project c	0.00		Activities										0.00							
378	National Lottery Community Hub- Drop In share (Restricted): Staffing	0.00		Staff Costs										0.00							
379	National Lottery Community Hub- Drop In share (Restricted): Staffing i	100.00		Staff Costs		100.00								100.00		100.00 activities					
380	National Lottery Community Hub- Drop In share (Restricted): Staffing	0.00		Staff Costs										0.00							
381	National Lottery Community Hub- Drop In share (Restricted): Staffing	232.00		Staff Costs		232.00								232.00	232.00						
382	National Lottery Community Hub- Drop In share (Restricted): Staffing	0.00		Staff Costs										0.00							
383	National Lottery Community Hub- Drop In share (Restricted): Staffing i	0.00		Staff Costs										0.00							
384	National Lottery Community Hub- Drop In share (Restricted): Staffing	2,819.14		Staff Costs		2,819.14								2,819.14	2,819.14						
385	National Lottery Community Hub- Drop In share (Restricted): Staffing	0.00		Staff Costs										0.00							

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
1	TRIAL BALANCE AT 31 AUGUST 2025	Debit	Credit	Category Type	INCOME	Staff Costs	Governanc	Advertising	Admin	Other Expe	Premises	Activities	Total Expenditure	Staff payroll	Staff other	activities?					
386	National Lottery Community Hub- Drop In share (Restricted): Staffing	0.00		Staff Costs										0.00							
387	National Lottery Community Hub- Drop In share (Restricted): Staffing	0.00		Staff Costs										0.00							
388	National Lottery Community Hub- Drop In share (Restricted): Staffing	105.00		Activities								105.00	105.00								
389	National Lottery Community Hub- Drop In share (Restricted): Staffing	79.68		Staff Costs		79.68							79.68		79.68	activities					
390	National Lottery- AFA (Restricted): Office & Administrative Costs: Adve	0.00		Advertising					0.00				0.00								
391	National Lottery- AFA (Restricted): Office & Administrative Costs: Insu	0.00		Governance Costs									0.00								
392	National Lottery- AFA (Restricted): Office & Administrative Costs: Roo	0.00		Premises									0.00								
393	National Lottery- AFA (Restricted): Office & Administrative Costs: Soft	0.00		Admin									0.00								
394	National Lottery- AFA (Restricted): Office & Administrative Costs: Staf	0.00		Admin									0.00								
395	National Lottery- AFA (Restricted): Office & Administrative Costs: Stat	0.00		Admin									0.00								
396	National Lottery- AFA (Restricted): Office & Administrative Costs: Virtu	0.00		Admin									0.00								
397	National Lottery- AFA (Restricted): Office & Administrative Costs: Vol	0.00		Staff Costs									0.00								
398	National Lottery- AFA (Restricted): Office & Administrative Costs: Web	0.00		Advertising					0.00				0.00								
399	National Lottery- AFA (Restricted): Project costs: Refreshments	0.00		Activities									0.00								
400	National Lottery- AFA (Restricted): Project costs: Stationery	0.00		Activities									0.00								
401	National Lottery- AFA (Restricted): Staffing costs: CEO	7,861.69		Staff Costs		7,861.69							7,861.69	7,861.69							
402	National Lottery- AFA (Restricted): Staffing costs: Clinical Supervision	0.00		Staff Costs									0.00								
403	National Lottery- AFA (Restricted): Staffing costs: Data & Admin	116.33		Staff Costs		116.33							116.33		116.33	admin					
404	National Lottery- AFA (Restricted): Staffing costs: EWP	-420.75		Staff Costs		-420.75							-420.75	-420.75							
405	National Lottery- AFA (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs									0.00								
406	National Lottery- AFA (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs									0.00								
407	National Lottery- AFA (Restricted): Staffing costs: Service Manager	1,939.84		Staff Costs		1,939.84							1,939.84	1,939.84							
408	National Lottery- AFA (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs									0.00								
409	National Lottery- AFA (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs									0.00								
410	National Lottery- AFA (Restricted): Staffing costs: Staff training inc.	0.00		Staff Costs									0.00								
411	National Lottery- AFA (Restricted): Staffing costs: Volunteer Training	0.00		Activities									0.00								
412	National Lottery- AFA (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs									0.00								
413	Prevention & Communities (Restricted): Office & Administrative Costs	230.11		Advertising				230.11					230.11								
414	Prevention & Communities (Restricted): Office & Administrative Costs	638.23		Governance Costs		638.23							638.23								
415	Prevention & Communities (Restricted): Office & Administrative Costs	1,920.00		Premises							1,920.00		1,920.00								
416	Prevention & Communities (Restricted): Office & Administrative Costs	4.50		Admin						4.50			4.50								
417	Prevention & Communities (Restricted): Office & Administrative Costs	117.00		Admin						117.00			117.00								
418	Prevention & Communities (Restricted): Office & Administrative Costs	0.00		Admin									0.00								
419	Prevention & Communities (Restricted): Office & Administrative Costs	43.91		Admin						43.91			43.91								
420	Prevention & Communities (Restricted): Office & Administrative Costs	126.00		Staff Costs		126.00							126.00		126.00	admin	Should be	admin			
421	Prevention & Communities (Restricted): Office & Administrative Costs	0.00		Advertising				0.00					0.00								
422	Prevention & Communities (Restricted): Project costs: Materials	519.50		Activities								519.50	519.50								
423	Prevention & Communities (Restricted): Project costs: Refreshments	1,196.83		Activities								1,196.83	1,196.83								
424	Prevention & Communities (Restricted): Staffing costs: CEO	407.00		Staff Costs		407.00							407.00	407.00							
425	Prevention & Communities (Restricted): Staffing costs: Clinical Supen	471.80		Staff Costs		471.80							471.80		471.80	activities	471.80				
426	Prevention & Communities (Restricted): Staffing costs: Data & Admin	3,342.99		Staff Costs		3,342.99							3,342.99		3,342.99	admin					
427	Prevention & Communities (Restricted): Staffing costs: EWP	2,770.00		Staff Costs		2,770.00							2,770.00	2,770.00							
428	Prevention & Communities (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs									0.00								
429	Prevention & Communities (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs									0.00								
430	Prevention & Communities (Restricted): Staffing costs: Service Manag	4,934.00		Staff Costs		4,934.00							4,934.00	4,934.00							
431	Prevention & Communities (Restricted): Staffing costs: Sessional staff	300.00		Staff Costs		300.00							300.00		300.00	STAFF	TEMP STAFF - CONFIRM TREATMENT				
432	Prevention & Communities (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs									0.00								
433	Prevention & Communities (Restricted): Staffing costs: Staff recruitme	136.07		Staff Costs		136.07							136.07		136.07	admin					
434	Prevention & Communities (Restricted): Staffing costs: Staff training	0.00		Staff Costs									0.00								
435	Prevention & Communities (Restricted): Staffing costs: Volunteer Trai	209.87		Activities								209.87	209.87								
436	Prevention & Communities (Restricted): Staffing costs: Volunteer exp	193.22		Staff Costs		193.22							193.22		193.22	activities	193.22				
437	Rowlands (Designated): Office Renovation Project: Office Renovation I	5,000.00		Premises							5,000.00		5,000.00								
438	Warburton's (Restricted): Office & Administrative Costs: Advertising	0.00		Advertising					0.00				0.00								
439	Warburton's (Restricted): Office & Administrative Costs: Insurance	0.00		Governance Costs									0.00								
440	Warburton's (Restricted): Office & Administrative Costs: Room Hire &	0.00		Premises									0.00								
441	Warburton's (Restricted): Office & Administrative Costs: Software	0.00		Admin									0.00								
442	Warburton's (Restricted): Office & Administrative Costs: Staff phones	0.00		Admin									0.00								
443	Warburton's (Restricted): Office & Administrative Costs: Stationery	0.00		Admin									0.00								
444	Warburton's (Restricted): Office & Administrative Costs: Virtual Landli	0.00		Admin									0.00								
445	Warburton's (Restricted): Office & Administrative Costs: Volunteer ph	0.00		Staff Costs									0.00								
446	Warburton's (Restricted): Office & Administrative Costs: Website	0.00		Advertising					0.00				0.00								
447	Warburton's (Restricted): Project costs: Refreshments	0.00		Activities									0.00								
448	Warburton's (Restricted): Project costs: Stationery	0.00		Activities									0.00								
449	Warburton's (Restricted): Staffing costs: CEO	0.00		Staff Costs									0.00								

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U
1	TRIAL BALANCE AT 31 AUGUST 2025	Debit	Credit	Category Type	INCOME	Staff Costs	Governanc	Advertising	Admin	Other Expe	Premises	Activities	Total Expenditure	Staff payroll	Staff other	activities?					
450	Warburton's (Restricted): Staffing costs: Clinical Supervision	0.00		Staff Costs										0.00							
451	Warburton's (Restricted): Staffing costs: Data & Admin	0.00		Staff Costs										0.00							
452	Warburton's (Restricted): Staffing costs: EWP	0.00		Staff Costs										0.00							
453	Warburton's (Restricted): Staffing costs: Fundraiser	0.00		Staff Costs										0.00							
454	Warburton's (Restricted): Staffing costs: Payroll fees	0.00		Staff Costs										0.00							
455	Warburton's (Restricted): Staffing costs: Service Manager	400.00		Staff Costs			400.00							400.00	400.00						
456	Warburton's (Restricted): Staffing costs: Staff expenses	0.00		Staff Costs										0.00							
457	Warburton's (Restricted): Staffing costs: Staff recruitment	0.00		Staff Costs										0.00							
458	Warburton's (Restricted): Staffing costs: Staff training inc. DBS & Safe	0.00		Staff Costs										0.00							
459	Warburton's (Restricted): Staffing costs: Volunteer Training inc. DBS	0.00		Activities										0.00							
460	Warburton's (Restricted): Staffing costs: Volunteer expenses	0.00		Staff Costs										0.00							
461	Reserves	x	x											0.00							
462	Cumulative Total of Reserves up until end of last financial year	x	64,492.28											0.00							
463		115726.32	115726.32		51,234.04	66,840.81	1,552.43	749.31	1,844.57	2.45	15,240.80	2,286.28	88,516.65	58,763.57	8,077.24	839.98					
464	Reserves bf and cf	-27,209.67	-64,492.28																		
465	Exp/Income 2024-25	88,516.65	51,234.04																		
466				Filtered totals	51,234.04	66,840.81	1,552.43	749.31	1,844.57	2.45	15,240.80	2,286.28	88,516.65	58,763.57	8,077.24	66,840.81					
467													-900.00								
468													87,616.65								
469														-104.37	104.37						adjust difference, above
470														58,659.20	8,181.61	66,840.81					payroll = payroll totals
471														UR Note 4	-31,294.41	-1338.98					UR figures
472														R Note 4	27,364.79	6,842.63					66,840.81 Balance must be the R figures

Fund Movement Summary 2024-25 - report from system

Fund Name	Opening Balance	Income	Expenditure	Fund Transfers	Closing Balance
Unrestricted					
General (Unrestricted)	9,366	1,417	10,739	0	44
Total	9,366	1,417	10,739	0	44
Designated					
Rowlands (Designated)	0	5,000	5,000	0	0
Total	0	5,000	5,000	0	0
Unrestricted Total	9,366	6,417	15,739	0	44
Restricted					
National Lottery Community Hub- Drop In share (Restricted)	2,478	5,517	3,532	0	4,463
NNS - Older Adults (Restricted)	8,045	0	8,045	0	0
NNS- Younger Adults (Restricted)	8,045	0	8,045	0	0
Prevention & Communities (Restricted)	-1,783	25,000	17,561	0	5,656
Fairer Futures (Restricted)	-776	1,000	224	0	0
Benefact (Restricted)	9,410	0	7,529	0	1,882
Eveson (Restricted)	12,629	0	12,629	0	0
National Lottery- AFA (Restricted)	17,078	0	9,497	0	7,580
Michael Marsh (Restricted)	0	1,500	668	0	832
Harry Payne (Restricted)	0	1,500	668	0	832
Warburton's (Restricted)	0	400	400	0	0
Charles Plater Trust (Restricted)	0	5,000	2,410	0	2,590
George Henry Collins (Restricted)	0	1,000	378	0	622
Cole Charitable Trust (Restricted)	0	1,000	395	0	605
Henry James Sayer (Restricted)	0	700	275	0	425
Baron Davenport (Restricted)	0	1,200	517	0	683
GJW Turner (Restricted)	0	1,000	5	0	995
Total	55,126	44,817	72,778	0	27,166
Restricted Total	55,126	44,817	72,778	0	27,166
TOTAL	64,492	51,234	88,517	0	27,210

Sofa from system, with total calcs

This extract from the system is prior to tying up reserves to last year's treatment - see reserves note 5 for the UR/R split for the accounts

ROWLANDS funding of £5k transferred from UR to R on rows 5 and 12 - this was a grant towards the fitting out project, restricted for that purpose, per the CEO

RECEIPTS & PAYMENTS 2024-25	Unrestricted	Restricted	Total	Prior Year
Receipts				
Donations & Legacies	1,417.04	49,817.00	51,234.04	96,467.00
Charitable Activities	0.00	0.00	0.00	0.00
Investments	0.00	0.00	0.00	0.00
Trading Activities	0.00	0.00	0.00	0.00
Other	0.00	0.00	0.00	0.00
Total receipts	1,417.04	49,817.00	51,234.04	96,467.00
Payments				
Charitable Activities	10,738.90	76,225.32	86,964.22	31,974.72
Raising Funds	0.00	0.00	0.00	0.00
Governance Costs	0.00	1,552.43	1,552.43	0.00
Support	0.00	0.00	0.00	0.00
Other	0.00	0.00	0.00	0.00
Total payments	10,738.90	77,777.75	88,516.65	31,974.72
Net Receipts / Payments (before transfers)	-9,321.86	-27,960.75	-37,282.61	64,492.28
Fund Transfers In	0.00	0.00	0.00	0.00
Fund Transfers Out	0.00	0.00	0.00	0.00
Net Movement of Cash Funds	-9,321.86	-27,960.75	-37,282.61	64,492.28
Total Cash Funds Brought Forward	9,365.96	55,126.32	64,492.28	0.00
Total Cash Funds Carried Forward	44.10	27,165.57	27,209.67	64,492.28
Represented By				
General (Unrestricted)	44.10	0.00	44.10	9,365.96
National Lottery Community Hub- Drop In share (Restrict	0.00	4,463.35	4,463.35	2,478.20
NNS - Older Adults (Restricted)	0.00	0.00	0.00	8,044.81
NNS- Younger Adults (Restricted)	0.00	0.00	0.00	8,044.82
Prevention & Communities (Restricted)	0.00	5,656.09	5,656.09	-1,782.88
Fairer Futures (Restricted)	0.00	0.00	0.00	-776.00
Benefact (Restricted)	0.00	1,881.66	1,881.66	9,410.43
Eveson (Restricted)	0.00	0.00	0.00	12,629.40
National Lottery- AFA (Restricted)	0.00	7,580.43	7,580.43	17,077.54
Rowlands (Designated)	0.00	0.00	0.00	0.00
Michael Marsh (Restricted)	0.00	831.96	831.96	0.00
Harry Payne (Restricted)	0.00	831.96	831.96	0.00
Warburton's (Restricted)	0.00	0.00	0.00	0.00
Charles Plater Trust (Restricted)	0.00	2,589.55	2,589.55	0.00
George Henry Collins (Restricted)	0.00	622.36	622.36	0.00
Cole Charitable Trust (Restricted)	0.00	605.09	605.09	0.00
Henry James Sayer (Restricted)	0.00	425.41	425.41	0.00
Baron Davenport (Restricted)	0.00	683.15	683.15	0.00
GJW Turner (Restricted)	0.00	994.56	994.56	0.00
	44.10	27,165.57	27,209.67	64,492.28

£5,210 of UR funds spent on fitting out project as well as £5k grant from Rowlands.

2024-25 Restricted exp is shown as £900 less, due to the £900 being accrued at 2024 year end. £900 also deducted from reserves bfwd to agree to 2024 accounts.

RECEIPTS & PAYMENTS 2024-25	Unrestricted	Restricted	Total	Prior Year
Receipts				
Donations & Legacies	6,417.04	44,817.00	51,234.04	96,467.00
Charitable Activities	0.00	0.00	0.00	0.00
Investments	0.00	0.00	0.00	0.00
Trading Activities	0.00	0.00	0.00	0.00
Other	0.00	0.00	0.00	0.00
Total receipts	6,417.04	44,817.00	51,234.04	96,467.00
Payments				
Charitable Activities	15,738.90	71,225.32	86,964.22	31,974.72
Raising Funds	0.00	0.00	0.00	0.00
Governance Costs	0.00	1,552.43	1,552.43	0.00
Support	0.00	0.00	0.00	0.00
Other	0.00	0.00	0.00	0.00
Total payments	15,738.90	72,777.75	88,516.65	31,974.72
Net Receipts / Payments (before transfers)	-9,321.86	-27,960.75	-37,282.61	64,492.28
Fund Transfers In	0.00	0.00	0.00	0.00
Fund Transfers Out	0.00	0.00	0.00	0.00
Net Movement of Cash Funds	-9,321.86	-27,960.75	-37,282.61	64,492.28
Total Cash Funds Brought Forward	9,365.96	55,126.32	64,492.28	0.00
Total Cash Funds Carried Forward	44.10	27,165.57	27,209.67	64,492.28
Represented By				
General (Unrestricted)	44.10	0.00	44.10	9,365.96
National Lottery Community Hub- Drop In share (Restrict	0.00	4,463.35	4,463.35	2,478.20
NNS - Older Adults (Restricted)	0.00	0.00	0.00	8,044.81
NNS- Younger Adults (Restricted)	0.00	0.00	0.00	8,044.82
Prevention & Communities (Restricted)	0.00	5,656.09	5,656.09	-1,782.88
Fairer Futures (Restricted)	0.00	0.00	0.00	-776.00
Benefact (Restricted)	0.00	1,881.66	1,881.66	9,410.43
Eveson (Restricted)	0.00	0.00	0.00	12,629.40
National Lottery- AFA (Restricted)	0.00	7,580.43	7,580.43	17,077.54
Rowlands (Designated)	0.00	0.00	0.00	0.00
Michael Marsh (Restricted)	0.00	831.96	831.96	0.00
Harry Payne (Restricted)	0.00	831.96	831.96	0.00
Warburton's (Restricted)	0.00	0.00	0.00	0.00
Charles Plater Trust (Restricted)	0.00	2,589.55	2,589.55	0.00
George Henry Collins (Restricted)	0.00	622.36	622.36	0.00
Cole Charitable Trust (Restricted)	0.00	605.09	605.09	0.00
Henry James Sayer (Restricted)	0.00	425.41	425.41	0.00
Baron Davenport (Restricted)	0.00	683.15	683.15	0.00
GJW Turner (Restricted)	0.00	994.56	994.56	0.00
	44.10	27,165.57	27,209.67	64,492.28

UNRESTRICTED INCOME AND EXPENDITURE 2024-25 - download

INCOME

Date	Submitter	Category
9/25/2024		Donations: Donations
1/29/2025		Donations: Donations
2/25/2025		Donations: Donations
4/2/2025		Donations: Donations
7/4/2025		Donations: Donations

EXPENDITURE

Date	Submitter	Category
9/17/2024	Lyndsey Sin	Staffing costs: Staff training inc. DBS & Safeguarding
9/30/2024	Lyndsey Sin	Staffing costs: Fundraiser
11/5/2024	Lyndsey Sin	Staffing costs: Fundraiser
11/28/2024	Lyndsey Sin	Office & Administrative Costs: Room Hire & Wellbeing office
12/2/2024	Lyndsey Sin	Staffing costs: Fundraiser
12/17/2024	Lyndsey Sin	Project costs: Office Renovation Project
12/23/2024	Lyndsey Sin	Staffing costs: Fundraiser
2/3/2025	Lyndsey Sin	Staffing costs: Fundraiser
2/28/2025	Lyndsey Sin	Staffing costs: Staff training inc. DBS & Safeguarding
3/3/2025	Lyndsey Sin	Staffing costs: Fundraiser
3/24/2025	Lyndsey Sin	Staffing costs: Fundraiser
4/29/2025	Lyndsey Sin	Project costs: Materials
4/29/2025	Lyndsey Sin	Project costs: Materials
4/30/2025	Lyndsey Sin	Project costs: Materials
5/1/2025	Lyndsey Sin	Staffing costs: Fundraiser
5/1/2025	Lyndsey Sin	Project costs: Materials
5/15/2025	Lyndsey Sin	Staffing costs: Staff training inc. DBS & Safeguarding
5/21/2025	Lyndsey Sin	Project costs: Materials
6/2/2025	Lyndsey Sin	Staffing costs: Fundraiser
8/11/2025	Lyndsey Sin	Staffing costs: Staff training inc. DBS & Safeguarding

Report: ie-transactions-by-fund-for-9-a

Description	Payee	Amount £
Donation from St Barnabas Church		1,234.93
Paypal test		0.01
Donation from Breathe HR quarterly repayment		44.75
Gateway Family Services CIC - St Germain's Workshop (#G00002)		50.00
Karis Neighbour Scheme - Men's space purchases (#K00003)		87.35
		<hr/>
		1,417.04

Description	Payee	Amount £
Staff away day	Community for Reconciliation	20.00
Sep-24	Rachel Parkinson	600.00
Oct 2024 Fundraising	Rachel Parkinson	540.00
Light & bulbs for office	Lyndsey Sinclair-Fallis	36.00
Nov-24	Rachel Parkinson	720.00
Office renovation 2024 - also a £5k grant from Rowlands	Evolve Shopfitting Ltd	5,204.80
Dec-24	Rachel Parkinson	345.30
January 2025 invoice	Rachel Parkinson	624.00
Therapeutic gardening training course	Thrive	120.00
Feb-25	Rachel Parkinson	540.00
Mar-25	Rachel Parkinson	720.00
Items for Karis	Amazon	27.91
Karis gardening project	Amazon	24.20
Karis gardening project	Amazon	3.47
Apr-25	Rachel Parkinson	251.22
Karis gardening project	Amazon	9.25
Finance training course	Directory of Social Change	250.00
Seeds for Karis	Sainsbury's	6.75
Jun-25	Rachel Parkinson	600.00
50% BACP contribution	Mica Gray	96.00
		<hr/>
		10,738.90

Activities and Events	Admin Expenses	Advertising and Publicity	Rent and Rates	Staff Costs	Total
				20.00	20.00
				600.00	600.00
				540.00	540.00
	36.00				36.00
				720.00	720.00
			5,204.80		5,204.80
				345.30	345.30
				624.00	624.00
				120.00	120.00
				540.00	540.00
				720.00	720.00
27.91					27.91
24.20					24.20
3.47					3.47
				251.22	251.22
9.25					9.25
				250.00	250.00
6.75					6.75
				600.00	600.00
				96.00	96.00
<hr/> 71.58	<hr/> 36	<hr/> 0	<hr/> 5204.8	<hr/> 5426.52	<hr/> 10,738.90

DESIGNATED' FUNDS 2024-25

The Rowlands (designated) fund provided £5000 - confirmed with CEO that it was in the nature of a restricted grant for the offi

This was spent on the office improvements

Supplier was Evolve, invoice 3288 posted 29.10.24

Total cost £10,304.80. The balance was paid from general UR funds.

Normally, this would be capitalised, if for their own building

In this non-going concern situation, it is appropriate to expense the improvements

Technically, the improvements could be capitalised and then shown as written down/off

RESTRICTED INCOME 2024-25

Date	Fund
3/21/2025	National Lottery Community Hub- Drop In share (Restricted)
9/25/2024	Prevention & Communities (Restricted)
11/18/2024	Prevention & Communities (Restricted)
2/4/2025	Prevention & Communities (Restricted)
5/20/2025	Prevention & Communities (Restricted)
8/12/2025	Prevention & Communities (Restricted)
9/25/2024	Fairer Futures (Restricted)
12/13/2024	Michael Marsh (Restricted)
1/10/2025	Harry Payne (Restricted)
1/16/2025	Warburton's (Restricted)
2/4/2025	Charles Plater Trust (Restricted)
4/14/2025	George Henry Collins (Restricted)
5/29/2025	Cole Charitable Trust (Restricted)
5/9/2025	Henry James Sayer (Restricted)
6/5/2025	Baron Davenport (Restricted)
7/29/2025	GJW Turner (Restricted)

Category

Grants- restricted: National Lottery Community Hub- Drop In share

Grants- restricted: Prevention & Communities

Grants- restricted: Prevention & Communities

Grants- restricted: Prevention & Communities

Grants- restricted: Prevention & Communities

Grants- restricted: Prevention & Communities

Grants- restricted: Fairer Futures grant

Grants- restricted: Michael Marsh

Grants- restricted: Harry Payne

Grants- restricted: Warburtons

Grants- restricted: Charles Plater Trust

Grants- restricted: George Henry Collins

Cole Charitable Trust: Cole Charitable Trust

Henry James Sayer: Henry James Sayer

Baron Davenport: Baron Davenport

Grants- restricted: GJW Turner

Description	Amount £	
St Germain's PCC - National Lottery balance (#S00001)	5,517.00	
July-Sept 2024	5,000.00	Five quarterly receipts
Oct-Dec 2024	5,000.00	
Jan-Mar P&C	5,000.00	
P&C payment April	5,000.00	
Y2 Q4	5,000.00	
Balance due from June 2024	1,000.00	Not shown as a debt
Michael Marsh	1,500.00	
Harry Payne	1,500.00	
Warburtons	400.00	
Charles Plater Trust	5,000.00	
George Henry Collins	1,000.00	
Cole Charitable Trust	1,000.00	
Henry James Sayer	700.00	
Baron Davenport	1,200.00	
GJW Turner	1,000.00	
	<hr/>	
	44,817.00	

; in 24-25

r in 2024 accounts - include in 24=25 receipts

RESTRICTED EXPENDITURE 2024-24 - CHARITABLE ACTIVITIES

Date	Fund
6/5/2025	National Lottery Community Hub- Drop In share (Restricted)
7/10/2025	National Lottery Community Hub- Drop In share (Restricted)
7/7/2025	National Lottery Community Hub- Drop In share (Restricted)
7/8/2025	National Lottery Community Hub- Drop In share (Restricted)
5/13/2025	National Lottery Community Hub- Drop In share (Restricted)
5/13/2025	National Lottery Community Hub- Drop In share (Restricted)
5/14/2025	National Lottery Community Hub- Drop In share (Restricted)
6/6/2025	National Lottery Community Hub- Drop In share (Restricted)
6/12/2025	National Lottery Community Hub- Drop In share (Restricted)
6/12/2025	National Lottery Community Hub- Drop In share (Restricted)
6/16/2025	National Lottery Community Hub- Drop In share (Restricted)
7/8/2025	National Lottery Community Hub- Drop In share (Restricted)
7/14/2025	National Lottery Community Hub- Drop In share (Restricted)
7/14/2025	National Lottery Community Hub- Drop In share (Restricted)
7/15/2025	National Lottery Community Hub- Drop In share (Restricted)
8/6/2025	National Lottery Community Hub- Drop In share (Restricted)
8/12/2025	National Lottery Community Hub- Drop In share (Restricted)
8/12/2025	National Lottery Community Hub- Drop In share (Restricted)
8/14/2025	National Lottery Community Hub- Drop In share (Restricted)
7/15/2025	National Lottery Community Hub- Drop In share (Restricted)
9/30/2024	National Lottery Community Hub- Drop In share (Restricted)
10/31/2024	National Lottery Community Hub- Drop In share (Restricted)
11/29/2024	National Lottery Community Hub- Drop In share (Restricted)
12/31/2024	National Lottery Community Hub- Drop In share (Restricted)
1/31/2025	National Lottery Community Hub- Drop In share (Restricted)
2/28/2025	National Lottery Community Hub- Drop In share (Restricted)
3/31/2025	National Lottery Community Hub- Drop In share (Restricted)
4/30/2025	National Lottery Community Hub- Drop In share (Restricted)
5/30/2025	National Lottery Community Hub- Drop In share (Restricted)
6/30/2025	National Lottery Community Hub- Drop In share (Restricted)
7/31/2025	National Lottery Community Hub- Drop In share (Restricted)
8/29/2025	National Lottery Community Hub- Drop In share (Restricted)
12/23/2024	National Lottery Community Hub- Drop In share (Restricted)
3/3/2025	National Lottery Community Hub- Drop In share (Restricted)
5/22/2025	National Lottery Community Hub- Drop In share (Restricted)
10/31/2024	National Lottery Community Hub- Drop In share (Restricted)
11/28/2024	National Lottery Community Hub- Drop In share (Restricted)
3/5/2025	National Lottery Community Hub- Drop In share (Restricted)
11/7/2024	NNS - Older Adults (Restricted)
2/12/2025	NNS - Older Adults (Restricted)
11/21/2024	NNS - Older Adults (Restricted)
4/23/2025	NNS - Older Adults (Restricted)
11/11/2024	NNS - Older Adults (Restricted)
11/21/2024	NNS - Older Adults (Restricted)
12/10/2024	NNS - Older Adults (Restricted)
1/10/2025	NNS - Older Adults (Restricted)

2/10/2025 NNS - Older Adults (Restricted)
3/10/2025 NNS - Older Adults (Restricted)
4/10/2025 NNS - Older Adults (Restricted)
5/12/2025 NNS - Older Adults (Restricted)
9/3/2024 NNS - Older Adults (Restricted)
9/6/2024 NNS - Older Adults (Restricted)
9/12/2024 NNS - Older Adults (Restricted)
9/12/2024 NNS - Older Adults (Restricted)
10/2/2024 NNS - Older Adults (Restricted)
10/8/2024 NNS - Older Adults (Restricted)
10/14/2024 NNS - Older Adults (Restricted)
10/14/2024 NNS - Older Adults (Restricted)
11/4/2024 NNS - Older Adults (Restricted)
11/6/2024 NNS - Older Adults (Restricted)
11/12/2024 NNS - Older Adults (Restricted)
11/12/2024 NNS - Older Adults (Restricted)
12/3/2024 NNS - Older Adults (Restricted)
12/6/2024 NNS - Older Adults (Restricted)
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Category	Description
Office & Administrative Costs: Advertising	Leaflets
Office & Administrative Costs: Advertising	Website
Office & Administrative Costs: Virtual Landline	New VOIP
Office & Administrative Costs: Virtual Landline	Phone number porting
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jul-25
Office & Administrative Costs: Volunteer phones	Jul-25
Office & Administrative Costs: Volunteer phones	Jul-25
Office & Administrative Costs: Volunteer phones	Jul-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Staffing costs: Clinical Supervision	Apr-Jul supervision
Staffing costs: EWP	EWP Sept 2024
Staffing costs: Service Manager	Service Manager Oct 2024
Staffing costs: Service Manager	Service Manager Nov 2024
Staffing costs: Service Manager	Service Manager Dec 2024
Staffing costs: Service Manager	Service Manager Jan 2025
Staffing costs: Service Manager	Service Manager- Feb 2025
Staffing costs: Service Manager	Service Manager- Mar 2025
Staffing costs: Service Manager	Service Manager-Apr 2025
Staffing costs: Service Manager	Service Manager-May 2025
Staffing costs: Service Manager	Service Manager-Apr 2025
Staffing costs: Service Manager	Service Manager-July 2025
Staffing costs: Service Manager	Service Manager-Aug 2025
Staffing costs: Volunteer expenses	Sept-Dec 2024 travel
Staffing costs: Volunteer expenses	Alin training
Staffing costs: Volunteer expenses	Jan-Mar 2025
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Safeguarding
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Laptop for volunteer use
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Volunteer safeguarding
Office & Administrative Costs: Advertising	1:1s Older Adults flyers
Office & Administrative Costs: Office Supplies	Laptop bag
Office & Administrative Costs: Room Hire & Wellbeing office	Jul-Dec 2024
Office & Administrative Costs: Room Hire & Wellbeing office	Jan-June 2025
Office & Administrative Costs: Software	Nov-24
Office & Administrative Costs: Software	CharityLog Jun-Oct 2024
Office & Administrative Costs: Software	Dec-24
Office & Administrative Costs: Software	Jan-25

Office & Administrative Costs: Volunteer phones	Dec-24
Office & Administrative Costs: Volunteer phones	Dec-24
Office & Administrative Costs: Volunteer phones	Volunteer phone
Office & Administrative Costs: Volunteer phones	Jan-25
Office & Administrative Costs: Volunteer phones	Jan-25
Office & Administrative Costs: Volunteer phones	Jan-25
Office & Administrative Costs: Volunteer phones	Case cover
Office & Administrative Costs: Volunteer phones	Feb-25
Office & Administrative Costs: Volunteer phones	Feb-25
Office & Administrative Costs: Volunteer phones	Feb-25
Office & Administrative Costs: Volunteer phones	Feb-25
Office & Administrative Costs: Volunteer phones	Mar-25
Office & Administrative Costs: Volunteer phones	Mar-25
Office & Administrative Costs: Volunteer phones	Mar-25
Office & Administrative Costs: Volunteer phones	Mar-25
Office & Administrative Costs: Volunteer phones	Apr-25
Office & Administrative Costs: Volunteer phones	Apr-25
Office & Administrative Costs: Volunteer phones	Apr-25
Office & Administrative Costs: Volunteer phones	Apr-25
Office & Administrative Costs: Volunteer phones	Apr-25
Office & Administrative Costs: Volunteer phones	May-25
Staffing costs: Clinical Supervision	Dec-24
Staffing costs: Clinical Supervision	Mar-25
Staffing costs: Data & Admin	Data & Admin-Oct 2024
Staffing costs: Data & Admin	Data & Admin-Nov 2024
Staffing costs: Data & Admin	Data & Admin-Dec 2024
Staffing costs: Data & Admin	Data & Admin- Jan 2025
Staffing costs: Data & Admin	Data & Admin Feb 2025
Staffing costs: Data & Admin	Data & Admin Mar 2025
Staffing costs: Data & Admin	Data & Admin Apr 2025
Staffing costs: Data & Admin	Data & Admin May 2025
Staffing costs: EWP	EWP- Sept 2024
Staffing costs: EWP	EWP- Feb 2025
Staffing costs: EWP	EWP- Mar 2025
Staffing costs: EWP	EWP- Apr 2025
Staffing costs: EWP	EWP- May 2025
Staffing costs: Service Manager	Service Manager- Oct 2024
Staffing costs: Service Manager	Service Manager- Nov 2024
Staffing costs: Service Manager	Service Manager Dec 2024
Staffing costs: Service Manager	Service Manager Jan 2025
Staffing costs: Service Manager	Service Manager- Feb 2025
Staffing costs: Service Manager	Service Manager- Mar 2025
Staffing costs: Service Manager	Service Manager-Apr 2025
Staffing costs: Service Manager	Service Manager-May 2025
Staffing costs: Staff training inc. DBS & Safeguarding	Safeguarding
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Laptop for volunteer use
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Training for new volunteer
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Janet training
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Janet training

Staffing costs: Volunteer Training inc. DBS & Safeguarding	Audrey Jan-Mar training
Office & Administrative Costs: Advertising	1;1s Younger Adult flyers
Office & Administrative Costs: Finance inc. audit	Sep-24
Office & Administrative Costs: Finance inc. audit	Training
Office & Administrative Costs: Finance inc. audit	Oct-24
Office & Administrative Costs: Finance inc. audit	Nov 2024
Office & Administrative Costs: Finance inc. audit	Dec-24
Office & Administrative Costs: Finance inc. audit	Jan-25
Office & Administrative Costs: Finance inc. audit	Feb-25
Office & Administrative Costs: Finance inc. audit	Mar-25
Office & Administrative Costs: Finance inc. audit	Accounts 2024
Office & Administrative Costs: Finance inc. audit	Apr-25
Office & Administrative Costs: Finance inc. audit	May-25
Office & Administrative Costs: Office Supplies	Laptop bag
Office & Administrative Costs: Room Hire & Wellbeing office	Jul-Dec 2024
Office & Administrative Costs: Room Hire & Wellbeing office	Jan-June 2025
Office & Administrative Costs: Software	Nov-24
Office & Administrative Costs: Software	CharityLog Jun-Oct 2024
Office & Administrative Costs: Software	Dec-24
Office & Administrative Costs: Software	Jan-25
Office & Administrative Costs: Software	Feb-25
Office & Administrative Costs: Software	Mar-25
Office & Administrative Costs: Software	Apr-25
Office & Administrative Costs: Software	May-25
Office & Administrative Costs: Staff phones	Sep-24
Office & Administrative Costs: Staff phones	Sep-24
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Office & Administrative Costs: Staff phones	Mar-25

Office & Administrative Costs: Staff phones	Apr-25
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Office & Administrative Costs: Staff phones	Apr-25
Office & Administrative Costs: Virtual Landline	Landline- Sept 2024
Office & Administrative Costs: Virtual Landline	Landline- Oct 2024
Office & Administrative Costs: Virtual Landline	Landline- Nov 2024
Office & Administrative Costs: Virtual Landline	Landline- Dec 2024
Office & Administrative Costs: Virtual Landline	Landline- Jan 2025
Office & Administrative Costs: Virtual Landline	Landline- Feb 2025
Office & Administrative Costs: Virtual Landline	Landline- Mar 2025
Office & Administrative Costs: Virtual Landline	Landline- Apr 2025
Office & Administrative Costs: Volunteer phones	Sep-24
Office & Administrative Costs: Volunteer phones	Sep-24
Office & Administrative Costs: Volunteer phones	Oct-24
Office & Administrative Costs: Volunteer phones	Nov-24
Office & Administrative Costs: Volunteer phones	Nov-24
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Office & Administrative Costs: Volunteer phones	Feb-25
Office & Administrative Costs: Volunteer phones	Feb-25
Office & Administrative Costs: Volunteer phones	Feb-25
Office & Administrative Costs: Volunteer phones	Feb-25
Office & Administrative Costs: Volunteer phones	Mar-25
Office & Administrative Costs: Volunteer phones	Mar-25
Office & Administrative Costs: Volunteer phones	Mar-25
Office & Administrative Costs: Volunteer phones	Mar-25
Office & Administrative Costs: Volunteer phones	Apr-25
Office & Administrative Costs: Volunteer phones	Apr-25
Office & Administrative Costs: Volunteer phones	Apr-25
Office & Administrative Costs: Volunteer phones	Apr-25
Office & Administrative Costs: Volunteer phones	May-25
Staffing costs: Clinical Supervision	Dec-24
Staffing costs: Clinical Supervision	Mar-25
Staffing costs: Data & Admin	Data & Admin-Oct 2024
Staffing costs: Data & Admin	Data & Admin-Nov 2024
Staffing costs: Data & Admin	Data & Admin-Dec 2024
Staffing costs: Data & Admin	Data & Admin- Jan 2025
Staffing costs: Data & Admin	Data & Admin Feb 2025
Staffing costs: Data & Admin	Data & Admin Mar 2025

Staffing costs: Data & Admin	Data & Admin Apr 2025
Staffing costs: Data & Admin	Data & Admin May 2025
Staffing costs: EWP	EWP-Sept 2024
Staffing costs: EWP	EWP- Feb 2025
Staffing costs: EWP	EWP- Mar 2025
Staffing costs: EWP	EWP- Apr 2025
Staffing costs: EWP	EWP- May 2025
Staffing costs: Service Manager	Service Manager- Oct 2024
Staffing costs: Service Manager	Service Manager- Nov 2024
Staffing costs: Service Manager	Service Manager Dec 2024
Staffing costs: Service Manager	Service Manager Jan 2025
Staffing costs: Service Manager	Service Manager- Feb 2025
Staffing costs: Service Manager	Service Manager- Mar 2025
Staffing costs: Service Manager	Service Manager- Apr 2025
Staffing costs: Service Manager	Service Manager- May 2025
Staffing costs: Staff training inc. DBS & Safeguarding	Safeguarding
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Laptop for volunteer use
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Training for new volunteer
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Janet training
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Audrey Jan-Mar training
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Janet training
Office & Administrative Costs: Advertising	Leaflets for Nov-Dec workshop
Office & Administrative Costs: Advertising	Bluetac for workshop posters
Office & Administrative Costs: Advertising	Wellbeing workshops
Office & Administrative Costs: Advertising	Parking for workshop advertisi
Office & Administrative Costs: Advertising	Advertising
Office & Administrative Costs: Advertising	Community event
Office & Administrative Costs: Advertising	Leaflets
Office & Administrative Costs: Advertising	Leaflets
Office & Administrative Costs: Advertising	Website
Office & Administrative Costs: Room Hire & Wellbeing office	Jul-Dec 2024
Office & Administrative Costs: Room Hire & Wellbeing office	Jan-June 2025
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Staff phones	Sep-24
Office & Administrative Costs: Staff phones	Sep-24
Office & Administrative Costs: Staff phones	Sep-24
Office & Administrative Costs: Staff phones	Sep-24
Office & Administrative Costs: Staff phones	Oct-24
Office & Administrative Costs: Staff phones	Oct-24
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Office & Administrative Costs: Staff phones	Oct-24
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Office & Administrative Costs: Staff phones	Nov-24
Office & Administrative Costs: Staff phones	Dec-24

Office & Administrative Costs: Staff phones	Dec-24
Office & Administrative Costs: Staff phones	Dec-24
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Office & Administrative Costs: Staff phones	Dec-24
Office & Administrative Costs: Staff phones	Jan-25
Office & Administrative Costs: Staff phones	Feb-25
Office & Administrative Costs: Staff phones	Feb-25
Office & Administrative Costs: Staff phones	Feb-25
Office & Administrative Costs: Staff phones	Mar-25
Office & Administrative Costs: Staff phones	Mar-25
Office & Administrative Costs: Staff phones	Mar-25
Office & Administrative Costs: Staff phones	Mar-25
Office & Administrative Costs: Staff phones	Apr-25
Office & Administrative Costs: Staff phones	Apr-25
Office & Administrative Costs: Staff phones	Apr-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jun-25
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Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Virtual Landline	Landline- Sept 2024
Office & Administrative Costs: Virtual Landline	Landline- Oct 2024
Office & Administrative Costs: Virtual Landline	Landline- Nov 2024
Office & Administrative Costs: Virtual Landline	Landline- Dec 2024
Office & Administrative Costs: Virtual Landline	Landline- Jan 2025
Office & Administrative Costs: Virtual Landline	Landline- Feb 2025
Office & Administrative Costs: Virtual Landline	Landline- Mar 2025
Office & Administrative Costs: Virtual Landline	Landline- Apr 2025
Office & Administrative Costs: Virtual Landline	Landline- May 2025
Office & Administrative Costs: Virtual Landline	Landline- June 2025
Office & Administrative Costs: Virtual Landline	New VOIP provider
Office & Administrative Costs: Virtual Landline	Phone number porting
Office & Administrative Costs: Virtual Landline	Landline- July 2025
Office & Administrative Costs: Volunteer phones	Sep-24
Office & Administrative Costs: Volunteer phones	Sep-24
Office & Administrative Costs: Volunteer phones	Oct-24
Office & Administrative Costs: Volunteer phones	Nov-24
Office & Administrative Costs: Volunteer phones	Nov-24
Office & Administrative Costs: Volunteer phones	Nov-24
Office & Administrative Costs: Volunteer phones	Dec-24
Office & Administrative Costs: Volunteer phones	Nov-24
Office & Administrative Costs: Volunteer phones	Dec-24

Office & Administrative Costs: Volunteer phones	Dec-24
Office & Administrative Costs: Volunteer phones	Dec-24
Office & Administrative Costs: Volunteer phones	Jan-25
Office & Administrative Costs: Volunteer phones	Jan-25
Office & Administrative Costs: Volunteer phones	Jan-25
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Office & Administrative Costs: Volunteer phones	Apr-25
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Office & Administrative Costs: Volunteer phones	May-25
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Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Project costs: Materials	Workshop materials
Project costs: Materials	Workshops Nov-Dec 2024
Project costs: Materials	Book
Project costs: Materials	Staples Refund
Project costs: Materials	Tablecloths
Project costs: Materials	Workshop supplies
Project costs: Materials	For painting workshop
Project costs: Materials	Unknown (please update)
Project costs: Materials	First Aid kit
Project costs: Materials	Gardening supplies
Project costs: Materials	Mindful gardening
Project costs: Materials	Compost
Project costs: Materials	Seeds
Project costs: Materials	Paint materials for stones
Project costs: Materials	Raised planter

Project costs: Materials	Plants1
Project costs: Materials	Plants
Project costs: Materials	Plants
Project costs: Materials	Clay
Project costs: Refreshments	Workshops Nov-Dec 2024
Project costs: Refreshments	25/11/24 milk P&C mindfulness
Project costs: Refreshments	Milk 4 11 24 P&C workshops
Project costs: Refreshments	Milk 11/11/24 P&C workshops
Project costs: Refreshments	Food for Nov-Dec 24 Mindfuln
Project costs: Refreshments	Milk
Project costs: Refreshments	Milk and drinks 170325
Project costs: Refreshments	Jan-Mar workshops
Project costs: Refreshments	Milk
Project costs: Refreshments	Refreshments
Project costs: Refreshments	Workshops Q3
Staffing costs: CEO	CEO- Sept 2024
Staffing costs: Clinical Supervision	Dec-24
Staffing costs: Clinical Supervision	Mar-25
Staffing costs: Clinical Supervision	Apr-Jul supervision
Staffing costs: Data & Admin	Data & Admin-Sept 2024
Staffing costs: Data & Admin	Data & Admin-Oct 2024
Staffing costs: Data & Admin	Data & Admin-Nov 2024
Staffing costs: Data & Admin	Data & Admin-Dec 2024
Staffing costs: Data & Admin	Data & Admin-Jan 2025
Staffing costs: Data & Admin	Data & Admin Feb 2025
Staffing costs: Data & Admin	Data & Admin Mar 2025
Staffing costs: Data & Admin	Data & Admin Apr 2025
Staffing costs: Data & Admin	Data & Admin May 2025
Staffing costs: Data & Admin	Data & Admin Apr 2025
Staffing costs: Data & Admin	Data & Admin July 2025
Staffing costs: Data & Admin	Data & Admin Aug 2025
Staffing costs: EWP	EWP- Sept 2024
Staffing costs: EWP	EWP- Feb 2025
Staffing costs: EWP	EWP- Mar 2025
Staffing costs: EWP	EWP- Apr 2025
Staffing costs: EWP	EWP- May 2025
Staffing costs: EWP	EWP- Apr 2025
Staffing costs: EWP	EWP- July 2025
Staffing costs: EWP	EWP- Aug 2025
Staffing costs: Service Manager	Service Manager- Oct 2024
Staffing costs: Service Manager	Service Manager- Nov 2024
Staffing costs: Service Manager	Service Manager Dec 2024
Staffing costs: Service Manager	Service Manager- Feb 2025
Staffing costs: Service Manager	Service Manager-Mar 2025
Staffing costs: Service Manager	Service Manager- Apr 2025
Staffing costs: Service Manager	Service Manager- May 2025
Staffing costs: Service Manager	Service Manager- Apr 2025
Staffing costs: Service Manager	Service Manager- July 2025

Staffing costs: Service Manager	Service Manager- Aug 2025
Staffing costs: Sessional staff	Aug/Sept 2024 workshops
Staffing costs: Staff recruitment	Job advert
Staffing costs: Volunteer expenses	Jan-Aug 2024
Staffing costs: Volunteer expenses	Computer mouse for volunteer
Staffing costs: Volunteer expenses	Feb-25
Staffing costs: Volunteer expenses	Jan-Mar 2025
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Safeguarding
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Laptop for volunteer use
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Janet training 140125
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Janet training 210125
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Janet training
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Janet training
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Janet training 040225
Office & Administrative Costs: Room Hire & Wellbeing office	Remainder of payment owed
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Virtual Landline	Landline- May 2025
Office & Administrative Costs: Virtual Landline	Landline- June 2025
Office & Administrative Costs: Virtual Landline	Landline- July 2025
Staffing costs: CEO	Employment allowance Sept 2
Staffing costs: CEO	CEO-Sept 2024
Staffing costs: CEO	Employment allowance Oct 20
Staffing costs: CEO	CEO-Oct 2024
Staffing costs: CEO	Employment allowance Nov 2
Staffing costs: CEO	CEO-Nov 2024
Staffing costs: CEO	Employment allowance Dec 2
Staffing costs: CEO	CEO-Dec 2024
Staffing costs: CEO	Employment allowance Jan 20
Staffing costs: CEO	CEO-Jan 2025
Staffing costs: CEO	Employment allowance Feb 2
Staffing costs: CEO	CEO- Feb 2025

Staffing costs: CEO	Employment allowance Mar 2
Staffing costs: CEO	CEO- Mar 2025
Staffing costs: CEO	Employment allowance Apr 20
Staffing costs: CEO	CEO- Apr 2025
Staffing costs: CEO	Employment allowance May 2
Staffing costs: CEO	CEO- May 2025
Staffing costs: Data & Admin	Data & Admin- May 2025
Staffing costs: Data & Admin	Data & Admin- July 2025
Staffing costs: Data & Admin	Data & Admin-Aug 2025
Staffing costs: EWP	Employment allowance Sept 2
Staffing costs: EWP	EWP Sept 2024
Staffing costs: EWP	Employment allowance Feb 2
Staffing costs: EWP	EWP- Feb 2025
Staffing costs: EWP	EWP- May 2025
Staffing costs: EWP	Employment allowance Apr 20
Staffing costs: EWP	Employment allowance July 2
Staffing costs: EWP	EWP- July 2025
Staffing costs: EWP	EWP- Aug 2025
Staffing costs: EWP	Employment allowance Aug 2
Staffing costs: Payroll fees	Sept 2024 payroll fees
Staffing costs: Payroll fees	Oct 2024 payroll fees
Staffing costs: Payroll fees	Nov 2024 payroll fees
Staffing costs: Payroll fees	Dec 2024 payroll fees
Staffing costs: Payroll fees	Jan 2025 payroll fees
Staffing costs: Payroll fees	Payroll fees Feb 2025
Staffing costs: Payroll fees	Payroll fees Mar 2025
Staffing costs: Payroll fees	Payroll fees Apr 2025
Staffing costs: Payroll fees	Payroll fees May 2025
Staffing costs: Staff training inc. DBS & Safeguarding	Clifton Strengths test
Staffing costs: Staff training inc. DBS & Safeguarding	Finance training course
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Trustee training 280225
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Trustee training (lost receipt)
Staffing costs: Volunteer Training inc. DBS & Safeguarding	Board meeting 110325
Office & Administrative Costs: Hardware	Laptop for EWP
Office & Administrative Costs: Room Hire & Wellbeing office	Jul-Dec 2024
Office & Administrative Costs: Room Hire & Wellbeing office	Jan-June 2025
Office & Administrative Costs: Software	CharityLog Apr-May 2024
Office & Administrative Costs: Software	Dec-24
Office & Administrative Costs: Software	Jan-25
Office & Administrative Costs: Software	HR software
Office & Administrative Costs: Software	Feb-25
Office & Administrative Costs: Software	Mar-25
Office & Administrative Costs: Software	Apr-25
Office & Administrative Costs: Software	May-25
Staffing costs: CEO	CEO- Sept 2024
Staffing costs: CEO	CEO-Oct 2024
Staffing costs: CEO	CEO- Nov 2024
Staffing costs: CEO	CEO-Dec 2024

Staffing costs: CEO	CEO-Jan 2025
Staffing costs: CEO	CEO- Feb 2025
Staffing costs: CEO	CEO- Mar 2025
Staffing costs: CEO	CEO- Apr 2025
Staffing costs: CEO	CEO- May 2025
Staffing costs: CEO	CEO-Oct 2024
Staffing costs: CEO	CEO- Nov 2024
Staffing costs: CEO	CEO-Dec 2024
Staffing costs: CEO	CEO-Jan 2025
Staffing costs: CEO	CEO May 2025
Staffing costs: CEO	CEO- May 2025
Staffing costs: CEO	Employment allowance Apr 20
Staffing costs: CEO	CEO- July 2025
Staffing costs: CEO	Employment allowance July 2
Staffing costs: CEO	CEO- Aug 2025
Staffing costs: CEO	Employment allowance Aug 2
Staffing costs: Data & Admin	Data & Admin- Sept 2024
Staffing costs: EWP	Employment allowance Mar 2
Staffing costs: EWP	Employment allowance Apr 20
Staffing costs: EWP	Employment allowance May 2
Staffing costs: Service Manager	Employment allowance Oct 20
Staffing costs: Service Manager	Service Manager Oct 2024
Staffing costs: Service Manager	Employment allowance Nov 2
Staffing costs: Service Manager	Service Manager Nov 2024
Staffing costs: Service Manager	Employment allowance Dec 2
Staffing costs: Service Manager	Service Manager Dec 2024
Staffing costs: Service Manager	Employment allowance Jan 20
Staffing costs: Service Manager	Service Manager Jan 2025
Staffing costs: Service Manager	Service Manager- Feb 2025
Staffing costs: Service Manager	Employment allowance Feb 2
Staffing costs: Service Manager	Service Manager- Mar 2025
Staffing costs: Service Manager	Employment allowance Mar 2
Staffing costs: Service Manager	Employment allowance Apr 20
Staffing costs: Service Manager	Employment allowance May 2
Staffing costs: Service Manager	Service Manager-May 2025
Staffing costs: Service Manager	Employment allowance Apr 20
Staffing costs: Service Manager	Service Manager-July 2025
Staffing costs: Service Manager	Employment allowance July 2
Staffing costs: Service Manager	Employment allowance Aug 2
Staffing costs: Service Manager	Service Manager-Aug 2025
Office & Administrative Costs: Advertising	Community event
Office & Administrative Costs: Advertising	Leaflets
Office & Administrative Costs: Advertising	Website
Office & Administrative Costs: Room Hire & Wellbeing office	Mar-June 2025
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25

Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Virtual Landline	Landline- May 2025
Office & Administrative Costs: Virtual Landline	Landline- June 2025
Office & Administrative Costs: Virtual Landline	Phone number porting
Office & Administrative Costs: Virtual Landline	Landline-July 2025
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jul-25
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Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Website	Website subscription
Staffing costs: CEO	CEO May 2025
Staffing costs: CEO	CEO July 2025
Staffing costs: CEO	CEO Aug 2025
Staffing costs: Clinical Supervision	Apr-Jul supervision
Staffing costs: Data & Admin	Data & Admin- May 2025
Staffing costs: Data & Admin	Data & Admin- July 2025
Staffing costs: Data & Admin	Data & Admin- Aug 2025
Staffing costs: EWP	EWP- May 2025
Staffing costs: EWP	EWP- July 2025
Staffing costs: EWP	EWP- Aug 2025
Staffing costs: Service Manager	Service Manager-May 2025
Staffing costs: Service Manager	Service Manager-July 2025
Staffing costs: Service Manager	Service Manager-Aug 2025
Office & Administrative Costs: Advertising	Community event

Office & Administrative Costs: Advertising	Leaflets
Office & Administrative Costs: Advertising	Website
Office & Administrative Costs: Room Hire & Wellbeing office	Mar-June 2025
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	Jun-25
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Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Virtual Landline	Landline- May 2025
Office & Administrative Costs: Virtual Landline	Landline- June 2025
Office & Administrative Costs: Virtual Landline	Phone number porting
Office & Administrative Costs: Virtual Landline	Landline- July 2025
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	Jun-25
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Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Website	Website subscription
Staffing costs: CEO	CEO- May 2025
Staffing costs: CEO	CEO-July 2025
Staffing costs: CEO	CEO- Aug 2025
Staffing costs: Clinical Supervision	Apr-Jul supervision
Staffing costs: Data & Admin	Data & Admin- May 2025
Staffing costs: Data & Admin	Data & Admin- July 2025
Staffing costs: Data & Admin	Data & Admin- Aug 2025

Staffing costs: EWP	EWP- May 2025
Staffing costs: EWP	EWP- July 2025
Staffing costs: EWP	EWP- Aug 2025
Staffing costs: Service Manager	Service Manager-May 2025
Staffing costs: Service Manager	Service Manager-July 2025
Staffing costs: Service Manager	Service Manager-Aug 2025
Staffing costs: Service Manager	Service Manager-May 2025
Staffing costs: Service Manager	Service Manager-July 2025
Staffing costs: Service Manager	Service Manager-Aug 2025
Office & Administrative Costs: Advertising	Community event
Office & Administrative Costs: Advertising	Leaflets
Office & Administrative Costs: Advertising	Train to Charles Plater Trust
Office & Administrative Costs: Advertising	Charles Plater Trust grant cer
Office & Administrative Costs: Advertising	Website
Office & Administrative Costs: Hardware	Laptop for EWP
Office & Administrative Costs: Room Hire & Wellbeing office	Jan-June 2025
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	Jun-25
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Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Virtual Landline	Landline- May 2025
Office & Administrative Costs: Virtual Landline	Landline- June 2025
Office & Administrative Costs: Virtual Landline	Phone number porting
Office & Administrative Costs: Virtual Landline	Landline-July 2025
Office & Administrative Costs: Virtual Landline	Phone number porting
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
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Office & Administrative Costs: Volunteer phones	Jul-25
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Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Website	Website subscription
Staffing costs: CEO	CEO May 2025
Staffing costs: CEO	CEO July 2025
Staffing costs: CEO	CEO Aug 2025
Staffing costs: Clinical Supervision	Apr-Jul supervision
Staffing costs: Data & Admin	Data & Admin- May 2025
Staffing costs: Data & Admin	Data & Admin- July 2025
Staffing costs: Data & Admin	Data & Admin- Aug 2025
Staffing costs: EWP	EWP- May 2025
Staffing costs: EWP	EWP- July 2025
Staffing costs: EWP	EWP- Aug 2025
Staffing costs: Service Manager	Service Manager-May 2025
Staffing costs: Service Manager	Service Manager-July 2025
Staffing costs: Service Manager	Service Manager-Aug 2025
Office & Administrative Costs: Advertising	Website
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Jun-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Software	Aug-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	May-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jun-25
Office & Administrative Costs: Staff phones	Jun-25
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Office & Administrative Costs: Staff phones	Jul-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Staff phones	Aug-25
Office & Administrative Costs: Virtual Landline	Landline- May 2025
Office & Administrative Costs: Virtual Landline	Landline- June 2025
Office & Administrative Costs: Virtual Landline	Phone number porting
Office & Administrative Costs: Virtual Landline	Landline- July 2025
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	May-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25

Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jun-25
Office & Administrative Costs: Volunteer phones	Jul-25
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Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Website	Website subscription
Staffing costs: CEO	CEO- May 2025
Staffing costs: CEO	CEO- July 2025
Staffing costs: CEO	CEO- Aug 2025
Staffing costs: Data & Admin	Data & Admin- May 2025
Staffing costs: Data & Admin	Data & Admin- July 2025
Staffing costs: Data & Admin	Data & Admin- Aug 2025
Staffing costs: EWP	EWP- May 2025
Staffing costs: EWP	EWP- July 2025
Staffing costs: EWP	EWP- Aug 2025
Staffing costs: Service Manager	Service Manager-May 2025
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Staffing costs: Service Manager	Service Manager-Aug 2025
Office & Administrative Costs: Advertising	Leaflets
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Office & Administrative Costs: Virtual Landline	Landline- May 2025
Office & Administrative Costs: Virtual Landline	Landline- June 2025
Office & Administrative Costs: Virtual Landline	Phone number porting
Office & Administrative Costs: Virtual Landline	Landline- July 2025
Office & Administrative Costs: Volunteer phones	May-25

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Office & Administrative Costs: Website	Website subscription
Staffing costs: CEO	CEO- May 2025
Staffing costs: CEO	CEO- July 2025
Staffing costs: CEO	CEO- Aug 2025
Staffing costs: Data & Admin	Data & Admin- May 2025
Staffing costs: Data & Admin	Data & Admin-July 2025
Staffing costs: Data & Admin	Data & Admin-Aug 2025
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Staffing costs: Service Manager	Service Manager-May 2025
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Office & Administrative Costs: Virtual Landline	Landline- June 2025
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Office & Administrative Costs: Website	Website subscription
Staffing costs: CEO	CEO- May 2025
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Staffing costs: CEO	CEO- Aug 2025
Staffing costs: Data & Admin	Data & Admin- May 2025
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Office & Administrative Costs: Advertising	Website
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Office & Administrative Costs: Website	Website subscription
Staffing costs: CEO	CEO May 2025
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Staffing costs: CEO	CEO Aug 2025
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Staffing costs: Data & Admin	Data & Admin- Aug 2025
Staffing costs: EWP	EWP- May 2025
Staffing costs: EWP	EWP- July 2025
Staffing costs: EWP	EWP- Aug 2025
Staffing costs: Payroll fees	Payroll fees May 2025
Staffing costs: Payroll fees	Payroll fees July 2025
Staffing costs: Payroll fees	Payroll fees Aug 2025
Staffing costs: Service Manager	Service Manager-May 2025
Staffing costs: Service Manager	Service Manager-July 2025
Staffing costs: Service Manager	Service Manager-Aug 2025
Office & Administrative Costs: Volunteer phones	Aug-25
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Office & Administrative Costs: Volunteer phones	Aug-25
Office & Administrative Costs: Volunteer phones	Aug-25

Amount £

12.26
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464.00
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Laptop from Amazon £179.99. The rest was coded to Eveson UR fund. Not car

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71,225.32

but not material

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Date	Fund
9/5/2024	NNS - Older Adults (Restricted)
9/30/2024	NNS - Older Adults (Restricted)
10/7/2024	NNS - Older Adults (Restricted)
11/5/2024	NNS - Older Adults (Restricted)
12/5/2024	NNS - Older Adults (Restricted)
1/6/2025	NNS - Older Adults (Restricted)
2/5/2025	NNS - Older Adults (Restricted)
3/5/2025	NNS - Older Adults (Restricted)
3/10/2025	NNS - Older Adults (Restricted)
4/7/2025	NNS - Older Adults (Restricted)
5/6/2025	NNS - Older Adults (Restricted)
2/24/2025	Prevention & Communities (Restricted)
3/10/2025	Eveson (Restricted)
7/31/2025	GJW Turner (Restricted)

Category	Description	Amount £
Office & Administrative Costs: Finance inc. audit	Sep-24	5.00
Office & Administrative Costs: Finance inc. audit	Training	36.00
Office & Administrative Costs: Finance inc. audit	Oct-24	5.00
Office & Administrative Costs: Finance inc. audit	Nov-24	5.00
Office & Administrative Costs: Finance inc. audit	Dec-24	5.00
Office & Administrative Costs: Finance inc. audit	Jan-25	5.00
Office & Administrative Costs: Finance inc. audit	Feb-25	5.00
Office & Administrative Costs: Finance inc. audit	Mar-25	5.00
Office & Administrative Costs: Finance inc. audit	Accounts 2024	72.00
Office & Administrative Costs: Finance inc. audit	Apr-25	5.00
Office & Administrative Costs: Finance inc. audit	May-25	5.00
Office & Administrative Costs: Insurance	Insurance 2025-26	638.23
Office & Administrative Costs: Finance inc. audit	Accounts 2024	756.00
Office & Administrative Costs: Finance inc. audit	Bus ticket to pay in GJW	5.20
		<u>1,552.43</u>
		-72.00
		<u>-756.00</u>
		<u><u>724.43</u></u>

The other £72 was in NNS - Younger Adults fund

Gov costs for 24-25 excluding the accounting fee accrued into 2024 accounts

**TRUSTEES' ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 AUGUST 2025**

ST GERMAIN'S WELLBEING

(Charitable Incorporated Organisation)

CHARITY REGISTRATION NUMBER: 1206412

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TRUSTEES’ ANNUAL REPORT FOR THE YEAR ENDED 31 AUGUST 2025

Charity name: **St Germain’s Wellbeing**

Charity registration number: **1206412**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote for the benefit of the public good - physical, mental, spiritual and emotional health - by the provision of a range of emotional wellbeing services in accordance with Christian principles and with sensitivity to the diverse communities we serve.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	St Germain’s Wellbeing offers free emotional support to anyone over 18 experiencing common mental health problems (e.g. anxiety or depression). People can access this support at our weekly Wellbeing Drop-In, they can register with us for a short course of one-to-one emotional support sessions, or join a variety of wellbeing workshops.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees of St Germain’s Wellbeing have complied with their duties to have due regard to the Charity Commission’s public benefit guidance when exercising any power or duties to which the guidance is relevant.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>St Germain’s Wellbeing bridged the gap between solutions offered by the NHS and “going it alone”. We aimed to build a strong community where each member had the tools to handle their personal issues, the knowledge that they were not facing their problems alone, and the community connections to drive long-term positive change. We took a holistic based approach to our support, encouraging people to access different elements of our services and to stay engaged.</p> <p>Unfortunately, we recently made the difficult decision to close our doors due to financial constraints. Although this has been a difficult few months, we have also achieved many things that we are proud</p>

	SORP reference	
		<p>of. During 2024-25 we directly engaged with approximately 400 people through our different models of support; this equates to nearly 1000 hours of face to face time with people from our local community.</p> <p>Our 1:1 Support Sessions combined active listening, psychoeducation and skills practice, with a focus on sharing evidence-based, Cognitive Behavioural Therapy (CBT) skills with clients in a collaborative, person-centred way. Our Emotional Wellbeing Practitioners (EWPs) delivered this support as courses of 4-6 talking sessions of up to one hour, face to face at our office, as well as by phone and video. Being flexible with delivery modes ensured those who struggled to leave their home for physical, mental or socio-economic reasons, were still able to access our support. EWPs used guided self-help techniques that included worry management, graded exposure, behavioural activation and cognitive restructuring. Clinical supervision was delivered by an NHS Consultant Psychologist who supported the service to develop the person-centred and flexible nature of these brief interventions. This enabled EWPs to safely tailor support when, for example, a CBT skills-based approach didn't resonate with a client, or when it was apparent a technique from a broader pool of evidence-based practice could add value for an individual (e.g. incorporating mindfulness-based or compassion-focused approaches). Offering longer sessions than would typically be allocated to low-intensity support in clinical settings was foundational for this model, facilitating collaborative skills practice and an informal pace and structure that supported strong rapport-building, ensuring sessions provided a safe, inclusive, nonclinical therapeutic space. The lived experience of mental health difficulties shared by all our practitioners has continued to be a cornerstone supporting our unique, person-centred delivery model. During 2024-25, we delivered around 750 1:1 Support Sessions to 150 people.</p> <p>Wellbeing Workshops were held twice a year in 8-week blocks, assisting groups of up to 16 people at once to develop positive mental health skills around themes such as anxiety, depression, anger, and walking for wellbeing. These sessions were in a drop-in format- i.e. people did not have to register -</p>

	SORP reference	
		<p>and could attend as little or as many of them as they liked or were relevant to them. We supported 100 people in this way, many of whom attended multiple workshops.</p> <p>We also successfully trialled a mindful gardening course in Summer 2025, with ten individuals attending the eight-session course. Everyone on the group reported experiencing long term low mood, depression or anxiety. This group attracted a large percentage of people living with long term health conditions including chronic & progressive illness, physical & learning disabilities and neurological conditions. There was a combination of people with no or limited prior experience of gardening, alongside those who considered themselves to possess a good level of gardening knowledge. We were able to adapt the course to be inclusive to those with physical limitations - including providing a raised bed and individual pots alongside gardening in the ground.</p> <p>Our drop-in sessions allowed us to reach 150 people in a more informal way, taking a “listening ear” style approach alongside signposting for further support with statutory services. We noticed that loneliness was a common theme for many attendees and that for some this initial connection led to more in depth support- some took up our 1:1 sessions, others attended our workshops and one person came along to our mindful gardening course, before also training as a volunteer.</p> <p>Monitoring and Evaluation</p> <p>We were licensed users of the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS) which is suitable for intervention lasting two weeks or longer; we therefore asked clients who used our 1:1 sessions to complete this at the beginning and end of their work with us. It takes a holistic approach, allowing us to measure improvement across multiple areas of mental wellbeing. For example, it asks the client to rate social based statements such as “I’ve been feeling interested in other people” alongside those which reflect levels of self-esteem like “I’ve been feeling confident”. The advantage of this is that we could measure the client’s increase in wellbeing as a whole, as well as identify areas where they may not have shown as much improvement and may</p>

	SORP reference	
		<p>therefore require signposting for further support. An improvement over 2 weeks or more of 3 points or more is deemed to be clinically significant; 84% of our clients demonstrated this by their final session.</p> <p>These statistics formed the baseline for our reports, goals, and Board meetings as well as providing comprehensive monitoring to funders and stakeholders. Where the WEMWBS was not appropriate - as its use is only clinically proven over a period of intervention lasting two weeks or more - we asked clients to score themselves using a Likehart 1-10 scale, against a “before” and “after” question:</p> <p>“How well did you cope with the challenges you are facing before the workshop?”</p> <p>“How well do you feel you will cope with the challenges you are facing after the workshop?”</p> <p>In 2024-25, 75% of clients showed an improvement in this score after just one two hour workshop. Furthermore, 92% said they would be more likely to access additional support as a result of attending a workshop.</p> <p>Volunteers played a big part in the operations of the charity. During the time period approximately ten volunteers helped out in different ways- two assisted with core tasks such as appointment booking and triage, six with the drop-in sessions and two with the running of the workshops and mindfulness course. Three of the volunteers went onto paid employment thanks in part to their time and experience at the charity.</p>

Financial Review

	SORP reference	
Review of the charity’s financial position at the end of the period	Para 1.21	<p>During the year, St Germain’s Wellbeing raised income of £51,234 and expended £87,617 on its charitable purposes, drawing on reserves brought forward to cover the balance of expenditure over income.</p> <p>Although we successfully applied for a number of project specific grants, we were unsuccessful in</p>

		obtaining a larger core cost grant which could have supported the charity’s presenting need to recruit a successor to the outgoing CEO in a fair and open manner. However, St Germain’s Wellbeing as an organisation has outlived more precarious financial positions - ultimately its financial position is only one of several considerations (see para 1.23) that have informed the trustee’s decision to close the charity.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves – St Germain’s Wellbeing aims to maintain a general reserve of unrestricted funds sufficient to meet its financial, legal and moral obligations to its service users, employees and volunteers and to all relevant authorities. The reserves will cover the cost of staff and operational costs in case of a shortfall in income (for example if one of our funders withdrew funding) the reserve could be called upon to provide the necessary cash-flow until a replacement funder was found. The reserves will also meet the need for any unexpected expenditure (e.g. repairs, sickness cover etc).
Amount of reserves held	Para 1.22	At 31 August 2025 St Germain’s Wellbeing held Unrestricted reserves of £9,506 and Restricted reserves of £17,703.
Reasons for holding zero reserves	Para 1.22	See above
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<p>The financial statements have not been prepared on a going concern basis. On 28 July 2025, the trustees resolved to wind down and close the charity due to a convergence of several factors:</p> <ol style="list-style-type: none"> 1. Changes in the local funding landscape that correlated with several unsuccessful core cost grant applications and reports from more-established charitable organisations that their applications to regular funders had been turned down 2. The chair's intention to step down (stated at a previous meeting) with no other board members having the capacity to take on their role 3. The board were not in a position to take on recruiting a new CEO after the outgoing CEO had given advanced notice of their intention to move on from their role. <p>In light of the above it was the trustees' determination that the board lacked sufficient capacity or resources</p>

		to negotiate these combined factors (despite generous handover support offered by the outgoing CEO) and maintain the necessary funding application pipeline (especially given the funding landscape). The accounts have therefore been prepared on the basis that the charity's assets will be realised and liabilities settled in the course of an orderly wind-down.
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Structure, Governance and Management

	SORP reference	
Description of charity’s trusts:		We hold our assets on trust for our clients/beneficiaries.
Type of governing document	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO) Foundation Model Constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.</p> <p>Nominated Trustee[s]</p> <p>(a) The Parochial Church Council of the Ecclesiastical Parish of St Germain’s Church Edgbaston (“the appointing body”) may appoint three charity trustees.</p> <p>(b) Any appointment must be made at a meeting held according to the ordinary practice of the appointing body.</p> <p>(c) Each appointment must be for a term of three years.</p> <p>(d) The appointment will be effective from the later of:</p> <p>(i) the date of the vacancy; and</p>

	SORP reference	
		<p>(ii) the date on which the charity trustees or their secretary or clerk are informed of the appointment.</p> <p>(e) The person appointed need not be a member of the appointing body.</p> <p>(f) A trustee appointed by the appointing body has the same duty under clause 9(1) as the other charity trustees to act in the way he or she decides in good faith would be most likely to further the purposes of the CIO.</p>

Reference and Administrative Details

Charity name	St Germain’s Wellbeing
Other name the charity uses	N/A
Registered charity number	1206412. Registered on 5 January 2024.
Charity’s principal address	St Germain’s Church, City Road, Birmingham, B17 8LE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah Hayes	Chair		PCC of St Germain’s church Edgbaston
2	David Guard	Deputy Chair		
3	Mariyam Ayub	Treasurer	Resigned 2 nd June 2025	
4	Sophie Eaton			PCC of St Germain’s church Edgbaston
5	Dr Oluwemimo Agboaye			
6	Margaret Strong			PCC of St Germain’s church Edgbaston
7	John Pearson		Appointed 22 nd January 2025	
8	Blessing Ayomide Afolabi-Jombo	Treasurer	Appointed 30 th June 2025	
10	Gemma Powell		Resigned 15 th October 2024	

There were no corporate trustees, and no trustees held title to property belonging to the charity.

The Trustees held no funds as custodian trustees on behalf of others.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and Accounts in accordance with applicable law, and the United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice, GAAP).

The law applicable to charities in England and Wales (the Charities Act 2011 and the Charity (Accounts and Reports) Regulations) and the provisions of the Governing Document require the trustees to prepare accounts for each financial year which set out the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure of the charity for that period. In preparing those accounts, the trustees:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charity SORP
- Make judgments and estimates that are reasonable and prudent
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the CIO will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations and the provisions of the Governing Document. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

The Trustees' Annual Report was approved by the Trustees on 25 March 2026 and signed on their behalf by:



Rev. Sarah Hayes
Chair

STATEMENT OF FINANCIAL ACTIVITIES

	Notes	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
INCOMING RESOURCES							
Incoming resources fro Generated Funds							
Donations, Grants and Legacies	2	1,417	49,817	51,234	67,450	29,017	96,467
TOTAL INCOMING RESOURCES		1,417	49,817	51,234	67,450	29,017	96,467
RESOURCES EXPENDED							
Costs of Generating Funds							
Cost of Charitable Activities	3a	39,494	47,399	86,893	18,967	13,008	31,975
Governance costs	3b	0	724	724	900	0	900
TOTAL RESOURCES EXPENDED		39,494	48,123	87,617	19,867	13,008	32,875
NET INCOMING RESOURCES		(38,077)	1,694	(36,383)	47,583	16,009	63,592
Funds brought forward		47,583	16,009	63,592	0	0	0
TOTAL FUNDS CARRIED FORWARD		9,506	17,703	27,209	47,583	16,009	63,592

Movements on all reserves and all recognised gains and losses are shown above.

The 2024 accounting period ran from registration on 5 January 2024 to 31 August 2024.

The Charitable Incorporated Organisation plans to cease all operations before the end of the 2025-26 financial year.

The notes on pages 12 to 17 form part of these financial statements.

BALANCE SHEET AS AT 31 AUGUST 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Fixed Assets							
Tangible Assets	5	-	-	-	-	-	-
Investments	5	-	-	-	-	-	-
Total Fixed Assets		-	-	-	-	-	-
Current Assets							
Debtors and Prepayments	6	-	-	-	-	-	-
Cash at Bank and in Hand		9,506	17,703	27,209	48,483	16,009	64,492
Total Current Assets		9,506	17,703	27,209	48,483	16,009	64,492
Creditors: Amounts falling due within one year	7	-	-	-	(900)	-	(900)
NET CURRENT ASSETS		9,506	17,703	27,209	47,583	16,009	63,592
TOTAL ASSETS LESS CURRENT LIABILITIES		9,506	17,703	27,209	47,583	16,009	63,592
Creditors: Amounts falling due after more than one year	8	-	-	-	-	-	-
NET ASSETS		9,506	17,703	27,209	47,583	16,009	63,592
Funds of the Charity							
General Funds		9,506	-	9,506	47,583	-	47,583
Restricted Funds	4	-	17,703	17,703	-	16,009	16,009
TOTAL FUNDS		9,506	17,703	27,209	47,583	16,009	63,592

Approved by the Board of Trustees on 25 March 2026 and signed on its behalf by:



Rev. Sarah Hayes

Chair

The 2024 accounting period ran from registration on 5 January 2024 to 31 August 2024.

The Charitable Incorporated Organisation plans to cease all operations before the end of the 2025-26 financial year.

The notes on pages 12 to 17 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1. Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) (Second Edition, effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Assessment of Going Concern: Planned Cessation

The trustees have resolved that the CIO will cease operations before the end of the 2025-26 financial year. The trustees have confirmed that they expect the CIO to be able to meet its obligations up to the date of cessation and any remaining funds will be either returned to the relevant funder or passed to another charitable organisation to be applied for similar charitable purposes.

No accounting adjustments have been necessary in respect of the CIO not being a going concern, as there were no fixed assets brought forward or other assets or liabilities other than cash balances. In 2024-25 office improvements costing £10,240 were not capitalised due to the planned cessation.

Public Benefit

The charitable incorporated organisation (CIO) meets the definition of a public benefit entity under FRS 102.

Incoming Resources

Recognition of Incoming Resources: these are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Incoming Resources with Related Expenditure: where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations: these are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts: any incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

1. Accounting Policies *(continued)*

Contractual Income and Performance Related Grants: this income is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind: these are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities: these are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help: the value of voluntary help received is not included in the accounts.

Investment Income: this is included in the accounts when receivable.

Investment Gains and Losses: these include any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year. The CIO holds no investments.

Expenditure, Assets and Liabilities

Liability Recognition: liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs: These include costs of the preparation and examination of statutory accounts, the costs of the trustees' meetings and the cost of any legal advice to trustees on governance or constitutional matters.

Grants Payable: the CIO does not issue any grants.

Investments: investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value. The CIO holds no investments.

Unrestricted funds: these funds can be used for the general objectives of the charity as set out in the trustees' report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds: funds are restricted where the donor has specified a purpose for the donation made. These restrictions can arise as a result of appeals for special offerings for specific purposes.

Designated funds: these are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

1. Accounting Policies *(continued)*

Fixed Assets: fixed assets are capitalised if they can be used for more than one year and cost at least £50. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation: depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives.

2. Incoming Resources

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Gifts and Donations	1,417	-	1,417	15,450	-	15,450
Grants Received	-	49,817	49,817	52,000	29,017	81,017
	1,417	49,817	51,234	15,450	29,017	96,467

No legacies were received during the year (2024: £nil).

3. Resources Expended

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
a) Cost of Charitable Activities						
Activities and Events	87	2,203	2,290	-	285	285
Administrative Expenses	1,983	7,971	9,954	-	109	109
Advertising and Publicity	-	749	749	-	246	246
Premises, Rent and Rates	6,130	9,111	15,241	668	580	1,248
Staff Costs	31,294	27,365	58,659	18,299	11,788	30,087
	39,494	47,399	86,893	18,967	13,008	31,975
b) Governance Costs						
Accountancy costs	-	86	86	900	-	900
Insurance	-	638	638	-	-	-
	-	724	724	900	-	900

4. Restricted Funds

a. Current Financial Year	At 31 August				At 31 August
	2024	Income	Expenditure	Transfers	2025
	£	£	£	£	£
Baron Davenport	-	1,200	517	-	683
Charles Plater Trust	-	5,000	2,410	-	2,590
Cole Charitable Trust	-	1,000	395	-	605
Fairer Futures Fund	(776)	1,000	224	-	-
George Henry Collins	-	1,000	378	-	622
GJW Turner	-	1,000	5	-	995
Harry Payne	-	1,500	668	-	832
Henry James Sayer	-	700	275	-	425
Michael Marsh	-	1,500	668	-	832
National Lottery Community Hub- Drop In share	2,478	5,517	3,532	-	4,463
NNS - Older Adults	8,045	-	8,045	-	-
NNS - Younger Adults	8,045	-	8,045	-	-
Prevention & Communities Fund	(1,783)	25,000	17,561	-	5,656
Rowlands	-	5,000	5,000	-	-
Warburton's	-	400	400	-	-
	16,009	49,817	48,123	-	17,703

b. Previous Financial Period	At 5 January				At 31 August
	2024	Income	Expenditure	Transfers	2024
	£	£	£	£	£
Fairer Futures Fund	-	-	776	-	(776)
National Lottery Community Hub- Drop In share	-	4,017	1,539	-	2,478
NNS - Older Adults	-	10,000	1,955	-	8,045
NNS - Younger Adults	-	10,000	1,955	-	8,045
Prevention & Communities Fund	-	5,000	6,783	-	(1,783)
	-	29,017	13,008	-	16,009

5. Tangible Fixed Assets and Fixed Asset Investments

The CIO held no tangible fixed assets or fixed asset investments at 31 August 2025 (2024: £nil).

6. Debtors and Prepayments

The CIO had no debtors or prepayments at 31 August 2025 (2024: £nil).

7. Creditors: Amounts Falling Due Within One Year

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Independent Examiner's Fees	-	-	-	900	-	900
	-	-	-	900	-	900

8. Creditors: Amounts Falling Due After More Than One Year

The CIO held no long term liabilities at 31 August 2025 (2024: £nil).

The CIO had no annual commitments under non-cancelling operating leases and no capital commitments (2024: none).

9. Net Assets Between Funds

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total Funds 2024-25 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Fixed Asset Investments	-	-	-	-	-	-
Net Current Assets	9,506	17,703	27,209	47,583	16,009	63,592
Long Term Liabilities	-	-	-	-	-	-
	9,506	17,703	27,209	47,583	16,009	63,592

10. Staff Costs and Numbers

	2024-25 £	2024 £
Gross Wages, Salaries and Fees	57,478	27,773
Employer's National Insurance Costs	-	1,830
Employer's Pension Contributions	1,181	484
	58,659	30,087

Employer's National Insurance costs were fully covered by the annual allowance for 2024-25.

The employer operates a Workplace Pension Scheme and makes contributions of 3% of pensionable salary for staff who are members of the pension scheme.

An average of 3 staff were employed to carry out charitable activities during the year (2024: 3).

During 2024-25 no members of staff received emoluments of over £60,000 (2024: none).

No trustees claimed expenses during the year (2024: £nil).

11. Trustees and Other Related Parties

There were no transactions where income was received from or payments were made to trustees or any persons connected with them during the year.

During the 2024 financial period John Pearson, trustee, received £9,223 staff costs in relation to administrative services provided to St Germain's Wellbeing in furtherance of the Charity's objects.

Any conflicts of interest were identified, documented and managed in accordance with the Charity's Governing Document.

12. Risk Assessment

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems, ensures sufficient resources in the event of adverse conditions.

The trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks. For the reasons set out in the Trustees' Annual Report, the trustees took the decision to cease operations during the 2025-26 financial year. The trustees will continue to monitor risk during the final months of operation.

13. Reserves Policy

The trustees have considered the level of reserves they would wish to retain, appropriate to the CIO's needs. Trustees are managing the reserves during the final months of operation, and they believe the CIO will be able to meet its liabilities as they fall due. Any remaining restricted funds will be returned to the respective funders, and any remaining unrestricted funds will be transferred to St Germain Community Hub to be used for similar charitable purposes.

14. Public Benefit

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees' Annual Report. The trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report to the trustees on my examination of the accounts of St Germain's Wellbeing, a Charitable Incorporated Organisation, (the Trust) for the year ended 31 August 2025.

Respective Responsibilities of Trustees and Examiner and Basis of Report

As the trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns; however, I consider attention should be drawn to the basis of preparation of the accounts in order to enable a proper understanding of the accounts to be reached. The accounts have not been prepared on a going concern basis because the trustees have decided to cease all operations before the end of the 2025-26 financial year. This is highlighted both in the Trustees' Annual Report and in the financial statements.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Signed:

Date: 26 March 2026



Judith Wilson

Fellow of the Institute of Chartered Accountants in England and Wales (FCA)

Address: 103a, Meeting House Lane, Coventry, CV7 7GD

ST GERMAIN'S WELLBEING

England & Wales - Charity number 1206412

Accounts

**ANNUAL REPORTS AND FINANCIAL STATEMENTS
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024**

ST GERMAIN'S WELLBEING

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1206412

Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

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ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1206412
DATE OF REGISTRATION	5th January 2024
START OF FINANCIAL YEAR	5th January 2024
END OF FINANCIAL YEAR	31st August 2024
TRUSTEES AT 31ST AUGUST 2024	Rev Sarah Hayes (Chair) Mariyam Ayub (Treasurer) David Guard Sophie Eaton Dr Oluwemimo Agboaye CPsych Margaret Strong Gemma Powell (Resigned 15th October 2024)
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Association Registered 5th January 2024
OBJECTS	<p>For the public benefit, to promote good physical, mental, spiritual and emotional health by the provision of a range of emotional health and wellbeing services in accordance with Christian principles and with sensitivity to the diverse communities we serve.</p>
CORRESPONDENCE ADDRESS	St. Germain's Church City Road Birmingham B17 8LE
PRIMARY BANKERS	Metro Bank Plc One Southampton Row London WC1B 5HA
INDEPENDENT EXAMINERS	Castle View Accounting Ltd Ground Floor Offices 53 High Street Arundel West Sussex BN18 9AJ

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

TRUSTEES' REPORT
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024

Objectives and Activities

Summary of the Main Activities

St Germain's Wellbeing offers free emotional support to anyone over 18 experiencing common mental health problems (e.g. anxiety or depression). People can access this support at our weekly Wellbeing Drop-In, they can register with us for a short course of one-to-one emotional support sessions, or join a variety of wellbeing workshops.

Trustees of St Germain's Wellbeing have complied with their duties to have due regard to the Charity Commission's public benefit guidance when exercising any power or duties to which the guidance is relevant.

Achievements and Performance

In the first few months transitioning from a project (operating as a sub-committee of the Parochial Church Council of St Germain's Church Edgbaston (the PCC)) to a fully-fledged independent charity, we have seen some key personnel changes. Interim CEO Alex Ballinger left the organisation in April 2024, being replaced by internal candidate and former volunteer Lyndsey Sinclair-Fallis in July 2024. Service Manager and project founder John Pearson left to pursue a qualification, with Emotional Wellbeing Practitioner Mica Gray being promoted to this position. Retaining and promoting internal candidates, while also widening our talent pool, will be a key part of St Germain's HR ethos as we move forward. We are now a woman led organisation, with the Chair, CEO and Service Manager all being female.

We received nearly 100 referrals in the months Jan-Aug 2024; this is down on the year prior but due to so many staff changes we have not been able to promote the service. However this has worked favourably due to being understaffed, and outcome data continues to show the positive impact of our work on clients. In this time period we delivered over 400 sessions face to face, over the phone and by video. The cancellation/no show rate was around 13%, with consultations by video having the lowest dropout rate – 8%. April showed the highest cancellation rate, where over a quarter of appointments were not attended- possibly aligning with the Easter period.

84.8% of clients who completed a course of 1:1 support sessions in this time demonstrated a clinically significant improvement by the end of their intervention. An improvement of 3-8 points on the Warwick-Edinburgh Mental Wellbeing Scale is considered evidence of meaningful change; the mean increase was 7.7. Furthermore, the number of clients experiencing a low feeling of wellbeing fell from 89% to 35%, with most of the 35% scoring close to the definition for moderate wellbeing. The percentage of clients experiencing moderate wellbeing went from 11% at the first session to 63% by the final session.

Workshops- we delivered 20 workshops on common mental health themes such as anxiety, low mood and anger, as well as facilitating sessions on writing and painting for wellbeing, with approximately 200 people attending these. Previously for workshops where there were more likely to be repeat attendees over a longer period of time, or where registration was a pre-requisite for attendance (and therefore data capture much easier) we have used the WEMWBS measure. However, its effectiveness is not clinically proven over such a short time scale (i.e. a standalone 2 hour workshop) so we instead asked participants to answer, using a Likert 1-10 scale, a "before" and "after" question:

"How well did you cope with the challenges you are facing before the workshop?"

"How well do you feel you will cope with the challenges you are facing after the workshop?"

41% of clients showed a 1-2 point increase following their workshop, with 30% showing an improvement of 3 points or more. The remainder of clients remained the same and 1 experienced a decrease in a feeling of wellbeing, having to leave the session halfway through. However, this individual expressed their thanks to the facilitator in feedback, and also returned the following week.

Clients were also asked:

"Do you feel you are more likely to access other support services following this workshop?"

94% of respondents replied "yes" to this question- meaning even if someone hadn't experienced an immediate or conscious increase in wellbeing, the workshops provided a sense of motivation to seek further support, resulting in opportunities to increase or sustain their wellbeing over time.

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024

Mindfulness courses- we held two 8 week courses, facilitated by our accredited Mindfulness Now practitioner. The WEMWBS Likert measure is used as it is in keeping with the NHS 5 Steps to Mental Wellbeing, which takes an holistic approach to improving mental health. 2 of these steps relate to social participation- "connect with other people" and "give to others". Of the 3 measures within WEMWBS which relate to social participation -Feeling interested in other people, Feeling close to other people, Feeling loved- collectively participants showed a average 30% increase by the end of the course- in particular in relation to "feeling loved", where the end score almost doubled.

Our group facilitator observed that this measured increase also translated into real life positive action. The majority of workshop attendees went to the community cafe together as a group following each session. In addition, 1 client attended the weekly singing group facilitated by St Germain's Community Hub, with another 2 attending clay modelling sessions. 1 client expressed a desire to begin 1:1 sessions with us. 2 clients will be attending the co-production meeting to help inform the next set of workshops.

All but 1 citizen who completed the beginning and end of intervention WEMWBS measures showed an increase in their wellbeing, with that 1 citizen's score remaining static rather than decreasing. The areas showing the biggest increase in scores were "feeling loved", "feeling relaxed", "feeling close to other people" and "feeling cheerful".

Financial Review

We end the year in a relatively healthy position, with approximately 10 months of running costs covered and a number of grants identified to apply for over the coming months. Just over 86% of the funds received in the period were restricted to spending on specific purposes- for example project delivery and core salary costs.

Reserves - SGW aims to maintain a general reserve of unrestricted funds sufficient to meet its financial, legal and moral obligations to its service users, employees and volunteers and to all relevant authorities. Currently we have up to 3 months reserves and aim to maintain between 4-6 months going forward. The reserves will cover the cost of staff and operational costs in case of a shortfall in income (for example if one of our funders withdrew funding) the reserve could be called upon to provide the necessary cash-flow until a replacement funder was found. The reserves will also meet the need for any unexpected expenditure (eg repairs, sickness cover etc). Currently we do not foresee any drop in income or unexpected expenditure.

Structure, Governance and Management

Trustee Selection Methods

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Nominated Trustee[s]

- (a) The Parochial Church Council of the Ecclesiastical Parish of St Germain's Church Edgbaston ("the appointing body") may appoint three charity trustees.
- (b) Any appointment must be made at a meeting held according to the ordinary practice of the appointing body.
- (c) Each appointment must be for a term of three years.
- (d) The appointment will be effective from the later of:
 - (i) the date of the vacancy; and
 - (ii) the date on which the charity trustees or their secretary or clerk are informed of the appointment.
- (e) The person appointed need not be a member of the appointing body.
- (f) A trustee appointed by the appointing body has the same duty under clause 9(1) as the other charity trustees to act in the way he or she decides in good faith would be most likely to further the purposes of the CIO.

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024

Trustees' Responsibilities

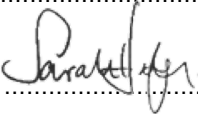
The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice GAAP).

The Law applicable to Charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations and the provisions of the Governing Document requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure of the charity for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity SORP;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations and the provisions of the Governing Document. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 27/02/2025

Signed on their behalf by Trustee 

Printed Name: **REV. SARAH HAYES**

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024**

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2024 £
INCOMING RESOURCES				
Incoming Resources from Generated Funds				
Donations, Grants & Legacies	3a	67,450	29,017	96,467
TOTAL INCOMING RESOURCES		67,450	29,017	96,467
RESOURCES EXPENDED				
Costs of Generating Funds				
Cost of Charitable Activities	4a	18,967	13,008	31,975
Governance Costs	4b	900	-	900
TOTAL RESOURCES EXPENDED		19,867	13,008	32,875
NET INCOMING (OUTGOING) RESOURCES		47,583	16,009	63,592
Funds Brought Forward		-	-	-
TOTAL FUNDS CARRIED FORWARD		47,583	16,009	63,592

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

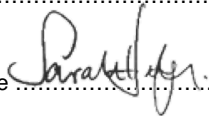
The notes on pages 9 to 14 form part of these financial statements.

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST AUGUST 2024

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 31-Aug-24 £
Fixed Assets				
Tangible Assets	2	-	-	-
Investments	6	-	-	-
Total Fixed Assets		-	-	-
Current Assets				
Debtors & Prepayments	8	-	-	-
Cash at Bank and in Hand	7	48,483	16,009	64,492
Total Current Assets		48,483	16,009	64,492
Creditors: Amounts falling due within one year	9	900	-	900
NET CURRENT ASSETS		47,583	16,009	63,592
TOTAL ASSETS less current liabilities		47,583	16,009	63,592
Creditors: Amounts falling due in more than one year	10	-	-	-
NET ASSETS		47,583	16,009	63,592
Funds of the Charity				
General Funds		47,583	-	47,583
Restricted Funds	5	-	16,009	16,009
Total Funds		47,583	16,009	63,592

Approved by the Trustees on 27/02/2025

Signed on their behalf by Trustee 

Printed Name: REV SARAH HAYES

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024**

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) (Second Edition, effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £50.00. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives.

2. TANGIBLE FIXED ASSETS

The CIO held no tangible fixed assets during this initial financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st August 2024: None

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2024 £
a) Donations, Grants & Legacies			
Gifts & Donations	15,450	-	15,450
Grants Received	52,000	29,017	81,017
	67,450	29,017	96,467
	67,450	29,017	96,467

4. RESOURCES EXPENDED

	Unrestricted Funds £	Restricted Funds £	TOTAL 2024 £
a) Cost of Charitable Activities			
Activities & Events	-	285	285
Administrative Expenses	-	109	109
Advertising & Publicity	-	246	246
Rent & Rates	668	580	1,248
Staff Costs	18,299	11,788	30,087
	18,967	13,008	31,975
	18,967	13,008	31,975

b) Governance Costs

Independent Examiners Fees	9	900	-	900
		900	-	900
		900	-	900

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024

5. RESTRICTED FUNDS

CURRENT FINANCIAL PERIOD

	Balance 05-Jan-24	Income	Expenditure	Transfers	Balance 31-Aug-24
	£	£	£	£	£
Fairer Futures Fund	-	-	776	-	(776)
National Lottery Community Hub Fund	-	4,017	1,539	-	2,478
NNS Older Adults Fund	-	10,000	1,955	-	8,045
NNS Younger Adults Fund	-	10,000	1,955	-	8,045
Prevention & Communities Fund	-	5,000	6,783	-	(1,783)
	-	29,017	13,008	-	16,009

The restricted funds held are wholly represented by the CIO's cash reserves and are to be expended as specified above.

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024

6. INVESTMENTS

The CIO held no fixed assets investments during this initial financial period.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-Aug-24 £
Cash at Bank & in Hand	48,483	16,009	64,492
	48,483	16,009	64,492

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-Aug-24 £
Sundry Debtors	-	-	-
	-	-	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-Aug-24 £
Independent Examiners Fees	900	-	900
	900	-	900

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this initial financial period.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-Aug-24 £
Fixed Asset Investments	-	-	-
Net Current Assets	47,583	16,009	63,592
Long Term Liabilities	-	-	-
	47,583	16,009	63,592

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST AUGUST 2024

12. STAFF COSTS AND NUMBERS

	TOTAL 2024 £
Gross Wages, Salaries & Fees	27,773
Employer's National Insurance Costs	1,830
Pension Contributions	484
	<hr/> 30,087 <hr/>

Employees who were engaged in each of the following activities:

	TOTAL 2024
Charitable Activities	3

The Charity operate a PAYE Scheme to pay all employed members of staff and no members of staff received emoluments of over £60,000.

13. TRUSTEES AND OTHER RELATED PARTIES

During the financial period Trustee Mr John Pearson received £9,223 in staff costs in relation to administrative services provided to St Germain's Wellbeing in furtherance of the Charity's objects. All conflicts of interest have been identified, documented and managed in accordance with the Charity's Governing Document.

No other payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

ST GERMAIN'S WELLBEING
(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of St Germain's Wellbeing on the accounts for the first period ended 31st August 2024 set out on pages 7 to 14.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT
Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ



Date: 4th March 2025