

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		31	Month	Year

Section A Reference and administration details

Charity name

HEARTS & MINDS FOUNDATION

Other names charity is known by

Registered charity number (if any) 1206392

Charity's principal address

GROSVENOR HOUSE

UPPINGHAM ROAD, HOUGHTON ON THE HILL

LEICESTERSHIRE

Postcode

LE7 9HG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mrs. Tajinder Banwait			
2	Mr. Jagjit Nanuwa			
3	Mrs. Karmjit Nanuwa			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by Mrs. Tajinder Banwait

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve sickness and advance the health and wellbeing of children and young adults in the UK with Congenital and other heart conditions by making financial grants direct to their Families and to organisations specialising in their treatment, support and care.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

During this first year the charity has been focused on building relationships with NHS Hospital Trusts, Heart Charities, the Congenital Heart Disease Network and their hospital charity partners across the UK.

This was with a view to learning more about how we could help and establish their fundraising needs both in the short and long-term and to discuss how the Hearts & Minds Foundation (H&MF) might be able to assist them in the future with financial grants.

The trustees confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit, as required under section 17 of the Charities Act 2011.

In shaping our objectives and planning our activities for the year, the trustees have considered how the charity's aims can continue to deliver public benefit. The charity's activities are fully aligned with its charitable purposes and are designed to provide clear and identifiable benefit to the public or a sufficient section of it.

During the year, the H&MF have primarily been fundraising from the development and sale of products from brand partnerships. The development process has started with two brands - Urban Apothecary London and Palette London creating and promoting products for sale from May 2024 to support the charity. The profits from the sales of these products will be donated to the charity on an annual basis.

Whilst these funds may not build immediately, we're confident of the long-term strategy to raise funds through brand partnerships. The charity also received donations of £1360 but will explore other avenues for fundraising and activities during the next financial year.

The trustees are committed to ensuring that the charity's resources are used effectively to maximise impact.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

- Building relationships with NHS Hospital Trusts, Heart Charities, the Congenital Heart Disease Network and their hospital charity partners across the UK.
- Developing charity products in partnership with Urban Apothecary London and Palette London. This consists of a luxury candle and diffuser from Urban Apothecary London and a Nail Paint from Palette London. The profits from the sales of these products will be donated to the charity on an annual basis.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity currently does not hold any unrestricted reserves. The trustees are aware of the importance of maintaining an appropriate level of reserves to ensure the financial sustainability of the charity and to protect against unforeseen challenges or interruptions to income.

In the absence of reserves, the charity manages financial risk by close monitoring of cash flow and maintaining good relationships with funders and supporters. The trustees are committed to working towards a reserves position that supports the long-term resilience of the H&MF.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Mrs. Tajinder Banwait

Position (eg Secretary, Chair, etc)

Chair

Date

05/08/25

Charity Name Hearts & Minds Foundation		No (if any) 1206392	
Receipts and payments accounts			
For the period from	Period start date 04/01/2024	To	Period end date 31/12/2024

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Section A Receipts and payments

	Unrestriced funds to the nearest £	Restrict ed funds to the nearest £	Endow ment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1360	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1360	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	0	-	-	-	-
Total receipts	1360	-	-	-	-
A3 Payments					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	0	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	0	-	-	-	-
Net of receipts/(payments)	1360	-	-	-	-
A5 Transfers between funds	0	-	-	-	-
A6 Cash funds last year end	0	-	-	-	-
Cash funds this year end	1360	-	-	-	-

Section B Statement of assets and liabilities

Categories	Details	Unrestriced funds	Restrict ed funds	Endowme nt funds
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B1 Cash funds

Bank
Total cash funds (agree balances with receipts and payments account(s))

to nearest £	to nearest £	to nearest £
1360	-	-
-	-	-
-	-	-
1360	-	-
OK	OK	OK
Unrestricted funds	Restricted funds	Endowment funds

B2 Other monetary assets

Details

to nearest £	to nearest £	to nearest £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

B3 Investment assets

Details

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-
	-	-
	-	-
	-	-

B4 Assets retained for the charity's own use

Details

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-

B5 Liabilities

Details

Fund to which liability relates	Amount due (optional)	When due (optional)
	-	
	-	
	-	
	-	
	-	

Signed by one or two trustees on behalf of all the trustees

Signature
Japinder Banwait

Print Name
TAJINDER BANWAIT

Date of approval
05/08/2025