



HUMAN VALUES IN HEALTHCARE FORUM

Charity No: 1206725

TRUSTEES' ANNUAL REPORT – 19 DECEMBER 2023 to 30 SEPTEMBER 2024

OBJECTS AND ACTIVITIES

1. Human Values in Healthcare Forum ("HVHF") is a Charitable Incorporated Organisation ("CIO"). Its Constitution which was adopted on 8th December 2023 identifies its charitable objects as follows:

The objects of the CIO are, for the public benefit:

- (i) to preserve and advance health and to relieve sickness, or human suffering, by promoting the development and preservation of human values in health and social care; and
- (ii) to advance the education of health and social care practitioners and the general public on the subject of human values in health and social care and to promote evidence-based research in all aspects of that subject and disseminate the useful results.

In this clause, "human values", in the context of health and social care, includes the values of compassion, respectfulness, integrity, ethics and justice.

2. HVHF is committed to promoting and disseminating the values of compassion, respectfulness, integrity, ethics and justice in the practice of healthcare professionals, their associates and their staff and amongst the general public. To that end, HVHF's activities comprise, principally, the organisation of and participation in conferences, seminars, lectures and workshops.
3. When planning its activities for the year, the Trustees paid due regard to the guidance issued by the Charities Commission on public benefit.

ACHIEVEMENTS AND PERFORMANCE

4. THE COLLABORATIVE CENTRE FOR VALUES BASED PRACTICE (CCVBP): 25th January 2024

CCVBP generously hosted the HVHF to convene a multidisciplinary symposium (hybrid) St Catharine's College Oxford entitled:

"Artificial Intelligence and Therapeutic Relationships in Healthcare: Challenges and Opportunities. An interdisciplinary enquiry"

The broad aim of this symposium was to bring together academics and clinicians from a variety of disciplines to explore this issue and arrive at an enriched perspective with potential pathways for sustaining relational, compassionate care in the context of this rapidly evolving 'disruptive' technology.

The topics included:

- Introduction and the importance of relational care. Dr Paquita de Zulueta.
- Can Carebots care? Applying insights from care ethics and virtue ethics. Prof Ann Gallagher.
- Can chatbots be as good at empathy as human practitioners? An evidence-based perspective. Prof Jeremy Howick.
- Think outside the bot: Co-design for responsible innovation in digital mental health. Gabriela Pavarini PhD.
- How can we ensure AI is trustworthy and protects the core values of the NHS? Jessica Morley PhD.
- Who is the expert in the room? Trust, expertise, and the impact of AI on the doctor-patient relationship. Angeliki Kerasidou PhD.
- 'The algorithm will see you now.' Sustaining the soul of general practice in the digital age. Dr Rupal Shah.
- Hearing the patient's voice in AI enhanced healthcare. Prof Ed Peile.

The event was recorded and the link to the recording was made available on the HVHF website, to those who attended, and was circulated via the Newsletter and other channels.

5. THE EDINBURGH FUTURES INSTITUTE: 12th March 2024: Inaugural Symposium entitled:

"Leveraging AI to enhance compassionate relationship based care?"

Speakers included Professor John Gillies, Professor Stewart Mercer and Professor of philosophy Shannon Vallor as well as **Paquita de Zulueta** who presented a paper entitled *"Artificial intelligence (AI) and compassionate, relationship-based care"*.

The symposium was a hybrid event and a recording was made available on the Edinburgh Futures Institute website, the HVHF website and to all those who attended.

6. HVHF ANNUAL ALL-DAY IN-PERSON EVENT: 6th JULY 2024

HVHF's Annual replenishing event for those working in health and social care was held on Saturday 6th July 2024 all day, in-person at the peaceful 'urban oasis' the Royal Foundation of St Katharine Retreat Centre, London.

This day for connection, replenishment and renewal, offered space for unhurried conversations, for sharing stories and inspirational (and practical) ideas.

Using an appreciative approach, participants explored how one can develop and sustain kind and careful care, reclaim and restore more relational, meaningful - even joyful – approaches in a system that is progressively becoming more mechanistic, dehumanising, fragmented and profoundly alienating - both for those who give and those who receive care.

There was an opportunity to listen to how people at the coal face, from students to leaders, foster humanity and empathy for themselves and others. There was the opportunity to participate in dance, creative exercises, to enjoy excellent food and companionship in the calm and welcoming oasis of the Royal Foundation of St Katharine.

There were 40 Participants in all.

The programme comprised a series of presentations with opportunities for discussions:

- Welcome to the Day – Paquita de Zulueta and Frances da Cunha.
- Kindness in healthcare - Dr Bob Klaber OBE (recording)
- Rehumanising ourselves as students and junior doctors by sharing stories – Dr Clio Kennedy-Hutchison and Katherine Grigg.
- Caring for the most vulnerable in our communities and for ourselves - Serina Aboim.
- Sharing stories to discover how we can offer and sustain kindness, compassion and joy in our work/lives. (Pairs and small groups).
- Flourishing spaces through creative enquiry - Professor Louise Younie.
- Creative enquiry space – individual and group work.
- Wounded healers & wounded storytellers – the ecology of flourishing.
- Dancing to the tune of life - Dr Nirja Joshi.
- Bringing it all together: Growing hopeful patterns of health and care - Dr Margaret Hannah.
- Final Reflections.

7. JUNE 2024: Sponsored Walk: “The Camino”

In early June, Trustees Dr Paquita de Zulueta and John Marrin KC walked the Camino Primitivo from Oviedo to Santiago de Compostela – some 200 miles over a period of 16 days. They managed to raise some £4,839 in donations for the HVHF.

8. COLLABORATIONS:

The HVHF has formed collaborations with:

- The Collaborative Centre for Values based Practice Oxford.
- The Collaboration for Compassion in Healthcare Education C4CHEd Plymouth.
- Compassionate Communities UK.
- Global Compassion Coalition – healthcare cluster.
- Global Compassion Initiative Edinburgh.
- The International Futures Forum.
- The Stoneygate Centre for Empathic Healthcare Leicester.

9. JOURNAL OF EVALUATIVE CLINICAL PRACTICE: Paquita de Zulueta co-authored an article with Professor Jeremy Howick, Director of the Centre for Empathic Healthcare, entitled

“Beyond empathy training for practitioners: Cultivating empathic healthcare systems and leadership”

[J Eval Clin Pract 2024;1-11 DOI: 10.1111/jep.13970]

FINANCIAL REVIEW

10. Total receipts during the year amounted to £10,215. The entire sum was comprised of unrestricted donations as follows:

	£
(1) Donations by Standing Order:	4,500
(2) Donations associated with conferences and seminars:	1,046
(3) Donations to sponsor the Camino de Santiago de Compostela:	4,839
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	10,385
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11. Expenditure during the year amounted to £7,315, comprised of:

	£
(1) Room hire and event catering:	4,274
(2) Administrative Assistance:	721
(3) Dance Session Fee:	100
(4) Website Consulting Fees:	1,200
(6) Gifts to Speakers:	
(5) Travel Expenses paid to Speakers and Participants at events:	162
(6) Gifts to Speakers:	600
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	7,057
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12. The net result for the period was an excess of Receipts over Payments of £3,328 on unrestricted funds. Adding the bank balance brought forward at 19 December 2023, the balance carried forward at 30th September 2024, on unrestricted funds was £4,752.

13. In the period ended 30th September 2024, HVHF did not:

- (1) Receive any restricted funds.
- (2) Benefit from any assets other than its current account balance.
- (3) Maintain any investments.
- (4) Benefit from any Endowment Funds.
- (5) Benefit from any loans.

RESERVES POLICY

14. In the period ended 30th September 2024, HVHF did not maintain a formal reserves policy. Its objective was to maintain a modest favourable balance on its current account to cover the costs of administration and other occasional expenses, as well as to support the costs of the Annual Summer Event.

VOLUNTEERS

15. HVHF would like to thank the volunteers who have so wisely and generously provided advice and support by serving on the Advisory Group and on the Core Group of Advisors.
16. HVHF would also like to thank all of those who provided administrative assistance whose contributions often went over and above their obligations.

STRUCTURE, GOVERNANCE AND MANAGEMENT

17. HVHF is a foundation CIO, meaning that the same persons are its members and its trustees. It is registered with HM Revenue & Customs and it is registered to receive Gift Aid.

18. The principal address of HVHF is:

28 Lansdowne Crescent, London, W11 2NS.

Its email address is: info@humanvaluesforum.com

19. The Trustees as at the date of this report are the three original Trustees who have served since 8th December 2023. They are:

Name	Office	Appointed
Dr. Paquita de Zulueta	Chair	8 th December 2023
Dr. Frances da Cunha	Trustee	8 th December 2023
John Marrin KC	Trustee, Treasurer	8 th December 2023

20. As regards the numbers of Trustees and their selection, the Constitution provides:

- (1) That there must be at least 3 trustees, the maximum number being 12.
- (2) That trustees are appointed or re-appointed for a term of 3 years by a resolution passed at a meeting of the Trustees.
- (3) In appointing Trustees due consideration is to be given to ensuring that the Trustees have, between them, the skills, knowledge and experience necessary for the effective administration of the CIO.

Approved by the Trustees on 17th July 2025 and signed on their behalf by:

Dr. Paquita de Zulueta
Chair of the Trustees

John Marrin KC
Trustee, Treasurer



HUMAN VALUES IN HEALTHCARE FORUM

FINANCIAL STATEMENTS

for the Period 19 December 2023 - 30 September 2024

RECEIPTS AND PAYMENTS ACCOUNT

	Unrestricted Funds	Designated Funds	Restricted Funds	Endowment Funds	Total 2024
RECEIPTS AND PAYMENTS ACCOUNT					
Receipts					
Voluntary Receipts					
Regular Giving					
Receipts from donors					
Donations by standing order	4,500	-	-	-	4,500
Donations associated with conferences and seminars	1,046	-	-	-	1,046
Donations to sponsor Camino de Santiago de Compostela	4,839	-	-	-	4,839
		-	-	-	
	<u>10,385</u>	-	-	-	<u>10,385</u>
Expenditure					
Room hire and event catering	4,274	-	-	-	4,274
Administrative Assistance	721	-	-	-	721
Dance Session Fee	100	-	-	-	100
Website Consulting Fees	1,200	-	-	-	1,200
Travel expenses paid to Speakers and Participants at events	162	-	-	-	162
Gifts to Speakers	600	-	-	-	600
	<u>7,057</u>	-	-	-	<u>7,057</u>
Excess of Receipts over Payments	<u>3,328</u>	-	-	-	<u>3,328</u>
		-	-	-	

Bank current account 19th December	1,424
Bank current account 30th September	4,752

STATEMENT OF ASSETS AND LIABILITIES

Cash Funds

Bank current account	-	-	-	-
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Other Monetary Assets

	-	-	-	-	-
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Investment Assets

	-	-	-	-	-
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Assets Retained

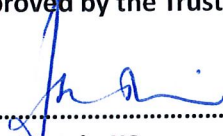
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Liabilities

	-	-	-	-	-
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The attached notes form part of these financial statements

Approved by the Trustees on 17th July 2025 and signed on their behalf by:



 John Marrin KC,
 Treasurer



 Dr Paquita de Zulueta,
 Chair of the Trustees



HUMAN VALUES IN HEALTHCARE FORUM

Notes to the Financial Statements

for

the Period 19 December 2023 - 30 September 2024

NOTES

1. The financial statements of HVHF have been prepared on the Receipts and Payments basis.
2. In the Period 19 December 2023 - 30 September 2024, HVHF:
 - (1) Held no fixed assets.
 - (2) Did not benefit from any Endowment Funds.
 - (3) Maintained no investments and received no investment income.
 - (4) Maintained a current bank account with Santander UK plc.
 - (5) Did not maintain a deposit account.
 - (6) Held no restricted funds.
3. In the Period 19 December 2023 - September 2024, HVHF did not receive Gift Aid, having become registered as a charity for tax purposes only on 10 October 2024 (HMRC Reference ZD34627).

4. HVHF did not give any guarantee where any potential liability under the guarantee was outstanding at the date of the Financial Statements for the Period 19 December 2023 - 30 September 2024 of which these Notes form part.
5. HVHF owed no debt which was secured against any assets owned by it which was outstanding at the date of the Financial Statements for the Period 19 December 2023 - 30 September 2024, of which these Notes form part.
6. During the Period 19 December 2023 – 30 September 2024, no payments other than for expense were made to any Trustee.