METTA BUDDHIST MONASTERY

England & Wales · Charity number 1206097

Details

Status	Registered
Legal form	CIO
Registered	2023-12-06
Register	View on the Charity Commission register

Contact

Address	18 Elkington Close Thornaby Stockton-On-Tees Cleveland TS17 0FZ
Phone	07412460962
Email	mettabuddhistmonastery@outlook.com

Activities

Objects: TO ADVANCE BUDDHISM MAINLY, BUT NOT EXCLUSIVELY, FOR THE BENEFIT OF THE PUBLIC THROUGH THE HOLDING OF PRAYER MEETINGS, LECTURES, PUBLIC CELEBRATION OF RELIGIOUS FESTIVALS, PRODUCING AND/OR DISTRIBUTING LITERATURE ON BUDDHISM TO ENLIGHTEN OTHERS ABOUT BUDDHISM, BROADCASTING BUDDHIST MESSAGES OF AN EVANGELISTIC AND TEACHING NATURE TO THOSE MEMBERS OF THE PUBLIC WHO WISH TO LEARN MORE ABOUT BUDDHISM.

Activities: - The advancement of Buddhism mainly, but not exclusively, by means of broadcasting Buddhist messages of an evangelistic and teaching nature to those members of the public who wish to learn more about Buddhism. - Offer mindfulness courses for members of the public for the benefit of stress relief.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Advocacy/advice/information
- **What:** Religious Activities
- **Who:** The General Public/mankind

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Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-15	£5,250	£8,900	-	-

Trustees

Name	Role	Appointed
Dr Pasan Witharana		2023-09-23
Niphawan Suksanguan		2024-11-01
Samanmali Senanayaka		2023-09-23

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METTA BUDDHIST MONASTERY

England & Wales - Charity number 1206097

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/4/2024 Period start date To 31/3/2025 Period end date

Charity name: Metta Buddhist Monastery

Charity registration number: 120609

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	• The advancement of Buddhism mainly, but not exclusively, by means of broadcasting Buddhist messages of an evangelistic and teaching nature to those members of the public who wish to learn more about Buddhism. • To advance Buddhism for the benefit of the public through the holding of prayer meetings, lectures, public celebration of religious festivals, producing and/or distributing literature on Buddhism to enlighten others about Buddhism. • Offer mindfulness courses for members of the public for the benefit of stress relief.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	• Conducting free meditation sessions to members of the public • Religious services to the Buddhist community and members of the public
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All activities have been conducted in accordance with any applicable guidance.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
	Para 1.38	

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The charity offers Buddhist religious services to members of the community. These include meditation classes for stress reduction and mindfulness awareness. Since its establishment, the charity has delivered meditation sessions to over 50 people over the last year. All the sessions have been free of charge. In addition to this, cultural events for the Buddhist community are also regularly held. These are open for anyone to attend.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	

Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Overall, there have been more expenses than the funds received via donations.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Currently there is no policy for holding reserves and there is no reserve.
Amount of reserves held	Para 1.22	0
Reasons for holding zero reserves	Para 1.22	Not enough funds
Details of fund materially in deficit	Para 1.24	During certain months, there is a deficit to cover the ongoing expenses of the charity.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Currently, there are no concerns, and we aim to improve the current working condition of the charity. As a newly established charity, the current state is to be expected.

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		Currently there are three trustees.
Type of governing document (trust deed, royal charter)	Para 1.25	'Association' model constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	By election

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Metta Buddhist Monastery
Other name the charity uses	N/A
Registered charity number	1206097
Charity's principal address	18 Elkington Close, Thornaby TS17 0FZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Pasan Witharana			
2	Mrs Sriyani Senanayaka			
3	Ms Niphawan Suksanguan			
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Pasan Witharana	
Position (eg Secretary, Chair, etc)	Secretary	
Date	12/10/2025	