

Charity name: KALMING MINDS CIO
Charity number: 1205993
Reporting period: 30 November 2023 to 30 March 2025

TRUSTEES' ANNUAL REPORT

The trustees present their report for the period ended **30 March 2025**.

Objectives and activities

The charity was established to pursue its charitable objectives as set out in its governing document. The charity's main goal is to provide therapy for people suffering with PTSD that cannot afford to get required help. The charity will work hard to help them find better ways of living with the disorder, which is very common within today's society.

Public benefit

The trustees confirm that they have had regard to the Charity Commission's guidance on public benefit.

Achievements and performance

The CIO was dormant during this period.

Financial review

During the reporting period, the charity had **no income, no expenditure and no financial activity**. No operational or charitable activities were undertaken during this period.

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) governed by its constitution.

Trustees

The trustees who served during the reporting period were:

- Natalie Hardie (Chair)
- Franklin Asante (Trustee)
- Casyo Johnson (Trustee)
- Karin Silverstien (Trustee)

STATEMENT OF RECEIPTS AND PAYMENTS

Total receipts: £0

Total payments: £0

Net receipts / (payments): £0

STATEMENT OF ASSETS AND LIABILITIES

Bank and cash: £0

Liabilities: £0

Net assets: £0

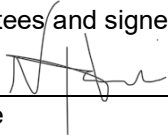
Notes to the accounts

These accounts have been prepared on a **receipts and payments basis**. The charity had no financial transactions during the reporting period.

Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom accounting practice.

Approved by the trustees and signed on their behalf.

Signature:  _____

Name: Natalie Hardie

Position: Chair

Date: 30/01/2026 _____