

LANTERN COUNSELLING

England & Wales · Charity number 1205890

Details

Status Registered

Legal form CIO

Registered 2023-11-24

Register [View on the Charity Commission register](#)

Contact

Address 10 Hawthorn Meadow
Standish
Wigan
Lancashire
WN6 0FQ

Phone 07714168701

Email info@omegacounselling.co.uk

Activities

Objects: TO PRESERVE AND PROTECT PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT BY PROVIDING ACCESS TO COUNSELLING, EITHER IN PERSON, ONLINE OR BY PHONE AND BY PROVIDING TRAINING PLACEMENTS FOR COUNSELLORS TO SUPPORT THE DELIVERY OF SUCH SERVICES. NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005 AND SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

Activities: TO PRESERVE AND PROTECT PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT BY PROVIDING ACCESS TO COUNSELLING, EITHER IN PERSON, ONLINE OR BY PHONE AND BY PROVIDING TRAINING PLACEMENTS FOR COUNSELLORS TO SUPPORT THE DELIVERY OF SUCH SERVICES.

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-20		£0	£0	-

Trustees

Name	Role	Appointed
EDWARD WOO	Chair	2023-11-24
Gavin Nicholas Kelly		2025-01-06
Janice Pearson		2023-11-24

LANTERN COUNSELLING

England & Wales - Charity number 1205890

Accounts

Trustees' annual report for the period



CHARITY COMMISSION
FOR ENGLAND AND WALES

Period start date Period end date

Charity name

Charity No
(if any)

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	TO PRESERVE AND PROTECT PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	PROVIDE ACCESS TO COUNSELLING, EITHER IN PERSON, ONLINE OR BY PHONE AND BY PROVIDING TRAINING PLACEMENTS FOR COUNSELLORS TO SUPPORT THE DELIVERY OF SUCH SERVICES.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees confirm they have had regard to the guidance issued by the Charity Commission,

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	N/A
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Lantern Counselling has yet to begin work on providing counselling services.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	N/A
Investment performance against objectives	Para 1.41	N/A
Other		

Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	Lantern Counselling was dormant during this period.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	CIO was dormant during this period.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	N/A
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A
Other		

Structure, Governance and Management

Description of charity's trusts:	SORP reference	
Type of governing document (trust deed, royal charter)	Para 1.25	The Constitution of the Charitable Incorporated Organisation ("the CIO") of Lantern Counselling.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	No further statements.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	No further statements.
Relationship with any related parties	Para 1.51	N/A
Other		

Reference and Administrative details

Charity name	Lantern Counselling
Other name the charity uses	N/A
Registered charity number	1205890
Charity's principal address	13 Oak Avenue, Standish, Wigan, WN6 0EA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Edward Woo	Chair		
2	Janice Pearson			
3	Rajiv Sawney		24/11/23 - 5/1/2025	
4	Gavin Kelly		6/1/2025 - 20/4/2025	
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20				

Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

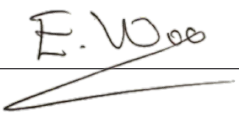
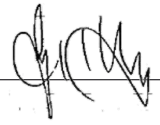
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Edward Woo	Gavin Kelly
Position (eg Secretary, Chair, etc)	Chair	
Date	12/09/2025	

LANTERN COUNSELLING

(Dormant Accounts)

(A Charitable Incorporated Organisation)

Annual Report and Financial Statements

24 November 2023 to 20 April 2025

Contents

Legal and administrative information

Report of the Trustees

Dormant Balance Sheet

Notes forming part of the financial statements

Legal and administrative information

Charity number	1205890
Registered address	13 OAK AVENUE STANDISH WIGAN WN6 0EA
Trustees	Edward Woo Gavin Kelly Janice Pearson

LANTERN COUNSELLING

Trustees' Report

The Trustees present their annual report and accounts for the first period ended 20 April 2025.

During this period, the charity had dormant accounts.

Structure, governance and management

The Charity is constituted as a Charitable Incorporated Organisation (CIO) Foundation, on the 24 November 2023. The CIO registered with the Charity Commission on the same day.

Trustees are legally responsible for the governance and management of the charity. Trustees are responsible of setting strategies and policies for ensuring these are implemented.

Risk management

The charity's trustees have considered the major risks to which the charity is exposed and have reviewed potential risks. Systems and procedures have been put in place to manage the risks and to mitigate any adverse outcomes,

Objectives and activities

The governing scheme defines the charity's objects as being to:

1. To preserve and protect physical and mental health for the public benefit.
2. To provide access to counselling, either in person, online or by phone and by providing training placements for counsellors to support the delivery of such services. Achievements and Performance

The CIO was dormant during this period.

Financial review

No transaction took place during this period,

Future plans

Lantern Counselling (Charity no 1205890) is expected to start its fundraising soon.

Trustees' responsibilities statement

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

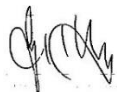
The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements. the trustees are required to;

- select suitable accounting policies and then apply them;
- observe the methods and principles in the Charities SORP;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the financial statements on the going concern basis unless it is inappropriate to presume the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the trustees on 12 September 2025 and signed on their behalf by:

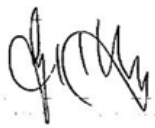


Gavin Kelly
Trustee

Lantern Counselling (1205890)
 Balance Sheet as at 20 April 2025
 (Dormant Accounts)

		2025			2024	
	£	£	£		£	£
Fixed assets						
Tangible assets		0			0	
Total fixed assets		0			0	
		0			0	
Current assets						
Stock and work in progress	0		0			
Debtors	0		0			
Cash at bank and in hand	0		0			
		0			0	
		0			0	
Liabilities						
Creditors: amounts falling due within one year	0		0			
		0			0	
		0			0	
Net current assets		0			0	
Creditors: amounts falling due after one year		0			0	
Provision for liabilities		0			0	
Net assets		0			0	
Reserves		0			0	

Approved by the Board on 12 September 2025 and signed on its behalf by;



Gavin Kelly
 Trustee

1. Accounting policies

(a) Basis of preparation

The accounts have been prepared in accordance with the receipts and payments basis in accordance with the Charity Commission guidance.

(b) Charity status

The Charity is constituted as a Charitable Incorporated Organisation (CIO) Foundation, as a body corporate under Part 11 of the Charities Act 2011 on the 28 Jul 2017. The CIO registered with the Charity Commission on the same day.

(c) Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

(d) Receipts

All incoming resources are included in the Receipt & payment Accounts when the charity actually obtains legally entitled income.

(e) Payments

All expenditure is accounted for on payments basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with use of the resources.

2. Member liabilities

The members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

3. Debt outstanding

There is no particulars of any debt outstanding at the date the statement of assets and liabilities which is owed by Lantern Counselling and which is secured by an express charge on any of the assets of Lantern Counselling.

4. Related Parties

Controlling entity

The charity is controlled by the trustees. During the year the Trustees received no emoluments or incurred any expenses using Trust funds.