

# THE FEEDING TRUST

England & Wales · Charity number 1205834

## Details

---

Other names	THE FEEDING CLINIC CIC
Status	Registered
Legal form	CIO
Registered	2023-11-21
Register	<a href="#">View on the Charity Commission register</a>

## Contact

---

**Address** The Feeding Trust  
17 The Square  
Alvechurch  
Birmingham  
B48 7LA

**Phone** 01212893204

**Email** [admin@feedingtrust.org](mailto:admin@feedingtrust.org)

**Website** [www.feedingtrust.org](http://www.feedingtrust.org)

## Activities

---

**Objects:** THE OBJECT[S] OF THE CIO ARE FOR THE PUBLIC BENEFIT:A) THE RELIEF OF SICKNESS AND PRESERVATION OF HEALTH; ANDB) THE RELIEF OF NEED; OF CHILDREN AND YOUNG PEOPLE IN THE UNITED KINGDOM WHO SUFFER FROM SIGNIFICANT FEEDING DIFFICULTIES BY REASON OF MENTAL OR PHYSICAL ILLNESS, DISABILITY, LEARNING DISABILITY OR LEARNING DIFFICULTIES, THEIR FAMILIES AND CARERS.

**Activities:** We help children and young people with feeding difficulties and differences to develop a lifelong, healthy relationship with food . We aim to: Reduce the barriers to accessing evidence based support, empower families and the wider community through advocacy and advice, and raise awareness of feeding development through research, education and training.

## Classification

---

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, People With Disabilities

## Geography

---

- Throughout England

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£275,274	£160,017	-	-
2024-10-31	£153,928	£162,961	-	-

## Trustees

---

Name	Role	Appointed
<b>Hannah Daw</b>	Chair	2019-10-17
Dr Helen Grindulis		2019-10-17
Dr Melissa Bujtor		2025-10-10
dr Richard Horniblow		2023-12-19

**THE FEEDING TRUST**

England & Wales - Charity number 1205834

---

# Accounts

---

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2025**

**FOR**

**The Feeding Trust**

MHR Consultancy Limited  
Ferneberga House  
Alexandra Road  
Farnborough  
Hampshire  
GU14 6DQ

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**for the Year Ended 31 October 2025**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 4
<b>Independent Examiner's Report</b>	5
<b>Statement of Financial Activities</b>	6
<b>Statement of Financial Position</b>	7
<b>Notes to the Financial Statements</b>	8 to 11
<b>Detailed Statement of Financial Activities</b>	12 to 13

## **The Feeding Trust**

### **REPORT OF THE TRUSTEES** **for the Year Ended 31 October 2025**

The trustees present their report with the financial statements of the charity for the year ended 31 October 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The charity's objects are for the public benefit:

- a) the relief of sickness and preservation of health; and
- b) the relief of need;

of children and young people in the United Kingdom who experience significant feeding difficulties due to mental or physical illness, disability, learning disability or learning difficulties, and their families and carers.

During the year, the charity continued to deliver specialist support for children and young people with complex feeding difficulties, while also beginning a strategic transition to broaden its impact. This transition reflects a growing recognition that feeding development is fundamental to children's health, development and social inclusion, and that earlier, more accessible support is needed across health, education and community settings.

##### **Significant activities**

The charity's work continues to be delivered across four key areas:

1. Clinical Services (Feeding Clinic) - Providing specialist multidisciplinary assessment and intervention for children with significant feeding difficulties.
2. Education & Training - Delivering training to parents, schools and health professionals, including the development of the Eating as Learning (EaL) Framework.
3. Research - Contributing to the national evidence base through partnerships with academic institutions.
4. Advocacy and Awareness - Raising awareness of feeding difficulties and supporting families to access appropriate services.

Alongside these activities, the Trustees have approved a strategic shift towards a new operating model. The charity is transitioning from a primarily clinic-based service to a Foundation for Feeding Education & Development, focused on building national understanding, workforce capability and early support.

##### **Public benefit**

The Trustees confirm that they have complied with their duty under section 17 of the Charities Act 2011 to have due regard to public benefit guidance.

The charity provides public benefit by:

- " Supporting children with feeding difficulties to improve nutrition, health and participation
- " Reducing family stress and isolation
- " Enabling access to NHS, education and social care services
- " Increasing professional understanding and early identification

This work directly contributes to the relief of sickness, preservation of health and reduction of need for children and families.

##### **Chair's Statement**

This year has been one of both reflection and progress for The Feeding Trust. As a parent of a child who experienced significant feeding challenges, I know first-hand how complex and isolating this journey can be. Feeding difficulties are often misunderstood, leaving families without the support they need and children unable to fully participate in everyday life. For many, the challenge is not simply about food, but about development, health and social inclusion.

Over the past year, the charity has continued to deliver high-quality support to children and families through its clinical and educational work. The outcomes achieved - improvements in feeding skills, nutrition and family wellbeing, are a testament to the dedication of our team and the effectiveness of our approach.

At the same time, Trustees have taken the opportunity to reflect on how we can create greater impact. We have seen that while specialist services are essential, they reach only a small proportion of those who need support. Many children, particularly those with special educational needs and disabilities, are not recognised early and do not receive help until difficulties become more severe. In response, we are beginning a transition towards a new model as the Foundation for Feeding Education & Development. This will enable us to focus on early recognition, education, and system-wide change, so that more children can be supported before challenges escalate.

We remain firmly committed to our charitable purpose: improving the health and wellbeing of children with feeding difficulties and supporting their families. This next phase represents an important step in extending that impact.

On behalf of the Board, I would like to thank our staff, partners, funders and, most importantly, the families who place their trust in us.

## **The Feeding Trust**

### **REPORT OF THE TRUSTEES** **for the Year Ended 31 October 2025**

#### **ACHIEVEMENTS AND PERFORMANCE**

##### **Achievements and Performance**

During the year, the charity delivered strong outcomes across clinical services, education and wider system engagement.

##### Clinical Outcomes

The Feeding Clinic supported a cohort of children with complex feeding needs, achieving:

- " 100% of children demonstrating measurable improvement in feeding skills and development.
- " 100% of children improving nutritional intake, including significant increases across all food groups, including fruits, vegetables and proteins.
- " Early intervention contributing to reduced risk of malnutrition and associated health complications

##### Family Wellbeing

- " 95% of parents reported reduced stress and isolation
- " 95% reported increased confidence at mealtimes

##### Access to Wider Support

- " 38% of families used charity assessment reports to support access to NHS or local authority funded services
- The charity continues to play a critical role in enabling families to navigate complex systems and secure appropriate support.

##### Education, Training and Community Reach

- " 900 education professionals trained
  - " 100 health professionals trained
  - " 600 parents supported through training, webinars and advice
- This represents a significant increase in community-level impact and early identification.

##### Research and Knowledge Sharing

- " Ongoing research collaboration with the University of Birmingham and University College London
  - " Research article published in a peer-reviewed journal (JPGN)
  - " Leading a national Communities of Practice
- This work supports the development of an evidence base for feeding difficulties in the UK.

##### Sustainability and Growth

The charity successfully diversified its income through grants and partnerships, securing funding from:

- " The National Lottery
- " Birmingham Food Legends and Five Ways to Wellbeing
- " Tesco Stronger Starts
- " Garfield Weston Foundation
- " Baily Thomas Trust
- " Brian Murtagh Charitable Trust
- " Hospital Saturday Fund
- " The Headley Foundation

##### Strategic Development

During the year, Trustees undertook a review of the charity's long-term impact and sustainability. This identified a significant unmet need:

Feeding development is a fundamental part of early childhood, yet it remains poorly understood and inconsistently supported across health, education and community systems. Current provision is largely reactive, with services often accessed only once difficulties have become severe. As a result, many children, particularly those with special educational needs and disabilities (SEND), are unable to access or benefit from mainstream food, education and social opportunities.

These challenges can lead to long-term impacts on physical and mental health, educational and social inclusion, as well as avoidable escalation in health, education and social care systems. The Trustees recognise that addressing this gap requires a shift from specialist, clinic-based intervention alone, towards a broader focus on early recognition, education and system-wide capability. This forms the basis of the charity's strategic transition to a new model as the Foundation for Food Education & Development, with a focus on:

1. Education and Training: Delivering our Eating as Learning (EaL) Framework and Curriculum - an inclusive approach to teaching feeding skills through practical food education - to staff in schools and early years settings to support children's feeding skills through practical food education.
2. Advocacy and Awareness: Shifting public understanding and policy to recognise feeding development as essential for food access, ensuring SEND children are not overlooked.
3. Research: Building the UK evidence base, focusing on lived experience and real-world practice to inform better policy and investment.
4. Equity and Access: Developing a strong digital platform providing guidance, resources and signposting to 'Experts at Hand' - certified EaL Practitioners and Volunteer Ambassadors - in communities across the UK

Direct clinical services will be phased out, with a new signposting service to Certified EaL Practitioners and educational settings. The Trustees believe this strategic shift will enable the charity to reach more children and families, reduce inequalities, and deliver greater long-term public benefit.

#### **FINANCIAL REVIEW**

##### **Financial position**

The Feeding Trust ensures robust financial oversight through the preparation and review of quarterly management accounts. These accounts are prepared by a qualified accountant, reviewed by the Treasurer, and shared with the Board at quarterly meetings. This process ensures transparency and accountability

## **The Feeding Trust**

### **REPORT OF THE TRUSTEES** **for the Year Ended 31 October 2025**

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The charity maintains reserves equivalent to three months of operating costs, amounting to £30,000. This policy ensures that the charity can continue its work in the event of unexpected financial challenges.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

##### **Charity constitution**

The Feeding Trust is a Charitable Incorporated Organisation (CIO). A CIO is a legal structure specifically designed for charities in the UK, combining the benefits of incorporation (such as limited liability for trustees) with the simplicity of being regulated solely by the Charity Commission. This structure provides a clear framework for governance, management, and accountability.

##### **Recruitment and appointment of new trustees**

The Feeding Trust recruits trustees through an open and transparent process to ensure diversity and the inclusion of individuals with the necessary skills and experience. Potential trustees are identified through community networks, professional networks, and advertisements. Candidates are interviewed, and their suitability is assessed based on the charity's needs.

##### **Organisational structure**

The Feeding Trust is governed by its Board of Trustees, who are responsible for providing strategic oversight and ensuring compliance with legal and regulatory requirements. The charity uses the Charities Excellence Framework to monitor and improve its operations. Key areas reviewed include:

- \* Impact, income, resilience, and sustainability
- \* Funding
- \* Legal and compliance
- \* Safeguarding
- \* Strategy
- \* People management
- \* Operational efficiency
- \* Risk management
- \* Communications
- \* Leadership, integrity, diversity, and accountability

The Board has appointed Natalie Raven Morris as the Chief Executive Officer (CEO). The CEO's responsibilities include:

- \* Overseeing day-to-day operations and implementing the charity's strategic goals.
- \* Managing the charity's staff, resources, and finances.
- \* Acting as the main point of contact for stakeholders, including donors, beneficiaries, and regulatory bodies.
- \* Developing and executing fundraising strategies.
- \* Ensuring compliance with policies and legal requirements.
- \* Supporting the Board with relevant reports and data to aid decision-making.

##### **Related parties**

During the prior year, Hannah Daws, a trustee, was paid as an associate nutritionist for a period of 8 months. This was considered "essential" for the Charity due to short term maternity cover and issues with recruiting staff

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1205834

##### **Principal address**

17 The Square  
Alvechurch  
Birmingham  
B48 7LA

##### **Trustees**

Miss H Daw  
Dr R Horniblow  
Dr H Grindulis  
Dr B Bujtor (appointed 10.10.25)

**The Feeding Trust**

**REPORT OF THE TRUSTEES**  
**for the Year Ended 31 October 2025**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Mark B Blackwell ACMA  
MHR Consultancy Limited  
Ferneberga House  
Alexandra Road  
Farnborough  
Hampshire  
GU14 6DQ

01/05/2026

Approved by order of the board of trustees on ..... and signed on its behalf by:



.....  
Miss H Daw - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
THE FEEDING TRUST**

**Independent examiner's report to the trustees of The Feeding Trust**

I report to the charity trustees on my examination of the accounts of The Feeding Trust (the Trust) for the year ended 31 October 2025.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Management Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark B Blackwell ACMA  
The Chartered Institute of Management Accountants

MHR Consultancy Limited  
Ferneberga House  
Alexandra Road  
Farnborough  
Hampshire  
GU14 6DQ

Date: 6th May 2026.

**The Feeding Trust****STATEMENT OF FINANCIAL ACTIVITIES  
for the Year Ended 31 October 2025**

				Year Ended 31.10.25 Total funds £	Period 21.11.23 to 31.10.24 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies				3,791	2,266
<b>Charitable activities</b>					
Charitable Objectives				206,754	144,967
Other trading activities	2			26,112	6,695
<b>Total</b>				<u>236,657</u>	<u>153,928</u>
<b>EXPENDITURE ON</b>					
Raising funds				22,663	9,798
<b>Charitable activities</b>					
Charitable Objectives				131,229	153,163
<b>Total</b>				<u>153,892</u>	<u>162,961</u>
<b>NET INCOME/(EXPENDITURE)</b>				82,765	(9,033)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward				(49,817)	(40,784)
<b>TOTAL FUNDS CARRIED FORWARD</b>				<u><u>32,948</u></u>	<u><u>(49,817)</u></u>

**The Feeding Trust**

**STATEMENT OF FINANCIAL POSITION**  
**31 October 2025**

	Notes	Unrestricted fund £	Restricted funds £	31.10.25 Total funds £	31.10.24 Total funds £
<b>FIXED ASSETS</b>					
Intangible assets	6	52,500	-	52,500	-
<b>CURRENT ASSETS</b>					
Debtors	7	7,121	-	7,121	5,045
Cash at bank		28,700	32,492	61,192	38,566
		<u>35,821</u>	<u>32,492</u>	<u>68,313</u>	<u>43,611</u>
<b>CREDITORS</b>					
Amounts falling due within one year	8	(55,373)	-	(55,373)	(93,428)
<b>NET CURRENT ASSETS/(LIABILITIES)</b>		<u>(19,552)</u>	<u>32,492</u>	<u>12,940</u>	<u>(49,817)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>32,948</u>	<u>32,492</u>	<u>65,440</u>	<u>(49,817)</u>
<b>NET ASSETS/(LIABILITIES)</b>		<u>32,948</u>	<u>32,492</u>	<u>65,440</u>	<u>(49,817)</u>
<b>FUNDS</b>	10				
Unrestricted funds				32,948	(49,817)
Restricted funds				32,492	-
<b>TOTAL FUNDS</b>				<u>65,440</u>	<u>(49,817)</u>

01/05/2026

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:



.....  
H Daw - Trustee



.....  
H Grindulis - Trustee

**NOTES TO THE FINANCIAL STATEMENTS  
for the Year Ended 31 October 2025**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

	Year Ended 31.10.25	Period 21.11.23 to 31.10.24
Training & Other Income	£ 26,112	£ 6,695

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 October 2025 nor for the period ended 31 October 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 October 2025 nor for the period ended 31 October 2024.

**4. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	Year Ended 31.10.25	Period 21.11.23 to 31.10.24
Medical Advisors	8	6
Administration	1	1
	<u>9</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 October 2025**

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	2,266	-	2,266
<b>Charitable activities</b>			
Charitable Objectives	144,967	-	144,967
Other trading activities	6,695	-	6,695
<b>Total</b>	<u>153,928</u>	<u>-</u>	<u>153,928</u>
<b>EXPENDITURE ON</b>			
Raising funds	9,798	-	9,798
<b>Charitable activities</b>			
Charitable Objectives	153,163	-	153,163
<b>Total</b>	<u>162,961</u>	<u>-</u>	<u>162,961</u>
<b>NET INCOME/(EXPENDITURE)</b>	(9,033)	-	(9,033)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	(40,784)	-	(40,784)
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>(49,817)</u>	<u>-</u>	<u>(49,817)</u>

**6. INTANGIBLE FIXED ASSETS**

	Patents and licences £
<b>COST</b>	
Additions	<u>52,500</u>
<b>NET BOOK VALUE</b>	
At 31 October 2025	<u>52,500</u>
At 31 October 2024	<u>-</u>

**7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.10.25 £	31.10.24 £
Trade debtors	4,571	1,540
Other debtors	-	583
Prepayments	2,550	2,922
	<u>7,121</u>	<u>5,045</u>

**The Feeding Trust**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 October 2025**

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.10.25	31.10.24
	£	£
Bounce Back and other Loans (see note 9)	-	9,624
Trade creditors	1,322	2,485
Social security and other taxes	887	-
Other creditors	618	-
Deferred Income	51,432	80,289
Accrued expenses	1,114	1,030
	<u>55,373</u>	<u>93,428</u>

**9. LOANS**

An analysis of the maturity of loans is given below:

	31.10.25	31.10.24
	£	£
Amounts falling due within one year on demand:		
Bounce Back and other Loans	-	9,624
	<u>-</u>	<u>9,624</u>

**10. MOVEMENT IN FUNDS**

	At 1.11.24 £	Net movement in funds £	At 31.10.25 £
<b>Unrestricted funds</b>			
General fund	(49,817)	82,765	32,948
<b>Restricted funds</b>			
BCC - Five Ways to Wellbeing	-	2,000	2,000
Birmingham City Council	-	1,500	1,500
Tesco - Groundworks	-	5,625	5,625
National Lottery	-	18,367	18,367
Screwfix Foundation	-	5,000	5,000
	<u>-</u>	<u>32,492</u>	<u>32,492</u>
<b>TOTAL FUNDS</b>	<u>(49,817)</u>	<u>115,257</u>	<u>65,440</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	236,657	(153,892)	82,765
<b>Restricted funds</b>			
BCC - Five Ways to Wellbeing	2,500	(500)	2,000
Birmingham City Council	5,000	(3,500)	1,500
Tesco - Groundworks	7,750	(2,125)	5,625
National Lottery	18,367	-	18,367
Screwfix Foundation	5,000	-	5,000
	<u>38,617</u>	<u>(6,125)</u>	<u>32,492</u>
<b>TOTAL FUNDS</b>	<u>275,274</u>	<u>(160,017)</u>	<u>115,257</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Year Ended 31 October 2025**

**10. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 21.11.23 £	Net movement in funds £	At 31.10.24 £
<b>Unrestricted funds</b>			
General fund	(40,784)	(9,033)	(49,817)
<b>TOTAL FUNDS</b>	<u>(40,784)</u>	<u>(9,033)</u>	<u>(49,817)</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	153,928	(162,961)	(9,033)
<b>TOTAL FUNDS</b>	<u>153,928</u>	<u>(162,961)</u>	<u>(9,033)</u>

**Birmingham City Council**

Development and delivery of Eating as Learning Curriculum and training to 4 specified schools within Birmingham.

**BCC - 5 Ways to Wellbeing**

Development and delivery of Eating as Learning Curriculum mentoring to 4 schools as specified within Birmingham City Council grant.

**Tesco - Groundworks**

Development and delivery of Eating as Learning Curriculum and training to schools awarded with Stronger Starts grants.

**National Lottery**

Funding to employ part time community engagement officer on fixed term 12 month contract.

**Screwfix**

Funding for energy efficient building and insulations works to clinic.

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 October 2025.

**The Feeding Trust****DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
for the Year Ended 31 October 2025**

	Year Ended 31.10.25 £	Period 21.11.2 to 31.10.24 £	3
<b>INCOME AND ENDOWMENTS</b>			
<b>Donations and legacies</b>			
Donations	3,791	2,266	
<b>Other trading activities</b>			
Training & Other Income	26,112	6,695	
<b>Charitable activities</b>			
Grants	113,617	50,400	
Commissioned Income	75,939	58,352	
Private Income	55,815	36,215	
	<hr/>	<hr/>	
	245,371	144,967	
<b>Total incoming resources</b>	<hr/>	<hr/>	
	275,274	153,928	
<b>EXPENDITURE</b>			
<b>Raising donations and legacies</b>			
Fundraising Costs	19,410	4,920	
Website, Promotion & Marketing	3,253	4,878	
	<hr/>	<hr/>	
	22,663	9,798	
<b>Charitable activities</b>			
Wages	91,752	109,916	
Social security	2,994	-	
Pensions	2,936	1,596	
Rates and water	209	367	
Insurance	1,108	394	
Light and heat	1,604	3,553	
Telephone	753	1,006	
Office Supplies	1,890	1,535	
Sundries	2,114	215	
Rent	10,885	10,200	
Computer and related costs	1,466	1,308	
Cleaning Costs	1,144	792	
Administration Support	7,756	5,497	
Repairs & Renewals	45	484	
Accountancy Fees (non IE)	1,194	3,202	
Professional Subcontractors	1,640	6,158	
Therapy Equipment	1,609	895	
Staff Training	1,640	355	
Subscriptions	77	2,319	
Legal Expenses	-	431	
Bad Debts	-	740	
Travel	2,764	1,150	
	<hr/>	<hr/>	
	135,580	152,113	
<b>Support costs</b>			
<b>Finance</b>			
Bank charges	1,054	330	

**The Feeding Trust**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Year Ended 31 October 2025**

	Year Ended 31.10.25 £	Period 21.11.2 to 31.10.24 £	3
<b>Finance</b>			
<b>Governance costs</b>			
Independent Examination	720	720	
Total resources expended	160,017	162,961	
<b>Net income/(expenditure)</b>	115,257	(9,033)	

**THE FEEDING TRUST**

England & Wales - Charity number 1205834

---

# Accounts

---

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE PERIOD 21 NOVEMBER 2023 TO 31 OCTOBER 2024**  
**FOR**  
**The Feeding Trust**

MHR Consultancy Limited  
Ferneberga House  
Alexandra Road  
Farnborough  
Hampshire  
GU14 6DQ

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**for the Period 21 November 2023 to 31 October 2024**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 3
<b>Independent Examiner's Report</b>	4
<b>Statement of Financial Activities</b>	5
<b>Statement of Financial Position</b>	6
<b>Notes to the Financial Statements</b>	7 to 8
<b>Detailed Statement of Financial Activities</b>	9

## **The Feeding Trust**

### **REPORT OF THE TRUSTEES**

**for the Period 21 November 2023 to 31 October 2024**

The trustees present their report with the financial statements of the charity for the period 21 November 2023 to 31 October 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

We help children and young people with Paediatric Feeding Disorders (PFD) to develop a lifelong, healthy relationship with food. We aim to: Reduce the barriers to accessing evidence based treatment, empower families and the wider community through advocacy, support and advice, and raise awareness of PFD through research, education and training.

#### **Significant activities**

The Feeding Trust's objectives are outlined in its Theory of Change, which encompasses four key pillars:

1. The Feeding Clinic: Providing specialised support and services to families.
2. Education & Training: Delivering training for parent, educational staff and health professionals.
3. Research: Conducting research to enhance understanding and improve practices in the field.
4. Advocacy and Awareness Raising: Promoting the charity's mission and advocating for systemic changes.

More information about these activities is available on our website: [www.feedingtrust.org](http://www.feedingtrust.org).

#### **Public benefit**

##### **Achievements and Performance**

In the past year, The Feeding Trust has successfully delivered significant public benefits through its programs and initiatives. Key achievements include:

- \* Clinical Services: Supported 70 families through The Feeding Clinic.
- \* Education & Training:
  - Teachers and educational staff in schools.
  - Delivered training to 80 health professionals.
- \* Webinars: Conducted online sessions for 80 parents and professionals.
- \* Parent Advice Groups: Facilitated support groups for 60 parents.
- \* Advocacy and Awareness: Presented three short talks at conferences, reaching large audiences.

These activities demonstrate our commitment to improving lives and fostering a greater understanding of feeding challenges. Our work aligns with the Charity Commission's guidance on providing public benefit.

#### **Social Impact - Client Quotes**

"The Feeding Trust offer an amazing service. Other areas NEED organisations like them. My area has no treatment for feeding difficulties - there's been no help from my GP or any other local service."

"When I mention my son has PFD, I am met with blank stares and confusion. I believe that health and educational professionals would hugely benefit from training and awareness which would in then turn massively help people with a PFD. Many times I've had to explain to health professionals what PFD is in order for them to begin to understand my son's difficulties, but if the knowledge and understanding were already there it would take a huge strain off an already stressful situation."

#### **Case Study**

"Godzilla is dead and buried. I'm not frightened of food anymore, but my body needs to get used to things."

Cameron was referred to our charity aged 10. He had a complex medical and social history, diagnosed with ADHD (medicated), Autism, developmental delay & trauma associated with being taken into care aged 2 1/2. He was under weight and only ate smooth baby foods (jars and custard pots). Cameron was in a mainstream school and was desperate to learn how to eat the same foods as his friends before starting secondary school. He had significant feeding difficulties, and his oral motor and self-help skills were extremely delayed - he had never eaten anything other than baby food from a jar. Previous attempts to eat this food resulted in an extreme 'fight or flight' reaction. He likened this to a monster, 'Godzilla'. He couldn't go to birthday parties or on school trips because of his difficulties with eating and food. Over a period of 18 months, Cameron attended 10 intensive therapy sessions at our feeding clinic. We worked directly with him, his family and school staff to develop the skills he needed to learn to eat. By the end of therapy, Cameron had:

- 1) Learnt to eat freshly prepared, age-appropriate versions of jar foods eg pasta bakes, risotto, casserole.
- 2) Learnt a 'scientific strategy' for exploring new foods, that stopped the 'fight or flight' reaction.
- 3) Was self feeding using age-appropriate cutlery.
- 4) Had learnt to help prepare and cook food.
- 5) Could eat out in restaurants, at school and go on school trips.
- 6) Gained weight and growth was within typical parameters.

Cameron's parents have given full consent to use this case study here

### **FINANCIAL REVIEW**

#### **Financial position**

The Feeding Trust ensures robust financial oversight through the preparation and review of quarterly management accounts. These accounts are prepared by a qualified accountant, reviewed by the Treasurer, and shared with the Board at quarterly meetings. This process ensures transparency and accountability

## **The Feeding Trust**

### **REPORT OF THE TRUSTEES**

**for the Period 21 November 2023 to 31 October 2024**

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The charity maintains reserves equivalent to three months of operating costs, amounting to £30,000. This policy ensures that the charity can continue its work in the event of unexpected financial challenges.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

##### **Charity constitution**

The Feeding Trust is a Charitable Incorporated Organisation (CIO). A CIO is a legal structure specifically designed for charities in the UK, combining the benefits of incorporation (such as limited liability for trustees) with the simplicity of being regulated solely by the Charity Commission. This structure provides a clear framework for governance, management, and accountability.

##### **Recruitment and appointment of new trustees**

The Feeding Trust recruits trustees through an open and transparent process to ensure diversity and the inclusion of individuals with the necessary skills and experience. Potential trustees are identified through community networks, professional networks, and advertisements. Candidates are interviewed, and their suitability is assessed based on the charity's needs.

##### **Organisational structure**

The Feeding Trust is governed by its Board of Trustees, who are responsible for providing strategic oversight and ensuring compliance with legal and regulatory requirements. The charity uses the Charities Excellence Framework to monitor and improve its operations. Key areas reviewed include:

- \* Impact, income, resilience, and sustainability
- \* Funding
- \* Legal and compliance
- \* Safeguarding
- \* Strategy
- \* People management
- \* Operational efficiency
- \* Risk management
- \* Communications
- \* Leadership, integrity, diversity, and accountability

The Board has appointed Natalie Raven Morris as the Chief Executive Officer (CEO). The CEO's responsibilities include:

- \* Overseeing day-to-day operations and implementing the charity's strategic goals.
- \* Managing the charity's staff, resources, and finances.
- \* Acting as the main point of contact for stakeholders, including donors, beneficiaries, and regulatory bodies.
- \* Developing and executing fundraising strategies.
- \* Ensuring compliance with policies and legal requirements.
- \* Supporting the Board with relevant reports and data to aid decision-making.

##### **Related parties**

During the year Hannah Daws, a trustee, was paid as an associate nutritionist for a period of 8 months. This was considered "essential" for the Charity due to short term maternity cover and issues with recruiting staff

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1205834

##### **Principal address**

17 The Square  
Alvechurch  
Birmingham  
B48 7LA

##### **Trustees**

H Daw (appointed 21.11.23)  
Dr R Horniblow (appointed 21.11.23)  
Dr H Grindulis (appointed 21.11.23)  
H Wetherell (appointed 21.11.23)

**The Feeding Trust**

**REPORT OF THE TRUSTEES**

**for the Period 21 November 2023 to 31 October 2024**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Mark B Blackwell ACMA  
MHR Consultancy Limited  
Ferneberga House  
Alexandra Road  
Farnborough  
Hampshire  
GU14 6DQ

Feb 13, 2025

Approved by order of the board of trustees on ..... and signed on its behalf by:

*H Daw*

H Daw (Feb 13, 2025 14:31 GMT)

H Daw - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
THE FEEDING TRUST**

**Independent examiner's report to the trustees of The Feeding Trust**

I report to the charity trustees on my examination of the accounts of The Feeding Trust (the Trust) for the period 21 November 2023 to 31 October 2024.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mark B Blackwell ACMA  
The Chartered Institute of Management Accountants

MHR Consultancy Limited  
Ferneberga House  
Alexandra Road  
Farnborough  
Hampshire  
GU14 6DQ

Date: .....

**The Feeding Trust**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the Period 21 November 2023 to 31 October 2024**

	Notes	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>		
Donations and legacies		2,266
<b>Charitable activities</b>		
Charitable Objectives		144,967
Other trading activities	2	6,695
<b>Total</b>		<u>153,928</u>
<b>EXPENDITURE ON</b>		
Raising funds		9,798
<b>Charitable activities</b>		
Charitable Objectives		153,163
<b>Total</b>		<u>162,961</u>
<b>NET INCOME/(EXPENDITURE)</b>		(9,033)
<b>RECONCILIATION OF FUNDS</b>		
Total funds brought forward		(40,784)
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>(49,817)</u></u>

**The Feeding Trust**

**STATEMENT OF FINANCIAL POSITION**  
**31 October 2024**

	Notes	Unrestricted fund £
<b>CURRENT ASSETS</b>		
Debtors	5	5,045
Cash at bank		<u>38,566</u>
		43,611
<b>CREDITORS</b>		
Amounts falling due within one year	6	(93,428)
		<u>(93,428)</u>
<b>NET CURRENT ASSETS/(LIABILITIES)</b>		<u>(49,817)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>(49,817)</u>
<b>NET ASSETS</b>		<u>(49,817)</u>
<b>FUNDS</b>	8	
Unrestricted funds		<u>(49,817)</u>
<b>TOTAL FUNDS</b>		<u>(49,817)</u>

The financial statements were approved by the Board of Trustees and authorised for issue on Feb 13, 2025 and were signed on its behalf by:

H Daw  
H Daw / Feb 13, 2025 14:31 GMT.....  
H Daw - Trustee

H Grindulis  
.....  
H Grindulis - Trustee

**NOTES TO THE FINANCIAL STATEMENTS**  
**for the Period 21 November 2023 to 31 October 2024**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

Training & Other Income

£  
6,695  
        

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the period ended 31 October 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the period ended 31 October 2024.

**4. STAFF COSTS**

The average monthly number of employees during the period was as follows:

Medical Advisors  
Administration

6  
1  
          
7  
        

No employees received emoluments in excess of £60,000.

**The Feeding Trust**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the Period 21 November 2023 to 31 October 2024**

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	£
Trade debtors	1,540
Other debtors	583
Prepayments	2,922
	<u>5,045</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	£
Other loans (see note 7)	9,624
Trade creditors	2,485
Deferred Income	80,289
Accrued expenses	1,030
	<u>93,428</u>

**7. LOANS**

An analysis of the maturity of loans is given below:

	£
Amounts falling due within one year on demand:	
Other loans	<u>9,624</u>

**8. MOVEMENT IN FUNDS**

	At 21.11.23 £	Net movement in funds £	At 31.10.24 £
<b>Unrestricted funds</b>			
General fund	(40,784)	(9,033)	(49,817)
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>(40,784)</u>	<u>(9,033)</u>	<u>(49,817)</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	153,928	(162,961)	(9,033)
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>153,928</u>	<u>(162,961)</u>	<u>(9,033)</u>

**9. RELATED PARTY DISCLOSURES**

There were no related party transactions for the period ended 31 October 2024.

**The Feeding Trust****DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
for the Period 21 November 2023 to 31 October 2024**

£

**INCOME AND ENDOWMENTS****Donations and legacies**

Donations 2,266

**Other trading activities**

Training &amp; Other Income 6,695

**Charitable activities**

Grants 50,400

Commissioned Income 58,352

Private Income 36,215

---

144,967**Total incoming resources**

---

153,928**EXPENDITURE****Raising donations and legacies**

Fundraising Costs 4,920

Website, Promotion &amp; Marketing 4,878

---

9,798**Charitable activities**

Wages 109,916

Pensions 1,596

Rates and water 367

Insurance 394

Light and heat 3,553

Telephone 1,006

Office Supplies 1,535

Sundries 215

Rent 10,200

Computer and related costs 1,308

Cleaning Costs 792

Administration Support 5,497

Repairs &amp; Renewals 484

Accountancy Fees (non IE) 3,202

Professional Subcontractors 6,158

Therapy Equipment 895

Staff Training 355

Subscriptions 2,319

Legal Expenses 431

Bad Debts 740

Travel 1,150

---

152,113**Support costs****Finance**

Bank charges 330

**Governance costs**

Independent Examination 720

**Total resources expended**

---

162,961**Net expenditure**

---

---

**(9,033)**








# FT002-Charities report - Final - 25-02-03 (3)

Final Audit Report

2025-02-13

Created:	2025-02-13
By:	MARK BLACKWELL (mark@mhrconsultancy.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAA9IhA_jTkbSbWRunhBvY9BI8mgHky7Vuz

## "FT002-Charities report - Final - 25-02-03 (3)" History

-  Document digitally presigned by IRIS Software Group Ltd.  
2025-02-06 - 11:35:46 GMT
-  Document created by MARK BLACKWELL (mark@mhrconsultancy.co.uk)  
2025-02-13 - 14:28:01 GMT
-  Document emailed to hannah@feedingtrust.org for signature  
2025-02-13 - 14:29:05 GMT
-  Email viewed by hannah@feedingtrust.org  
2025-02-13 - 14:30:41 GMT
-  Signer hannah@feedingtrust.org entered name at signing as H Daw  
2025-02-13 - 14:31:21 GMT
-  Document e-signed by H Daw (hannah@feedingtrust.org)  
Signature Date: 2025-02-13 - 14:31:23 GMT - Time Source: server
-  Agreement completed.  
2025-02-13 - 14:31:23 GMT