

Trustees' Annual Report for the period

Period start date 1st January 2025 to Period end date 31st December 2025

Charity name: Thrive Education Inclusion Services

Charity registration number: 1205812

Section 1. Objections and Activities

	SORP Reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>For the public benefit, the advancement of education of children and young people in such ways as the trustees think fit, including by:</p> <p>Providing mentoring and coaching to aid in developing their mental, physical, and moral capabilities.</p> <p>Improving school attendance.</p> <p>Providing support for students who are struggling to engage in education.</p> <p>Supporting parents to engage more with their children's educational needs and acting as a mediator between children and their parents to support re-engagement in education.</p> <p>For the public benefit to promote and protect the good health of children and young people by providing the Cool Kids Anxiety Program which is a 10-session programme on how to manage anxiety more effectively.</p>
Summary of the main activities in relation to those purposes for the public	Para 1.17 and 1.19	<p>We provide free support services to children and families in Tonbridge Kent:</p>

benefit, in particular, the activities, projects or services identified in the accounts.

121 Mentoring

The aim of this service is to provide emotional support, set meaningful goals, and guide children and young people towards realising their full potential, while helping them view themselves in a more positive light. Children and young people referred to this service may need support in learning practical strategies and skills to self-regulate their emotions, behaviours, and reactions, as well as to better understand the cycle of thoughts, feelings, and behaviours.

Our mentors focus on nurturing the exploration of new interests and talents, encouraging personal growth and self-confidence. By offering tailored support, we aim to empower children and young people to build resilience, improve emotional well-being, and develop the skills they need to succeed in all areas of their lives.

Anxiety Management Programme

Our 10-session Anxiety Management Programme is designed for children and young people between the ages of 7 and 17, with a focus on addressing the individual needs of each participant. The aim of the service is to equip children and young people with practical skills and techniques to help manage their anxiety, while also fostering independence and building confidence.

The programme is based on the Cognitive Behavioural Therapy (CBT) model and incorporates the Cool Kids Programme, which breaks anxiety down into three key components:

1. **Body/Physical** – Understanding the physical symptoms of anxiety.
2. **Thoughts/Cognitions** – Identifying and challenging anxious thoughts.
3. **Actions/Behaviour** – Learning how to manage and change behaviours triggered by anxiety.

		<p>In addition to supporting the children and young people, the programme also provides guidance for parents, helping them develop effective strategies to react to their child's anxiety. It encourages parents to support their child's independence and resilience, ultimately empowering both the child and their family to better manage anxiety in everyday life.</p> <p>Parent support</p> <p>Families, parents and carers can feel isolated, frustrated, and unsure about the best ways to support their child or young person who is facing social, emotional (including anxiety) or other difficulties</p> <p>We offer one-to-one support for parents or carers, either in person or over the phone.</p> <p>Our goal is to provide parents and carers with the opportunity to:</p> <ul style="list-style-type: none"> • Seek emotional support and guidance in a safe and understanding environment. • Share their experiences with others who may be facing similar challenges. • Receive advice on strategies that can be helpful in supporting their child's emotional and mental health. <p>By offering this service, we aim to empower parents and carers, helping them feel more confident and equipped to support their children through difficult times.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit		<p>The trustees confirm that they have taken into account the guidance issued by the Charity Commission on public benefit when reviewing the charity's objectives and operations. They remain committed to ensuring that all activities align with the charity's mission and contribute meaningfully to the communities and individuals it serves. By adhering to these guidelines, the trustees uphold</p>

		transparency, accountability, and the highest standards of governance in delivering public benefit.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<p>The Charity's Grant and Fundraising Policy help direct and guide the trustees and the service provider through the fundraising process. Thrive EIS commits to a legal, open, honest and respectful handling of all monies received from the public, funding organisations and our supporters, ensuring that donations and funding is used for the benefit of the local community.</p> <p>We will be honest about how donations and successful grant applications are used to fulfil our charities mission, open about the methods we use to raise funds and who we work with, respectful to the wishes, preferences, personal information and circumstances of the people we interact with and we will take all steps necessary to comply with the law and sector fundraising practice standards.</p>
Contribution made by volunteers	Para 1.38	<p>Our volunteers and supporters have been instrumental to the success of our second year of operation and to the organisation's continued development. Their contribution has enabled the delivery of essential support services and the provision of assistance to a significant number of local families, children, and young people.</p> <p>Their commitment, compassion, and dedication have formed the foundation of our work, ensuring that individuals and families in need receive appropriate care and support. As the organisation continues to grow, we remain sincerely grateful for the invaluable role played by our volunteers and supporters and for their ongoing commitment to our mission.</p>

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the reporting period, the charity delivered mentoring support and anxiety management services to children and young people in Tonbridge, Kent. These services supported beneficiaries in developing emotional regulation skills and practical coping strategies to manage anxiety and related challenges.</p> <p>The charity also provided emotional support to parents, who often experience feelings of judgement and isolation, enabling them to better understand their children's needs and to explore effective strategies to support their children's wellbeing.</p> <p>The Trustees consider these activities to have delivered clear public benefit within the local community by improving emotional resilience and strengthening family support systems.</p> <p>The charity's support services have continued to adapt in response to the evolving needs of the families we serve. This has included providing practical assistance to parents in completing Education, Health and Care Plan (EHCP) and Special Educational Needs (SEN) assessment applications, supporting them to access appropriate resources, understand complex terminology, and identify key areas relevant to their child's needs.</p> <p>The charity has exceeded the initial targets set out in its first-year strategic plan (years 1–3), reflecting both the significant level of need in the local community and the positive impact of its work. Since 2024, the charity has delivered over 1,875 hours of</p>

	<p>direct support to children, young people, and parents, reaching more than 200 beneficiaries.</p> <p>Through its services, the charity promotes the wellbeing and emotional resilience of children and young people, and provides parents with the knowledge, skills, and confidence to support their children effectively. The Trustees are satisfied that these activities provide clear public benefit by improving individual and family outcomes and strengthening support networks within the community.</p> <p>The charity is committed to reflective practice, regularly evaluating and improving its support services based on both verbal and written feedback from beneficiaries.</p> <p>We are proud to report that all families supported by our service provided positive feedback. Anonymous feedback consistently highlighted the highly personalised nature of the support, with families noting how it was carefully tailored to reflect each child's individual needs, circumstances, and lived experiences. This feedback demonstrates the profound and positive impact of our work, while also underscoring the clear and ongoing need for this type of support within the local community.</p> <p>The charity has developed strong and positive working relationships with local organisations, support services, and schools, enabling effective collaboration to reach children, young people, and parents. These partnerships have enhanced our ability to provide comprehensive support, ensuring that families can access the resources and assistance they need. Through this collaborative approach, the charity can extend its impact and contribute to creating a more supportive and inclusive community for those who benefit from our services.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<ol style="list-style-type: none">1. The charity has reviewed and updated our 24 comprehensive policies and procedures, covering areas such as safeguarding, safer recruitment, risk assessment, and data protection. These policies underpin our commitment to the safety and wellbeing of children, young people, parents, and staff. They also support the delivery of high-quality services while ensuring that the charity is professionally managed and operates efficiently. By adhering to these structured guidelines, we maintain a safe, ethical, and effective environment for all those who benefit from our services.2. We improved our space enabling the charity to deliver support services in a safe, neutral environment that benefits children and families. The premises provide a welcoming and non-judgemental setting where families can access support. A key feature is our dedicated parents' room, designed as a calm and relaxing space where parents can seek guidance, support, and respite.3. In addition to our craft area, the charity has developed a sensory space designed to support emotional regulation, promote relaxation, and enhance focus. These spaces play a key role in helping children and young people manage stress and anxiety while also supporting the development of motor skills. Our games, arts, and craft area provides a creative environment that complements program activities, offering opportunities to nurture hobbies, develop problem-solving abilities, and strengthen mental health, teamwork, and communication skills. These areas are central to creating a welcoming,
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		<p>supportive, and calming environment for the families we serve.</p> <p>4. Thanks to the generosity of donors, the charity has built a stock of art and craft supplies, as well as sensory resources such as calming boxes and “happiness jars,” for children and young people to use during sessions. These resources can also be taken home, allowing beneficiaries to continue developing their hobbies and interests while reinforcing the emotional regulation and coping strategies learned during support sessions</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>During our second year, the charity successfully surpassed its fundraising objectives, thanks to the generous support of local organisations and individuals.</p> <p>A successful application to the National Lottery Community Fund for our <i>Equip, Empower, Thrive</i> mentoring project secured vital funding. This enabled more children and young people to access our mentoring programme, helping us meet increased demand and extend our reach within the community.</p> <p>Funding from the West Kent Provincial Charity Fund enabled the purchase of two air heaters, improving the comfort and usability of our spaces, alongside essential sensory and fidget resources to support children’s regulation and engagement. A grant from the Kent Community Foundation made it possible to deliver our children’s support programme, while contributions from the Tonbridge Lions provided high-quality craft and art materials that encouraged creativity and self-expression.</p> <p>We received unrestricted funding from the Albert Hunt Foundation, which gave us the flexibility to respond directly to the needs of children and families through the purchase of essential items. This support also enabled us to cover core operating costs</p>

		<p>The ASDA Foundation provided essential and specialised games to aid emotional understanding and social development, as well as a new table and seating to enhance comfort during activities.</p> <p>Stones of Tonbridge generously donated arts and crafts supplies, while Sensory Toys co uk provided additional fidget items, further enhancing the resources available for the children and young people we support..</p> <p>In addition, personal donations from community members and local businesses provided vital support, helping us to continue delivering services to children and families. We also received in-kind donations, including paints, pens, pencils, books, mindfulness colouring materials, and a range of toys. These contributions directly enriched the experiences of the children and young people we support, enhancing engagement, learning, and emotional wellbeing.</p>
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Total incoming resources for the financial year amounted to £12,343, representing a 337.5% increase on the previous year. This growth was driven by a successful application to the National Lottery Community Fund to deliver our mentoring project 'Equip, Empower, Thrive'.</p> <p>Total expenditure for the year was £6,034, with 100% of funds spent directly on the delivery and running of our support services, supporting the families we work with, and providing access to our support programmes.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>Thrive EIS aims to maintain a general reserve of unrestricted funds sufficient to meet its financial, legal and moral obligations to its service users.</p> <p>This Reserves Policy has been developed in line with Charity Commission guidance (CC19) and exists for four principal reasons:</p> <ol style="list-style-type: none"> 1. To support trustee decision-making and risk management 2. To establish arrangements for monitoring and review 3. To ensure compliance and transparency 4. To support fundraising and stakeholder confidence
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<p>The trustees have assessed the charity's ability to continue as a going concern. At the time of approving the financial statements, the charity holds sufficient unrestricted reserves to cover the cost of all materials required for its support services for at least 12 months.</p>

		<p>Furthermore, the charity has secured volunteer commitments to ensure service delivery throughout this period. Consequently, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future and continue to adopt the going concern basis of accounting in preparing these financial statements.</p> <p>We continue to seek a mix of grant opportunities and donations to ensure a steady flow of resources, allowing us to maintain our services and continue to build our unrestricted reserves for future needs.</p>
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>When appointing our founding trustees, careful consideration was given to the skills, knowledge, and experience necessary for the effective administration of the CIO, and a trustee skills audit was used to guide the selection process. The founding trustees, appointed in November 2024, were given lifetime appointments. During the first year of operation, no new trustees have been appointed.</p> <p>When the time comes to appoint a new trustee, they will be appointed through a resolution passed at a properly convened meeting of the charity trustees. To ensure the selection aligns with the needs of the organisation, we will utilise a Trustee Skills Audit to assess the skills, knowledge, and experience required for effective governance.</p> <p>In addition to our trustee board, we have a Council of References, which provides professional and independent expertise. This council plays a vital role in informing and strengthening our mission to support children, young people, and families, ensuring our work is guided by valuable experience and knowledge.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

		All trustees were inducted into their roles and provided with a copy of our
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Policies and procedures adopted for the induction and training of trustees	Para 1.51	governing document, policies, and procedures. This ensures that each trustee is fully informed about the charity's operations, responsibilities, and the standards we uphold in our work. All trustees give their time freely and without remuneration. They are required to sign a declaration of eligibility and disclose any relevant conflicts of interest at the beginning of each trustee meeting to ensure transparency and maintain the integrity of the decision-making process.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity maintains close contact with, and works in partnership alongside, a wide range of organisations across Kent that support our work with children, young people, and their parents. These partnerships include schools, Early Help services, Tonbridge Lions, the Asda Foundation, West Kent Provisional Trust, local businesses, and families. Together, we collaborate to create a strong support network, fostering a united approach to improving the lives of children, young people, and their families.

Reference and Administrative details

Charity name	Thrive Education Inclusion Services
Other name the charity uses	Emotional Well-Being and Inclusion Support for Children and young people in Tonbridge
Registered charity number	1205812
Charity's principal address	1st Floor Douglas House 4 Quarry Hill Road Tonbridge TN9 2RH


Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Susan Shepherd	Chair	November 2024 to date	
2	Angie Sykes		November 2024 to date	
3	Wendy Drage		November 2024 to date	
4				

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Susan Shepherd
Position (eg Secretary, Chair, etc)	Chair
Date	30 th January 2026



CHARITY COMMISSION
FOR ENGLAND AND WALES

Thrive Education Inclusion Services

1205812

Receipts and payments accounts

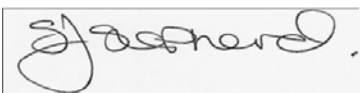
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For the period from	Period start date	To	Period end date
	01/01/2025		31/12/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Lions Trust	-	200	-	200	-
Kent Community Foundations	-	1,980	-	1,980	-
Albert Hunt Trust	2,000	-	-	2,000	-
ASDA	-	624	-	624	-
Donations	310	-	-	310	-
The Lottery	-	6,838	-	6,838	-
Provisional Grand Lodge Tonbridge	-	315	-	315	-
Bank Transaction Credit	76	-	-	76	-
Sub total (Gross income for AR)	2,386	9,957	-	12,343	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,386	9,957	-	12,343	-
A3 Payments					
Electricity	466	-	-	466	-
Internet Services	159	-	-	159	-
Mobile	-	25	-	25	-
Travel	18	27	-	45	-
Wages	-	3,534	-	3,534	-
Service Provision Resources	-	345	-	345	-
General Resources	-	241	-	241	-
Sundries	45	-	-	45	-
CRB Checks	-	65	-	65	-
Electrical Equipment	23	315	-	338	-
Refreshments CYP/Parents	8	62	-	70	-
Insurance	215	143	-	358	-
Fire Extinguisher Servicing	139	-	-	139	-
Online Course	10	-	-	10	-
Bank Refunds	76	-	-	76	-
Sub total	1,159	4,757	-	5,916	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
Furniture - 2No Sofas	-	117	-	117	-
Sub total	-	117	-	117	-
Total payments	1,159	4,874	-	6,033	-
Net of receipts/(payments)	1,227	5,083	-	6,310	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,227	5,083	-	6,310	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		1,227	5,083	-
		-	-	-
		-	-	-
	Total cash funds	1,227	5,083	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Bank - Opening Bal 1/1/25	145	567	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Susan Shepherd	16.02.25	