

# LAZOLA SPORT AND FITNESS

## Trustees' Report

For the year ended 31 March 2025

UK Charity Number: 1205775



## Structure, Governance, and Management

### Constitution

Lazola Sport and Fitness is governed by its constitution and is managed by its trustees, who are responsible for ensuring that the charity acts in accordance with its charitable objectives and complies with all relevant legal and regulatory requirements.

The trustees meet regularly to review progress, discuss strategic development, and plan future activities.



### Trustees and Management

During the period under review, the following individuals served as trustees:

- Chairman: Abraham Gassama
- Trustee: Noura Zouari
- Trustee: Hamza Hussein Gas

### Governance Changes

- Noura Zouari was appointed Chairman on 16 November 2023.

- Following several meetings and collective decisions by all trustees, it was agreed that from 26 June 2026, Abraham Gassama would assume the role of Chairman, and Noura Zouari would continue as a Trustee.

All decisions were made jointly and in the best interests of the charity.

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## Objectives and Activities

The charity's main purposes are:

- To promote physical activity, sport, and fitness for children, young people, and adults, particularly those from disadvantaged backgrounds.
- To improve physical and mental wellbeing through accessible sport and fitness programmes.
- To provide inclusive sport and fitness opportunities, with a particular focus on individuals with disabilities.
- To support community development by offering safe, structured, and positive after-school activities.

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## Achievement and Performance

During the financial year ended 31 March 2025, Lazola Sport and Fitness did not deliver operational activities and did not incur any expenditure.

This period was primarily focused on:

- Establishing the charity's governance structure
- Holding planning meetings between trustees and the chairman
- Developing a clear strategy and vision for future activities

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## Planning and Trustee Meetings

The trustees and chairman held several meetings throughout the year to:

- Define the charity's long-term goals
- Identify community needs, particularly within disability centres
- Plan future after-school programmes aimed at inclusion, wellbeing, and physical development

A key outcome of these discussions was the decision to focus future work on after-school activities, especially in disability centres, where access to sport and fitness opportunities is limited.

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## Financial Review

- The charity did not receive any income during the year.
- The charity did not spend any money during the year.
- There were no assets or liabilities at the year end.

The trustees confirm that the charity remained financially inactive while planning and preparation took place.

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## Plans for Future Activities

Based on the charity's objectives and available capacity, the trustees propose the following future plans:

1. After-School Sport and Fitness Sessions
  - Weekly or bi-weekly sessions for children and young people
  - Focus on basic fitness, coordination, teamwork, and confidence

2. Disability-Focused Programmes
  - Partnership with local disability centres
  - Adapted sport and fitness sessions tailored to different abilities
  - Emphasis on inclusion, enjoyment, and wellbeing
3. Community Partnerships
  - Collaboration with schools, community centres, and local authorities
  - Use of shared facilities to reduce costs
4. Volunteer and Coach Development
  - Recruitment of qualified or trainee coaches
  - Safeguarding and inclusion training for all volunteers
5. Funding and Sustainability
  - Application for small grants and local funding opportunities
  - Community fundraising initiatives
  - Gradual expansion once stable funding is secured

The trustees believe these plans are realistic, sustainable, and aligned with the charity's mission and available resources.

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#### Trustee Declaration

The trustees confirm that they have approved this report and that it accurately reflects the charity's activities and position for the year ended 31 March 2025.

Signed on behalf of the trustees



Chairman: Abraham Gassama

Date: 05/02/2025



Name: Lazola Sport and Fitness Club  
Account: 00037205

**Note:**

Please note that the content of this statement will be considered correct if no error is reported within 30 days of receipt of statement. The address of the statement is that on record with the bank as the day of requesting this content.

**Account Statement**

Statement from 01/04/2024 to 30/04/2024

Posting Date	Value Date	Transaction Amount	Balance	Description
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Name: Lazola Sport and Fitness Club  
Account: 00037205

**Note:**

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**Account Statement**

Statement from 01/05/2024 to 31/05/2024

Posting Date	Value Date	Transaction Amount	Balance	Description
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Name: Lazola Sport and Fitness Club  
Account: 00037205

**Note:**

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**Account Statement**

Statement from 01/06/2024 to 30/06/2024

Posting Date	Value Date	Transaction Amount	Balance	Description
07/06/2024	07/06/2024	.00	.00	CR Rate 0.000000 to 0.200000%



Name: Lazola Sport and Fitness Club  
Account: 00037205

**Note:**

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**Account Statement**

Statement from 01/07/2024 to 31/07/2024

Posting Date	Value Date	Transaction Amount	Balance	Description
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Name: Lazola Sport and Fitness Club  
Account: 00037205

**Note:**

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**Account Statement**

Statement from 01/08/2024 to 31/08/2024

Posting Date	Value Date	Transaction Amount	Balance	Description
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Name: Lazola Sport and Fitness Club  
Account: 00037205

**Note:**

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**Account Statement**

Statement from 01/10/2024 to 31/10/2024

Posting Date	Value Date	Transaction Amount	Balance	Description
15/10/2024	15/10/2024	-5.00	-5.00	Monthly Account Fee



Name: Lazola Sport and Fitness Club  
Account: 00037205

**Note:**

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**Account Statement**

Statement from 01/09/2024 to 30/09/2024

Posting Date	Value Date	Transaction Amount	Balance	Description
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Name: Lazola Sport and Fitness Club  
Account: 00037205

**Note:**

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**Account Statement**

Statement from 01/11/2024 to 30/11/2024

Posting Date	Value Date	Transaction Amount	Balance	Description
15/11/2024	15/11/2024	-5.00	-10.00	Monthly Account Fee



Name: Lazola Sport and Fitness Club  
Account: 00037205

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**Account Statement**

Statement from 01/12/2024 to 31/12/2024

Posting Date	Value Date	Transaction Amount	Balance	Description
16/12/2024	16/12/2024	-5.00	-15.00	Monthly Account Fee



Name: Lazola Sport and Fitness Club  
Account: 00037205

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**Account Statement**

Statement from 01/01/2025 to 31/01/2025

Posting Date	Value Date	Transaction Amount	Balance	Description
15/01/2025	15/01/2025	-5.00	30.00	Monthly Account Fee
13/01/2025	13/01/2025	.00	35.00	EFF. RATE DR 0.000000 TO 0.200000%CR
13/01/2025	13/01/2025	50.00	35.00	FP N Zouari



Name: Lazola Sport and Fitness Club  
Account: 00037205

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**Account Statement**

Statement from 01/02/2025 to 28/02/2025

Posting Date	Value Date	Transaction Amount	Balance	Description
17/02/2025	17/02/2025	-5.00	25.00	Monthly Account Fee



Name: Lazola Sport and Fitness Club  
Account: 00037205

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**Account Statement**

Statement from 01/03/2025 to 31/03/2025

Posting Date	Value Date	Transaction Amount	Balance	Description
26/03/2025	26/03/2025	.01	20.01	INTEREST TO DATE
17/03/2025	17/03/2025	-5.00	20.00	Monthly Account Fee