

ENDO BUDDIES CIO

England & Wales · Charity number 1205532

Details

Status Registered

Legal form CIO

Registered 2023-11-01

Register [View on the Charity Commission register](#)

Contact

Address Grafton Lodge
41 Staithes Road
Preston
Hull
HU12 8TD

Phone 07718064941

Email hello@endobuddies.com

Website www.endobuddies.com

Activities

Objects: FOR THE PUBLIC BENEFIT TO PRESERVE AND PROTECT THE HEALTH OF PATIENTS WITH ENDOMETRIOSIS (OR SUSPECTED ENDOMETRIOSIS) BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES, SUPPORT SERVICES AND EQUIPMENT NOT NORMALLY PROVIDED BY THE STATUTORY AUTHORITIES, THIS WILL BE DONE VIA INFORMATION GIVEN OUT IN GYNAECOLOGY CLINICS AND CARE PACKAGES WHICH ARE GIVEN TO PATIENTS HAVING SURGERY FOR ENDOMETRIOSIS, OR SUSPECTED ENDOMETRIOSIS. FOR THE PUBLIC BENEFIT TO ADVANCE THE EDUCATION OF THE PUBLIC IN HEALTHCARE BY THE PROVISION OF WORKSHOPS AND INFORMATION HUBS ACROSS HULL AND EAST RIDING OF YORKSHIRE.

Activities: At Endo Buddies, our mission is to provide comprehensive support to people with Endometriosis; fostering hope, resilience, and connection. We want to empower individuals with Endometriosis to lead lives of vitality, resilience, and community.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£14,304	£10,226	-	-

Trustees

Name	Role	Appointed
Helen Williams	Chair	2025-03-20
Helen Phillips		2023-10-14
Mollie Merrifield		2024-10-12
Sophie Lucy Seger		2024-09-01
Tiffany Jane Swift		2023-10-04

ENDO BUDDIES CIO

England & Wales - Charity number 1205532

Accounts

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Charity Commission Annual Return 2025

ENDO BUDDIES CIO

Charity registration number: 1205532

Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.

This document is a record of the information provided in the Annual Return 2025.

PART A - Charity information

Financial period

Financial period start date

01/11/2023

Financial period end date

05/04/2025

Income and spending

Income £

£ 14,304

Spending £

£ 10,226

Number of contracts from government

How many contracts (other than grant agreements) did your charity receive from central government or a local authority during the financial period for this return?

0

Number of grants from government

How many grants did your charity receive from central government or a local authority during the financial period for this return?

0

Income breakdown

Donations and legacies (excluding Endowments Received)

£ 12,532

Charitable activities

£ 1,772

Other trading activities

£ 0

Investments

£ 0

Other

£ 0

Grantmaking

Is grant making the main way your charity carries out its purposes?

No

Recipients of grants

Please round all figures to the nearest pound (do not enter decimal points or commas).

Individuals

£ 0

Other charities

£ 0

Other organisations that are not charities

£ 0

Trustee payments

Excluding out of pocket expenses, for what were any of the trustees paid during the financial period for this return?

e. None of the trustees have been paid

Did any of the trustees resign and take up employment with your charity in the financial period of this return?

No

Income from outside the UK

Did your charity receive income from outside of the United Kingdom in the financial period of this return?

No

Delivering activities outside the United Kingdom

Did your charity deliver charitable activities outside of the United Kingdom in the financial period of this return?

No

Spending outside of the United Kingdom

Did your charity spend funds outside of the United Kingdom in the financial period of this return?

No

Total Spending outside of the United Kingdom

£

Trading subsidiaries

Does the charity have any trading subsidiaries?

No

Employment contract types

People were permanently employed by your charity

0

People were on fixed-terms contracts with your charity

0

Self-employed people were working for your charity

0

Governance policies

Internal charity financial controls policy and procedures

Yes

Safeguarding policy and procedures

Yes

Financial reserves policy and procedures

No

Complaints policy and procedures

Yes

Serious incident reporting policy and procedures

No

Internal risk management policy and procedures

Yes

Trustee expenses policy and procedures

No

Trustee conflicts of interest policy and procedures

No

Investing charity funds policy and procedures

No

Campaigns and political activity policy and procedures

No

Bullying and harassment policy and procedures

No

Social media policy and procedures

No

Engaging external speakers at charity events policy and procedures

No

Safeguarding

Has your charity provided services to children and/or adults at risk in the financial period of the return?

No

External risk and impact

Donations

No impact

Other income - grants

No impact

Other income - contracts

No impact

Other income - investment

No impact

Expenditure on charitable activities

No impact

Expenditure on overheads**Number of volunteers****Number of employees****Number of trustees****Fundraising activities****Capacity to deliver services****Total service demand****Volunteers**

Excluding trustees, provide an estimate of the number of volunteers who carried out charitable activities on behalf of your charity in the United Kingdom during the financial period of this return?

Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- **you have consented to their release; or**
- **we are legally obliged to disclose them; or**
- **we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.**

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- **we can lawfully do so; and**
- **we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest**

Information we collect about you**We will use this information:**

To enable us to carry out our statutory functions and duties;

This will include the following actions:

(a) update, consolidate, and improve the accuracy of our records;

(b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;

(c) data analysis, testing, research, statistical and survey purposes

Information we receive from other sources.

Information we receive from other sources

We may combine this information with information you give to us and information we collect about you.

We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).

We will ensure that any such disclosure and use is proportionate; considers your right to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.

The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.

As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.

Please check back frequently to see any updates or changes to our privacy policy.

Declaration

This annual return has not been submitted and no Declaration has been made



CHARITY COMMISSION
FOR ENGLAND AND WALES

Endo Buddies CIO

1205532

Receipts and payments accounts

CC16a

For the period
from

01/11/2023

To

05/04/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	3,782	-	-	3,782	-
Fundraiser events	1,772	-	-	1,772	-
Grant	3,110	-	-	3,110	-
Grant	-	5,640	-	5,640	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,664	5,640	-	14,304	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,664	5,640	-	14,304	-
A3 Payments					
SHOUT expense	-	5,640	-	5,640	-
Advertising	13	-	-	13	-
Care package items	2,788	-	-	2,788	-
Care package postage	805	-	-	805	-
Event expenses - room hire	288	-	-	288	-
Event expenses - entry fee	191	-	-	191	-
Insurance	85	-	-	85	-
Professional fees - DBS checks	63	-	-	63	-
Travel and subsistence	213	-	-	213	-
Office expenses	83	-	-	83	-
Sundry expenses	56	-	-	56	-
Sub total	4,586	5,640	-	10,226	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,586	5,640	-	10,226	-
Net of receipts/(payments)	4,078	-	-	4,078	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	4,078	-	-	4,078	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	4,078	-	-
		-	-	-
		-	-	-
	Total cash funds	4,078	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Helen Phillips	Helen Phillips	22/07/2025	