

ATTUNED – TRUSTEES’ ANNUAL REPORT & ACCOUNTS

Charity Number: 1205512

Financial Year Ending: 31 March 2025

Signed and approved on: 27/12/2025

1. Overview of the Charity

Attuned is a CIO registered on 01 November 2023 with the purpose of advancing education for the public benefit through neuroscience-based teacher training and well-being initiatives.

The organisation focuses on supporting children and communities through education, heart-brain coherence, neuroplasticity principles and NLP-supported approaches.

2. Trustees

Tajana Manjoo – Chair (02 Nov 2023)

Faizel Manjoo – Trustee (23 Nov 2023)

Beata Diakowska – Trustee (30 Aug 2024)

Juste Goek – Trustee (30 Aug 2024)

Erika Paule – Trustee (30 Aug 2024)

Anita Wasik – Trustee (01 Nov 2025)

3. Charitable Activities & Public Benefit

Attuned partners with individuals and schools to train teachers in applying neuroscience to optimise learning outcomes and strengthen well-being in local and international communities.

Work includes: educational training, developing heart-brain coherence material, webinar hosting and building partnerships for global development including The Gambia.

4. Governance & Policies

The charity maintains policies for safeguarding, complaints handling, risk management, internal controls, volunteer management, trustee conflict management, social media usage and financial procedures ensuring responsible operation.

5. Accounts Summary 2025

Total Income: £0

Total Expenditure: £0

Net Balance: £0

This reflects Attuned's early stage of development as a newly registered organisation.

6. Attached Meeting Minutes

Attuned Meeting Minutes – 21st October 2025

- Hello and welcome everyone
- Anita joining as she would love to be part of our projects and is passionate about what we do, if everyone agrees – all agreed.
- Plans for charity revenue through MeTeang.com membership fees
- Webinars underway, focus on visibility and growth
- Long-term goal includes building retreat centre in Crete
- Membership structure discussed, target strategy next meeting

Attuned Meeting Minutes – 28th October 2025

- Website, mailing list and blog content discussed to improve visibility
- Promotion via social groups, wellness communities, FB groups, WhatsApp, Telegram
- Webinar topics, presenters & short video plans proposed
- Planned Meta/Google ads for visibility growth
- Ongoing website development, team support encouraged

7. Approval & Signature

Signed on behalf of the Board of Trustees: *Tajana Manjoo*

Name: Tajana Manjoo – Chair

Date: 27/12/2025