

Kick Rexi Out

Report of the Trustees for the year ended 4th November 2024

The Trustees present their report with the financial statements of the Charity for the year ended 4th November 2024.

Objectives and Activities

Objectives and Aims

For the public benefit, to promote and protect the physical and mental health of children/young people with eating disorders and their families, with a focus on anorexia, primarily but not exclusively in Ryedale, Whitby and the Scarborough area through:

- a. Through peer to peer, therapy sessions and support;
- b. Providing educational resources and workshops;
- c. Signposting to other appropriate resources and services when appropriate;
- d. Raising awareness of early stage eating disorders and its impact.
- e. In such other ways as the trustees may determine.'

Significant Activities

During the year the Charity organised a Ball, a music festival as well as various other fundraising events. The charity runs monthly support group sessions and a 24hr dedicated phone line for the families of young people suffering with eating disorders. These activities are carried out for the Ryedale, Whitby and Scarborough areas.

Public Benefit

The trustees have had due regard for the guidance published by the Charity Commission on public benefits.

Financial Review

Reserves Policy

The Charity aims to maintain cash reserves of around £3,000 to cover operational costs and continued support to families.

Going Concern

The Trustees have prepared the accounts on a going concern basis on the grounds that the Charity has sufficient bank balances and a reasonable expectation that these will be adequate for the Charity to continue to operate.

Structure, Governance and Management

Governing Document

The Charity is controlled by its governing document 'The Constitution' and is a Charitable Incorporated Organisation (Foundation Structure).

Recruitment and appointment of new trustees

All Trustees are subject to formal re-election once their initial appointment term has expired. New Trustees are elected in line with the governing document 'The Constitution'.

Reference and Administrative Details

Registered Charity Number

1205447

Registered Office

The Bungalow

The Airfield

Wombledon

YO62 7RY

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STATEMENT OF FINANCIAL ACTIVITIES **for the year ending 4th November 2024**

	£
Opening Balance prior to 27th October 2023	10,963
<u>INCOME</u>	
Donations	5,427
Charitable activities	1,860
Total	7,287
<u>EXPENDITURE</u>	
Raising Funds & Carrying out Charitable Activities	-7,133
Total	-7,133
<u>NET INCOME/(EXPENDITURE)</u>	154
<u>TOTAL FUNDS CARRIED FORWARD</u>	11,117