

# KICK REXI OUT

England & Wales · Charity number 1205447

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2023-10-27

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Moorfield Bungalow  
Moorfield Lane  
Wombledon  
York  
YO62 7RY

**Phone** 07425346936

**Email** [kickrexiout@gmail.com](mailto:kickrexiout@gmail.com)

**Website** [www.kickrexiout.co.uk](http://www.kickrexiout.co.uk)

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF CHILDREN/YOUNG PEOPLE WITH EATING DISORDERS AND THEIR FAMILIES, WITH A FOCUS ON ANOREXIA, PRIMARILY BUT NOT EXCLUSIVELY IN RYEDALE, WHITBY AND THE SCARBOROUGH AREA THROUGH:A) PEER TO PEER, THERAPY SESSIONS AND SUPPORT;B) PROVIDING EDUCATIONAL RESOURCES AND WORKSHOPS; C) SIGNPOSTING TO OTHER APPROPRIATE RESOURCES AND SERVICES WHEN APPROPRIATE;D) RAISING AWARENESS OF EARLY STAGE EATING DISORDERS AND ITS IMPACT.E) IN SUCH OTHER WAYS AS THE TRUSTEES MAY DETERMINE

**Activities:** Our mission is to provide support and connections for families and carer's of those experiencing eating disorders, within the Scarborough, Whitby & Ryedale areas.Together we wish to reduce isolation and raise awareness of the devastating impact eating disorders can have on individuals and families.We aim to help by;Being an ear to listen Connecting peopleRaising Awareness

## Classification

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- **How:** Provides Other Finance, Provides Services
- **What:** General Charitable Purposes, Other Charitable Purposes
- **Who:** Other Defined Groups

## Geography

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- North Yorkshire

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-11-04	£7,287	£7,133	-	-

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## Trustees

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Name	Role	Appointed
Donna Foster	Chair	2022-09-06
Claire Louise Robinson		2024-01-16
Claire Taylor		2022-09-06
Dr Clare Fenton		2024-10-15
Dr Sarah Steele		2022-09-06
KATHERINE JANE BLACKLOCK		2022-09-06
Millie Easton		2022-09-06

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**KICK REXI OUT**

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# Accounts

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## Kick Rexi Out

### Report of the Trustees for the year ended 4<sup>th</sup> November 2024

The Trustees present their report with the financial statements of the Charity for the year ended 4<sup>th</sup> November 2024.

#### **Objectives and Activities**

##### **Objectives and Aims**

For the public benefit, to promote and protect the physical and mental health of children/young people with eating disorders and their families, with a focus on anorexia, primarily but not exclusively in Ryedale, Whitby and the Scarborough area through:

- a. Through peer to peer, therapy sessions and support;
- b. Providing educational resources and workshops;
- c. Signposting to other appropriate resources and services when appropriate;
- d. Raising awareness of early stage eating disorders and its impact.
- e. In such other ways as the trustees may determine.'

##### **Significant Activities**

During the year the Charity organised a Ball, a music festival as well as various other fundraising events. The charity runs monthly support group sessions and a 24hr dedicated phone line for the families of young people suffering with eating disorders. These activities are carried out for the Ryedale, Whitby and Scarborough areas.

##### **Public Benefit**

The trustees have had due regard for the guidance published by the Charity Commission on public benefits.

#### **Financial Review**

##### **Reserves Policy**

The Charity aims to maintain cash reserves of around £3,000 to cover operational costs and continued support to families.

## **Going Concern**

The Trustees have prepared the accounts on a going concern basis on the grounds that the Charity has sufficient bank balances and a reasonable expectation that these will be adequate for the Charity to continue to operate.

## **Structure, Governance and Management**

### **Governing Document**

The Charity is controlled by its governing document 'The Constitution' and is a Charitable Incorporated Organisation (Foundation Structure).

### **Recruitment and appointment of new trustees**

All Trustees are subject to formal re-election once their initial appointment term has expired. New Trustees are elected in line with the governing document 'The Constitution'.

## **Reference and Administrative Details**

### **Registered Charity Number**

1205447

### **Registered Office**

The Bungalow

The Airfield

Wombledon

YO62 7RY

## KICK REXI OUT

### STATEMENT OF FINANCIAL ACTIVITIES for the year ending 4th November 2024

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	<b>£</b>
<b>Opening Balance prior to 27th October 2023</b>	10,963
 <b><u>INCOME</u></b>	
Donations	5,427
Charitable activities	1,860
<b>Total</b>	<u>7,287</u>
 <b><u>EXPENDITURE</u></b>	
Raising Funds & Carrying out Charitable Activities	-7,133
<b>Total</b>	<u>-7,133</u>
 <b><u>NET INCOME/(EXPENDITURE)</u></b>	 <u>154</u>
 <b><u>TOTAL FUNDS CARRIED FORWARD</u></b>	 <u><u>11,117</u></u>