

MUSIC4WELLBEING

England & Wales · Charity number 1205413

Details

Other names MUSIC4WELLBEING CIC, MUSIC FOR WELLBEING

Status Registered

Legal form CIO

Registered 2023-10-26

Register [View on the Charity Commission register](#)

Contact

Address 9 White Acre Drive
Deal
Kent
CT14 7TP

Phone 07985219280

Email info@music4wellbeing.org.uk

Website www.music4wellbeing.org.uk

Activities

Objects: FOR THE PUBLIC BENEFIT, THE RELIEF OF THOSE IN NEED BY REASON OF PHYSICAL AND/OR MENTAL ILL HEALTH, DISABILITY OR AGE AND THEIR CARERS THROUGH PROVIDING SPECIFICALLY DESIGNED, GROUP THERAPEUTIC MUSIC SESSIONS AND ASSOCIATED ACTIVITIES WITH EXPERIENCED THERAPEUTIC ARTS PRACTITIONERS.

Activities: For the public benefit in South East England, the relief of those in need by reason of physical and/or mental ill health, disability or age, including people with neurodegenerative conditions such as dementia and Parkinson's, and their carers through providing specifically designed, group therapeutic music sessions and associated activities led by experienced therapeutic arts practitioners.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** Disability, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- Bexley
- Bromley
- Croydon
- East Sussex
- Greenwich
- Kent
- Medway
- Surrey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£112,738	£81,242	-	-

Trustees

Name	Role	Appointed
John Cornwall MBPsS	Chair	2023-10-26
David Dye BA Law		2023-10-26
Jane Lee-Hopkinson MA		2023-10-26
Linda Evelyn Cann		2025-04-01
Richard Ian Hobcraft MAAT		2023-10-26

MUSIC4WELLBEING

England & Wales - Charity number 1205413

Accounts

REGISTERED CHARITY NUMBER: 1205413

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025
FOR
MUSIC4WELLBEING**

MUSIC4WELLBEING

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FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025**

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MUSIC4WELLBEING

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025**

TRUSTEES

J Cornwall (appointed 26.10.23)
R I Hobcraft (appointed 26.10.23)
D Dye (appointed 26.10.23)
Ms J L Hopkinson (appointed 26.10.23)
Ms E F Y H Hookham (appointed 26.10.23)

PRINCIPAL ADDRESS

9 White Acre Drive
Deal
Kent
CT14 7TP

REGISTERED CHARITY NUMBER 1205413

INDEPENDENT EXAMINER

McCabe Ford Williams
Chartered Accountants
Charlton House
Dour Street
DOVER
Kent
CT16 1BL

MUSIC4WELLBEING

REPORT OF THE TRUSTEES FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025

The trustees are pleased to present their report, alongside the financial statements of Music4Wellbeing (henceforth referred to as the "Charity") for the period 26 October 2023 to 31 January 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

The Charity facilitates regular, sustainable group activities led by professional Therapeutic Arts Practitioners. These sessions, centred around music and creative expression, provide meaningful social interactions with local communities for individuals facing life challenges. These challenges may include dementia, other degenerative conditions, disabilities, isolation, loneliness, bereavement or responsibilities as family carers (collectively referred to as "beneficiaries").

Through its initiatives, the Charity fosters wellbeing and happiness, enriching the lives of beneficiaries by promoting inclusion and engagement with friends, family members and local volunteers - who are also considered beneficiaries.

To amplify its impact, the charity collaborates with a range of local partners focused on the welfare of older people and other adults with life challenges to:

- Understand local need and relevant issues for consideration.
- Maximise access for those who can benefit from the Charity's activities.
- Create an integrated support network, enabling cross-referral of beneficiaries to health and wellbeing services.

KEY ACTIVITIES

The charity initiatives include:

- **Co-designing activity programmes** in partnership with beneficiaries, ensuring their voices are heard and choices focus on their needs and preferences.
- **Providing training opportunities for:**
 - **Established Therapeutic Arts Practitioners** , supporting continued professional development and service excellence.
 - **Early Career Practitioners** , fostering a skilled workforce that is equipped to deliver meaningful engagement.
- **Raising awareness and promoting its work** through publications, illustrative seminars, conferences and collaborative community events with public and voluntary organisations.
- **Pursuing sustainable funding strategies** to sustainably support the Charity's long-term activities and impact.

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REPORT OF THE TRUSTEES FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025

ACHIEVEMENT AND PERFORMANCE

During the period under review the Charity has successfully:

Delivered **275** group therapeutic music and creative activity sessions, supporting predominantly older individuals as well as younger adults living with additional needs. These sessions took place across **18 locations** in **15 towns** spanning East and Mid Kent, Medway and South London.

Since its transition from a Community Interest Company the Charity has achieved notable growth:

- The number of delivered group activity sessions has risen from **204** to **235** annually.
- The number of beneficiaries has expanded from approximately **370** to **600+** annually.
- A **Special Project** was successfully implemented, engaging **200 adults** and a **primary school**. This initiative culminated in large-scale celebratory events, a documentary film and significant media coverage.

Key Features of the Charity's Activities

- **Free to Attend:** Upholding its commitment to inclusivity, the Charity does not charge participants for its services, though voluntary donations are welcomed.
- **Inclusive Approach:** The Charity's programmes remain accessible to individuals of diverse ethnic backgrounds, ages, genders and socio-economic circumstances.
- **Regular Sessions:** Activities are delivered weekly, twice monthly or monthly tailored to the needs of each group.

Training & Development

The charity facilitated:

- **15 professional development training events** for established Therapeutic Arts Practitioners.
- **130 mentored training sessions** for Early Career Practitioners.
- **A dedicated training session** for volunteers.

Evaluation & Organisational Development

To maintain effectiveness and responsiveness, the Charity has:

- Conducted regular evaluations of its activities to ensure critical assessment of its policies and practices from the perspective of beneficiaries and partner organisations. Key findings include:
 - An established **Goals Framework**, which identifies key goals of physical and cognitive functioning and mental and social wellbeing, relevant to its beneficiaries but remains adaptable, fluid and dynamic to accommodate individual needs.
 - **Quantitative and qualitative evaluations**, providing valuable insights into operational efficiency and the impact on participants wellbeing.
 - Feedback from **partners and stakeholders**, underscoring the positive impact of the Charity's work on service users' welfare and reinforcing its role within a broader support network.
- Engaged expert consultants including:
 - A consultant to overview the Charity's policies and practices, offering advice on transformational improvement.
 - A social media and engagement consultant to enhance the Charity's social media presence and other engagement presence.
- Reviewed and updated governance policies as necessary to ensure best practices.
- Maintained and updated the Charity's website to:
 - Publicly showcase its mission and organisational integrity.
 - Provide participants with accessible information about their group activities.
 - Encourage and facilitate new enquiries.
 - Equip practitioners with both theoretical and practice-based resources to support the effective design and delivery of music and creative activity sessions.
 - Encourage donations, reinforcing the Charity's commitment to sustainable funding and ongoing support for beneficiaries.
- Circulated a Director's Seasonal Update Newsletter to all stakeholders and the wider public, showcasing key achievements and milestones.

FINANCIAL REVIEW

Financial position

At 31 January 2025 the CIO's funds totalled £77,954 (2023 - £46,712).

MUSIC4WELLBEING

REPORT OF THE TRUSTEES FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025

FINANCIAL REVIEW

Reserves policy

The Charity's reserves policy ensures sufficient unrestricted funds to cover core operating costs. This allows the Charity to continue operating in the event of unexpected shortfalls in income or unforeseen increases in expenditure.

As of 31 January 2025, the Charity held total reserves of £77,954, of which £8,643 were unrestricted and £69,311 were restricted.

This level of reserves is considered adequate in light of the current risks and operational needs. The trustees will review the reserves in the coming year to ensure ongoing compliance with the policy.

STRUCTURE, GOVERNANCE AND MANAGEMENT

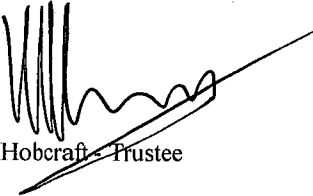
The Charity:

- Is a Charitable Incorporated Organisation (CIO) foundation model wherein the Trustees are the only voting members.
- Was incorporated into the Charity Commission for England and Wales (number 1205413) on 26 October 2023, having converted from a Community Interest Company, originally formed on 30 March 2015.
- Operates under a constitution adopted on incorporation.
- Is managed by a Board of Trustees, to whom all operational personnel are answerable.

Public benefit

The Charity trustees have adhered to their responsibilities under the Charities Act 2011 ensuring alignment with public benefit guidance issued by the Commission.

Approved by order of the board of trustees on 31 May 2025 and signed on its behalf by:



R I Hobcraft - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
MUSIC4WELLBEING**

Independent examiner's report to the trustees of Music4Wellbeing

I report to the charity trustees on my examination of the accounts of Music4Wellbeing (the Trust) for the period 26 October 2023 to 31 January 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



J Fullarton BSc (Hons) FCA

McCabe Ford Williams
Chartered Accountants
Charlton House
Dour Street
DOVER
Kent
CT16 1BL

2 June 2025

MUSIC4WELLBEING

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025**

	Notes	Unrestricted fund £	Restricted fund £	Period 26.10.23 to 31.1.25 Total funds £	Period 1.2.23 to 25.10.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	24,386	88,352	112,738	64,058
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
EXPENDITURE ON					
Charitable activities	4				
Facilitators and artists		-	50,891	50,891	31,507
Overheads		22,342	8,009	30,351	7,660
Other		254	-	254	174
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
Total		<u>22,596</u>	<u>58,900</u>	<u>81,496</u>	<u>39,341</u>
NET INCOME		1,790	29,452	31,242	24,717
RECONCILIATION OF FUNDS					
Total funds brought forward		6,853	39,859	46,712	21,995
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD		<u><u>8,643</u></u>	<u><u>69,311</u></u>	<u><u>77,954</u></u>	<u><u>46,712</u></u>

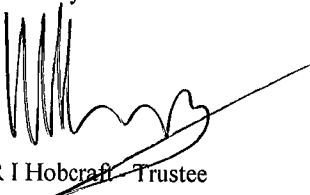
The notes form part of these financial statements

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BALANCE SHEET
31 JANUARY 2025

	Notes	Unrestricted fund £	Restricted fund £	31.1.25 Total funds £	25.10.23 Total funds £
FIXED ASSETS					
Tangible assets	8	190	-	190	444
CURRENT ASSETS					
Cash at bank		10,650	70,196	80,846	47,238
CREDITORS					
Amounts falling due within one year	9	(2,197)	(885)	(3,082)	(970)
NET CURRENT ASSETS		<u>8,453</u>	<u>69,311</u>	<u>77,764</u>	<u>46,268</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>8,643</u>	<u>69,311</u>	<u>77,954</u>	<u>46,712</u>
NET ASSETS		<u>8,643</u>	<u>69,311</u>	<u>77,954</u>	<u>46,712</u>
FUNDS					
Unrestricted funds	10			8,643	6,853
Restricted funds				69,311	39,859
TOTAL FUNDS				<u>77,954</u>	<u>46,712</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 31 May 2025 and were signed on its behalf by:


R I Hobcraft - Trustee

The notes form part of these financial statements

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NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025

1. GENERAL INFORMATION

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The charity number and registered office address can be found on the Reference and Administrative Details page.

The presentational currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - Straight line over 5 years

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

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NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025

3. DONATIONS AND LEGACIES

	Period 26.10.23 to 31.1.25 £	Period 1.2.23 to 25.10.23 £
Donations	24,190	9,035
Grants	88,548	55,023
	<u>112,738</u>	<u>64,058</u>

Grants and donations represents cash received from sponsors and donors to fund projects and to help promote the charity's activities.

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Facilitators and artists	50,891	-	50,891
Overheads	12,984	17,367	30,351
	<u>63,875</u>	<u>17,367</u>	<u>81,242</u>

5. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Overheads	<u>13,947</u>	<u>3,420</u>	<u>17,367</u>

Support costs, included in the above, are as follows:

	Period 26.10.23 to 31.1.25 £	Period 1.2.23 to 25.10.23 Total activities £
Professional fees	13,947	2,700
Independent examiners fee	2,100	-
Accountancy fees	1,320	-
	<u>17,367</u>	<u>2,700</u>

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**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025**

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 January 2025 nor for the period ended 25 October 2023.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 January 2025 nor for the period ended 25 October 2023.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	53	64,005	64,058
EXPENDITURE ON			
Charitable activities			
Facilitators and artists	-	31,507	31,507
Overheads	692	6,968	7,660
Other	174	-	174
Total	<u>866</u>	<u>38,475</u>	<u>39,341</u>
NET INCOME/(EXPENDITURE)	(813)	25,530	24,717
RECONCILIATION OF FUNDS			
Total funds brought forward	7,666	14,329	21,995
TOTAL FUNDS CARRIED FORWARD	<u><u>6,853</u></u>	<u><u>39,859</u></u>	<u><u>46,712</u></u>

MUSIC4WELLBEING

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 26 October 2023 and 31 January 2025	2,063
DEPRECIATION	
At 26 October 2023	1,619
Charge for year	254
At 31 January 2025	1,873
NET BOOK VALUE	
At 31 January 2025	190
At 25 October 2023	444

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.25 £	25.10.23 £
Trade creditors	885	873
Other creditors	2,197	97
	<u>3,082</u>	<u>970</u>

10. MOVEMENT IN FUNDS

	At 26.10.23 £	Net movement in funds £	At 31.1.25 £
Unrestricted funds			
General fund	6,853	1,790	8,643
Restricted funds			
Classes	39,859	29,452	69,311
TOTAL FUNDS	<u>46,712</u>	<u>31,242</u>	<u>77,954</u>

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NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	24,386	(22,596)	1,790
Restricted funds			
Classes	88,352	(58,900)	29,452
TOTAL FUNDS	<u>112,738</u>	<u>(81,496)</u>	<u>31,242</u>

Comparatives for movement in funds

	At 1.2.23 £	Net movement in funds £	At 25.10.23 £
Unrestricted funds			
General fund	7,666	(813)	6,853
Restricted funds			
Classes	14,329	25,530	39,859
TOTAL FUNDS	<u>21,995</u>	<u>24,717</u>	<u>46,712</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	53	(866)	(813)
Restricted funds			
Classes	64,005	(38,475)	25,530
TOTAL FUNDS	<u>64,058</u>	<u>(39,341)</u>	<u>24,717</u>

Donated funds received during the financial year were allocated to support the charities main objectives. These funds were used to facilitate a range of music classes and performance opportunities for participants living with age-related and other life challenges. Classes (restricted funds) have been amalgamated into one combined fund.

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE PERIOD 26 OCTOBER 2023 TO 31 JANUARY 2025

11. RELATED PARTY DISCLOSURES

During the year, Richard Hobcraft & Co provided accounting services, in which Mr R Hobcraft (Trustee) works for. These amounts totalled to £1,320. No amounts were outstanding at the year end.

12. TRANSFER FROM CIC TO CIO

On 26 October 2023 Music4Wellbeing CIC entered into an agreement to transfer all activities from a CIC to Music4Wellbeing as a CIO. The breakdown of the merger is shown below:

	£
Fixed assets	444
Current assets	47,238
Current liabilities	(970)
	<hr/>
Net current assets	46,712
	<hr/> <hr/>

The net current assets figure above is made up of £6,853 unrestricted funds and £39,859 restricted funds

In accordance with the terms of this agreement all activity from 26 October 2023 is now undertaken by Music4Wellbeing as a CIO.

All assets and liabilities were immediately transferred on this date.