

FACIAL THERAPY SPECIALISTS INTERNATIONAL

England & Wales · Charity number 1205406

Details

Other names FTSI

Status Registered

Legal form CIO

Registered 2023-10-25

Register [View on the Charity Commission register](#)

Contact

Address Ftsi
The Studio
Brewer Street Farm
Brewer Street
Bletchingley
Redhill
RH1 4QP

Phone 07899024442

Email treasurer@facialtherapyspecialists.com

Website <https://facialtherapyspecialists.com/>

Activities

Objects: THE RELIEF OF SICKNESS AND POOR HEALTH AND THE PRESERVATION OF GOOD HEALTH AMONGST THE GENERAL PUBLIC IN PARTICULAR BY PROMOTING AND SHARING GOOD PRACTICE AND STANDARDS IN THE FIELD OF FACIAL PALSY IN PARTICULAR BY THE FACILITATION OF TRAINING FOR HEALTHCARE PROFESSIONALS, MEDICAL AND SCIENTIFIC RESEARCH, AND INFORMATION EXCHANGE AMONGST AND BETWEEN PATIENTS, PATIENT GROUPS, RESEARCHERS AND HEALTHCARE PROFESSIONALS.

Activities: The relief of sickness and poor health and the preservation of good health amongst the general public by promoting and sharing good practice and standards in the field of facial palsy through the facilitation of training health professionals, medical and scientific research and information exchange amongst and between patients, patient groups, researchers and health care professionals

Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Canada
- United States
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£105,776	£21,567	-	-

Trustees

Name	Role	Appointed
Isabel Helen Martin	Chair	2023-10-25
Laura Gillow		2024-11-25
Marie Matanle		2023-10-25

FACIAL THERAPY SPECIALISTS INTERNATIONAL

England & Wales - Charity number 1205406

Accounts



**FTSI Trustees' Annual Report
And Unaudited Financial Statements**

for the period ended 31st March 2025

Charity Number: 1205406

Administrative Details

Charity Name: Facial Therapy Specialists International (FTSI)

Charity Number: 1205406

Legal form: Charitable Incorporated Organisation (CIO)

Registered Address: The Studio, Brewer Street, Bletchingley RH1 4QP

Trustees during the period ending 31st March 2025:

(Isabel) Helen Martin (Chair) appointed 2023 for 4 years, Marie Matanle appointed 2023 for 3 years, Margaret Youatt appointed 2023 (stepping down), Laurie Gillow (appointed 2025 for 3 years after Margaret Youatt resignation).

Introduction to Facial Therapy Specialists International

Facial Therapy Specialists International (FTSI) achieved charitable status in October 2023. The organization was founded in 2009 as Facial Therapy Specialists UK (FTS-UK) when five enthusiastic and innovative therapists met at the International Facial Nerve Symposium in Rome and realised they shared a passion for advancing best practice in the rehabilitation of people with facial nerve disorders. The current CEO of FTSI, Catriona Neville (Extended Scope Physiotherapist at Queen Victoria Hospital NHS Foundation Trust), was one of those founding members and continues to devote an extraordinary amount of unpaid time to furthering facial palsy rehabilitation both in its quality and accessibility. In fact, the evolution of the organization from 2009 onwards has only been possible because of the selflessness of those first few committed specialists who forewent financial remuneration for their time educating other health professionals. This allowed FTS-UK to build sufficient monetary reserves to advance its key objectives.

FTS-UK became FTSI in recognition of the increasing contribution to the membership body and committee from therapists outside of the UK. The

committee draws from experts in USA, Canada, UK and Qatar and 63% of the membership recorded in October 2024 is from outside of UK and Ireland. The international nature of the charity is one of its strengths – it provides a diversity of experience, knowledge and cultural understanding that is and will be vital to further expanding the reach of FTSI across the globe.

I am always in awe of the dedication of our committee and fellow trustees when it comes to juggling time-zone differences, busy work and family lives with their voluntary roles in FTSI. They truly go above and beyond to attend regular meetings, answer clinical questions posed on FTSI's peer support Facebook group, develop and deliver teaching opportunities often at unsociable hours; all to ultimately support health professionals to improve the lives of those with facial palsy.

FTSI has no paid employees and so the financial status presented in the accounts section of this report reflects the devotion of its volunteers. You will note that a lot of FTSI's expenditure in its first financial period as a charity has been on technological improvements such as placing all our administrative activities under a Microsoft 365 umbrella, automating the payments and access to online teaching and offering PayPal rolling membership subscriptions. This investment was not only vital for governance, communication and data protection but also to enhance access to educational materials and improve efficiency in committee roles. A key risk in the voluntary sector is where the commitment demanded of volunteers exceeds the time, energy and /or knowledge they are able or willing to provide. The trustees of FTSI are alert to this and supportive of strategic and thoughtful investment in the early years of the charity to ensure its long-term sustainability and success.

I am proud to be the Chair of Trustees for FTSI. The trustees actively reviewed strategy, financial performance, reserves and key risks during the period reported upon and are satisfied that appropriate governance arrangements, financial controls and risk mitigations are in place. I look forward to presenting more detailed reports in the coming years as the charity grows in its reach and achievements. Helen Martin (Chair)

Key Officers and Roles for Period Ending 31st March 2025

CEO – Catriona Neville

Vice CEO and Editor – Karen Young (Education Sub-Committee)

Treasurer – Helen Martin

Governance Officer – Sheri Donaldson

Membership Secretary – Edel de Butler

Education Lead – Jackie Diels (Education Sub-Committee)

Education Officer – Jodi Janczewski (Education Sub-Committee)

Webinar Officer – Julie Melville (Education Sub-Committee)

Training Platform Officer – Rebecca Kimber (Education Sub-Committee)

Research Officer – Margaret Youatt

Paediatric Liaison, Diversity and Social Media – Sarah Kilcoyne

Membership Secretary – Susan Rankin (Education Sub-Committee)

Charitable Objectives and Activities

The key charitable aims of FTSI reflect those initial goals pursued from 2009 onwards:

- Establishing and sharing best practice in specialist facial rehabilitation
- Setting standards for the assessment, management, and outcome measurement of those undergoing rehabilitation for facial palsy.
- Collaboration for research including peer support and opportunities for multi-centre trials.
- Providing support networks and training for all therapists involved in facial rehabilitation.
- Improving access for patients to quality regional care following facial palsy.

Objects: The relief of sickness and poor health and the preservation of good health amongst the general public in particular by promoting and sharing good practice and standards in the field of facial palsy by the facilitation of training for healthcare professionals, medical and scientific research, and information exchange amongst and between patients, patient groups, researchers and healthcare professionals.

The trustees of FTSI confirm they have had regard to the Charity Commission's public benefit guidance when setting strategy and reviewing FTSI's activities.

Structure, Governance and Management

FTSI is governed by its CIO constitution, submitted to the Charity Commission as part of the registration process in 2023. A governance framework was drafted and is being iteratively developed under the oversight of the CEO and Governance officer, covering trustee appointments, conflicts of interest, equality, diversity and inclusion, risk management and payment for services.

Microsoft 365 & SharePoint was rolled out by a specialist IT company for role-specific email accounts, to centralise secure document management, with the legacy Dropbox document storage retired 30th November 2024 and archived into the SharePoint storage. Ongoing specialist IT support is available to the committee for assistance with the Microsoft 365 platform as part of the original transition agreement.

Structured repositories (administration, education, finance, research) were created in SharePoint and access to certain areas such as financial information is restricted to key officers. Each officer has their own FTSI OneDrive account, and all charity business must be conducted using the secure 365 platform.

The Chair of Trustees has signposted the new trustees to specific guidance and training on trustee duties and responsibilities (Charity Commission and

Institute of Chartered Accountants in England and Wales). During the reporting period, the Chair of Trustees also fulfilled the role of Treasurer. The trustees recognise the importance of the appropriate segregation of duties and have put in place additional financial controls including independent review and dual authorisation, with succession planning for the role of Treasurer kept under regular review.

Achievements and Performance (Date October 2023 – 31 March 2025)

Governance

See above

Education and Clinical Standards

All educational offerings from FTSI are available to health care professionals interested in learning more about best practice facial rehabilitation. A pragmatic decision to minimize the use of individual invoices to raise purchase orders with NHS Hospital Trusts has not affected access to the courses and webinars; employers have moved to alternative payment methods that align with the PayPal system now integrated with the Trainer Central on-demand training platform on which the FTSI foundation course and webinars are stored.

- The FTSI online foundation course is accredited for 9 Royal College of Surgeons Continuing Medical Education (CME) points. Feedback on the online foundation course has been very positive and has consistent, ongoing demand of approximately 10 participants per month. Its transfer to the Trainer Central online education platform assured ease and speed of access not only for individuals but also for employers.
- FTSI delivered a regular webinar teaching programme in the current period that covered topics including Synkinesis Management,

Temporomandibular Dysfunction and Upper Motor Neuron Facial Palsy Management. There was strong international engagement with all these webinars. For example, the Synkinesis Management webinar had 64 attendees from USA, UK, Ireland, Mexico, Israel, Switzerland, Sweden, Qatar, and Belgium.

- FTSI links experienced facial therapists with less experienced therapists as part of its mentoring programme.
- A challenging case studies online teaching session afforded clinicians the opportunity to submit clinical cases with which they were encountering difficulties. An expert panel was formed from the FTSI committee, and each case study was addressed by one expert after the clinician presented their case. Clinicians also registered as audience members, gaining valuable education on the assessment and treatment of more unusual presentations of facial palsy. Safeguarding and consent guidelines are followed, and this is recognised as a vital element of governance in the provision of educational resources that frequently include patient information and images.
- The Education subcommittee was formed and started work on an international competency framework document to standardize the knowledge and skills required at specific levels of therapeutic expertise. This will be finalised, and is planned to have a phased implementation with eventual routes to formal assessment and possible certification.
- The advanced practical rehabilitation course currently delivered in North America by Susan Rankin, Jackie Diels and Jodi Janczewski is to be adapted for a UK roll-out and then will form a cascade model to ensure the training of trainers both in the UK and then globally.
- Template letters were created to challenge inappropriate treatment and improve education of non-specialist therapists. All members have been encouraged and empowered to use them within their local systems / services.

Membership and Community

Physical, Occupational and Speech Therapists registered with established professional governing bodies in their country are eligible to apply for membership of FTSI. Applicants must complete data collection consent forms to allow FTSI to comply with the legal requirements of the General Data Protection Regulation.

Benefits of membership include

- Members-only downloads and information including patient resources and assessment tools
 - FTSI newsletters
 - 30% discount on FTSI Webinar Series (live and recorded)
 - 20% discount on FTSI Challenging Case Discussion online sessions (live and recorded)
 - 15% discount on FTSI Online Foundation Course
 - Access to an exclusive members' network list – where members can opt to be included and other clinicians can contact them to refer patients or set up local peer support networks
 - A closed Facebook group for networking, international peer support and advice on clinical cases (moderated by CEO Catriona Neville)
 - Reference list of key journals and texts
 - Useful weblinks to other charities and professional sites
 - Invitation to attend the FTSI annual general meeting and opportunities to volunteer for committee roles
- Membership increased from 181 (Oct 2023) to 217 (Oct 2024). For the first time, international membership exceeded that from UK and Ireland (136 International; 81 UK & Ireland).

An FTSI PayPal account was created to increase the efficiency of membership renewals and rolling annual subscriptions have been made available to members. Communication with the membership body detailed this change, but assurances were made that subscriptions beyond a 12-month commitment are not obligatory; other payment models remain

available if required. More automation is required within the membership process for improved efficiency, communication, and to reduce the workload placed upon the volunteer post-holder. Investment in a reconfigured website is to be considered by the committee in the coming financial period.

- The trustees, in discussion with FTSI social media officer, Sarah Kilcoyne, took the decision to leave X (formerly Twitter) due to the changing social media landscape and potential reputational compromise to the charity. FTSI has diversified into Instagram and maintained its moderated Facebook community.
- The committee and trustees have acknowledged that a greater emphasis on multilingual resources is required to ensure inclusivity and parity for all members and the patient cohorts they serve.

Research

- In line with its charitable aims, FTSI provided funding to allow the Delphi study into facial rehabilitation best practice to be published as an open access paper.
- The Research Sub-committee was established, formed of the committee members that were not part of the Education Sub-committee.
- The Research Sub-committee under the guidance of the Research officer is to develop criteria and processes to allow the application for and awarding of grants/bursaries in facial rehabilitation-specific research.
- Work has started on formulating FTSI position statements of specific areas of evidence-based facial rehabilitation (e.g., electrical stimulation).

- FTSI encouraged its members to submit presentations and engage in international collaboration during the International Facial Nerve Symposium in Madrid, September 2025.

Financial Overview

The principal income sources for FTSI have been the online foundation course, webinar fees and membership payments. For example, the Synkinesis Management webinar generated a net income of £8742.42 before speaker fees were paid and the Upper Motor Neuron webinar provided a net income of £4080 before speaker fees. It is expected that these will continue to be the key revenue streams, augmented in the future by in-person practical training courses 'badged' by FTSI.

In the next financial year, the Trustees have agreed to £40,000 being placed in a charity savings account for a fixed term of 12 months to achieve greater returns. This sum represents unrestricted funds not required for short-term operational needs and is consistent with the charity's reserves policy and forecast expenditure

Expenditure by FTSI focussed on the implementation of technology to streamline processes and improve governance including data protection (Microsoft 365, SharePoint storage). Other outgoings included charity liability insurance, speaker fees for those presenting webinars and educational platform development.

Going concern: In assessing FTSI as a going concern, the trustees reviewed financial forecasts, income diversification, reserves level and key operation risks, including reliance on volunteer support. The trustees are satisfied that the charity has adequate resources to continue its activities for the foreseeable future.

Reserves Policy

FTSI aims to hold free reserves equivalent to approximately six months of budgeted operating expenditure plus prudent contingencies, equating to £8,000. Reserves will be reviewed by the Trustees at least annually by considering risk assessments, income volatility and planned investments (e.g., research grants, course development, website upgrades). Designated funds may be set aside by trustees for specific projects (e.g., training platform or bursary schemes).

The trustees acknowledge that FTSI must be held to account for spending on agreed budgets for specific projects not just in the case of pending over-spends but also in the case of any significant underspending if this places a project at risk of failure / poorer outcome than predicted.

Risk Management

The Board of Trustees and Committee review the risk register regularly, with particular focus on high-priority risks relating to financial sustainability, operational capacity and safeguarding, and it monitors progress against agreed mitigation actions as a standing item at trustee meetings. The following are the key risks identified by the Trustees and Committee. A Risk Register provides more detail on mitigation management of these risks.

- Financial: reliance on limited income streams and volunteers – mitigated by reserves, multi-stream fundraising, and periodic pricing reviews.
- Operational: small, geographically distributed team and volunteer dependence – mitigated by technological support, job descriptions, succession planning, training and communications.
- Data protection & security: addressed via Microsoft 365/SharePoint storage, annual policy reviews, password governance and role-appropriate access.
- Safeguarding and clinical risk: competency framework, use of evidence-based materials, and template letters to promote safe practice.

- Reputational & compliance: adherence to Charity Commission guidance; structured decision-making, conflict of interest declarations and policy reviews. Dedicated Trustee meetings provide essential oversight.

Risk Register (as of 31st March 2025)

This risk register summarises key risks, controls and planned actions for Facial Therapy Specialists International (CIO). The trustees of FTSI review the risks at board meetings

Risk	Existing Controls	Planned Actions
<p>Financial sustainability</p> <p>Reliance on volunteer goodwill, course/webinar fees; income volatility could reduce service capacity.</p>	<p>Project budgeting, reviews of reserves policy by Trustees pricing review; diversified income streams (memberships, courses, mentoring, webinars).</p>	<p>Complete a formal fundraising strategy</p>
<p>Operational capacity</p> <p>Small, geographically distributed team. Reliance on volunteer reliance may limit delivery and continuity if roles change or people leave.</p>	<p>Clear role descriptions; succession planning; volunteer onboarding to ensure they feel supported and trained; documented processes placed on SharePoint. Free training resource access for committee members as a thank-you for their commitment</p>	<p>Introduce more role sharing or micro-volunteering to broaden capacity. Expand number of committee roles to subdivide responsibilities.</p>

<p>Data protection & IT security</p> <p>Information governance breaches or loss of data integrity (email, membership details, SharePoint, training platforms).</p>	<p>Cloud based Microsoft 365/SharePoint with role-based access; password governance; annual policy reviews; secure payment (PayPal); backups.</p>	<p>Publish user access SOPs; annual refresher training; review platform permissions</p>
<p>Safeguarding / clinical quality</p> <p>Inappropriate advice or training could cause patient harm or reputational damage.</p>	<p>Competency framework; evidence-based materials; template letters to challenge unsafe practice; webinar QA; moderation of member forums.</p>	<p>Publish position statements (e.g., e-stimulation); phased competency verification; webinar learning objectives.</p>
<p>Reputational & compliance</p> <p>Non-compliance with Charity Commission guidance or poor-quality reporting could impact reputation and regulation.</p>	<p>Adherence to CC guidance; structured decision-making; conflict of interest declarations; annual report preparation in a timely way; insurance in place to May 2025.</p>	<p>Board training, policy audit schedule on SharePoint; independent review where appropriate.</p>
<p>Programme delivery & events</p> <p>Delays to practical course roll-out or Trainer Central could affect membership value and impact.</p>	<p>Project plans; budget allocation all underway already; pilot cohorts; feedback</p>	<p>Publish milestones and KPIs; add contingency trainers; member communication plans</p>

	loops including newsletters.	
Diversity & inclusion		
Insufficient representation and accessibility (multilingual resources; inclusive content, committee representation) could limit reach.	Diversity policy development; moderated forums; inclusive tone; patient signposting (FPUK).	Publish D&I policy and develop questionnaire to send to FTSI membership; prioritise multilingual content, appoint an access role.

Plans for Next Reporting Period (April 2025–2026)

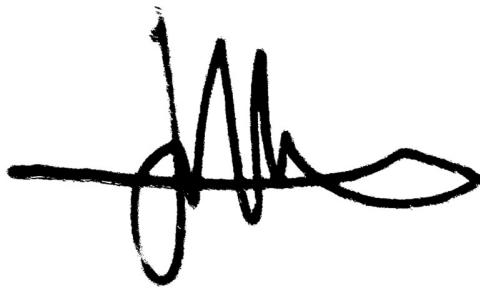
- Complete the 1-, 3- and 5-year strategic plan and publish a summary of Key Performance Indicators.
- Implement a phased competency self-assessment and verification for facial therapists.
- Further develop a trainer pathway through a ‘Train the Trainer’ cascade model.
- Commence further IT development and integration of systems to reduce volunteer burden.
- Explore bursaries for therapists in underserved regions worldwide.
- Encourage greater therapist networking at IFNS Madrid (September 2025) and support member submissions, promote further international collaboration and contribution to FTSI / committee participation.
- Develop multilingual resources, both for therapists and the patient populations they serve.
- Establish research grants; publish evidence-based position statements (e.g., electrical stimulation).

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law, United Kingdom Accounting Standards and the Charities SORP. In preparing the report and the accompanying financial statements, trustees select suitable accounting policies, make reasonable and prudent judgements and estimates, and prepare on a going concern basis unless inappropriate.

Approved by the Board of Trustees on 20th January 2026

and signed on its behalf by: Isabel Helen Martin (Chair of Trustees)



FACIAL THERAPY SPECIALISTS INTERNATIONAL

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF FACIAL THERAPY SPECIALISTS INTERNATIONAL

I report to the trustees on my examination of the financial statements of Facial Therapy Specialists International (the charity) for the period ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Tracey Richardson BSc (Hons) FCA

Westpoint
Lynch Wood
Peterborough
Cambridgeshire
PE2 6FZ

30 January 2026

FACIAL THERAPY SPECIALISTS INTERNATIONAL

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE PERIOD ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £
Income from:		
Donations and legacies	2	58,864
Charitable activities	3	45,924
Investments	4	988
		<hr/>
Total income		105,776
		<hr/> <hr/>
Expenditure on:		
Raising funds	5	3,391
Charitable activities	6	18,176
		<hr/>
Total expenditure		21,567
		<hr/> <hr/>
Net income and movement in funds		84,209
		<hr/> <hr/>
Reconciliation of funds:		
Fund balances at 25 October 2023		-
		<hr/>
Fund balances at 31 March 2025		84,209
		<hr/> <hr/>

The statement of financial activities includes all gains and losses recognised in the period. All income and expenditure derive from continuing activities.

FACIAL THERAPY SPECIALISTS INTERNATIONAL

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£
Current assets			
Cash at bank and in hand		84,209	
		<u> </u>	
Net current assets			84,209
			<u> </u>
The funds of the charity			
Unrestricted funds	12		84,209
			<u> </u>
			<u>84,209</u>
			<u> </u>

The financial statements were approved by the trustees on 20 January 2026

I Martin
Trustee

FACIAL THERAPY SPECIALISTS INTERNATIONAL

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Facial Therapy Specialists International is a charitable incorporated organisation.

1.1 Reporting period

This is the first period of accounts for the CIO since its registration on the 25 October 2023.

1.2 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows and to prepare the accounts on a receipts and payments basis.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.3 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.4 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.5 Income

Income is recognised upon receipt by the charity.

1.6 Expenditure

Expenditure is recognised upon payment by the charity.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand and deposits held at call with banks.

FACIAL THERAPY SPECIALISTS INTERNATIONAL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2025

2 Income from donations and legacies

	Unrestricted funds 2025 £
Donation	52,969
Membership fees	5,895
	<u>58,864</u>

The donation income represents monies raised before the CIO was registered with the Charity Commission.

3 Income from charitable activities

	Unrestricted funds 2025 £
Online courses, webinars and mentoring	45,924

4 Income from investments

	Unrestricted funds 2025 £
Interest receivable	988

5 Expenditure on raising funds

	Unrestricted funds 2025 £
Fundraising and publicity	
Other fundraising costs	3,391

FACIAL THERAPY SPECIALISTS INTERNATIONAL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2025

6 Expenditure on charitable activities

	2025
	£
Direct costs	
Lecture, webinar and mentoring fees	12,836
Share of support and governance costs (see note 7)	
Support	5,340
	<u>18,176</u>
	<u>18,176</u>
Analysis by fund	
Unrestricted funds	18,176
	<u>18,176</u>

7 Support costs allocated to activities

	2025
	£
Annual running costs	2,713
Bank charges	217
Consultancy costs	1,850
Gifts	100
Paypal fees	460
	<u>5,340</u>
	<u>5,340</u>

8 Net movement in funds

	2025
	£
The net movement in funds is stated after charging/(crediting):	
Fees payable for the independent examination of the charity's financial statements	-
	<u>-</u>
	<u>-</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the period.

10 Employees

The average monthly number of employees during the period was:

	2025
	Number
Total	-
	<u>-</u>
	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

FACIAL THERAPY SPECIALISTS INTERNATIONAL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2025

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used.

	At 25 October 2023	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
General funds	-	105,776	(21,567)	84,209
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

13 Related party transactions

There were no disclosable related party transactions during the period.