

Companies House Registration Number: CE033948

Charity Registration Number: 1205257

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2024
for
Mental Health Navigator CIO
(A Charitable Incorporated Organisation)

Green Accountancy Limited
Chartered Certified Accountants
Windrush House
Windrush Park Road
Witney
Oxfordshire
OX29 7DX

Mental Health Navigator CIO

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Mental Health Navigator CIO

Reference and administrative details

Registered Charitable Incorporated Organisation number in England and Wales

CE033948

Registered Charity number

1205257

Registered office

1 Thornhill Bridge Wharf
Caledonian Road
London
N1 0RU

Trustees

Emily Jennings
Lynette Bye
Inga Grossmann (Resigned 9 February 2024)
Liam Bligh (Appointed 10 February 2024)

Accountant

Barry Coles FCCA
Green Accountancy Limited
Chartered Certified Accountants
Windrush House
Windrush Park Road
Witney
Oxfordshire
OX29 7DX



Report of the trustees for the year ended 31 October 2024

Mental Health Navigator CIO

Companies House Registration Number: CE033948

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Mental Health Navigator CIO is a Charitable Incorporated Organisation whose only Members are the Trustees. The objectives of the charity and the powers of the Trustees are set out in the Constitution as are the regulations concerning the appointment of new Trustees.

The trustees present their report with the financial statements of the charity for the year ended 31 October 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees are responsible for keeping proper accounting records which disclose the financial position of the charity with reasonable accuracy at any time and enable them to ensure that the accounts comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

New trustees are appointed by a majority of trustees in office at that time.

Aims and Purposes

Mental Health Navigator CIO's Board of Trustees has the responsibility of ensuring those who use our website are provided with quality mental health information - that which is up-to-date and backed up by evidence.

The Board of Trustees is specifically responsible for ensuring our website is easy to navigate, and that anyone experiencing or at risk of poor mental health is able to easily access information about mental health support and resources on our website.

Objectives and Activities

The Board of Trustees is committed to relieving the needs of people experiencing or at risk of poor mental health through providing a mental health signposting service to find and access mental health support and mental health resources. Our signposting service is currently our website. We aim to enable as many people as possible to find and access quality mental health support and resources through both the Providers and Mental Health Resources pages of our website, respectively. In fulfilment of this charitable purpose between October 18, 2023 and October 31, 2024, we have ensured that both pages of our website are updated on a monthly basis, and have optimized the website for a simplified



Report of the trustees for the year ended 31 October 2024

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user experience. We have also ensured that suggestions for additions to the website adhere to our strict inclusion criteria via a thorough vetting process.

When planning our activities for the year, the Board of Trustees has considered the Charity Commission's guidance on public benefit and, in particular, the specific guidance on charities for the advancement of health or the saving of lives. We try to enable people to improve or maintain their health by accessing:

Crisis support information; information about where to find support for mental health concerns in terms of community centres, self-help materials, and service providers (including psychologists and coaches); information about how to best make use of mental health support information; and information about where to learn to provide support to those experiencing mental health crises.

Advocacy and outreach work.

To facilitate this work, it is important that we maintain our website and relationships with our sources of information, as well as the community we serve.

Achievements and Performance

The MentNav website

Our website is <https://www.mentnav.org/>. Initially, we tried to provide a newsletter and blog as part of our website. However, these were not regularly maintained, and so we reorganized our website to make the blog posts written into helpful articles linked at appropriate points in the website and removed the newsletter. LinkedIn became our primary way of communicating website changes and announcements to our users. Our website headings now include an About Us section, a page dedicated to vetted service providers ('Providers'), a page dedicated to vetted free or low-cost resources such as community centres and self-help materials ('Mental Health Resources'), and a page dedicated to quickly accessible crisis support information ('Crisis support info'), which has a quick access button visible on every page of our website.

The Mental Health Resources section includes sub-sections for Finding Care (to signpost users seeking guidance on how to approach their mental health journeys), Providing Support (for users looking to best support those experiencing a crisis), and From the Effective Altruism Movement. This last subsection is a collection of resources created by members of the community that first sponsored our charity's development, and whose philosophy of providing evidence-based information we continue to follow and whose community members we continue to serve.



Report of the trustees for the year ended 31 October 2024

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We also added resources such that we now have 294 vetted entries on our Mental Health Resources webpage, and 109 entries in our Providers webpage. 325 unique users from 52 countries accessed these resources between October 18, 2023 and October 31, 2024.

In October 2023, per the recommendation of a user and volunteer, we invested in using [Pory.io](https://pory.io) to simplify the user experience for our Mental Health Resources table, and make it less overwhelming for our users. We thought that moving from a grid view format to one that lists each entry as its own card with clickable links would make it easier to not only find resources but also access them. Unfortunately, the [Pory.io](https://pory.io) integration became cumbersome and resulted in a presentation that was not easily filtered, so we discontinued our use of [Pory.io](https://pory.io) and are instead now using the cards view in AirTable instead. The cards format is working well in terms of filtering capabilities and still provides clickable links as part of more easily digestible chunks of information for each mental health resource entry.

Organisational Infrastructure

Our first year as a charity largely involved setting up the administrative side of our organisation to function properly. This included opening a charity bank account, registering with HMRC, registering as a charity with Google for Nonprofits, onboarding Trustees, setting up a donation page, simplifying and protecting our abbreviated charity name (MentNav) via a trademark registration, and ensuring our Data Protection policies and information were up-to-date.

Advocacy and Outreach Work

Our advocacy and outreach efforts between October 18, 2023 and October 31, 2024 were limited to our fundraising efforts, through which we raised £2,523 for the purposes of covering the costs associated with transitioning from a CIC to a CIO, setting up the administrative aspects of our charity, maintaining our website, registering a trademark, and preparing our accounts.

We were approached about accepting grants for other organisations in order to help facilitate advocacy, but decided this was not an appropriate course of action, since (a) it was not clear how receipt and redistribution of these funds would serve our charitable purpose and (b) we are not registered as a grant-making charity.



Report of the trustees for the year ended 31 October 2024

Mental Health Navigator CIO

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Financial Review

Total receipts on unrestricted funds were £2,523, of which £2,494 was donated by Trustee Emily Jennings to ensure necessary costs of the charity's set-up, organization, and compliance with all regulations was covered. £175 was spent on the [Pory.io](https://pory.io) subscription for the attempt at making our Mental Health Resources more user-friendly, as detailed above. £405 was spent on registering our abbreviated name MentNav as a trademark in the UK and £50 on registration with the Fundraising Regulator, bringing our total Legal and Professional Fees to £455. We had previously registered our correspondence address with Your Company Formations, and the fee for that was £187, though we eventually discontinued the use of this service. £601 was carried forward for subscriptions paid for a secure consultations platform for an advisory service (discontinued because we could not afford to continuously train volunteers) and for our Wix website host subscription. £720 was paid to our accountant.

The net result for the year was a balance of £0.23, or £0, as there was not an excess of receipts over payments.

Reserves Policy

It is Board of Trustees policy to maintain a balance on unrestricted funds if possible, which equates to at least one year of unrestricted payments, equivalent to £200, to cover website maintenance costs that arise from time to time. The balance of £0.23, or £0, at the year end did not match this target. Due to the significant number of months it took to set up our charity bank account and register with HMRC between 18 October 2023 and 31 October 2024, we did not have an adequate structure to fundraise for long. We believe reaching our reserves target is more likely this year now that systems are in place to properly manage fundraising.

Volunteers

We would like to thank our volunteers for their contribution to the continued maintenance and growth of information we provide to those we serve. In particular, we would like to thank Inga Grossman for her work with public outreach in the Effective Altruism community, Lynette Bye for her work on our Providers webpage, and Emily Jennings for her work on our administrative tasks and Mental Health Resources webpage. Our volunteers ensured that the charity was correctly established and its policies written, that our website was maintained and regularly updated, and that we provided a simplified user experience.



Report of the trustees for the year ended 31 October 2024

Mental Health Navigator CIO

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Structure, governance, and management

The method of appointment of new Trustees is set out in the Charity Constitution. At Mental Health Navigator CIO, the membership of the Board of Trustees consists of members of the public with interests in the promotion of good mental health for all. Two members are involved in the Effective Altruism community, which originally sponsored the development of the charity. All those who make use of our signposting service and are natural persons and above the age of 16 years are eligible for appointment to our Board of Trustees.

The Board of Trustees is responsible for making decisions on all matters of general concern and importance to the community served, including deciding on how the funds of the Board of Trustees are to be spent.

The full Board of Trustees met twice during the year with an average level of attendance of 100%. Responsibilities for maintaining the website, administrative tasks, and community outreach were divided evenly among the Trustees. Minutes were kept for each meeting and a running task list was regularly circulated and checked.

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Board of Trustees:

Emily M. Jennings (Chair)

Date: 17/07/2025

Report to the trustees on the preparation of the unaudited statutory accounts of Mental Health Navigator CIO

To assist you to fulfil your duties under the Charities Act 2011, I have prepared for your approval the accounts of Mental Health Navigator CIO which comprise the statement of financial activities, the balance sheet and the related notes, from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://www.accaglobal.com/en/member/professional-standards/rules-standards/acca-rulebook.html>.

This report is made to the trustees of Mental Health Navigator CIO, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of Mental Health Navigator CIO and state those matters that we have agreed to state to the trustees of Mental Health Navigator CIO, as a body, in this report in accordance with the Association of Chartered Certified Accountants as detailed at http://www.accaglobal.com/content/dam/ACCA_Global/Technical/fact/technical-factsheet-163.pdf.

To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Mental Health Navigator CIO and its trustees as a body for our work or for this report.

It is your duty to ensure that Mental Health Navigator CIO has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit or loss of Mental Health Navigator CIO. You consider that Mental Health Navigator CIO is exempt from the statutory audit requirement for the accounting period.

We have not been instructed to carry out an audit or a review of the accounts of Mental Health Navigator CIO. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Barry Coles

Barry Coles FCCA
Green Accountancy Limited
Chartered Certified Accountants
Windrush House
Windrush Park Road
Witney
Oxfordshire
OX29 7DX

Date: 18/07/2025

Mental Health Navigator CIO

Statement of Financial Activities for the year ended 31 October 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Incoming resources					
<i>Income and endowments from:</i>					
Donations and legacies	3.1	2,523	-	2,523	69,622
Investment income	3.2	-	-	-	601
Total Income		2,523	-	2,523	70,223
Resources expended					
<i>Expenditure on:</i>					
Charitable activities - expenditure	4.1	2,177	-	2,177	70,569
Total expenditure		2,177	-	2,177	70,569
Net income/(expenditure) before investment gains/(losses)		346	-	346	(346)
Net income/(expenditure)		346	-	346	(346)
Net movement in funds		346	-	346	(346)
<i>Reconciliation of funds:</i>					
Total funds brought forward		(346)	-	(346)	-
Total funds carried forward		-	-	-	(346)

Continuing operations

All income and expenditure has arisen from continuing activities.

Balance Sheet as at 31 October 2024

CIO Number CE033948

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Current assets					
Debtors	5	720	-	720	788
Cash at bank and in hand	6	-	-	-	6
Total current assets		720	-	720	794
Creditors: amounts falling due within one year	7	720	-	720	1,140
Net current assets/(liabilities)		-	-	-	(346)
Total assets less current liabilities		-	-	-	(346)
Total net assets		-	-	-	(346)
Funds of the Charity					
Unrestricted funds	9	-	-	-	(346)
Total funds		-	-	-	(346)

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2024

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2024 in accordance with Section 476 of the Companies Act 2006.


The trustees acknowledge their responsibilities for :

a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17/07/2025
and were signed on its behalf by:


.....

Emily Jennings
Trustee (Chair)

Notes to the Financial Statements for the year ended 31 October 2024

1 Basis of preparing the financial statements

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)',
- Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'
- and with the Charities Act 2011.

The charity is a Charitable Incorporated Organisation and constitutes a public benefit entity as defined by FRS 102.

The charity converted from a Community Interest Company to a Charitable Incorporated Organisation on 18 October 2023.

2 Accounting Policies

Income

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Grants and donations

Grants and donations are included in the SoFA when the general income recognition criteria are met.

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Notes to the Financial Statements for the year ended 31 October 2024

Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Taxation

The charity registered as a charity on 18 October 2023 and since that date has been exempt from corporation tax on its charitable trading activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Notes to the Financial Statements for the year ended 31 October 2024

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

The charity has creditors which are measured at settlement amounts less any trade discounts

Notes to the Financial Statements for the year ended 31 October 2024

3.1 Income from donations and legacies

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Donations made by Trustees	2,494	-	2,494	-
Donations	29	-	29	-
Grant income	-	-	-	69,622
	<hr/>	<hr/>	<hr/>	<hr/>
Total donations and legacies	2,523	-	2,523	69,622
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

3.2 Investment income

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Bank interest receivable	-	-	-	21
Other interest receivable	-	-	-	580
	<hr/>	<hr/>	<hr/>	<hr/>
Total investment income	-	-	-	601
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Notes to the Financial Statements for the year ended 31 October 2024

4.1 Charitable activities - expenditure

To relieve the needs of people experiencing or at risk of poor mental health through providing a mental health signposting service to find and access mental health support and mental health resources.

	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
<i>Direct cost of charitable activity:</i>				
Staff costs	-	-	-	54,778
Advertising	-	-	-	538
Bank charges	-	-	-	49
Companies House fees	-	-	-	40
Conference fees	-	-	-	150
Data bank tools	175	-	175	-
Insurance	-	-	-	514
Legal and Professional Fees	455	-	455	9,303
Office costs	187	-	187	-
Publications	-	-	-	40
Staff training	-	-	-	717
Subscriptions	601	-	601	3,300
Website	39	-	39	-
<i>Support costs:</i>				
Accountancy fees	720	-	720	1,140
Total expenditure on charitable activities	2,177	-	2,177	70,569

Support costs

All support costs are allocated to the single charitable activity of the charity and are included above.

4.2 Governance costs included above	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Accountancy fees	720	-	720	1,140
Total governance costs	720	-	720	1,140

Notes to the Financial Statements for the year ended 31 October 2024

4.3 Trustee remuneration

None of the trustees were remunerated during the year or the previous year.

No trustee expenses were paid during the year

4.4 Staff costs

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Salaries - Gross pay	-	-	-	49,635
Salaries - Employers NI	-	-	-	5,143
Salaries - Pensions	-	-	-	-
Total staff costs	-	-	-	54,778

There are no staff working for the charity.

There were no ex-gratia payments made and no redundancy payments made.

4.5 Staff numbers

Average headcount in the year:	2024	2023
Charitable activities	-	1

5 Debtors

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Prepayments	-	-	-	788
Accrued donation	720	-	720	-
Total debtors	720	-	720	788

6 Cash at bank and in hand

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Bank current account	-	-	-	6
Total cash at bank and in hand	-	-	-	6

Notes to the Financial Statements for the year ended 31 October 2024

7 Creditors: amounts falling due within one year

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Accountancy fees accrual	720	-	720	1,140
Total creditors due within one year	720	-	720	1,140

8 Related party transactions

During the period the Trustee Emily Jennings has paid for services on behalf of the charity. The value of these are included within donations made by Trustees within the accounts. No balance is owed to Emily Jennings as a result of these transactions.

9 Charity funds - current year

	At 19 October 2023	Incoming resources	Resources expended	At 31 October 2024
	£	£	£	£
Unrestricted funds	(346)	2,523	2,177	-
Total funds	(346)	2,523	2,177	-

10 Charity funds - previous year

	At 5 September 2022	Incoming resources	Resources expended	At 18 October 2023
	£	£	£	£
Unrestricted funds	-	70,223	70,569	(346)
Total funds	-	70,223	70,569	(346)

SIGNATURE CERTIFICATE



REFERENCE NUMBER
D1A17C93-572A-4438-A6DD-A056DEF391BF

TRANSACTION DETAILS

Reference Number
D1A17C93-572A-4438-A6DD-A056DEF391BF

Transaction Type
Signature Request

Sent At
07/14/2025 07:58 +01

Executed At
07/18/2025 11:38 +01

Identity Method
email

Distribution Method
email

Signed Checksum
97387687236ae2ae1d249557b4f8f6d7aac9c81a5fb87aa356c8035ef6821f3e

Signer Sequencing
Enabled

Document Passcode
Disabled

DOCUMENT DETAILS

Document Name
4990 Charity Accounts 31-Oct-24 Mental Health Navigator CIO 250714

Filename
4990_Charity_Accounts_31-Oct-24_Mental_Health_Navigator_CIO_250714.pdf




Pages
18 pages

Content Type
application/pdf

File Size
373 KB

Original Checksum
c342f88c94c5fffbcb85231edfbc049dce5e4a00b5779c56ed52a850f91ac98eb

SIGNERS

SIGNER	E-SIGNATURE	EVENTS
Name Barry Coles	Status signed	Viewed At 07/18/2025 11:37 +01
Email barry@greenaccountancy.com	Multi-factor Digital Fingerprint Checksum 4f53cda18c2baa0c0354bb5f9a3ecbe5ed12ab4d8e11ba873c2f11161202b945	Identity Authenticated At 07/18/2025 11:38 +01
Signer Sequence 1	IP Address 185.241.227.193	Signed At 07/18/2025 11:38 +01
Components 2	Device Firefox via Windows	
	Typed Signature 	
	Signature Reference ID 915332CC	
Name Emily Jennings	Status signed	Viewed At 07/17/2025 18:05 +01
Email emily@mentalhealthnavigator.co.uk	Multi-factor Digital Fingerprint Checksum 4f53cda18c2baa0c0354bb5f9a3ecbe5ed12ab4d8e11ba873c2f11161202b945	Identity Authenticated At 07/17/2025 18:56 +01
Signer Sequence 0	IP Address 129.222.255.158	Signed At 07/17/2025 18:56 +01
Components 4	Device Chrome via Mac	
	Drawn Signature 	
	Signature Reference ID B40E187B	
	Signature Biometric Count 3	
	Drawn Signature 	
	Signature Reference ID AB10CB84	
	Signature Biometric Count 3	

AUDITS

TIMESTAMP	AUDIT
07/14/2025 07:58 +01	Barry Coles (barry@greenaccountancy.com) created document '4990_Charity_Accounts_31-Oct-24_Mental_Health_Navigator_CIO_250714.pdf' on Firefox via Windows from 185.241.227.193.
07/14/2025 07:58 +01	Emily Jennings (emily@mentalhealthnavigator.co.uk) was emailed a link to sign.
07/17/2025 18:05 +01	Emily Jennings (emily@mentalhealthnavigator.co.uk) viewed the document on Chrome via Mac from 129.222.255.158.
07/17/2025 18:56 +01	Emily Jennings (emily@mentalhealthnavigator.co.uk) authenticated via email on Chrome via Mac from 129.222.255.158.
07/17/2025 18:56 +01	Emily Jennings (emily@mentalhealthnavigator.co.uk) signed the document on Chrome via Mac from 129.222.255.158.
07/17/2025 18:56 +01	Barry Coles (barry@greenaccountancy.com) was emailed a link to sign.
07/18/2025 11:37 +01	Barry Coles (barry@greenaccountancy.com) viewed the document on Firefox via Windows from 185.241.227.193.
07/18/2025 11:38 +01	Barry Coles (barry@greenaccountancy.com) authenticated via email on Firefox via Windows from 185.241.227.193.
07/18/2025 11:38 +01	Barry Coles (barry@greenaccountancy.com) signed the document on Firefox via Windows from 185.241.227.193.