



## **Trustees Annual Report 1st April 2024 – 31<sup>st</sup> March 2025**

### **ALKIONIDES (UK)**

Reg. Charity 1205188

#### **Aims and objectives**

The Alkionides (UK) Charity, also referred to as Alkionides UK, exists to provide emergency assistance to individuals in the UK Cypriot & Greek communities on a case-by-case basis at the discretion of the committee. It mainly provides relief of financial hardship of needy patients and their families from Cyprus undergoing medical treatment in UK hospitals, by providing free accommodation and/or by making grants of money for providing or paying for services or facilities not otherwise provided for.

Additionally, the charity instigates projects and programmes to help groups or individuals in the British Cypriot community such as families with children with special educational needs and disabilities or students from low-income families, as discussed and approved by the committee.

Generally, for such other charitable purposes which are for public benefit as the Trustees shall from time to time in their absolute discretion think fit. The charity works with key partners in the UK and Cyprus to identify and ensure that patients coming to the UK are in need of financial assistance. All of the Directors/Trustees and members give their services and time voluntarily and receive no remuneration or financial benefit. The charity applies strict policies regarding the collection of funds to ensure full transparency and accountability.

Alkionides UK confirms that the trustees have paid due regard to the guidance on public benefit issued by the Charity Commission in deciding what activities the charity should undertake in order to ensure that the public benefit requirements are met.

The activities undertaken in order to ensure that these public benefit requirements and the objects of the charity are met, include covering the temporary accommodation costs in central London to house several families at a time. These funds will be raised through various cultural events, membership and generous donations from sponsors. Our 'Nest', is where patients are housed and brings enormous relief to those we help. Our volunteers will also provide assistance with translations, telephone support, transportation to and from hospitals/airports and visit the patients and their accompanying family members and carers as much as possible.

The charity is proud to have a Birmingham and Midlands branch which will also raise funds and whose members and volunteers provides much needed support to families in need. Especially by providing outings and financial assistance to families of children with special educational needs and disabilities in the Birmingham and Midlands area. These families and the children currently greatly enjoy such outings and are happy to meet and support the other families facing similar challenges.

The charity aims to sponsor poor, deserving Cypriot students at UK institutions to help with the enormous university costs. We feel that education is an essential commodity and will help these youngsters find and secure better careers and allow them to help their families and perhaps others too.

## Summary of achievements:

In March 2024 Alkionides UK celebrated one year in the 'Nest' a six-bedroom residential property in North London that is used to temporarily house the patients and their carers. During the year over fifty different families have benefited from staying at the nest and several more from further assistance with hotel accommodation.

Further details of the charity's achievements during the year are in the President's annual report below.

## Committee 2023 -2024

- Marie Parisinou-Nicholsby, President, Director & Trustee
- Tatiana der Avedissian, Co-President, Director & Trustee
- Angelos Athanassiades, Director & Trustee
- Dr Alan Nicholsby, Website manager, Director & Trustee
- Linda Kyriacou, Membership secretary
- Eugenie Papadopoulos, Vice President
- Leandros Sideris, Treasurer (resigned December 2024)
- Nicholas Nicolaides, Corporate governance, Director & Trustee
- David Nicholsby, Financial advisor, Director & Trustee
- Monica Kourtoumbelidou, Social media manager
- Clarissa Germanos, Committee member
- Dr Rebecca Hatjiosif, Committee member, Director & Trustee
- Helen Vasiliou, Committee member, Director & Trustee
- Liliana Malla, Committee member, Director & Trustee
- Maro Athanasiou, Committee member
- Maro Chrysostomou, Committee member
- Stella Dinenis, Committee member
- Sue Kittalides, Committee member
- Miria Pittalis, Secretary
- Ioannis Konstantinou, Committee member
- Marina Antoniou, Committee Member

## Structure and Governance

The charity is a charitable company limited by guarantee governed by its Memorandum and Articles of Association dated 19 August 2022. The committee meet roughly every two months and hold their annual general meeting in the summer.

Trustees are appointed having due regard to their competence and commitment to the charity and are briefed about their duties by the committee.

The charity's registered address is: 52 Cumbrian Gardens, NW2 1EF, London

## President's Annual Report

Our Constitution stipulates that we, the volunteers, promise to help patients and their families, as well as children with special educational needs and individuals in the community going through times of crisis. This past year, which started with the acquisition of a six-bedroom property, highlighted the enormous responsibilities involved in this initiative. Since last February, we have provided free accommodation and moral support to so many people. During this time, we watched families experiencing trauma through sudden accidents and rare conditions affecting young adults, children, husbands and wives. We have also observed relationships grow between our volunteers and these families, between individuals travelling together to and from hospitals and all meeting round the kitchen table, for breakfast or a night cup. They share their thoughts and their problems.

The newly founded Cleveland Clinic has become the choice hospital of the Cyprus Ministry of Health, for rehabilitation. Several doctors and an ICU nurse come from Cyprus. Three of our patients came by air-ambulance, straight to intensive care and stayed for several months. The Government of Cyprus covers the enormous medical costs and we try to take care of the families. We provided transport for families who left early in the morning and came late at night, exhausted. We also arranged delivery of necessary shopping, uber for low-income families and Oyster cards for public transport to hospitals. We employ cleaners and buy kitchen appliances and anything else they need.

During the Easter holidays, we invited two third-year student nurses in collaboration with the **European University of Cyprus**, our idea embraced enthusiastically by Former Minister of Health, Mrs P. Kanari, Professor P. Papageorgis and Dr M. Prodromou. Maria and Katerina stayed at the 'Nest' for two weeks over Easter, sharing the lives and emotions of families who are traumatised by the suffering of their loved ones. Director Angelos Athanassiades and committee member Sue Kittalides, greeted them on arrival, offering essential shopping and pocket money for their stay. Our dynamic vice-president, Eugenie Papadopoulos, took our visitors on a guided tour of London the next day. Mrs Agni Iacovides sponsored their airline tickets in Cyprus.

They had a unique opportunity to tour some of the best hospitals in the world. I had the pleasure of organising and accompanying the students to the Royal Free Hospital tour. Our very own Cypriot, expert liver transplant surgeon, Stephanos Pericleous inspired the girls and explained the careful procedure of getting consent from patients for the complex organ operation and the difficult road ahead. They met Xenia Mylona, the Greek coordinator. Dr George Papadakis, transplant surgeon at Guys Hospital and the world-renowned Great Ormond Street Hospital (GOSH), operated a young six-year-old and her mother, who also donated an organ. We became very close to this family at the 'Nest'. Our 'Nest' volunteers, Maro Athanasiou, Sue Kittalides, Lena Pilavaki, Dr Serafim Kiriakides and Dr R. Hatjosif, visit often. I feel honoured to be surrounded by such great friends. Dr Papadakis kindly organised a tour of GOSH for our students. We took advantage of the location and visited the British Museum too.

At the Cleveland, young Filippas Tomazou, an ICU specialist nurse from Larnaca, gave four hours of his time to explain everything to our girls and offered help at the 'Nest', when needed. The responsibility of caring for vulnerable people ultimately falls on the shoulders of our volunteers. We ask that the Cypriot Government appreciates our work which provides support for these families and, more importantly, provides without further delay, a social worker/ nurse, on a permanent basis, to advise the ministry on the daily needs of the patients. His Excellency, our High Commissioner, Patron of our charity with his wife Mrs Vasiliki Kinani Kourou, have embraced our cause. In June, I had a meeting with the Minister of Health Mr M. Damianos and officials responsible for sponsored patients, to discuss ideas, one being the possibility of sending patients to Birmingham again and simplifying the payment of benefits.

This year, several babies and children were sent to Kings College Hospital, where coordinator Aphrodite Pavlou offers her full support. As the hospital is far away from the Alkionides UK 'Nest', we provide financial support and cover airport transport for some of these families.

In Birmingham, Directors and Trustees Helen and Lilliana, with the help of Mr & Mrs J. Koumi, Mr K. Akathiotis and the whole community, organise exciting outings and give financial support to 15 families with children with special educational needs. The cost is covered by the Keith Coombs' Trust grant, secured with the help of Mr D. Markou.

This year we supported Ioannis to achieve his degree at Westminster University as well as Antonis who is completing his Master's degree at Sunderland University. Team member Marina Antoniou, is leading a new Student Grants Committee, with Tatiana, Angelos and Miria. Candidates can apply for funding via our website [www.alkionides.org](http://www.alkionides.org).

**We are forever grateful to our Sponsors: CAPITAL GROUP, THE A. G. LEVENTIS FOUNDATION, THE REO STAKIS CHARITABLE FOUNDATION, ALKIONIDES CYPRUS and ALKIONIDES BIRMINGHAM & MIDLANDS, Mr & Mrs J. KOUMI, J. K. PITTALIS, H.E. ARCHBISHOP NIKITAS & THE NPT TRUST, THE XENOPHON PROTOPAPAS FOUNDATION, THE CHRISTOS LAZARI FOUNDATION, POLIS POLYVIOU and others, including members and friends who help in many different ways.**

At our Spring Tea-party in April, at the hospitable residence of Dr R. Hatjiosif, Mrs Vasiliki Kinani Kourou, presented our student visitors with 'THE ALKIONIDES AWARD CERTIFICATE'. We were honoured by the presence of The Worshipful the Mayor of the London Borough of Barnet, Mr Tony Vouros and Madam Mayoraize, Deputy H.C. Mr S. Miltiadous, Head of Education Mrs M. Loi and Cultural Councillor Mr M. Theocharous. Mrs Kourou had also opened her residence at Christmas to help us fundraise. Our delicious kourabiedes and melomakarona, baked under the guidance of Maro at the Athanasiou residence, sold out! The Birmingham Rebetiki Vradia last November, inspired by Mrs Doula Koumi and team, was unforgettable! The generosity of the Cypriot community is legendary.

**WE WELCOME NEW VOLUNTEERS!! BECOME SUSTAINING OR ORDINARY MEMBERS. SPONSOR THE SIX NEST DOORS AND OUR ATHLETES! ORGANISE AN EVENT! GET IN TOUCH!**

**THANK YOU FOR SUPPORTING ALKIONIDES UK. TOGETHER WE CAN ACHIEVE SO MUCH.**

## **Financial Review**

All funds will be deposited in a current or deposit bank account from which disbursements are made. As at the year end the charity held £1,217,543.00 in net assets of which 916,958 was the value of the 'Nest' and £298,613 held as cash deposits in UK banks. The majority of funds is raised from donations and charity events. These funds are sufficient to cover the charity's long-term needs.

On 5 March 2025 Alkionides UK, an unincorporated charity with the same charitable objects and under common control with Alkionides (UK) was formerly closed and removed from the register of the Charity Commission of England and Wales. All remaining assets were transferred to this charity, Alkionides (UK).

The Charity prides itself in keeping all administration cost to an absolute minimum to ensure that all money raised is able to be used to help those in need. We do not employ staff, rent office space nor incur costly administrative overheads. Please refer to our accounts for further details.

Consumables such as cleaning materials for the ‘Nest’, PPE, administrative charges for website hosting, printing as well as event-related costs and software licenses amounting to several hundred pounds are generously provided by the trustees and other members and do not appear in the Charity’s accounts.

**Declarations**

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	<i>Marie Nicholsby</i>	<i>J A Nicholsby</i>
Full name(s)	Mrs Marie Nicholsby	Dr John Alan Nicholsby
Position (eg Secretary, Chair, etc)	President	Director/Trustee
Date	6 <sup>th</sup> August 2025	

**ALKIONIDES (UK) Financial Statements for the period**

**1 April 2024 – 31 March 2025**

**(Registered number: 14306854)**

**Balance Sheet as at 31 March 2025**

	31 Mar 2025	31 Mar 2024
<b>Fixed Assets</b>		
Nest	929,464	929,464
Household Appliances	734	-
Less Accumulated Depreciation	(13,240)	(1,870)
<b>Total Fixed Assets</b>	<b>916,958</b>	<b>927,594</b>
<b>Current Assets</b>		
<b>Total Cash at bank and in hand</b>	<b>298,613</b>	<b>-</b>
Other Receivables (interest due)	2,972	-
Accruals	(1,000)	(1,320)
<b>Total Current Assets</b>		
<b>Net Current Assets (Liabilities)</b>	<b>300,585</b>	<b>(1,320)</b>
<b>Total Assets</b>	<b>1,217,543</b>	<b>926,274</b>
<b>Capital and Reserves</b>		
Current Year Earnings	291,269	926,274
Retained Earnings	926,274	0.00
<b>Total Capital and Reserves</b>	<b>1,217,5431</b>	<b>926,274</b>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. The Directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Trustees and Directors and signed on their behalf and on behalf of the board by:

## Statement of income and expenditure for the period 1 April 2024 – 31<sup>st</sup> March 2025

Income	Note	2025	2024
Fundraising Events	1	9,655	0.00
Donations	2	322,637	929,473
Sale of Merchandise	3	900	0.00
Membership	3	9,800	0.00
Interest		2,972	
<b>Total Income</b>		<b>345,964</b>	<b>929,473</b>
<b>Expenditure</b>			
Nest running costs	4	16,161	
Additional accommodation		1,559	
Medical assistance & translation		70	
Student grants		8,400	
Special needs programme		2,000	
Transport & Food		9,372	
Merchandise		514	
Event costs		224	
Other administrative costs	5	5,025	1,329
Depreciation		11,370	1,870
<b>Total Expenditure</b>		<b>54,695</b>	<b>3,199</b>
<b>Operating Profit</b>		<b>291,269</b>	<b>926,274</b>

*Marie Nicholsby*

M Nicholsby

Director and Trustee

Date: 9th August 2025

*J A Nicholsby*

Dr J A Nicholsby

Director and Trustee

## Notes to Accounts

1. <b>Fundraising events: (net proceeds)</b>	<b>31 Mar 2025</b>	<b>31 Mar 2024</b>
Afternoon teas	1,036	
Birthday fundraisers	325	
Christmas bazaars	4,000	
Sponsored personal challenges	4,294	
<b>Event income</b>	<b>9,655</b>	

## 2. Donations

### Unrestricted donations

Memorial donations	3,853	
Capital Group	47,393	
The A. G. Leventis foundation	12,082	
Ayia Napa Hotels & Christos Lazari Foundation	2,438	
National Philanthropic Trust	7,579	
Chicken Joes	10,000	
Transfer from Alkionides UK, including: -	217,749	929,473
• REO Stakis Charitable Trust - 20,000		
• AG Leventis Foundation - 12,082		
• Capital Group - 8,750		
• Other anonymous benefactors - 17,758		
Other major benefactors	17,579	
Other unrestricted donations	3,464	
<b>Total unrestricted donations</b>	<b>322,137</b>	<b>939,473</b>

### Restricted donations

Capital Group		
Keith Coombs Trust (special needs)		
Student fund	500	
Other restricted donations		
<b>Total restricted donations</b>	<b>500</b>	

All the funds from these restricted donations are being used in accordance with their intended use.

## 3. Membership & Merchandise

Memberships	350	
Sustaining membership	9,450	
Sale of Merchandise – Marie’s book	320	
Sale of Merchandise - Aprons	140	
Sale of Merchandise - cards, bags and books	440	
<b>Total Membership &amp; Merchandise</b>	<b>10,700</b>	



## Notes to Accounts continued

### 4. Nest operations

Insurance	1,577	
Utility bills (Gas & Electricity)	3,344	
Council Tax	3,781	
Water	441	
Cleaning	4,806	
Telephone, Internet and Cyprus TV	636	
Repairs & maintenance	1,576	
	<b>Nest total</b>	<b>16,161</b>

### 5. Other Expenditure

Accounting	1,480	1,329
Bank charges	68	
Printing & Stationery	96	
Other expenses (write off of deposits & inventory)	3,381	
	<b>Total other expenditure</b>	<b>5,025</b>
		<b>3,199</b>



Section A

Independent Examiner's Report

Report to the  
trustees/directors/  
members of

Charity Name  
ALKIONIDES (UK)

On accounts for the year  
ended

31 MARCH 2025

Charity no.:

1205188

Company no.:

14306854

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31/03/2025.

Responsibilities and  
basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

Independent  
examiner's statement

The company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of ACCA (Association of Chartered Certified Accountants).

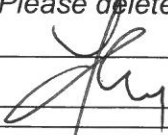
I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**



**Date:** 31/07/2025

**Name:**

Elena Papuc

**Relevant professional qualification(s) or body (if any):**

ACCA (Association of Chartered Certified Accountants)

**Address:**

Global House  
303 Ballards Lane  
N12 8NP

K J Pittalis  
Chartered Certified Accountants  
Global House, 303 Ballards Lane  
London N12 8NP  
Tel: 020 8492 9440  
Email: info@kjpcqa.com

## Section B

## Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.