

GURLS TALK LIMITED

England & Wales · Charity number 1205153

Details

Status	Registered
Legal form	Charitable company
Company number	14798341
Registered	2023-10-10
Register	View on the Charity Commission register

Contact

Address	C/o Studio 133 222 Kensal Road London W10 5BN
Phone	02089696956
Email	ben@hiltonconsulting.co.uk
Website	www.hiltonconsulting.co.uk

Activities

Objects: TO ADVANCE IN LIFE AND HELP YOUNG PEOPLE THROUGH:(A) PROMOTING, PROTECTING AND IMPROVING THE MENTAL HEALTH AND WELL-BEING OF ADOLESCENT GIRLS AND YOUNG WOMEN AND ENABLING THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESILIENT INDIVIDUALS;(B) ACTING AS A RESOURCE AND PROVIDING A PLATFORM FOR THE SHARING OF IDEAS AND CONVERSATIONS AROUND MENTAL HEALTH AND GENDER;(C) ADVANCING THE EDUCATION OF THE PUBLIC ABOUT THE SOCIETAL AND PSYCHOLOGICAL CHALLENGES EXPERIENCED BY ADOLESCENT GIRLS AND YOUNG WOMEN; AND(D) CARRYING OUT, PROMOTING OR ASSISTING IN PROMOTING RESEARCH INTO THE NEEDS OF SUCH YOUNG WOMEN AND TO DISSEMINATE THE USEFUL RESULTS OF SUCH RESEARCH.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Other Charitable Purposes
- **Who:** Children/young People

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£206,945	£73,030	-	-
2024-04-30	£0	£0	-	-

Trustees

Name	Role	Appointed
Camilla Ann Lowther OBE		2023-04-13
Iman Dakhil		2024-04-04
Judith Ojiyovbi Koloko		
Maria Lourdes Pia Bayot		2024-12-05
Poppy Angela Delevingne		

GURLS TALK LIMITED

England & Wales - Charity number 1205153

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From: 01/05/2024

To: 30/04/2025

Charity name: Gurls Talk Ltd

Charity registration number: 1205153

Objectives and Activities

The Charity's objectives are to advance the lives of adolescent girls and young women by promoting and protecting their mental health, providing trusted spaces for conversation and learning, educating the public about the challenges they face, and supporting research to better understand and respond to their needs, enabling them to grow into resilient and confident participants in society.

Achievements and Performance

As a newly established Charity, activity during this reporting period was intentionally limited, with the primary focus on setting up the organisation's governance, operational structures, and foundations for future growth.

During this time, the Charity delivered a small number of initial activities, including:

- a community event to mark International Women's Day, funded by the Broadwick Hotel;
- a talk and workshop session at a local girls' school; and
- Coach in Your Corner Piloting: Coach in Your Corner is a global mental health education programme for sports coaches of adolescent girls. The programme was developed and piloted under a multi-year grant to the US affiliated entity prior to the establishment of the UK charity. Following the conclusion of the grant period in 2026, the charity intends to fundraise for and implement the programme in the UK.

Financial Review

The Charity's accounts at the end of the period reflect the fact that this was the first year of the Charity's activities and whilst a large amount of the Charity's efforts were spent establishing its set up and planning for the performance of its objectives, we are pleased to report that the Charity generated a surplus of £133,915.

This surplus has been allocated by the Charity for specific deployment in advancement of the Charity's objectives.

Structure, Governance and Management

The Charity is a charitable incorporated organisation having been established on 13 April 2023.

The governing documents of the Charity can be found on the Company record on Companies House.

The objectives of the CIO are:

- (a) Promoting, protecting and improving the mental health and well-being of adolescent girls and young women and enabling them to participate in society as mature and resilient individuals;
- (b) Acting as a resource and providing a platform for the sharing of ideas and conversations around mental health and gender;
- (c) Advancing the education of the public about the societal and psychological challenges experienced by adolescent girls and young women; and
- (d) Carrying out, promoting or assisting in promoting research into the needs of such young women and to disseminate the useful results of such research.

The Trustees at the year-end were:

Judith Ojiyovbi Koloko
Camilla Ann Lowther OBE
Poppy Angela Delevingne
Maria Lourdes Pia Bayot
Iman Dakhil

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

	DocuSigned by:	
Signature(s)		
Full name(s)	D9C86E7E3F5B477... Camilla Ann Lowther OBE	
Position (eg Secretary, Chair, etc)	Chair	
Date	26/02/2026	

Company registration number 14798341 (England and Wales)

GURLS TALK LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2025

GURLS TALK LIMITED

COMPANY INFORMATION

Directors	Miss J Koloko Mrs C Lowther Ms Poppy Delevingne
Company number	14798341
Registered office	C/O Hilton Consulting Canalot Studios 222 Kensal Road London W10 5BN
Accountants	Hilton Consulting Limited Canalot Studios, Studio 317 222 Kensal Road London W10 5BN

GURLS TALK LIMITED

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GURLS TALK LIMITED

DIRECTORS' REPORT
FOR THE YEAR ENDED 30 APRIL 2025

The directors present their annual report and financial statements for the year ended 30 April 2025.

Principal activities

The principal activity of the company continued to be that of other social work activities.

Directors

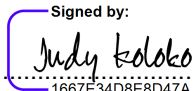
The directors who held office during the year and up to the date of signature of the financial statements were as follows:

Miss J Koloko
Mrs C Lowther
Ms Poppy Delevingne

Small companies exemption

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

On behalf of the board

Signed by:

1667E34D8E8D47A...
Miss J Koloko
Director

Date: 1/30/2026

GURLS TALK LIMITED

PROFIT AND LOSS ACCOUNT

FOR THE YEAR ENDED 30 APRIL 2025

	2025	2024
	£	£
Turnover	206,946	-
Cost of sales	(61,522)	-
Gross profit	145,424	-
Administrative expenses	(11,509)	-
Profit before taxation	133,915	-
Tax on profit	-	-
Profit for the financial year	133,915	-

The profit and loss account has been prepared on the basis that all operations are continuing operations.

GURLS TALK LIMITED

BALANCE SHEET
AS AT 30 APRIL 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Debtors	3	1		1	
Cash at bank and in hand		135,115		-	
		<u>135,116</u>		<u>1</u>	
Creditors: amounts falling due within one year	4	(1,200)		-	
Net current assets			133,916		1
Capital and reserves					
Called up share capital			1		1
Profit and loss reserves			133,915		-
Total equity			<u>133,916</u>		<u>1</u>

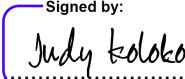
For the financial year ended 30 April 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board of directors and authorised for issue on 1/30/2026 and are signed on its behalf by:

Signed by:

.....1667E34D8E8D47A...
Miss J Koloko
Director

Company registration number 14798341 (England and Wales)

GURLS TALK LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 APRIL 2025

1 Accounting policies

Company information

Gurls Talk Limited is a private company limited by shares incorporated in England and Wales. The registered office is C/O Hilton Consulting, Canalot Studios, 222 Kensal Road, London, W10 5BN.

1.1 Basis of preparation

These financial statements have been prepared in accordance with FRS 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” (“FRS 102”) and the requirements of the Companies Act 2006 as applicable to companies subject to the small companies regime. The disclosure requirements of section 1A of FRS 102 have been applied other than where additional disclosure is required to show a true and fair view.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the directors have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. Thus the directors continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Revenue

Revenue comprises of donations made to the charity.

1.4 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.5 Taxation

The company is a registered charity (Charity Commission Registration No: 1205153) and is exempt from corporation tax on its charitable activities under Sections 466-493 of the Corporation Tax Act 2010. As all income and gains are applied to charitable purposes, no tax liability arises for this period.

2 Employees

The average monthly number of persons (including directors) employed by the company during the year was:

	2025	2024
	Number	Number
Total	3	3
	<u> </u>	<u> </u>

GURLS TALK LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 30 APRIL 2025

3	Debtors	2025	2024
		£	£
	Amounts falling due within one year:		
	Amounts owed by group undertakings	1	1
4	Creditors: amounts falling due within one year	2025	2024
		£	£
	Other creditors	1,200	-

GURLS TALK LIMITED

DETAILED PROFIT AND LOSS ACCOUNT

FOR THE YEAR ENDED 30 APRIL 2025

	2025	2025	2024	2024
	£	£	£	£
Turnover				
Charitable Income		206,946		-
Cost of sales				
Direct costs	61,522		-	
Total cost of sales		(61,522)		-
Gross profit	70.27%	145,424	-	-
Administrative expenses				
Legal and professional fees	1,737		-	
Accountancy	9,200		-	
Bank charges	572		-	
		(11,509)		-
Operating profit		133,915		-



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Gurls Talk Limited

On accounts for the year
ended

30/04/2025

Charity no
(if any)

1205153

Set out on pages

Page 1 - 5

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **30 / 04 / 2025**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

26/02/2026

Name:

Ben Warren

Relevant professional
qualification(s) or body
(if any):

Institute of Chartered Accountants in England and Wales

Address:

Canalot Studios 317

222 Kensal Road, London

W10 5BN

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.