WOMEN STEPPING OUT

England & Wales · Charity number 1205138

Details

Status	Registered
Legal form	CIO
Registered	2023-10-10
Register	View on the Charity Commission register

Contact

Address	Women Stepping Out Parish Office All Saints Church Vicarage Fields Warwick CV34 5NL
Phone	07923546951
Email	info@womensteppingout.co.uk
Website	www.womensteppingout.co.uk

Activities

Objects: THE OBJECT OF THE CIO IS:THE RELIEF OF PHYSICAL AND MENTAL DISTRESS BY PROVIDING EMOTIONAL AND PRACTICAL SUPPORT TO WOMEN WHO ARE EXPERIENCING PHYSICAL, MENTAL OR SEXUAL ABUSE, IN PARTICULAR BUT NOT EXCLUSIVELY BY PROVIDING A SUPPORTIVE INTERFAITH AND MULTICULTURAL LISTENING SPACE FOR THE PUBLIC BENEFIT OF ALL WOMEN.

Activities: We offer all women, a safe listening and learning space in which to share their thoughts for the relief of physical and mental distress. We offer emotional and practical support to women who are experiencing physical, mental or sexual abuse, in particular but not exclusively by providing a supportive interfaith and multicultural listening space for the public benefit of all women

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Other Charitable Purposes

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Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£2,821	£1,185	-	-

Trustees

Name	Role	Appointed
Margaret Ann Hogg	Chair	2023-10-10
Harriet Rose Alexia Armstrong		2025-09-22
Hema Yellapragada		2023-10-10
Nikhat Panjwani		2023-10-10

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WOMEN STEPPING OUT

England & Wales - Charity number 1205138

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' annual report (including Directors' report) for the period

From: 10.10.2023 Period start date To: 31. 03.2025 Period end date

Charity name: Women Stepping Out

Charity registration number: 1205138

Company number:

Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of physical and mental distress by providing emotional and practical support to women by a multicultural and interfaith listening and learning space for the public benefit of all women.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Our main activities have included: • A six-month project with funding from Warwick District Council to offer informal peer support to women through the Cost-of-Living crisis by craft activity and supportive conversation. • Attending two well publicised local public events to boost awareness of the charity. • Hosting Spring and Autumn moonwalks to support and engage with local women informally. • Attending Church services at the invitation of local civic dignitaries for charity awareness purposes.
Statement confirming whether the trustees have had regard to the	Para 1.18	The Charity trustees have had regard to the Charity Commission's Public Benefit guidance when making

guidance issued by the Charity Commission on public benefit		relevant decisions and with future planning.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	All Volunteers have supported the charity's activities either financially or actually by attending events and activities and by giving their time, experience and expertise to their roles.
Other		

Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Main achievements have been: • Receiving a Highly Commended award for the team in October 2023 from Warwickshire CAVA. • Intentionally and successfully building a multicultural and multifaith team of women to reflect and support our diverse community. • Securing Charity Status. • Building a website offering support to women via 1:1 email and relevant signposting. • Three social media platforms offering inspiration, information and support to women. • Securing funding from Warwick District Council from their Cost-of-Living Fund to host women's support sessions for six months in a local Community Centre. • Eight women regularly attended and set up a WhatsApp site to keep in touch after the project had ended. Feedback from the group was positive: • Increased confidence, • Feeling uplifted by the sessions, • Enjoyed the nurturing environment, • Enjoyed learning new skills. • The sense of friendship and belonging. • Helpful information was received towards ongoing studies. • Compassion given following a historical, unexpected and unexplained personal bereavement. • Sessions helped to alleviate personal challenges by

		focussing the mind through craft activities. Listening and befriending training was delivered to relevant volunteers.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The object of the sessions was to relieve emotional stress made worse by the cost-of-living restrictions. Achievements: • A volunteer and Trauma Therapist led the sessions. Skilled in mindful conversation she generated positive engagement. • Based on the project learning outcomes, further sessions were planned for 2025 during which the ladies will be encouraged to become, self-supporting within the trusted relationship group. • The diverse friendship group will continue and one other is planned for 2025 to run on a similar line.
Performance of fundraising activities against objectives set	Para 1.41	The object of our fundraising was to secure funds for the running costs of 2025. • A team members 5K challenge was generously donated to.

		• An August two-day event fundraiser was very popular eliciting generous donations. • A Christmas Fayre event was also profitable meaning our target was achieved. • Gift Aid status was achieved and is administered by People's Fundraising and for cash donations, by the charity.
Investment performance against objectives	Para 1.41	
Other		

Financial review

Review of the charity's financial position at the end of the period	Para 1.21	Currently the charity's financial position is sound and exceeds our expected running costs for 2025.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have begun creating a small reserves fund to cover unexpected expenditure and annual governance which we will increase annually.
Amount of reserves held	Para 1.22	£200
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	We have no principal source of funding in place but fully expect to attend at least one large local summer event, to continue with our own fundraising efforts twice yearly and to recruit a fundraiser for the charity.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Volunteer recruitment and retention is a potential risk as the charity is still small in volunteer numbers. A Volunteer Coordinator is being recruited. Warwickshire CAVA continue to maintain helpful oversight and introduced us to a Performance Coach in January 2025 to boost our management skills.
Other		

Structure, governance and management

Description of charity's trusts:		
Type of governing document: for example, trust deed, memorandum and articles of association etc	Para 1.25	Foundation Model Constitution
How is the charity constituted? for example limited company,	Para 1.25	A CIO

unincorporated association, CIO		
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Being a CIO, all members are also trustees but there is provision for Associate Members, those who do not yet wish to be trustees. Trustees are selected from existing Associate Members who now feel able to accept a trusteeship. Trustees also select from Warwickshire Community and Voluntary Action's database and from Reach Volunteering. After a successful interview with two existing trustees, those with the necessary skills who apply to join the team using our website form, are also able to join the team. No other body or person is entitled to appoint trustees. Existing trustees may suggest candidates to be approved by the Board and if approved, can serve for up to three consecutive terms, one term being three years. They may stand for re-election after a period of one year as a non-board member.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	During induction: • Volunteers have access to all our policies, including Safeguarding, Health and Safety, Equal Opportunities and Supervision. • All agree to regular Supervision meetings and have access to training on keeping healthy boundaries within client and volunteer relationships. • A Trustee Code of Practice Form, Volunteer Agreement

		Letter and Consent to personal data being shared when beneficial must be signed. • Volunteers are made aware of the charity's comprehensive signposting resource of local and national charities and agencies. • Safeguarding of our volunteers is important and is specifically itemised in the induction process. Training is available for: • Good mental health, maintaining healthy relationship boundaries and in unbiased listening.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We are an independent charity not currently affiliated to any other organisation or network.
Relationship with any related parties	Para 1.51	
Other		

Reference and administrative details

Charity name	Women Stepping Out

Other name the charity uses	N/A
Registered charity number	1205138
Charity's principal address	Parish Office All Saints Church, Vicarage Fields, Warwick, Warwickshire CV34 5NL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Margaret Hogg	Chairperson		
2	Anne Love	Secretary		
3	Nikhat Panjwani	Treasurer		
4	Hema YellaPragada	Social Media Lead		
5				
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

The charity has no formal premises; all volunteers fulfil their roles from their own homes.

Other optional information

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)	M.A Hogg	
Full name(s)	Margaret Ann Hogg	
Position (for example Secretary, Chair, etc)	Chair	

Date 13/ 06/ 2025

CHARITY COMMISSION FOR ENGLAND AND WALES

Women Stepping Out	No (if any)
Women Stepping Out	1205138

Receipts and payments accounts

CC16a

For the period from	Period start date Oct-23	To	Period end date Mar-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	-	-	-	-	70
Giftaid	327	-	-	327	-
Donations via Goldengiving	326	-	-	326	-
BACS donations	673	-	-	673	-
Cash donations	745	-	-	745	-
Transfer from old account	138	-	-	138	-
WDC	-	612	-	612	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	2,209	612	-	2,821	70
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,209	612	-	2,821	70
A3 Payments					
Room hire		376	-	376	-
Church rent	168	-	-	168	-
Vistaprint	138	-	-	138	-
Facebook		23	-	23	-
SP Mind		60	-	60	-
Governance	385	-	-	385	-
Art in the park	35	-	-	35	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	726	459	-	1,185	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	726	459	-	1,185	-
Net of receipts/(payments)	1,483	153	-	1,636	70
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,483	153	-	1,636	70

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		1,483	153	-
		-	-	-
		-	-	-
	Total cash funds	1,483	153	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			-	-
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	MA Hogg	M A Hogg	
	NPanjwani	N Panjwani	