

TOGETHER SUPPORTING WOMEN IN NEED

England & Wales · Charity number 1205034

Details

Other names HOPEFUL KIDS INITIATIVE

Status Registered

Legal form CIO

Registered 2023-10-03

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE OBJECTS OF THE CIO ARE: TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF WOMEN AND THEIR FAMILIES LIVING IN ENGLAND, BY:• PROVIDING INFORMATION ADVICE, SUPPORT AND SIGNPOSTING ABOUT GOOD PHYSICAL AND MENTAL HEALTH AND WELLBEING THROUGHOUT ALL STAGES OF LIFE THROUGH, TRAINING, SEMINARS, WORKSHOPS AND OUTREACH PROJECTS, BOTH ONLINE AND FACE TO FACE;• RAISING AWARENESS OF ISSUES THAT ADVERSELY AFFECT WOMEN'S PHYSICAL HEALTH AND MENTAL HEALTH;• PROVIDING SPECIALIST SUPPORT, COUNSELLING, COGNITIVE-BEHAVIOURAL THERAPY (CBT), DIALECTICAL BEHAVIOUR THERAPY (DBT) AND TRAUMA-INFORMED THERAPY (FOR WOMEN EXPERIENCING MENTAL ILL HEALTH, BOTH DIRECTLY AND THROUGH REFERRAL TO SPECIALIST PARTNER ORGANISATIONS; AND• ADVOCATING FOR INCLUSION OF WOMEN WITH PHYSICAL DISABILITIES AND IMPAIRMENTS BY COLLABORATING OR PARTNERING WITH OTHER CHARITIES AND ORGANISATIONS.NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008].

Activities: To preserve and protect the physical and mental health of women and their families living in England, by:providing information advice, support and signposting about good physical and mental health and wellbeing throughout all stages of life through, training, seminars, workshops and outreach projects, both online and face to face;

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-02	-	-	-	-
2024-10-02	£2,800	£2,270	-	-

Trustees

Name	Role	Appointed
Isabelle Mayoto Katika	Chair	2023-10-01
Marvin Itela Lokala		2023-10-12
Sylvia Saio Borges		2026-05-01

TOGETHER SUPPORTING WOMEN IN NEED

England & Wales - Charity number 1205034

Accounts

Together Supporting Women in Need
Registered Charity (1205034)

Together Supporting Women in Need
Charitable Incorporated Organisation (CIO) No: (1205034)

Trustees' Report and Financial Statements
for the year ended 02 October 2024

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Together Supporting Women in Need
Registered Charity (1205034)

Reference and Administrative details of Charity, its Trustees and Advisers

Trustees

Isabelle Mayoto Katika
Antony Nzomono
Marvin Itela Lokala

Charitable Incorporated Organisation (CIO)

registration number: 1205034

Registered office

23A Topsfield Parade
Tottenham Lane
LONDON
N8 8PT

Adviser

Novelty Business Solution Limited
Suite 124, Island Business Centre
18-36 Wellington Street
Woolwich London SE18 6PF

Trustees' Report

The Trustees of Together Supporting Women in Need presents their report together with the financial Statement for the year ended 02 October 2024

Principal activities

The principal activities are to preserve and protect the physical and mental health of women, especially African women and young girls, by providing advice, support, and information on health issues, raising awareness, promoting general well-being, and organizing health seminars and outreach projects on diseases like diabetes, stroke, heart disease, fibroids, cancers, cardiovascular, and sexually related diseases.

Trustees

The Trustees of the Charity who held office during the year and too the date of this report are disclosed on page 1.

Management

The management consist of the Trustees (who are not remunerated); the day-to-day management of the Charity is the responsibility of the Trustees and other dedicated volunteers. Volunteers are the ones that get remuneration for the expenses and training offered in other for them to be able to carry out their activities.

Operational structure

All programs of work are managed by the project manager (a volunteer and Trustees). The Trustees provides support and oversight of project and ensures that standards are maintained. Trustees also take the lead on applying for grants, sponsorship, funding, strategic planning and monitoring and evaluation of projects with the organisation.

Together Supporting Women in Need and other Charities / organisation

This organization collaborates with other organizations by forming partnerships to enhance its outreach and impact. It engages with healthcare providers, educational institutions, and community groups to share resources and expertise. Joint initiatives include co-hosting health seminars, training programs, and advocacy campaigns. The organization also participates in networks and coalitions focused on women's health, contributing to and benefiting from shared knowledge and strategies. By working together, these collaborations help amplify efforts to raise awareness, provide education, and support women and young girls in overcoming health-related issues, ensuring a broader and more effective reach in the community.

Principal Risks and Uncertainties Facing the Together Supporting Women in Need

Cost of Living Crisis

The Cost of Living Crisis has significantly impacted this organization by increasing the demand for its services as more women and young girls face heightened health challenges due to financial stress. Limited funding and rising operational costs have strained the organization's resources, making it difficult to sustain programs and outreach efforts. Many clients struggle to afford healthcare, increasing reliance on the organization for support and information. Additionally, the crisis has affected the ability to host in-person events and seminars, shifting more activities online, which may limit accessibility for some. Despite these challenges, the organization remains committed to its mission, seeking additional funding and partnerships to continue its vital work.

Response

To manage these risks and uncertainties, the Together Supporting Women in Need has a coordinated management structure in place. All volunteers take responsibility for the morale and attitude to work within teams, with goals and targets being supported by the CEO. The Charity also has a dedicated volunteer who manages its social media presence, coordinating the release of content with the support of the Trustees who share the responsibility of social media. While the Charity is currently using reserves to provide essential services during the cost-of-living crisis, it recognizes that this is not a sustainable solution and will need to manage its budgets extremely well during the coming year. Overall, the Charity remains committed to its mission of providing support and assistance to those in need and will continue to work tirelessly to achieve this goal despite the challenges it faces.

Objectives and Activities of the Together Supporting Women in Need

The objectives of the Together Supporting Women in Need are to preserve and protect women's physical and mental health, especially African women and young girls. Activities include providing advice and support on health issues like diabetes and cancer, raising health awareness, promoting general well-being through education and advocacy, and organizing health seminars and outreach projects to address women's health issues comprehensively.

Respect, Culture, and Uniqueness of Together Supporting Women in Need

Respect

The Together Supporting Women in Need implements respect by valuing the dignity and autonomy of every individual it serves. It ensures a non-judgmental and supportive environment where women and young girls feel heard and understood. Respect is fostered through active listening, empathetic communication, and culturally sensitive practices. The organization also promotes respect among its staff and volunteers, emphasizing professional conduct and mutual support. By upholding these principles, the Charity builds trust and fosters positive relationships with its clients and community partners.

Culture

Culture is integral to the Together Supporting Women in Need, which tailors its programs to reflect and honour the diverse backgrounds of African women and young girls. The Charity incorporates cultural competence into its training and outreach, ensuring that services are relevant and accessible. It celebrates cultural heritage through events and educational materials, promoting pride and identity. By understanding and respecting cultural differences, the Charity effectively addresses health issues in a manner that resonates with its community, enhancing engagement and impact.

Uniqueness

The uniqueness of the Together Supporting Women in Need lies in its specialized focus on the health needs of African women and young girls. It combines medical advice with culturally specific support, addressing issues often overlooked by mainstream services. The Charity's approach integrates traditional practices with modern healthcare, offering a holistic perspective. Its programs are uniquely designed to be inclusive and accessible, utilizing community insights to drive initiatives. This distinctive approach ensures that the Charity not only addresses health concerns but also empowers its community through culturally relevant education and support.

Charitable Objectives

The charitable objectives of the Together Supporting Women in Need are to preserve and protect the physical and mental health of women, particularly African women and young girls. This is achieved by providing information, advice, and support on overcoming health-related issues, raising awareness of diseases like diabetes and cancer, promoting general well-being through education, training, and advocacy, and organizing health seminars and outreach projects. The Charity aims to empower women and young girls to manage their health effectively and access necessary resources for their well-being.

ACCOUNTS FOR THE PERIOD
for the year ended 02 October 2024

	Funds 2024
Income	
General Donations	£2,800
	£2,800
	Funds 2024
Expenditure	
Administrative Cost	£280
Volunteer Expenses	£250
Other Travel & Subsistence	£530
Overheads	£700
Stationeries	£510
TOTAL EXPENDITURE	£2,270
SURPLUS FOR THE YEAR	£530

Approved

Trustee

Date