



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From 26th September 2023

To 31st December 2024

Charity name: "B"

Charity registration number: 1204938

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	B is a young persons' mental health and wellbeing charity serving the Brackley community in South Northamptonshire.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Our mission is to work directly with local primary and secondary schools offering a range of age appropriate mental health and wellbeing services. This ranges from yoga and mindfulness in primary schools, to group sessions on a range of topics including anxiety, friendships, neurodiversity and grief in secondary schools as well as one-to-one counselling and art therapy for those with the highest level of needs, who have not met the threshold for child and adolescent mental NHS support, or who are unable to access the support provided.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm that the trustees have had regard to the guidance issued by the Charity Commission and are satisfied that the charities work is for the public benefit

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>With long waiting lists and limited provision of mental health services, often located far from our community, many young people were left without the mental health support they so desperately needed. B charity was formed to fill this gap, providing local, easily accessible wellbeing, prevention and early intervention supporting local schools. B provided this vital service in four primary and one secondary school in and around Brackley. This has supported approximately 250 children improving their mental health and wellbeing. Testimonials include:</p> <p>"I like coming to yoga as it helps with my anxiety and calming down. When I am stressed, I try breathing and it always helps to calm me and relax." A, age 14</p> <p>"I can focus on my surroundings, and not worry about anything else. I can stay still." J, age 7</p> <p>"Sam has really helped me the last two years I have been coming. I have been able to accept my problems." E, age 12</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has healthy reserves and continues to be supported by its key donor(s). The charity produces an annual budget and seeks donations to meet this need.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity seeks to hold at least one and up to three months reserves to ensure the smooth operation of the charity.
Amount of reserves held	Para 1.22	The charity held its reserves in cash. At the period end, these totalled £26,727.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's principal sources of funds is donations from individuals. We have undertaken several fundraising events in our local community including Strictly Brackley and school non-uniform days.
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are drawn from the local community who bring relevant skills to support the charity's operations.

Reference and Administrative details

Charity name	"B"
Other name the charity uses	B yourself
Registered charity number	1204938
Charity's principal address	BRACKLEY MEDICAL CENTRE WELLINGTON ROAD BRACKLEY NORTHANTS NN13 6QZ

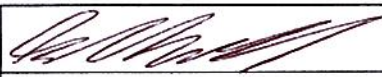
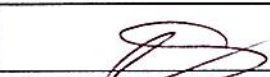
Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Jane Cassidy	Chair		
2	Mr Christopher Edwards	Trustee		
3	Dr Jean Coles (previously Dr Jean Kerr)	Trustee		
4	Dr Sarah Victoria Morrell	Trustee		
5	Mr Simon Morrell	Trustee		

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Simon Andrew Morrell	Sarah Victoria Morrell
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	19 th November 2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

B	1204938
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Receipts and payments accounts

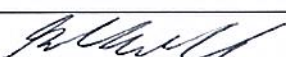
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For the period from	26/09/2023	To	31/12/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	200	83,554	-	83,754	-
Charitable Activities	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<i>Sub total (Gross income for AR)</i>	200	83,554	-	83,754	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
<i>Sub total</i>	-	-	-	-	-
Total receipts	200	83,554	-	83,754	-
A3 Payments					
Charitable Activities	-	57,027	-	57,027	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<i>Sub total</i>	-	57,027	-	57,027	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
<i>Sub total</i>	-	-	-	-	-
Total payments	-	57,027	-	57,027	-
Net of receipts/(payments)	200	26,527	-	26,727	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<i>Cash funds this year end</i>	200	26,527	-	26,727	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash	200	26,527	-
		-	-	-
		-	-	-
	Total cash funds	200	26,527	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Christopher Edwards	19/11/2025	
		Simon Morrell	19/11/2025	



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
B

On accounts for the year
ended

31 December 2024

Charity no
(if any)

1204938

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

19.11.2025

Name:

Mr J M Dovey

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

Bloxham Mill, Barford Road

Bloxham, Banbury

Oxon OX15 4FF

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.