

# 4 THE 1

England & Wales · Charity number 1204928

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2023-09-26

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Ground Floor 37 Alum Rock Road  
Birmingham  
B8 1LR

**Phone** 01213284455

**Email** [4the1cic@gmail.com](mailto:4the1cic@gmail.com)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:1) THE RELIEF OF FINANCIAL NEED AND SUFFERING AMONG VICTIMS OF NATURAL OR OTHER KINDS OF DISASTER, IN THE AZAD KASHMIR AREA OF PAKISTAN, IN THE FORM OF MONEY (OR OTHER MEANS DEEMED SUITABLE) FOR PERSONS, BODIES AND/OR ORGANISATIONS AFFECTED IN SUCH WAYS AS THE TRUSTEES SHALL THINK FIT.(2) THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH IN THE AZAD KASHMIR AREA OF PAKISTAN BY PROVIDING ACCESS TO HIGH QUALITY CATARACT TREATMENT WHO MAY NOT OTHERWISE RECEIVE ADEQUATE MEDICAL CARE.(3) THE PREVENTION OR RELIEF OF POVERTY IN THE AZAD KASHMIR AREA OF PAKISTAN BY PROVIDING GRANTS, ITEMS AND SERVICES TO INDIVIDUALS IN NEED AND/OR CHARITIES, OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.

**Activities:** Providing relief to those in need in due to poverty and ill health within the Azad Kashmir area of Pakistan through: Emergency and disaster relief in conditions such as floods, earthquakes, landsliding, droughts, heatwaves, support in winter season. Food, distribution of rations and uncooked food. To advance health by providing access to high quality cataract treatment for people in the Azad

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** The General Public/mankind

## Geography

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- Pakistan

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-01	£38,020	£43,811	-	-
2024-04-01	£15,459	£7,377	-	-

## Trustees

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Name	Role	Appointed
Umar Hussain	Chair	2023-07-03
Ithshaam Khan		2024-09-24
Yasser Arafat Sarwar		2023-07-03

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**4 THE 1**

England & Wales - Charity number 1204928

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# Accounts

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## 4 THE 1

### Trustees' Annual Report and Accounts

For the Year Ended 1 April 2025

#### 1. Reference and Administrative Details

Charity Name: 4 THE 1

Charity Number: 1204928

Charity Structure: Charitable Incorporated Organisation (Foundation Model)

Principal Address:

Ground Floor  
37 Alum Rock Road  
Birmingham  
B8 1LR

Trustees serving during the year:

- Umar Hussain (Chair) – Appointed 03 July 2023
- Yasser Arafat Sarwar – Appointed 03 July 2023
- Khurum Khan – Appointed 03 July 2023 (ceased September 2024)

#### 2. Structure, Governance and Management

The charity is a Charitable Incorporated Organisation (CIO) governed by a Foundation Constitution. The trustees are responsible for the overall management and administration of the charity.

Trustees are appointed in accordance with the governing document and relevant Charity Commission guidance. The charity maintains appropriate policies and procedures relating to safeguarding, financial controls, confidentiality, complaints handling, anti-fraud, anti-money laundering and safer recruitment.

#### 3. Objectives and Activities

The charity's objects are to relieve poverty and support individuals suffering from ill health in the Azad Kashmir region of Pakistan.

The charity seeks to achieve these aims through:

- Providing emergency and disaster relief during floods, earthquakes, landslides, severe weather conditions and other humanitarian situations
- Distribution of food rations and essential supplies to families experiencing hardship
- Supporting access to cataract treatment and other healthcare services for those unable to afford medical care

In planning activities, the trustees have considered the Charity Commission's guidance on public benefit.

#### 4. Achievements and Performance

During the financial year the charity received donations totalling £38,020.

The funds raised were applied towards charitable activities and relief work in accordance with the charity's objectives. Assistance was provided to vulnerable individuals and families within communities in Azad Kashmir through financial support, welfare assistance and healthcare-related projects.

The trustees are satisfied that the activities carried out during the year furthered the charity's purposes for the public benefit.

#### 5. Financial Review

Total income for the year amounted to £38,020, consisting entirely of voluntary donations.

Total expenditure during the year was £43,811. Expenditure related directly to charitable activities and support provided in furtherance of the charity's objectives.

The charity recorded a net deficit of £5,791 for the year ended 1 April 2025.

The trustees continue to monitor the charity's financial position carefully and aim to maintain sufficient funding to support ongoing charitable activities.

#### 6. Plans for Future Periods

The charity intends to continue developing and expanding its activities in support of communities in need within Azad Kashmir.

Future plans include:

- Continuing emergency relief and welfare support programmes
- Expanding food distribution projects for families experiencing poverty
- Supporting further medical treatment initiatives, including cataract procedures
- Building partnerships and strengthening fundraising activity to support long-term charitable work

The trustees remain committed to ensuring that funds are applied effectively and in line with the charity's objectives.

#### 7. Public Benefit Statement

The trustees confirm that they have complied with their duties under section 17 of the Charities Act 2011 to have due regard to the Charity Commission's public benefit guidance.

The charity's activities provide public benefit through the relief of poverty, advancement of health and support for vulnerable individuals and communities.

#### 8. Financial Statements

Statement of Financial Activities  
(Receipts and Payments Basis)

Income

Donations Received: £38,020

Total Income: £38,020

Expenditure

Charitable Activities and Donations: £43,811

Total Expenditure: £43,811

Net Movement in Funds: (£5,791)

Balance Sheet as at 1 April 2025

Total Assets: £0

Total Liabilities: £5,791

Net Funds Carried Forward: (£5,791)

#### 9. Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable law and regulations.

The trustees are responsible for maintaining proper accounting records and for safeguarding the assets of the charity. They are also responsible for taking reasonable steps to prevent and detect fraud and other irregularities.

The trustees confirm that the accounts have been prepared in accordance with the Charities Act 2011 and applicable Charity Commission requirements.

Approved by the trustees and signed on their behalf.

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Umar Hussain  
Trustee

**4 THE 1**

England & Wales - Charity number 1204928

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# Accounts

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# 4 THE 1

## Trustees' Annual Report and Accounts For the year ended 29 March 2024

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### 1. Reference and Administrative Details

Charity Name: 4 THE 1

Charity Number: 1204928

Charity Structure: CIO (Foundation Model)

Principal Address: Ground Floor, 37 Alum Rock Road, Birmingham, B8 1LR

Trustees during the year:

- Umar Hussain (Chair) – Appointed 03 July 2023
- Yasser Arafat Sarwar – Appointed 03 July 2023
- Khurum Khan – Appointed 03 July 2023 (Removed in September 2024)
- Ithshaam Khan – Appointed 24 September 2024 (after year-end, not included in this report)

### 2. Structure, Governance and Management

4 THE 1 is a Charitable Incorporated Organisation (CIO) established with a Foundation Constitution. The trustees are also the sole members. Trustees are recruited and appointed in accordance with the governing document and Charity Commission guidance. Policies in place include safeguarding, safer recruitment, complaints, confidentiality, financial controls, anti-fraud, anti-money laundering, anti-terrorism, and modern slavery.

### 3. Objectives and Activities

The charity's objects are to provide relief to those in need due to poverty and ill health within the Azad Kashmir area of Pakistan through:

- Emergency and disaster relief in conditions such as floods, earthquakes, landslides, droughts, heatwaves, winter support Food distribution (rations and uncooked food)

- To advance health by providing access to high quality cataract treatment for people in the Azad Kashmir area of Pakistan who may not otherwise receive adequate medical care.

#### **4. Achievements and Performance**

During the reporting period, the charity successfully raised £7,320 in donations. These funds were fully distributed to beneficiaries in accordance with the charity's purposes, providing emergency relief and support to vulnerable communities in Azad Kashmir. This represents the first operational year for the CIO, with strong foundations established for future growth.

#### **5. Financial Review**

Income for the year totalled £7,320, all of which was unrestricted donations. Expenditure also totalled £7,320, all spent directly on charitable activities. The net movement in funds for the year was therefore nil, with no reserves carried forward at the year end. The trustees have adopted a reserves policy and will review the appropriate level of reserves as the charity grows.

#### **6. Plans for Future Periods**

The charity intends to continue to expand its activities in line with its objects, including:

- Supporting emergency relief projects in Azad Kashmir Providing food rations and other essential aid to families in poverty
- Delivering cataract surgeries through qualified ophthalmologists registered with the Pakistan Medical Committee
- Running health and hygiene workshops to promote wellbeing
- The trustees are committed to strengthening partnerships and developing sustainable funding sources to achieve long-term impact.

#### **7. Public Benefit Statement**

The trustees confirm that they have complied with their duty under section 17 of the Charities Act 2011 to have due regard to the Charity Commission's public benefit guidance. The activities undertaken directly further the charity's aims and provide clear public benefit by relieving poverty, improving health, and supporting vulnerable individuals in Azad Kashmir.

## 8. Financial Statements

### Statement of Financial Activities (Receipts and Payments Basis)

Category	Unrestricted Funds	Total 2024
Income (Donations)	£7,320	£7,320
Expenditure (Charitable Activities)	£7,320	£7,320
Net Movement in Funds	£0	£0

### Balance Sheet as at 29 March 2024

Total Assets: £0

Total Liabilities: £0

Funds Carried Forward: £0

## 9. Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and Accounts in accordance with applicable law and regulations. They must ensure that accounting records are kept, and that financial statements give a true and fair view of the state of affairs of the charity. The trustees confirm that the financial statements comply with the Charities Act 2011 and the applicable requirements of the Charity Commission.

4 THE 1

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 1 APRIL 2024

UK REGISTERED TRUST NUMBER 1204928

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4 THE 1

UK REGISTERED TRUST NUMBER 1204928

Legal and administrative information

Trustees during the year: Mr Yasser Arafat Sarwar

Principal office: 37 Alum Rock Road  
Birmingham  
B8 1LR

Independent examiner: Mr Farooq Azam  
Syedain & co  
119 Pershore Road  
Birmingham  
B5 7NX

Bankers: Co-operative Bank

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**TRUSTEES' ANNUAL REPORT  
FOR THE YEAR ENDED 1 APRIL 2024**

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**Status and administration**

4 the 1 is a UK trust registered with the trust number 1204928

**Trust objects**

Providing relief to those in need in due to poverty and ill health within the Azad Kashmir area of Pakistan

**Developments**

Other aspects such as earthquake and floods aftermath support, food projects, waterwell development as well as providing education for the local people with projects in place to empower and build the community.

**Accounting and reporting responsibilities**

The trustees are required under the Charities Act 1993 to prepare financial statements which give a true and fair view of the charity's financial activities during the year and its financial condition at the end thereof. In preparing the financial statements, the trustees have considered the following:

- a) Select suitable accounting policies and apply them consistently;
- b) Make judgements and estimates that are reasonable and prudent;
- c) Follow relevant accounting standards and SORP;
- d) Follow the policy of going concern, if considered appropriate.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial condition of the charity and which enable them to ensure that the financial statements comply with the applicable laws and regulations. Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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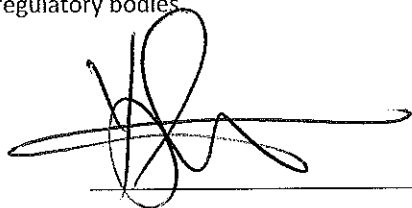
The trustees have delegated the management of the day to day affairs of the trust including maintenance of accounting records and authorised the office bearers to sign and submit the statutorily required financial statements and returns to the regulatory bodies.

Signed on behalf of the Trustees  
4 THE 1

U. Hussain

Umar Hussain  
(Chairman)

Date: 28/8/25



Yasser Arafat Sarwar  
(General Secretary)

Date: 28/8/25

**4 THE 1  
INDEPENDANT EXAMINERS REPORT  
FOR THE YEAR ENDED 1 APRIL 2024**

**Respective responsibilities of trustees and examiner**

The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is our responsibility:

- a) to examine the accounts under section 145 of the Act 2011;
- b) to follow the procedures laid down in the General Directions given by the Charities Commission under section 145(b) of the 2011 Act, and
- c) to state whether particular matters have come to our attention.


**Basis of independent examiner's report**

Our examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In the course of our examination, no matter has come to our attention:

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements:
  - a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - b) to prepare accounts which accord with accounting records and comply with the accounting requirements of the 2011 Act; have not been met; or
- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 27/8/25

Name: Farooq Azam  
Syedain & co  
119 Pershore Road  
Birmingham  
B5 7NX

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 1 APRIL 2024

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		2024
<b>Incoming Resources</b>	Notes	
Donations Received	2	<u>15,459</u>
<b>Total incoming resources</b>		<b>15,459</b>
<b>Resources expended</b>		
Donations		<u>7,377</u>
		<u>7,377</u>
<b>Net incoming resources before depreciation</b>		<b>8,082</b>
<b>Depreciation</b>		<u>8,082</u>
<b>Total unrestricted funds carried forward</b>		<b><u>8,082</u></b>

4 THE 1  
UK REGISTERED TRUST NUMBER 1204928

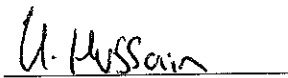
BALANCE SHEET  
FOR THE YEAR ENDED 1 APRIL 2024

		2024
	Notes	
Fixed assets	4	-
Current assets		
Cash at bank: Co-operative bank		8,082
Cash in hand		<u>8,082</u>
Prepayments		<u>8,082</u>
Current liabilities	5	-
Net current assets		8,082
Total assets less current liabilities		<u>8,082</u>

Represented by:

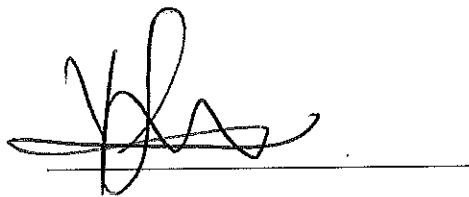
Unrestricted funds:		
Retained funds brought forward		
Surplus for the year		8,082
Balance carried forward		<u>8,082</u>

Signed on behalf of the Trustees  
4 THE 1



Umar Hussain  
(Chairman)

Date 28/08/2025



Yasser Arafat Sarwar  
(General Secretary)

Date 28/08/2025

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 1 APRIL 2024

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1 Basis of accounting

The financial statements have been prepared under historical accounting convention. Donations and other income are accounted for in the year in which they are receivable and generally accrual accounting has been employed.

2 Resource received

	2024
	-
General Public	<u>15,459</u>
	<u>15,459</u>