



# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	22	SEPTEMBER	2023		31	MARCH	2024

## Section A Reference and administration details

Charity name	THE HELPERS (AL ANSAR) FOUNDATION
Other names charity is known by	N/A
Registered charity number (if any)	1204871
Charity's principal address	77 ST. THOMAS'S ROAD
	LONDON
Postcode	N4 2QJ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	FARHAD AHMED			
2	JAHEAD AHMED			
3	MUHAMMAD ABUL BASHER ALI			
4	FOYEZ UDDIN			
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION
How the charity is constituted (eg. trust, association, company)	CIO FOUNDATION CONSTITUTION
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY TRUSTEES

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

THE HELPERS (AL ANSAR) FOUNDATION OPERATES FOR THE RELIEF OF FINANCIAL HARDSHIP AND POVERTY AMONGST FAMILIES IN BANGLADESH WHO WOULD NOT OTHERWISE BE ABLE TO AFFORD BASIC SUPPLIES SUCH AS; FOOD, CLEAN WATER, AND CLOTHING, THROUGH THE PROVISION OF THESE SUPPLIES.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

THE TRUSTEES ARE AWARE OF THE CHARITY COMMISSIONS PUBLIC BENEFIT GUIDANCE.

THE MAIN ACTIVITIES FOR THE CHARITY ARE TO PROVIDE FOOD, CLEAN WATER, CLOTHING AND SCHOOL SUPPLIES TO THOSE IN NEED.

THESE ARE DISTRIBUTED BY A NETWORK OF VOLUNTEERS ON THE GROUND IN BANGLADESH TO THOSE LIVING IN POVERTY.

THIS ASSESSMENT IS MADE BY THE TRUSTEES AND VOLUNTEERS ON THE GROUND, THE TRUSTEES HAVE SEEN FIRST HAND THE ISSUES FACED BY A SIGNIFICANT SECTION OF SOCIETY IN THAT THEY LACK THE BASIC SUPPLIES WHICH WE OFTEN TAKE FOR GRANTED.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

THE CHARITY HAS BEEN ABLE TO PROVIDE SUFFICIENT SUPPLIES OF FOOD PARCELS TO ENABLE POVERTY STRICKEN AND DESTITUTE FAMILIES TO ENJOY NUTRITIOUS MEALS.

INSTALLED TUBE WELLS IN DEPRIVED AREAS, PROVIDING CLEAN AND SAFE WATER TO HUNDREDS OF FAMILIES.

SUPPORTED CHILDREN IN LOCAL SCHOOLS WITH THE PROVISION OF SCHOOL FEES, SUPPLIES, BOOKS, UNIFORM AND STATIONARY, ENABLING CHILDREN TO HAVE ACCESS TO QUALITY EDUCATION.

PARTNERED WITH LOCAL BUILDERS TO CONSTRUCT HOMES FOR FAMILIES LIVING IN EXTREME POVERTY. PROVIDING THEM WITH SHELTER FROM HARSH WEATHER CONDITIONS, GIVING THEM A SAFE AND DIGNIFIED PLACE TO LIVE.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

THE CHARITY'S POLICY ON RESERVES IS TO MAINTAIN A HEALTHY BANK BALANCE IN THE EVENT OF UNFORESEEN NATURAL DISASTERS TO OFFER THE CHARITY'S SUPPORT FOR THOSE IN NEED IF AND WHEN SUCH DISASTERS OCCUR.

**Details of any funds materially in deficit**

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

**Signature(s)**

**Full name(s)**

**Position (eg Secretary, Chair, etc)**

**Date**

MR FARHAD AHMED	

19/01/2025



Charity name

Charity number (if any)

For the period from (start date)

to (end date)

Section A Receipts and payments					
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	21,908	-	-	21,908	
<i>Sub total</i>	21,908	-	-	21,908	
<b>A2 Asset and investment sales, etc</b>	-			-	-
<i>Total receipts</i>	21,908	-	-	21,908	
<b>A3 Payments</b>					
Expenses	33,274	-	-	33,274	
<i>Sub total</i>	33,274	-	-	33,274	
<b>A4 Asset and investment purchases, etc</b>					
<i>Total payments</i>	33,274	-	-	33,274	
<i>Net of receipts/(payments)</i>	(11,366)	-		(11,366)	
<b>A5 Transfers between funds</b>		-	-	-	
<b>A6 Cash funds last year end</b>		-	-		
<i>Cash funds this year end</i>	7,246			7,246	

## Section B

## Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
<b>B1 Cash funds</b>	Barclays Bank	7,246	-	-
	<i>Total cash funds</i> (agree balances with receipts and payments account(s))	7,246	-	-

	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
<b>B2 Other monetary assets</b>				

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>				

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>				

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>				

Signed by one or two trustees on behalf  
of all the trustees

Signature

Print name

Date of approval

Farhad Ahmed

19/01/2025