

THE HELPERS (AL ANSAR) FOUNDATION

England & Wales · Charity number 1204871

Details

Status Registered

Legal form CIO

Registered 2023-09-22

Register [View on the Charity Commission register](#)

Contact

Address 77 St. Thomas's Road
London
N4 2QJ

Phone 07939889911

Email info@thehelpersfoundation.co.uk

Activities

Objects: THE OBJECT OF THE CIO IS THE PREVENTION OR RELIEF OF POVERTY OR FINANCIAL HARDSHIP IN BANGLADESH BY THE PROVISION OF FOOD, CLEAN WATER, CLOTHING, AND OTHER ESSENTIAL ITEMS TO INDIVIDUALS AND FAMILIES IN NEED.

Activities: THE HELPERS (AL ANSAR) FOUNDATION operates for the relief of financial hardship and poverty amongst families in Bangladesh who would not otherwise be able to afford basic supplies such as; food, clean water, and clothing, through the provision of these supplies.

Classification

- **How:** Provides Services
- **What:** The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

Geography

- Bangladesh

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£136,043	£72,828	-	-
2024-03-31	£21,908	£33,274	-	-

Trustees

Name	Role	Appointed
Farhad Ahmed	Chair	2023-05-08
Foyez Uddin		2023-05-08
Jahead Ahmed		2023-05-08
Muhammad Abul Basher Ali		2023-05-08

THE HELPERS (AL ANSAR) FOUNDATION

England & Wales - Charity number 1204871

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2024		31	March	2025

Section A Reference and administration details

Charity name THE HELPERS (AL ANSAR) FOUNDATION

Other names charity is known by N/A

Registered charity number (if any) 1204871

Charity's principal address 77 ST. THOMAS'S ROAD

LONDON

Postcode

N4 2QJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	FARHAD AHMED			
2	JAHEAD AHMED			
3	MUHAMMAD ABUL BASHER ALI			
4	FOYEZ UDDIN			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION
How the charity is constituted (eg. trust, association, company)	CIO FOUNDATION CONSTITUTION
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY TRUSTEES

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

THE HELPERS (AL ANSAR) FOUNDATION OPERATES FOR THE RELIEF OF FINANCIAL HARDSHIP AND POVERTY AMONGST FAMILIES IN BANGLADESH WHO WOULD NOT OTHERWISE BE ABLE TO AFFORD BASIC SUPPLIES SUCH AS; FOOD, CLEAN WATER, AND CLOTHING, THROUGH THE PROVISION OF THESE SUPPLIES.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

THE TRUSTEES ARE AWARE OF THE CHARITY COMMISSIONS PUBLIC BENEFIT GUIDANCE.

THE MAIN ACTIVITIES FOR THE CHARITY ARE TO PROVIDE FOOD, CLEAN WATER, CLOTHING AND SCHOOL SUPPLIES TO THOSE IN NEED.

THESE ARE DISTRIBUTED BY A NETWORK OF VOLUNTEERS ON THE GROUND IN BANGLADESH TO THOSE LIVING IN POVERTY.

THIS ASSESSMENT IS MADE BY THE TRUSTEES AND VOLUNTEERS ON THE GROUND, THE TRUSTEES HAVE SEEN FIRST HAND THE ISSUES FACED BY A SIGNIFICANT SECTION OF SOCIETY IN THAT THEY LACK THE BASIC SUPPLIES WHICH WE OFTEN TAKE FOR GRANTED.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

THE CHARITY HAS BEEN ABLE TO PROVIDE SUFFICIENT SUPPLIES OF FOOD PARCELS TO ENABLE POVERTY STRICKEN AND DESTITUTE FAMILIES TO ENJOY NUTRITIOUS MEALS.

INSTALLED TUBE WELLS IN DEPRIVED AREAS, PROVIDING CLEAN AND SAFE WATER TO HUNDREDS OF FAMILIES.

SUPPORTED CHILDREN IN LOCAL SCHOOLS WITH THE PROVISION OF SCHOOL FEES, SUPPLIES, BOOKS, UNIFORM AND STATIONARY, ENABLING CHILDREN TO HAVE ACCESS TO QUALITY EDUCATION.

PARTNERED WITH LOCAL BUILDERS TO CONSTRUCT HOMES FOR FAMILIES LIVING IN EXTREME POVERTY. PROVIDING THEM WITH SHELTER FROM HARSH WEATHER CONDITIONS, GIVING THEM A SAFE AND DIGNIFIED PLACE TO LIVE.

Section E Financial review

Brief statement of the charity's policy on reserves

THE CHARITY'S POLICY ON RESERVES IS TO MAINTAIN A HEALTHY BANK BALANCE IN THE EVENT OF UNFORESEEN NATURAL DISASTERS TO OFFER THE CHARITY'S SUPPORT FOR THOSE IN NEED IF AND WHEN SUCH DISASTERS OCCUR.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Farhad Ahmed</i>	
Full name(s)	MR FARHAD AHMED	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	29/12/2025	



Receipts and payments accounts

CC16a

For the period
from

01/04/2024

To

31/03/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	136,043	-	-	136,043	21,908
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	136,043	-	-	136,043	21,908
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	136,043	-	-	136,043	21,908
A3 Payments					
Expenses	72,828	-	-	72,828	33,274
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	72,828	-	-	72,828	33,274
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	72,828	-	-	72,828	33,274
Net of receipts/(payments)	63,215	-	-	63,215	- 11,366
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	7,246	-	-	7,246	18,612
Cash funds this year end	70,461	-	-	70,461	7,246

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Barclays Bank	70,461	-	-
		-	-	-
		-	-	-
	Total cash funds	70,461	-	-

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Farhad Ahmed</i>	Mr Farhad Ahmed	29/12/2025



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

The Helpers (Al Ansar) Foundation

**On accounts for the year
ended**

31 March 2025

**Charity no
(if any)**

1204871

Set out on pages

6 to 7

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: *Hakim Uddin*

Date: 29/12/2025

Name: Hakim Uddin

**Relevant professional
qualification(s) or body
(if any):**

MAAT

Address:

Ennerdale House

121 Hamlets Way

London

E3 4TY

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nothing further to report.

THE HELPERS (AL ANSAR) FOUNDATION

England & Wales - Charity number 1204871

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	22	SEPTEMBER	2023		31	MARCH	2024

Section A Reference and administration details

Charity name

THE HELPERS (AL ANSAR) FOUNDATION

Other names charity is known by

N/A

Registered charity number (if any)

1204871

Charity's principal address

77 ST. THOMAS'S ROAD
LONDON

Postcode N4 2QJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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Section E

Financial review

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Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	MR FARHAD AHMED	
Position (eg Secretary, Chair, etc)		
Date	19/01/2025	



Charity name

Charity number (if any)

For the period from (start date)

to (end date)

Section A Receipts and payments					
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	21,908	-	-	21,908	
<i>Sub total</i>	21,908	-	-	21,908	
A2 Asset and investment sales, etc	-			-	-
<i>Total receipts</i>	21,908	-	-	21,908	
A3 Payments					
Expenses	33,274	-	-	33,274	
<i>Sub total</i>	33,274	-	-	33,274	
A4 Asset and investment purchases, etc					
<i>Total payments</i>	33,274	-	-	33,274	
<i>Net of receipts/(payments)</i>	(11,366)	-	-	(11,366)	
A5 Transfers between funds		-	-	-	
A6 Cash funds last year end		-	-		
<i>Cash funds this year end</i>	7,246			7,246	

Section B

Statement of assets and liabilities at the end of the period

	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
B1 Cash funds	Barclays Bank	7,246	-	-
	<i>Total cash funds (agree balances with receipts and payments account(s))</i>	7,246	-	-

	Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
B2 Other monetary assets				

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets				

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				

Signed by one or two trustees on behalf of all the trustees

Signature	Print name	Date of approval
	Farhad Ahmed	19/01/2025