

THRIVING THROUGH RECREATION

England & Wales · Charity number 1204822

Details

Status Registered

Legal form CIO

Registered 2023-09-20

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE PROVISION OF FUNDS FOR, AND SUPPORT TO ACCESS, LEARNING OR TRAINING IN RECREATIONAL PURSUITS OR LEISURE-TIME EDUCATIONAL ACTIVITIES, FOR CHILDREN AND YOUNG PEOPLE AGED 0-18 YEARS (0-24 YEARS IF THEY ARE REGISTERED WITH AN EDUCATION, HEALTH AND CARE PLAN) IN THE UNITED KINGDOM, IN THE INTERESTS OF SOCIAL AND EMOTIONAL WELFARE WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE.

Activities: Thriving Through Recreation provides funds for children and young people living in England and Wales aged 0-18 years (0-24 years if they are registered with a current Education, Health and Care Plan) to regularly access learning or training in recreational pursuits or leisure-time educational activities in the interests of their social, emotional, and educational welfare.

Classification

- **How:** Makes Grants To Individuals, Provides Other Finance
- **What:** General Charitable Purposes, Education/training, Recreation
- **Who:** Children/young People

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£20,852	£1,599	-	-
2024-04-05	£5,150	£93	-	-

Trustees

Name	Role	Appointed
Richard Carter	Chair	2023-07-07
Amy Haynes		2026-03-13
ELIZABETH JANE RILEY		2023-07-07
Imogen Loxam		2023-07-07
JANE MARGARET SPENCER		2024-01-19
Jenny McGoldrick		2023-07-07
Penny Day		2025-09-26
Susannah Clare Connell		2025-09-26

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THRIVING
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ANNUAL REPORT

Apr '24-Apr '25

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REPORT FROM

THE CHAIR

It would be too easy for the Chair and Board of a charity to be so preoccupied with getting the governance issues right that the real reason for the charity's existence fades into insignificance.

On the contrary, though, our Board of Trustees is determined to keep our real *raison d'être* – and the young people whose lives we want to affect for good – foremost in our minds. The Charity Commission is also at pains to point out that our charitable purpose must remain constantly in sight. Good governance of the charity is the means to ensure that we are effective, efficient and responsible as we pursue that purpose.

During the period covered by this report, Thriving Through Recreation's priorities were to continue putting in place the foundations of an effective charity – core policies, effective operational procedures, and good governance arrangements – while also beginning the essential task of fundraising. Crucially, in October 2024, we began awarding grants to fulfil our charitable purpose. Although the number of grants awarded in the reporting period was small, they have paved the way for the growth that we hope to see over the coming months and years.

Throughout this period, our board consisted of five individuals, including the CEO as an *ex officio* member. Our intention for the coming year is to add two or three more members to the Board, and two more in the year after that. Our goal is to grow and diversify the Board, ensuring we have the broad range of skills and knowledge needed.

As Chair of the Board, I am personally so grateful for all the commitment, experience and wisdom that our Founder and CEO and my fellow Trustees bring to the table. Thank you to you all!

The biggest challenge in these early days of Thriving Through Recreation is to grow our income so we can make the grants we believe will make a real difference in young people's lives. Balancing these cash flows as we grow will enable us to do the work we all believe in.

As we reflect on and report on a part-year of operations, we look forward with great anticipation and eagerness to the next period, in which we hope to see many more young people benefit from our work as they thrive and flourish through the recreational opportunities our grants make possible!

Richard C Carter

Chair of Trustees

LETTER

FROM

THE CEO

This has been an incredibly special year for us: the year of our launch will remain an inspiring moment for everyone at Thriving Through Recreation. Our vision of a time when all children and young people navigating hardship and difficulty can access the recreational learning that they **love and need** in their local community is becoming a reality.

It's not fair that some children and young people cannot do the recreational activities they choose when they need them most. It's also not fair that they aren't able to feel fully part of their local communities. We are hearing about increasingly fragmented communities with increasing numbers of children and young people struggling both in poverty and with their social and educational well-being. So, we're deeply thankful to everyone working with and on behalf of Thriving Through Recreation to support these incredible children and young people facing these difficulties.

This year has seen a significant increase in income compared to last year. This has been secured predominantly through an individual donor and a philanthropic Trust. Our core running costs remain stable and relatively low, so we have been able to assign most of this income directly to children and young people's grants.

After opening our application process in October, we awarded grants slowly, allowing professionals and families to become familiar with our eligibility criteria, process, and ethos. We are so fortunate that our existing network of teams in Cambridgeshire has quickly collaborated on our vision. Their referrals have enabled us to reach children and young people who most needed our support.

Looking ahead to next year, while consolidating our offer in Cambridgeshire, we're excited to build a comparable network of referring professionals in schools and targeted services in Gloucestershire. After such a successful fundraising effort this year, we have allocated a fantastic sum for approximately 30 more grants in the coming year. Thank you to our incredible donors for making this possible.

We are run and managed by volunteers, so our fundraising efforts will continue by recruiting a paid, freelance fundraiser to build a sustainable fundraising strategy to maintain our long-term grant-giving capability.

We have listened carefully to children, young people, and their families, and their feedback has been invaluable in guiding our work to facilitate the most efficient, supportive, and accessible application, awards, and support programme. Our current grant recipients are still in the early stages of their year-long awards, but the impact is already evident. We are excited to join them on their journey as they learn what they love.

We are truly grateful to our extraordinary Board of Trustees, whose expertise and insights guide us and keep our organisation strong. We also offer heartfelt thanks to all the activity providers and referring professionals whose collaboration and extraordinary support to the children and young people are vital and invaluable.

Finally, an enormous shout-out to our grant families. You are incredible. We take genuine joy in hearing about all the children and young people's learning. Thank you for sharing it with us.

Thanks, and Thrive!

Imogen Loxam, CEO

Our Story

SO FAR

Our Mission

We believe in the transformational power of recreational learning, and we believe in equity.

Our grants are awarded to children and young people who are experiencing financial hardship and navigating difficulties at home, at school or in their community.

In collaboration, frontline professionals and families make grant applications, and we award grants for up to a year of learning, at weekly recreational activities sessions, paying the provider directly.

Throughout the duration of the grant, we support families in finding and accessing the activities their child has chosen.

The impact of their learning supports those children and young people to thrive as individuals, now and into adulthood.

**RECREATION
MATTERS** **EQUITY IS
ESSENTIAL**

Our Purpose

The provision of funds for and support to access, learning or training in recreational pursuits or leisure-time educational activities, for children and young people aged 0-18 years (0-24 years if they are registered with an EHCP) in the United Kingdom, in the interests of social and emotional welfare, with the object of improving the conditions of life.

WE BELIEVE
IN A TIME WHEN
ALL CHILDREN
REGARDLESS OF WEALTH
CAN ACCESS
THE LEARNING THEY LOVE
IN THEIR
**LOCAL
COMMUNITY**

our YEAR

OUR GOALS

1

FUNDRAISE SUFFICIENT FUNDS TO ENABLE OUR LAUNCH

We are deeply grateful to a major donor and a large philanthropic trust whose support was vital to our launch. We also began building a presence for online public donations, and its impact is growing.

We aimed to secure or pledged funds of at least £20,000 in order to launch. This was achieved by September 2024.

3

RAISING AWARENESS

We developed our branding and messaging alongside our website development. Leaflets were created and distributed during both visits and presentations to community groups and schools in Gloucestershire. We still have very few applications from this County, so this will take some analysis and an adjustment to our approach.

We conducted multiple presentations to various Targeted Services teams in Cambridgeshire. Applications from these teams were immediately forthcoming.

2

DEVELOP OUR INFRASTRUCTURE FOR AWARDING GRANTS

We completed our website, consolidated our software platforms for finance, governance, and operations; and developed the necessary procedural and policy guidelines to ensure an efficient, legally robust, user-friendly and responsive process of grant application assessment, communications, and grant award and support programme. This included creating application forms, terms and conditions, agreement forms, and impact frameworks to measure the benefits of our grant and support packages for children and young people and their families. To keep children safe, we also created a robust safeguarding policy and process for approving activity providers.

4

BEGIN AWARDING GRANTS

Our first grants were awarded in December 2024. There had been a slow start to confirming grant awards, as we embedded awareness about our eligibility criteria with referring professionals and families. During the remainder of this year, we continued to get many applications, although some were not eligible, or we were unable to approve the chosen providers. There has been learning about how long it can take to assess, process and award grants, with the supporting relationship with families being a larger aspect of our work than anticipated.

Between October 2024 and April 2025, we received 29 applications, of which six were awarded grants and 14 are awaiting a decision.

IMPACT: CHILDREN, YOUNG PEOPLE & COMMUNITIES

The children and young people receiving our grant and support programme range in age from 5 to 12. They have been navigating a range of difficulties that have impacted their well-being. Some are processing family bereavement, others have experienced or witnessed domestic conflict and abuse, and others are struggling with accessing school because they find their feelings overwhelming.

They all chose their activities themselves. Some had already been attending, but due to changes in circumstances, they would have had to stop the activity they loved. Others were unable to participate in any local community activities, so they chose something new and exciting.

“Thank you” doesn’t feel like enough—I couldn’t have kept this going without your incredible help and support.”

(parent to two of the children we support)

The children and young people are all at the beginning of their grant year, so we have held a welcome video call, and some have had their first review video call. Their applications all include their own aims for the time they will spend going to activities, with us cheering them on. Examples include:

- Feel more confident
- Find it easier to manage my feelings
- Meet new people and widen my sense of community

At each review, we look back at their personal aims and reflect on how it’s going. So far, so good.

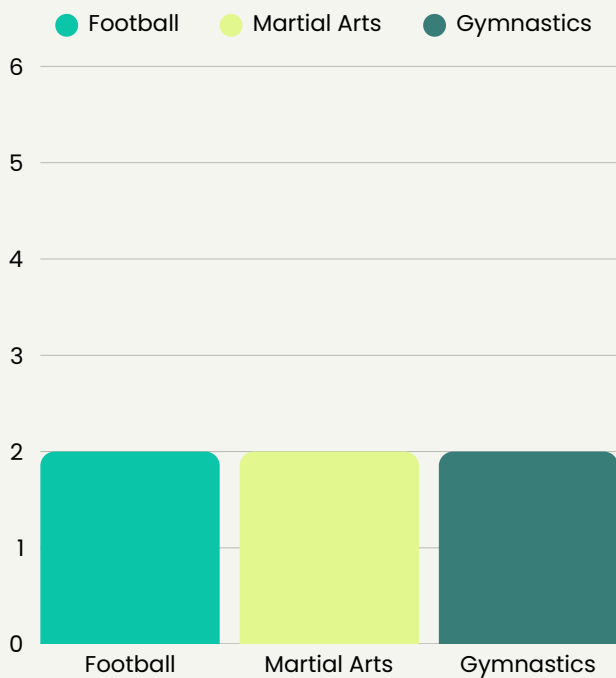
Every child is also asked to mark their activity out of ten in terms of how fun it is. We get scores of between 9/10 and 200/10. Now that’s “off the scale” joy!

AREA	AIM	OUTCOME
Cambridgeshire	To reach children and young people supported by County Targeted Services and award them with up to a year-long grant and support package for them to attend their choice of local recreational activity.	<ul style="list-style-type: none"> • 25 applications; 5 awarded grants; many applications awaiting a decision • Solid awareness with our collaborating professionals
Gloucestershire	To reach children and young people with emerging needs, through school and community group referrals, and award them with up to a year-long grant and support package for them to attend their choice of local recreational activity.	<ul style="list-style-type: none"> • 4 applications; 1 awarded grant; many applications awaiting a decision • Awareness building with our collaborating professionals; some difficulty with our support model reported by schools

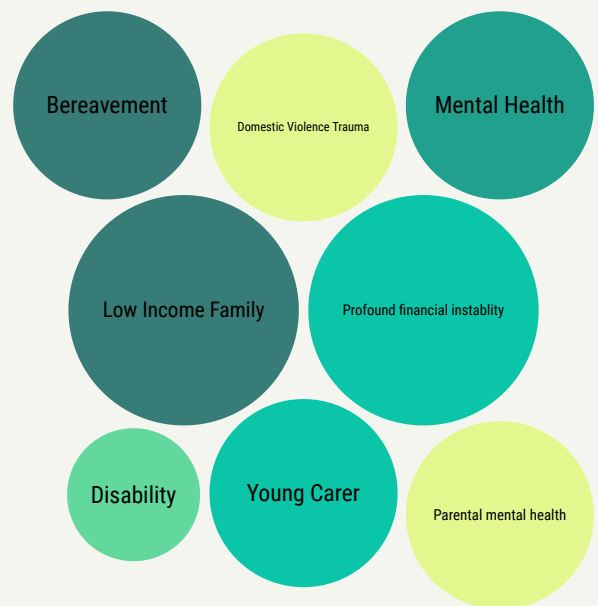
SPOTLIGHT ON NUMBERS



The activities being supported with our grants.



The nature of some of the difficulties our grant recipients are navigating.



The size of the circle represents the proportion of grant recipients who are facing that difficulty

**Funds brought forward
£5,057**

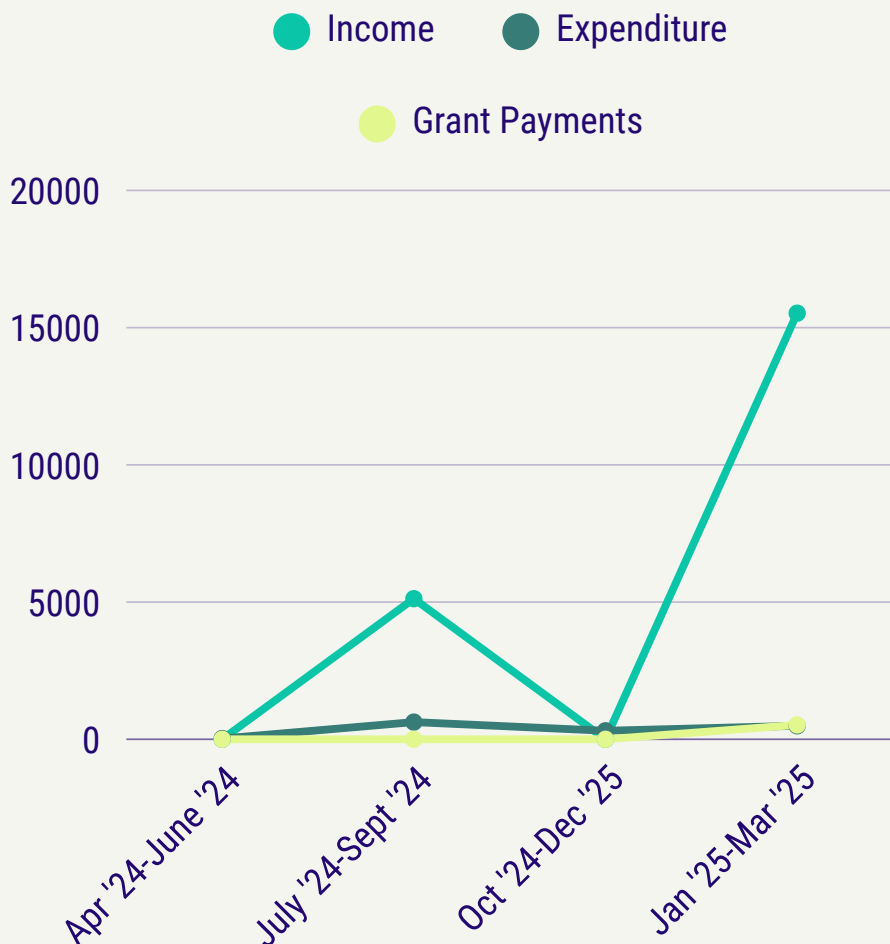
**Financial position
at Apr '25
£24,310**

INCOME THIS PERIOD £20,852

Principle Source: donations

**Children and Young People's
Grant Payments this period**

£523



Operational Launch

October 2024

Reserves Policy

During the period Apr '24-Apr'25, the focus was on fundraising, in preparation for our operational launch in October '24. The policy was to hold 12 months of core running costs in reserves. The remaining funds were available for grant awards to children and young people.

There are no funds held as custodian trustees on behalf of others.

GOVERNANCE, STRUCTURE, MANAGEMENT, & DECLARATIONS

Thriving Through Recreation is a Charitable Incorporated Organisation whose governing document is a Foundation Model Constitution. Copies are available on request.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of Thriving Through Recreation.

Trustees are selected and elected by a quorate vote by board members, and no individual person or body is entitled to appoint trustees unilaterally.

There are no corporate trustees and no trustee holds title to property belonging to the charity.

Trustees

Richard Carter – Imogen Loxam – Elizabeth Riley – Jane Spencer – Jenny McGoldrick

All Trustees have regard to the guidance issued by the Charity Commission on public benefit

Thriving Through Recreation

www.thrivingthroughrecreation.co.uk

contact@thrivingthroughrecreation.co.uk

Charity Registration Number
1204822

The Trustees have approved this
Annual Report.



Richard Carter,
Chair

WE THANK ALL
COLLABORATORS AND DONORS
FOR YOUR CONTINUED SUPPORT

Statement of Financial Activities

Thriving Through Recreation

For the period 6 April 2024 to 5 April 2025

Account **6 Apr 2024-5 Apr 2025**

Income and endowments from:

Donations	20,851.86
Total	20,851.86

Expenditure on:

General Expenses	60.00
Grants	523.00
Insurance	549.36
IT Software and Consumables	349.20
Legal Expenses	47.00
Telephone & Internet	70.56
Total	1,599.12

Total Income/Loss	19,252.74
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Reconciliation of funds:

Total funds brought forward	5,057.40
Total funds carried forward	24,310.14

THRIVING THROUGH RECREATION

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Trustees' Annual Report for the period

From 20 September 2023

To 04 April 2024

Charity name: Thriving Through Recreation

Charity registration number: 1204822

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The provision of funds for and support to access, learning or training in recreational pursuits or leisure-time educational activities, for children and young people aged 0-18 years (0-24 years if they are registered with an Education, Health and Care Plan) in the United Kingdom, in the interests of social and emotional welfare with the object of improving the conditions of life.
Summary of the main activities about those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We focussed on establishing charity operations between establishing in September 2023 and the reporting end date in April 2024. Activities included the following: <ul style="list-style-type: none">• Drawing up policies• Agreeing vision, mission and strategy• Opening a bank account• Securing initial funds• Creation of website• Recruiting additional trustee
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees have regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>During the period between establishment in September 2023 and April 2024, operational capacity was created.</p> <p>With the infrastructure, funds, people, and policies in place, we now have the capacity to benefit individuals and society in the future.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	£5,057.40
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Foundation Model Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Our constitution states:</p> <p>"In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO."</p> <p>Trustees are selected and elected by a quorate vote by board members, and no individual person or body is entitled to appoint trustees.</p>

Reference and Administrative details

Charity name	Thriving Through Recreation
Other name the charity uses	
Registered charity number	1204822
Charity's principal address	Badgeworth Manor, Cheltenham GL51 4UL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Imogen Loxam		Founding Member	
2	Richard Carter		Founding Member	
3	Elizabeth Riley		Founding Member	
4	Jenny McGoldrick		Founding Member	
5	Jane Spencer		Elected in January 2024	
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Exemptions from disclosure


Reason for non-disclosure of key personnel details

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Imogen Loxam	
Position (eg Secretary, Chair, etc)	Trustee	
Date	13.1.25	

Statement of Financial Activities

Thriving Through Recreation

For the period 20th September 2023 to 5 April 2024

Account **13 Sep 2023-5 Apr 2024**

Income and endowments from:

Donations	5,150.00
Total	5,150.00

Expenditure on:

IT Software and Consumables	18.00
Legal Expenses	74.60
Total	92.60

Total Income/Loss	5,057.40
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Reconciliation of funds:

Total funds brought forward	0.00
Total funds carried forward	5,057.40