

THE WILDERNESS PROGRAMME

England & Wales · Charity number 1204799

Details

Status Registered

Legal form CIO

Registered 2023-09-19

Register [View on the Charity Commission register](#)

Contact

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Unit 1
41 King Street
Penrith
Cumbria
CA11 7AY

Phone 07971027182

Email contact@thewildernessprogramme.org

Website www.thewildernessprogramme.org

Activities

Objects: TO PROTECT AND PROMOTE GOOD MENTAL HEALTH RECOVERY AMONG PEOPLE WHO ARE EXPERIENCING AND OR RECOVERING FROM MENTAL HEALTH CONDITIONS, OR THOSE WHO ARE AT RISK OF DEVELOPING MENTAL HEALTH CONDITIONS, THROUGH THE PROVISION OF 'WILDERNESS THERAPY' IN A FACILITY WHICH PROVIDES COUNSELLING, PSYCHOTHERAPY AND PEER TO PEER SUPPORT IN THE FORM OF RECOVERY COACHING PSYCHOLOGY, ALSO TO INCLUDE ACTIVITIES WHICH ARE DESIGNED TO PROMOTE GOOD MENTAL HEALTH AND RECOVERY OF THOSE IMPACTED BY MENTAL HEALTH CONDITIONS.

Activities: TWP is a residential, non-medical mental health recovery programme specifically designed for adult individuals over the age of 21 years to meet the needs of those coming to terms with, or in recovery of issues such as addictions, professional burn out, stress, anxiety, depression, PTSD and other mental health related problems. We operate primarily in The Lake District National Park.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£11,154	£4,206	-	-

Trustees

Name	Role	Appointed
IAN MITCHELL	Chair	2023-01-30
Helen Ridehalgh		2023-01-30
Peter Nansen Slack		2023-01-30

THE WILDERNESS PROGRAMME

England & Wales - Charity number 1204799

Accounts

THE WILDERNESS PROGRAMME
CHARITABLE INCORPORATED ORGANISATION
FINANCIAL STATEMENTS
FOR THE PERIOD ENDED
30 SEPTEMBER 2024

CHARITY NUMBER 1204799

ROBINSON UDALE
Chartered Accountants
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

**THE WILDERNESS PROGRAMME
CHARITABLE INCORPORATED ORGANISATION**

**FINANCIAL STATEMENTS
PERIOD ENDED 30 SEPTMEBER 2024**

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**THE WILDERNESS PROGRAMME
CHARITABLE INCORPORATED ORGANISATION**

FINANCIAL STATEMENTS

MEMBERS OF THE BOARD, SENIOR STAFF AND PROFESSIONAL ADVISERS

The board of trustees

Mr I Mitchell – Chairman
Ms H Ridehalgh
Mr P N Slack

Registered office

The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

Accountant

Danny Roper
Robinson Udale Limited
Chartered Accountants
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

Bankers

Virgin Money
Jubilee House
Gosforth
Newcastle upon Tyne
NE3 4PL

**THE WILDERNESS PROGRAMME
CHARITABLE INCORPORATED ORGANISATION**

**FINANCIAL STATEMENTS
PERIOD ENDED 30 SEPTEMBER 2024**

TRUSTEES ANNUAL REPORT

Objectives and activities

The charity's purpose is to protect and promote good mental health recovery among people who are experiencing and/or recovering from mental health conditions, or those who are at risk of developing mental health conditions, through the provision of 'wilderness therapy' in a facility which provides counselling, psychotherapy and peer to peer support in the form of recovery coaching psychology, also to include activities which are designed to promote good mental health and recovery of those impacted by mental health conditions.

In this initial period, the charity has focussed on raising funds and awareness in order to establish and advance the development of the service for the public benefit.

Achievements and performance

The charity successfully established awareness, external relations and networks with key organisations and partners to help advance the development of the service for the public benefit.

The charity has developed, organised and run a number of repeatable fundraising activities and events which surpassed expectation and have enabled the charity to advance its aims for the public benefit.

Financial review

At the end of the initial accounting period, the trustees are happy that the charity is in a positive financial position with £6,948.00 unrestricted reserves.

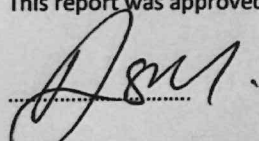
The trustees and the senior management team agreed a strategy and a short to medium term plan for the charity to use its reserve to help advance its objectives for the public benefit.

Structure, governance and management

The charity incorporated on 19 September 2023 as a Charitable Incorporated Organisation (CIO). The charity was incorporated under its constitution and the registration number is 1204799.

There are no plans at this time to increase the number of trustees, however if it is required then the charity will recruit new trustees in line with the guidance provided by the Charities Commission and noted as such.

This report was approved by the Board of Trustees on 12/2/25 and signed on their behalf by:



Mr. Mitchell
Chairman

**THE WILDERNESS PROGRAMME
CHARITABLE INCORPORATED ORGANISATION**

**STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE PERIOD ENDED 30 SEPTEMBER 2024**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Income:				
Donations	2.	11,154	-	11,154
Total income		11,154	-	11,154
Expenditure:				
Costs of raising funds	3.	4,206	-	4,206
		4,206	-	4,206
Total funds carried forward		6,948	-	6,948

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 5 to 6 form part of these financial statements.

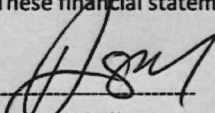
**THE WILDERNESS PROGRAMME
CHARITABLE INCORPORATED ORGANISATION**

**BALANCE SHEET
AS AT 30 SEPTEMBER 2024**

2024

	£	£
Current assets		
Cash at bank and in hand	6,948	
Total current assets	6,948	
Net current assets		6,948
The funds of the charity:		
Unrestricted income funds	5.	6,948
Restricted income funds		-
Total charity funds		6,948

These financial statements were approved by the Board of Trustees on 12/2/25 and were signed on its behalf by:



Mr Mitchell
Chairman

The notes on pages 5 to 6 form part of these financial statements

**THE WILDERNESS PROGRAMME
CHARITABLE INCORPORATED ORGANISATION**

NOTES TO THE FINANCIAL STATEMENTS

1. Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a) Basis of Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011.

The Wilderness Programme meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historic cost or transaction value unless otherwise stated in the relevant accounting policy note.

b) Preparation of the Accounts on a Going Concern Basis

The Trustees are of the opinion that the Charity is a going concern.

c) Incoming Resources

Income consists of donations. It is accounted for on a receivable basis.

d) Resources Expended

The charitable activities, in furtherance of the charity's objects, included all the direct costs. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

f) Fund Accounting

Unrestricted funds are available at the discretion of the Trustees in furtherance of the charitable objectives of the charity.

**THE WILDERNESS PROGRAMME
CHARITABLE INCORPORATED ORGANISATION**

NOTES TO THE FINANCIAL STATEMENTS

2. Donations

	Unrestricted funds	Restricted funds	Total 2024 £
Donations			
Donations	11,154	-	11,154
	<u>11,154</u>	<u>-</u>	<u>11,154</u>

3. Costs of raising funds

	Unrestricted funds	Restricted funds	Total funds 2024 £
Event expenses	2,765	-	2,765
Travel	772	-	772
Printing and stationery	144	-	144
Sundry expenses	525	-	525
	<u>4,206</u>	<u>-</u>	<u>4,206</u>

4. Staff costs

The average number of staff employed during the year was 0.

There were no employees whose annual remuneration was £60,000 or more.

5. Unrestricted income funds

	Balance at 19 September 2023 £	Incoming resources £	Outgoing resources £	Balance at 30 September 2024 £
General Funds	-	11,154	(4,206)	6,948
	<u>-</u>	<u>11,154</u>	<u>(4,206)</u>	<u>6,948</u>

6. Analysis of net assets between funds

	Tangible fixed assets £	Net current assets £	Total £
Restricted Income Funds	-	-	-
Unrestricted Income Funds	-	6,948	6,948
	<u>-</u>	<u>6,948</u>	<u>6,948</u>
Total Funds	<u>-</u>	<u>6,948</u>	<u>6,948</u>