



Trustees Annual Report & Accounts

For the period from: 5th April 2024 to 4th April 2025

The Caregivers Support Trust, registered charity No. 1204773

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Trustees Annual Report & Accounts.

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Section 1: Legal and Administrative Information

Charity name:

The Caregivers Support Trust .

Charity Commission registered number.

charity No. 1204773 England.

For the financial period beginning on:

5th April 2024 to 4th April 2025

Charity principal address:

42 Littleham Road,

Exmouth

EX8 2QH.

Governing document:

Date of charity registration. 12/09/2023

Amended on 15/09/2023

Objects of the Charity: For the public benefit,

- a) To preserve and protect the health of those caring for or nursing people with physical, mental, or sensory impairment within the family or home ("caregivers") in South American countries, with a particular focus on the Republic of Colombia ("the area of benefit"), in particular but not exclusively by assisting in the provision of respite services and other support activities; and
- b) The prevention or relief of poverty, or financial hardship among caregivers living in the area of benefit by providing grants to charities, or other organizations working to prevent or relieve poverty and/or financial hardship.

Bank:

Virgin Money

154-158 Kensington High St, London W8 7RL

Section 2: Trustees

| Name of trustees (Details of any office held are added after the name) | Dates during which the named trustees acted if not for the whole period of this report. | Comments. |
|---|---|------------|
| | | |
| Arthur William Eyke | | |
| Rachael Katie Alexandra Roach | | |
| Eric Arthur White Treasurer | | Re-elected |
| Philip Arthur Sleigh | Appointed on 28 th December 2024 -4 yrs period- | |

Section 3: Activities and Achievements

The Caregivers Support trust was formed as a result of the original trustees becoming aware of the issues affecting unpaid family caregivers by personal connections. The spouse of one of the trustees is a Colombian citizen. Her sister adopted a girl, (Diana Paola), when her birth parents very sadly abandoned her. Diana was born with cerebral palsy. Over recent years her condition has deteriorated and the strain on her mother has been tremendous. It has been heartbreaking to watch and the trustees have become aware that there are many others families in Colombia in a similar situation.

Heroínas en la Sombra -Unsung Heroines-

Heroínas en la Sombra -Unsung Heroines- English translation- is a small charity based in Santa Marta Colombia. It is registered under Colombia law. Their aim is to support unpaid family caregivers. The charity is run by volunteers, who are unpaid caregivers themselves.

They meet every other month. It is a very precious time for them, where they have a break, a respite of their daily task, where they share experience and also are able to socialise. This social interaction is fundamental to prevent the “Caregivers Burn Syndrome”.

Their vision is: To create a Community Caring Centre where they can offer support to unpaid family caregivers and young adults with communication disabilities and physical impairment. The vision is vast and so are the needs!. This is a long term project but they are starting with increasing opportunities for socializing and providing respite care.

Finances.

Finance sent to Colombia from The Caregivers Support Trust for the financial year from: 5th April 2024 to 4th April 2025 was £800.00. The money was transferred through the international platforms MoneyGram and Western Union. It has proved difficult to arrange a mechanism to transfer the money directly to the Fundación Heroínas en la Sombra -Unsung Heroines Foundation-bank account; as this facility to transfer to a charitable organizations account is not offered by any banking company that we have approached.

The Trustees consider the financial performance of the charity during the year has been satisfactory. Regular finance reports are received following all their charitable activities.

A visit was made to Colombia by a Trustee (E. White) and secretary of the charity (D. White). During the visit their activities were observed and finances examined. As per our Constitution this visit was at Mr. & Mrs. White own expense.

Section 4: Policies

Public Benefit Requirements Policy.

The trustees seek to ensure that all activities undertaken by The Caregivers Support Trust are in line with our charitable aims and objectives and are for the public benefit as required by the Charities Acts.

Trustee's Remuneration and Conflicts of interest.

All trustees give their time freely and no trustee remuneration was paid during the period from: 5th April 2024 to 4th April 2025. No trustee claimed expenses during this period.

Grant Making Policy

1. Priorities for support.

The amount of work or number of projects that can be supported by the Trustees is necessarily limited to the level of funds that are available for distribution each year.

The Trustees have determined that the current priorities for funding are:

1.1 The provision of respite services to support the mental and physical health of caregivers.

1.2. The assistance of caregivers in poverty or financial hardship.

The priorities for support will be reviewed by the Trustees every three years or at a time of significant need arising that the Trustees determine a review is necessary.

Changes will be made depending upon circumstances and the perceived effectiveness of the application of funds. Any change of these priorities must still fulfil the charitable purpose and objectives of the charity.

2. Principles:

The Trustees will apply the following principles in determining the level of support and suitability for any grant awards:

2.1 Demonstration of meeting the core values and relevant objectives of The Caregivers Support Trust

- 2.2 Supports and promotes the Caregivers Support Trusts programme and strategy in the specific objective in which the application is being made.
- 2.3 Must have clear and demonstratable outcomes supported by a detailed timeline

The Trustees will consider any requests or known situations that are eligible for consideration: From organisations that are working overseas and had at least one of their representatives attending a training programme on meeting the stated principles above.

Section 5: Signature and Declaration.

I declare in my capacity of charity trustee, that:

- The trustees have approved this report and account; and
- Have authorised me to sign on their behalf

Full name: Eric Arthur White

Position: Trustee/Treasurer

Signature: E. White.

Date: 16th January 2026

Section 6: Statement of financial Activities.

Statement of Financial Activities for the Period

5th April 2024 until 4th April 2025

| | Notes | Total £ |
|--------------------------------------|-------|-----------------|
| Carried forward | | 2,940.61 |
| Income | 1 | 1,697.79 |
| | | <hr/> |
| Total Income | | 4,638.40 |
| Expenditure | | |
| Costs of raising funds 2 | | 72.00 |
| Charitable activities | | |
| Grants | 3 | 800,00 |
| | | <hr/> |
| Total expenditure | | 872,00 |
| ----- | | |
| Total funds carried forward 4 | | 3,766.40 |

Notes

1. See table No.1.
2. See table 2.
3. See table 3
4. £3740.11 in Virgen Money Bank. £26.29 cash

TRUSTEES ANNUAL REPORT & ACCOUNTS

For the Period from 5th April 2024 to 4th April 2025

Table #1

| DONOR | DATE | AMOUNT | RUNNING TOTAL | COMMENTS |
|--------------------------|------------|--------|-----------------|----------|
| D. River Media | 25/04/2024 | 40.01 | 40.01 | |
| Coffee Morning | 18/04/2024 | 430.00 | 470.01 | |
| D. River Media | 24/05/2024 | 35.01 | 505.02 | |
| Sundry Donations | 17/07/2024 | 40.00 | 545.02 | |
| PayPal | 30/07/2024 | 0.01 | 545.03 | |
| Jesus Virtual walk | 14/08/2024 | 604.53 | 1,149.56 | |
| Interest V. Money | 30/09/2024 | 0.44 | 1,150.00 | |
| Interest V. Money | 31/10/2024 | 3.44 | 1,153.44 | |
| Interest V. Money | 29/11/2024 | 3.36 | 1,156.8 | |
| Mince pies & Mulled wine | 12/12/2024 | 329.32 | 1,486.12 | |
| Interest V. Money | 29/11/2024 | 3.36 | 1,489.48 | |
| Interest V. Money | 31/12/2024 | 3.51 | 1,492.99 | |
| Sundry Donatio | 15/01/2025 | 80.00 | 1,572.99 | |
| Interest Virgin Money | 31/01/2025 | 3.51 | 1,576.50 | |
| Interest V. Money | 28/02/2025 | 3.03 | 1,579.53 | |
| Sundry Donation | 22/03/2025 | 25.00 | 1,604.53 | |
| Interest V. Money | 31/03/2025 | 3.26 | 1,607.79 | |
| Standing orders | 31/03/2025 | 90.00 | 1,697.79 | |
| TOTAL | | | 1,697.79 | |

Table #2

| EXPENSES | DATE | AMOUNT £ | RUNING TOTAL £ |
|-----------------|------------|----------|----------------|
| Website hosting | 15/07/2024 | 18.00 | 18.00 |
| Website hosting | 27/09/2024 | 18.00 | 36.00 |
| Website hosting | 21/12/2024 | 36.00 | 72.00 |

Table No. 3

. Donations made to Fundación Heroínas en la Sombra (Unsung Heroines Foundation) For the period from: 5th April 2024 to 4th April 2025

| DATE | PLATFORM | REF. NUMBER | AMOUNT £ |
|------------|---------------|-------------|-------------|
| 20/04/2024 | MoneyGram | 45848247 | 300.00 |
| 27/08/2024 | MoneyGram | 41781947 | 300.00 |
| 01/03/2025 | Western Union | 3306694428 | 200.00 |

ADOPTION RESOLUTION.

The attached accounts and statement was approved by the Trustees of the above charity on the 16th January 2026.

- Eric Arthur White.
Trustee/Treasurer.
- Arthur William Eyke
Trustee
- Rachael Katie Alexandra Roach
Trustee
- Philip Arthur Sleigh
Trustee.