

# THE CAREGIVERS SUPPORT TRUST

England & Wales · Charity number 1204773

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2023-09-18

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 42 Littleham Road  
Exmouth  
EX8 2QH

**Phone** 01395225592

**Email** [caregivers.trust@gmail.com](mailto:caregivers.trust@gmail.com)

**Website** [www.thecaregiverssupporttrust.org](http://www.thecaregiverssupporttrust.org)

## Activities

---

**Objects:** THE OBJECTS OF THE CIO ARE: FOR THE PUBLIC BENEFIT, A) TO PRESERVE AND PROTECT THE HEALTH OF THOSE CARING FOR OR NURSING PEOPLE WITH PHYSICAL, MENTAL, OR SENSORY IMPAIRMENT WITHIN THE FAMILY OR HOME ("CAREGIVERS") IN SOUTH AMERICAN COUNTRIES, WITH A PARTICULAR FOCUS ON THE REPUBLIC OF COLOMBIA ("THE AREA OF BENEFIT"), IN PARTICULAR BUT NOT EXCLUSIVELY BY ASSISTING IN THE PROVISION OF RESPITE SERVICES AND OTHER SUPPORT ACTIVITIES; AND B) THE PREVENTION OR RELIEF OF POVERTY, OR FINANCIAL HARDSHIP AMONG CAREGIVERS LIVING IN THE AREA OF BENEFIT BY PROVIDING GRANTS TO CHARITIES, OR OTHER ORGANIZATIONS WORKING TO PREVENT OR RELIEVE POVERTY AND/OR FINANCIAL HARDSHIP.

**Activities:** To preserve and protect the health of those caring for or nursing people with physical, mental or sensory impairment, within the family or home in South American countries, with particular focus on the Republic of Colombia. In particular but not exclusively assisting in the provision of respite services and other support activities.

## Classification

---

- **How:** Makes Grants To Organisations
- **What:** General Charitable Purposes, Disability
- **Who:** Other Charities Or Voluntary Bodies

## Geography

---

- Throughout England

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£1,698	£872	-	-
2024-04-05	£935	£200	-	-

## Trustees

---

Name	Role	Appointed
<b>Eric Arthur White</b>	Chair	2021-07-17
Arthur William Eyke		2021-07-17
Philip Arthur Sleigh		2024-12-28

---

**THE CAREGIVERS SUPPORT TRUST**

England & Wales - Charity number 1204773

---

# Accounts

---



## Trustees Annual Report & Accounts

For the period from: 5<sup>th</sup> April 2024 to 4<sup>th</sup> April 2025

The Caregivers Support Trust, registered charity No. 1204773

[www.thecaregiverssupporttrust.org](http://www.thecaregiverssupporttrust.org)



Scan me for Facebook



Scan me for Website

## **The Caregivers Support Trust.**

### **Trustees Annual Report & Accounts.**

For the period from: 5<sup>th</sup> April 2024 to 4<sup>th</sup> April 2025

<b>TABLE OF CONTENTS.</b>	<b>Page</b>
TABLE OF CONTENTS	2
SECTION 1: LEGAL AND ADMINISTRATIVE INFORMATION	3
SECTION 2: TRUSTEES	4
SECTION 3: ACTIVITIES AND ACHIEVEMENTS	4
SECTION 4: POLICIES	5
SECTION 5: SIGNATURE AND DECLARATION	7
SECTION 6: STATEMENT OF FINANCIAL ACTIVITIES.	8

## Section 1: Legal and Administrative Information

**Charity name:**

**The Caregivers Support Trust .**

Charity Commission registered number.  
charity No. 1204773 England.

For the financial period beginning on:  
5<sup>th</sup> April 2024 to 4<sup>th</sup> April 2025

**Charity principal address:**

42 Littleham Road,  
Exmouth  
EX8 2QH.

**Governing document:**

Date of charity registration. 12/09/2023  
Amended on 15/09/2023

**Objects of the Charity:** For the public benefit,

- a) To preserve and protect the health of those caring for or nursing people with physical, mental, or sensory impairment within the family or home (“caregivers”) in South American countries, with a particular focus on the Republic of Colombia (“the area of benefit”), in particular but not exclusively by assisting in the provision of respite services and other support activities; and
- b) The prevention or relief of poverty, or financial hardship among caregivers living in the area of benefit by providing grants to charities, or other organizations working to prevent or relieve poverty and/or financial hardship.

**Bank:**

Virgin Money  
154-158 Kensington High St, London W8 7RL

## Section 2: Trustees

Name of trustees (Details of any office held are added after the name)	Dates during which the named trustees acted if not for the whole period of this report.	Comments.
Arthur William Eyke		
Rachael Katie Alexandra Roach		
Eric Arthur White Treasurer		Re-elected
Philip Arthur Sleigh	Appointed on 28 <sup>th</sup> December 2024 -4 yrs period-	

## Section 3: Activities and Achievements

The Caregivers Support trust was formed as a result of the original trustees becoming aware of the issues affecting unpaid family caregivers by personal connections. The spouse of one of the trustees is a Colombian citizen. Her sister adopted a girl, (Diana Paola), when her birth parents very sadly abandoned her. Diana was born with cerebral palsy. Over recent years her condition has deteriorated and the strain on her mother has been tremendous. It has been heartbreaking to watch and the trustees have become aware that there are many others families in Colombia in a similar situation.

### **Heroínas en la Sombra -Unsung Heroines-**

Heroínas en la Sombra -Unsung Heroines- English translation- is a small charity based in Santa Marta Colombia. It is registered under Colombia law. Their aim is to support unpaid family caregivers. The charity is run by volunteers, who are unpaid caregivers themselves.

They meet every other month. It is a very precious time for them, where they have a break, a respite of their daily task, where they share experience and also are able to socialise. This social interaction is fundamental to prevent the “Caregivers Burn Syndrome”.

Their vision is: To create a Community Caring Centre where they can offer support to unpaid family caregivers and young adults with communication disabilities and physical impairment. The vision is vast and so are the needs!. This is a long term project but they are starting with increasing opportunities for socializing and providing respite care.

### **Finances.**

Finance sent to Colombia from The Caregivers Support Trust for the financial year from: 5<sup>th</sup> April 2024 to 4<sup>th</sup> April 2025 was £800.00. The money was transferred through the international platforms MoneyGram and Western Union. It has proved difficult to arrange a mechanism to transfer the money directly to the Fundación Heroínas en la Sombra -Unsung Heroines Foundation-bank account; as this facility to transfer to a charitable organizations account is not offered by any banking company that we have approached.

The Trustees consider the financial performance of the charity during the year has been satisfactory. Regular finance reports are received following all their charitable activities.

A visit was made to Colombia by a Trustee (E. White) and secretary of the charity (D. White). During the visit their activities were observed and finances examined. As per our Constitution this visit was at Mr. & Mrs. White own expense.

## **Section 4: Policies**

### **Public Benefit Requirements Policy.**

The trustees seek to ensure that all activities undertaken by The Caregivers Support Trust are in line with our charitable aims and objectives and are for the public benefit as required by the Charities Acts.

## **Trustee's Remuneration and Conflicts of interest.**

All trustees give their time freely and no trustee remuneration was paid during the period from: 5<sup>th</sup> April 2024 to 4<sup>th</sup> April 2025. No trustee claimed expenses during this period.

## **Grant Making Policy**

### **1. Priorities for support.**

The amount of work or number of projects that can be supported by the Trustees is necessarily limited to the level of funds that are available for distribution each year.

The Trustees have determined that the current priorities for funding are:

1.1 The provision of respite services to support the mental and physical health of caregivers.

1.2. The assistance of caregivers in poverty or financial hardship.

The priorities for support will be reviewed by the Trustees every three years or at a time of significant need arising that the Trustees determine a review is necessary.

Changes will be made depending upon circumstances and the perceived effectiveness of the application of funds. Any change of these priorities must still fulfil the charitable purpose and objectives of the charity.

### **2. Principles:**

The Trustees will apply the following principles in determining the level of support and suitability for any grant awards:

2.1 Demonstration of meeting the core values and relevant objectives of The Caregivers Support Trust

- 2.2 Supports and promotes the Caregivers Support Trusts programme and strategy in the specific objective in which the application is being made.
- 2.3 Must have clear and demonstratable outcomes supported by a detailed timeline

The Trustees will consider any requests or known situations that are eligible for consideration: From organisations that are working overseas and had at least one of their representatives attending a training programme on meeting the stated principles above.

### **Section 5: Signature and Declaration.**

I declare in my capacity of charity trustee, that:

- The trustees have approved this report and account; and
- Have authorised me to sign on their behalf

**Full name:** Eric Arthur White

**Position:** Trustee/Treasurer

**Signature:** E. White.

**Date:** 16<sup>th</sup> January 2026

## Section 6: Statement of financial Activities.

### Statement of Financial Activities for the Period

5<sup>th</sup> April 2024 until 4<sup>th</sup> April 2025

	Notes	<b>Total £</b>
Carried forward		2,940.61
Income	1	1,697.79
		<hr/>
<b>Total Income</b>		<b>4,638.40</b>
Expenditure		
Costs of raising funds	2	72.00
Charitable activities		
Grants	3	800,00
		<hr/>
<b>Total expenditure</b>		<b>872,00</b>
-----		
<b>Total funds carried forward</b>	4	<b>3,766.40</b>

#### Notes

1. See table No.1.
2. See table 2.
3. See table 3
4. £3740.11 in Virgen Money Bank. £26.29 cash

## TRUSTEES ANNUAL REPORT & ACCOUNTS

For the Period from 5<sup>th</sup> April 2024 to 4<sup>th</sup> April 2025

**Table #1**

DONOR	DATE	AMOUNT	RUNNING TOTAL	COMMENTS
D. River Media	25/04/2024	40.01	40.01	
Coffee Morning	18/04/2024	430.00	470.01	
D. River Media	24/05/2024	35.01	505.02	
Sundry Donations	17/07/2024	40.00	545.02	
PayPal	30/07/2024	0.01	545.03	
Jesus Virtual walk	14/08/2024	604.53	1,149.56	
Interest V. Money	30/09/2024	0.44	1,150.00	
Interest V. Money	31/10/2024	3.44	1,153.44	
Interest V. Money	29/11/2024	3.36	1,156.8	
Mince pies & Mulled wine	12/12/2024	329.32	1,486.12	
Interest V. Money	29/11/2024	3.36	1,489.48	
Interest V. Money	31/12/2024	3.51	1,492.99	
Sundry Donatio	15/01/2025	80.00	1,572.99	
Interest Virgin Money	31/01/2025	3.51	1,576.50	
Interest V. Money	28/02/2025	3.03	1,579.53	
Sundry Donation	22/03/2025	25.00	1,604.53	
Interest V. Money	31/03/2025	3.26	1,607.79	
Standing orders	31/03/2025	90.00	1,697.79	
<b>TOTAL</b>			<b>1,697.79</b>	

**Table #2**

EXPENSES	DATE	AMOUNT £	RUNING TOTAL £
Website hosting	15/07/2024	18.00	18.00
Website hosting	27/09/2024	18.00	36.00
Website hosting	21/12/2024	36.00	72.00

**Table No. 3**

. Donations made to Fundación Heroínas en la Sombra (Unsung Heroines Foundation) For the period from: 5th April 2024 to 4<sup>th</sup> April 2025

<b>DATE</b>	<b>PLATFORM</b>	<b>REF. NUMBER</b>	<b>AMOUNT £</b>
20/04/2024	MoneyGram	45848247	300.00
27/08/2024	MoneyGram	41781947	300.00
01/03/2025	Western Union	3306694428	200.00

**ADOPTION RESOLUTION.**

The attached accounts and statement was approved by the Trustees of the above charity on the 16<sup>th</sup> January 2026.

- Eric Arthur White.  
Trustee/Treasurer.
- Arthur William Eyke  
Trustee
- Rachael Katie Alexandra Roach  
Trustee
- Philip Arthur Sleigh  
Trustee.

**THE CAREGIVERS SUPPORT TRUST**

England & Wales - Charity number 1204773

---

# Accounts

---



## Trustees Annual Report & Accounts

For the period from: 18 September 2023 to 05 April 2024

The Caregivers Support Trust, registered charity No. 1204773

[www.thecaregiverssupporttrust.org](http://www.thecaregiverssupporttrust.org)



Trustees Annual Report & Accounts

For the period from: 18 September 2023 to 05 April 2024

# **The Caregivers Support Trust.**

## **Trustees Annual Report & Accounts.**

For the period from: 18 September 2023 to 05 April 2024

<b>TABLE OF CONTENTS.</b>	<b>Page</b>
TABLE OF CONTENTENTS	2
SECTION 1: LEGAL AND ADMINISTRATIVE INFORMATION	3
SECTION 2: TRUSTEES	4
SECTION 3: ACTIVITIES AND ACHIEVEMENTS	4
SECTION 4: POLICIES	5
SECTION 5: SIGNATURE AND DECLARATION	7
SECTION 6: STATEMENT OF FINANCIAL ACTIVITIES.	8

## Section 1: Legal and Administrative Information

**Charity name:**

**The Caregivers Support Trust .**

Charity Commission registered number.  
charity No. 1204773 England.

For the financial period beginning on:  
18<sup>th</sup> of September 2023 until 5<sup>th</sup> April 2024

**Charity principal address:**

42 Littleham Road,  
Exmouth  
EX8 2QH.

**Governing document:**

Date of charity registration. 12/09/2023  
Amended on 15/09/2023

**Objects of the Charity:** For the public benefit,

- a) To preserve and protect the health of those caring for or nursing people with physical, mental, or sensory impairment within the family or home (“caregivers”) in South American countries, with a particular focus on the Republic of Colombia (“the area of benefit”), in particular but not exclusively by assisting in the provision of respite services and other support activities; and
- b) The prevention or relief of poverty, or financial hardship among caregivers living in the area of benefit by providing grants to charities, or other organizations working to prevent or relieve poverty and/or financial hardship.

**Bank:**

Virgin Money  
154-158 Kensington High St, London W8 7RL

## Section 2: Trustees

Name of trustees (Details of any office held are added after the name)	Dates during which the named trustees acted if not for the whole period of this report.	Comments.
Arthur William Eyke		
Rachael Katie Alexandra Roach		
Eric Arthur White Treasurer		

## Section 3: Activities and Achievements

The Caregivers Support trust was formed as a result of the trustees becoming aware of the issues affecting unpaid family caregivers by personal connections. The spouse of one of the trustees is a Colombian citizen. Her sister adopted a girl, (Diana Paola), when her birth parents very sadly abandoned her. Diana was born with cerebral palsy. Over recent years her condition has deteriorated and the strain on her mother has been tremendous. It has been heartbreaking to watch and the trustees have become aware that there are many others families in Colombia in a similar situation.

### **Heroínas en la Sombra -Unsung Heroines-**

Heroínas en la Sombra -Unsung Heroines- English translation- is a small charity based in Santa Marta Colombia. It is registered under Colombia law. Their aim is to support unpaid family caregivers. The charity is run by volunteers, who are unpaid caregivers themselves.

They meet every other month. It is a very precious time for them, where they have a break, a respite of their daily task, where they share experience and also

are able to socialise. This social interaction is fundamental to prevent the “Caregivers Burn Syndrome”.

Their vision is: To create a Community Caring Centre where they can offer support to unpaid family caregivers and young adults with communication disabilities and physical impairment. The vision is vast and so are the needs!. This is a long term project but they are starting with increasing opportunities for socializing and providing respite care.

### **Finances.**

Finance sent to Colombia from The Caregivers Support Trust for the financial year from: 18 September 2023 to 05 April 2024 was £200.00. The money was transferred through the international platform MoneyGram. Reference number 36627575

The Trustees consider the financial performance of the charity during the year has been satisfactory .

## **Section 4: Policies**

### **Public Benefit Requirements Policy.**

The trustees seek to ensure that all activities undertaken by The Caregivers Support Trust are in line with our charitable aims and objectives and are for the public benefit as required by the Charities Acts.

### **Trustee’s Remuneration and Conflicts of interest.**

All trustees give their time freely and no trustee remuneration was paid during the period from: 18 September 2023 to 05 April 2024. No trustee claimed expenses during this period.

## **Grant Making Policy**

### **1. Priorities for support.**

The amount of work or number of projects that can be supported by the Trustees is necessarily limited to the level of funds that are available for distribution each year.

The Trustees have determined that the current priorities for funding are:

1.1 The provision of respite services to support the mental and physical health of caregivers.

1.2. The assistance of caregivers in poverty or financial hardship.

The priorities for support will be reviewed by the Trustees every three years or at a time of significant need arising that the Trustees determine a review is necessary.

Changes will be made depending upon circumstances and the perceived effectiveness of the application of funds. Any change of these priorities must still fulfil the charitable purpose and objectives of the charity.

### **2. Principles:**

The Trustees will apply the following principles in determining the level of support and suitability for any grant awards:

- 2.1 Demonstration of meeting the core values and relevant objectives of The Caregivers Support Trust
- 2.2 Supports and promotes the Caregivers Support Trusts programme and strategy in the specific objective in which the application is being made.
- 2.3 Must have clear and demonstratable outcomes supported by a detailed timeline

The Trustees will consider any requests or known situations that are eligible for consideration: From organisations that are working

overseas and had at least one of their representatives attending a training programme on meeting the stated principles above.

**Section 5: Signature and Declaration.**

I declare in my capacity of charity trustee, that:

- The trustees have approved this report and account; and
- Have authorised me to sign on their behalf

**Full name:** Eric Arthur White

**Position:** Trustee/Treasurer

**Signature:** E. White.

**Date:** 28<sup>th</sup> December 2024

## Section 6: Statement of financial Activities.

### Statement of Financial Activities for the Period

18<sup>th</sup> September 2023 until 5<sup>th</sup> April 2024

	Notes	<b>Total £</b>
Carried forward	1	2,205.59
Income	2	935.02
		<hr/>
<b>Total Income</b>		<b>3,140.61</b>
Expenditure		
Costs of raising funds		00,0
Charitable activities		
Grants	3	200,00
		<hr/>
<b>Total expenditure</b>		<b>200,00</b>
-----		
<b>Total funds carried forward</b>		<b>2940.61</b>

#### Notes

1. Charity registered on 17th September 2023. This figures relates to donations received before the Charity status obtained.
2. See table 2.
3. See table 1

## TRUSTEES ANNUAL REPORT & ACCOUNTS

For the Period from 18<sup>th</sup> September 2023 to 5<sup>th</sup> April 2024

Table #2

DONOR	Date	Amount £	Total Cost £
MNA Exeter Branch	27/09/2023	40,00	40,00
Sundry Donation	19/10/2023	40,00	80,00
Sundry Donation	11/11/2023	10,00	90,00
Mr. & Mrs. White	19/11/2023	150,00	240,00
Budleigh Baptist Church	19/03/2024	625,00	865,00
Sundry Donation	25/03/2024	70,02	935,02

Table No. 1

. Donations made to Fundación Heroínas en la Sombra (Unsung Heroines Foundation) For the period from: 18 September 2023 to 05 April 2024

DATE	PLATFORM	REF. NUMBER	AMOUNT £	EXCHANGE RATE
20/11/2023	MoneyGram	36627575	200.00	4979.896 COP

### ADOPTION RESOLUTION.

The attached accounts and statement was approved by the Trustees of the above charity at their meeting on the 28<sup>th</sup> December 2024.

- Eric Arthur White.  
Trustee/Treasurer.
- Arthur William Eyke  
Trustee
- Rachael Katie Alexandra Roach  
Trustee